

**Caring for individuals with Alzheimer's Disease and Dementia 4 Hr**

**Examination**

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*Fields in bold are required*

**Question 1**

**1. Alzheimer's disease is a normal part of aging.**

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- ☐ True
- ☐ False

**Question 2**

**2. Which statement is inaccurate regarding Alzheimer's?**

**A. Alzheimer's is a progressive disease, where dementia symptoms gradually worsen over a number of years.**

**B. In its late stages, memory loss is mild, but with early-stage Alzheimer's, individuals lose the ability to carry on a conversation and respond to their environment.**

**C. Alzheimer's has no current cure, but treatments for symptoms are available and research continues.**

**D. Current Alzheimer's treatments cannot stop Alzheimer's from progressing, they can temporarily slow the worsening of dementia symptoms and improve quality of life for those with Alzheimer's and their caregivers.**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 3

**3. Alzheimer's disease is the most common type of dementia.**

- ☐ True
- ☐ False

Question 4

**4.The most common early symptom of Alzheimer's is difficulty remembering newly learned information.**

- ☐ True
- ☐ False

Question 5

**5. Many people with early onset are in their:**

- A.70 and 80.**
- B.60 and 70**
- C.40 and 50**
- D.20 and 30**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 6

**6. Microscopic changes in the brain begin long before the first signs of memory loss.**

- A.TRUE**
- B.FALSE**

- ☐ True
- ☐ False

Question 7

**7. Which statement is not accurate regarding Alzheimer's?**

- A. Alzheimer's is not just a disease of old age.**
- B. Younger-onset (also known as early-onset) Alzheimer's affects people younger than age 65.**
- C. Up to 5 percent of the more than 1 million Americans with Alzheimer's have younger-onset.**
- D. In the United States, it is estimated that approximately 200,000 people have early onset.**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 8

**8. Changes in the brain related to Alzheimer's disease begin years before any signs of the disease. This time period, which can last for years, is referred to as \_\_\_\_\_.**

- A. Clinical Alzheimer's disease**
- B. Preclinical Alzheimer's disease**
- C. Predictable Alzheimer's disease**
- D. Severe Alzheimer's disease**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 9

**9. There is a blood test for \_\_\_\_\_, the strongest risk gene for Alzheimer's, this test is mainly used in clinical trials to identify individuals at higher risk of developing Alzheimer's disease.**

- A. RNA**
- B. APOE-e4**
- C. ADAD**
- D. DNA**

- ☐ A

- ☐ B
- ☐ C
- ☐ D

Question 10

thinking skills. Such tests give an overall sense of whether a person \_\_\_\_.

- A. Is aware of symptoms
- B. Knows the date, time, and where he or she is
- C. Can remember a short list of words, follow instructions and do simple calculations
- D. All of the above

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 11

11. Alzheimer's disease is the only cause of memory loss.

- A. TRUE
- B. FALSE

- ☐ True
- ☐ False

Question 12

12. With Mild Alzheimer's disease (early-stage), the individual may still drive, work and be part of social activities.

- ☐ True
- ☐ False

Question 13

13. With Mild Alzheimer's disease (early-stage), the individual may feel as if he or she is having memory lapses, such as forgetting familiar words or the location of everyday objects.

- ☐ True
- ☐ False

Question 14

**14. What statement does not reflect Moderate Alzheimer's disease (middle-stage)?**

- A. Moderate Alzheimer's is typically the longest stage and can last for many years. As the disease progresses, the person with Alzheimer's will require a greater level of care.**
- B. Moderate Alzheimer's is typically the shortest stage and the person with Alzheimer's will not require a greater level of care at this time.**
- C. You may notice the person with Alzheimer's confusing words, getting frustrated or angry, or acting in unexpected ways, such as refusing to bathe.**
- D. Damage to nerve cells in the brain can make it difficult to express thoughts and perform routine tasks.**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 15

**15. What characteristics may be experienced in the Severe Alzheimer's disease (late-stage)?**

- A. Individuals lose the ability to respond to their environment, to carry on a conversation and, eventually, to control movement.**
- B. Individuals may still say words or phrases, but communicating pain becomes difficult.**
- C. As memory and cognitive skills continue to worsen, personality changes may take place and individuals need extensive help with daily activities.**
- D. All of the above.**

- ☐ A
- ☐ B
- ☐ C
- ☐ D

Question 16

**16. As memory and cognitive skills continue to worsen, personality changes may take place and individuals need extensive help with daily activities.**

- A. True**
- B. False**

- ☐ True
- ☐ False

Question 17

**17. Some studies indicate as many as \_\_\_\_\_ of individuals with Alzheimer's disease will experience increased anxiety, confusion and agitation beginning late in the day.**

- A. 10 %**
- B. 15%**
- C. 20%**
- D. 5%**

- ☐ **A**
- ☐ **B**
- ☐ **C**
- ☐ **D**

Question 18

**18. The Alzheimer's Association declares that \_\_\_\_\_ people with dementia will wander.**

- A. 6 in 10**
- B. 2 in 10**
- C. 4 In 10**
- D. 8 in 10**

- ☐ **A**
- ☐ **B**
- ☐ **C**
- ☐ **D**

Question 19

**19. In the early stages of Alzheimer's disease, the individual with dementia will possibly need help in remembering to take medications. The family / caregiver may use the following approach \_\_\_\_.**

- A. Utilize a pill box organizer.**
- B. Develop a daily routine for giving the medications.**
- C. Keep a daily list or calendar to help ensure medication is taken as prescribed; check off each medication as it is taken**
- D. All of the above**

- ☐ **A**
- ☐ **B**
- ☐ **C**

☐ D

Question 20

**20. Which statement regarding Alzheimer's disease and abuse is not accurate?**

**A. Individuals with Alzheimer's disease are at risk for abuse because they often are unable to speak for themselves or too confused or frightened.**

**B. The healthcare provider should report any abuse that is suspected.**

**C. The healthcare provider does not have to report any abuse that is suspected**

**D. Abuse may be emotional, physical, verbal, financial and sexual abuse.**

☐ A

☐ B

☐ C

☐ D

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