

**Delivery- Friday**  
**October 29<sup>th</sup>**

☐ Curried Lentil Soup  
\$6.00



☐ Chicken Caesar Salad  
\$13.00

☐ Roast Pork  
\$13.00

☐ Roast Turkey  
\$13.00

☐ Pan Fried Fish / Lemon Butter  
\$13.00

☐ Cashew Nut Chicken  
\$13.00

☐ Braised Beef Cheek  
\$14.00

☐ Crumbed Lamb Cutlet  
14.00

☐ Pork Stroganoff  
\$13.00

☐ Vegetable Frittata  
\$13.00

☐ Vegetable Plate with or  
without gravy (cross out)  
\$13.00

☐ Sweet Chilli Chicken Wings  
**\$11.00 – Microwave Dish**



**All Desserts \$6**

☐ Fresh fruit salad

☐ Berry Pavlova

☐ Apple & Banana Crumble

☐ Lemon Meringue Pie

Please **CROSS OUT** any of the following green vegetables that you would prefer **NOT** to have with your meal. We **DO NOT GUARANTEE** that we can accommodate all of your preferences but we will try to meet your requirements.

Spinach / Broccoli / Green beans / Peas  
Cabbage / Zucchini / Squash / Swede /  
Parsnip / Brussel Sprouts / Cauliflower

**Jan's frozen meals can still be purchased over the counter at our café between 11a.m and Midday on Tuesday, Wednesday & Thursday**

**Please Place Your Order before 5p.m. on The Monday Before Delivery**

If Placing your order by phone please record your order on our voicemail service if we do not answer. Please remember to leave your name and address.

..... Delivery.....= \$ 5.00  
.....Soups/Desserts @\$6.00 = \$.....  
.....Mains..... @\$14.00 =\$.....  
.....Mains.....@\$13.00 =\$.....  
.....Microwave Meals @ \$11.00=\$.....  
.....TOTAL COST=\$.....

**Our minimum order requirement is \$30 Per delivery,  
plus delivery Fee of \$5.00**