

GOOD TIME JUDO, INC

Participant Enrollment Form and Class Policies: Introduction to Judo Classes

- Member Name

First Name, Middle Initial, Last Name

- Birth Date (ages 6+)

Month/Day/Year

- Parent or Legal Guardian

First Name, Middle Initial, Last Name

- Contact Information

Phone (area Code)

- Emergency Contact

First Name, Middle Initial, Last Name---Relationship to Participant

- Emergency Contact Phone Number

Phone Number (area Code)

- E-mail (for club newsletters and invoicing) _____.

- Address:

Street Address, City, State, Zip code

- Have you taken Martial Arts classes before?

Yes No

If yes, please share what level experience you have and what style of martial art you have studied.

_____.

- Do you have any medical history or conditions that could affect your ability to participate in contact sports?

Yes No

If yes, please describe your limitations and whether they are permanent or temporary.

- Are you a member of a recognized National Judo Organization?
Yes No If yes, which organization? _____

- Where did you hear about us?

Friend _____

Online Search (Google, Bing, Yahoo) _____

Website _____

Local Activities Listing _____

News Article _____

ENROLLMENT POLICY

- I understand that Good Time Judo, Inc Club does not require members to sign a contract for an extended period of time, and members may cancel at any time by notifying a manager. _____Initials
- I understand that the summer session classes are an introduction to the fundamentals of Judo and that a judogi is optional. I understand that I will be responsible for purchasing a Judo gi from an online provider, and a membership in the USJA.
_____Initials
- All minors enrolled in the program must be chaperoned by a parent or guardian. Good Time Judo, Inc. is not a childcare provider. Parents are also required to watch the Head's Up training to educate themselves about concussion protocols. Parents are also required to watch the SafeSport education information for parents regarding education regarding the prevention of bullying, sexual harassment, hazing and grooming. It is recommended that you also discuss these issues with your children. These subjects will be discussed in class. _____Initials

MEMBERSHIP RULES

1. SAFETY FIRST!
2. Never leave the mat or the dojo without checking in with the instructor.
3. No food, drink or chewing gum is allowed on the mat.
4. No non-judo activity is to take place during class time. Show your instructor respect by paying attention. Save the conversation for after class.
5. Horseplay is not tolerated. It is often fun until someone gets hurt. Please refer to rule #1.
6. Report all injuries to the instructor immediately. When arriving at class with an injury, the instructor must be notified prior to the start of class.
7. Shoes are NEVER to be worn on the mat.
8. Water bottles are permitted in designated areas at mat-side. Water bottles are to have water or electrolyte beverages only.
9. Never come to class under the influence of drugs or alcohol.
10. Members are to keep their Judogis clean and in good repair.
11. Finger and toenails are to be kept clean and trimmed to a reasonable length to prevent injuries to training partners.
12. No jewelry may be worn during class unless specifically approved by the instructor.
13. Judo involves pulling on the clothing, and whatever you wear could become torn. *Members without uniforms should wear loose comfortable clothing designed for working out. No belts or other clothing that has metal or hard plastic. Participants must not have anything in their pockets during practice.*

14. **No practicing of judo skills or new techniques is allowed without permission of the instructor. This includes techniques you learned on the internet, saw during a competition, or on a video.**
15. Spills are to be cleaned immediately. Trash should be placed in the proper container. Spectator chairs should be stacked at the end of class.
16. Bullying is not tolerated in or out of the dojo. Members using their Judo skills for bullying will not be allowed to return.

- I have read, understood, and accepted the rules for membership. _____ Initials

Privacy Policy

- I understand that occasionally, photos and videos from club practices will be used in promotional material for the club. I agree to allow my image or my child's image to be used for this purpose and that I will not be compensated. I also understand that once a promotional item has been produced, it is not possible to remove my image or my child's image from the production. _____ Initials
- I understand that the club will never share my contact information for commercial purposes. I may, however, be contacted by the club managers about club announcements and information relevant to club membership. _____ Initials

Disclaimer and Waiver of Liability

1. Recognize and understand that martial arts training is a physical contact activity and that my participation might result in serious injury, including permanent disability or death, and severe social and economic loss.
2. Recognize and understand that such risk may be due to not only my own actions, but also the action, inaction or negligence of others.
3. Recognize that there may be other risks that are not known to me or to others or not reasonably foreseeable at this time.
4. Agree to inspect the facilities, equipment and pairings prior to participation. I will immediately inform an instructor if I believe that anything is unsafe or beyond my capability and refuse to participate.
5. Assume all of the foregoing risks and accept personal responsibility for any damages that may result from injury, permanent disability or death.
6. Enter Judo training and/or competition entirely of my own free will and understand the importance of following the rules of training and competition.
7. I certify that I am in good physical condition, and have no disease, injury or other condition that would impair my performance or physical and mental well-being during training practice and/or competition. If I have any injuries or illnesses that could affect my ability to participate, I will notify the club managers and coaches, and discuss the appropriateness of martial arts training with my or my child's doctor.
8. Grant permission in case of injury to have a doctor, nurse, athletic training or other emergency medical personnel provide me or my child with medical assistance or treatment for such injury. The cost of any treatment or hospitalization arising from injury

during training or play shall not under any circumstance be paid by Good Time Judo Inc Club, its affiliated organizations and governing bodies, their officers, instructors and personnel, other members of the organizations, participants, supervisors, coaches, sponsoring organizations or their agents.

9. Release, waive, discharge and covenant not to sue, Good Time Judo Inc Club, its affiliated organizations and governing bodies, their officers, instructors and personnel, other members of the organizations, participants, supervisors, coaches, sponsoring organizations or their agents, and if applicable, owners and leasers of the premises from any and all liability to the undersigned, his or her heirs and next of kin for any and all claims, demands, losses and damages which may be sustained and suffered on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise.
- I have read, understood, and accepted the disclaimer and liability waiver and sign it of my own free will without having been coerced or placed under duress.

Printed Name of Member and/or Legal Guardian*

Signature of Member or Legal Guardian*

Dated: _____