Primary myelofibrosis and new treatment

- Clonal myeloproliferative neoplasm characterized by a proliferation of predominantly megekariocytes and granulocytes in the bone marrow.
- Prefibrotic phase-
- Fibrotic phase

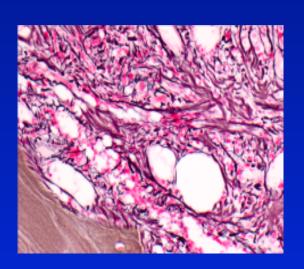
Major criteria

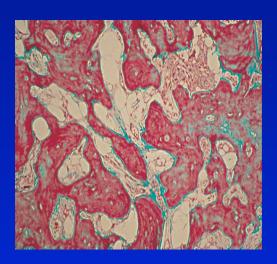
- Presence of megakaryocyte proliferation and atypia, with reticulin and/or collagen fibrosis
- Not meeting WHO criteria WHO BCR-ABL + chronic myeloid leukemia, PV, myelodysplastic syndrome or other myeloid neoplasms.
 Demonstration of JAK2V617F or other clonal markers

Minor criteria

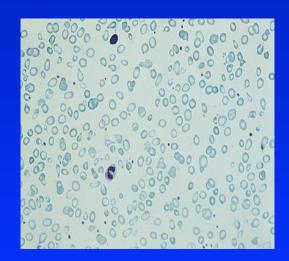
Leukoerytroblastosis Increase in serum lactate dehydrogenase level, Anaemia, Splenomegaly

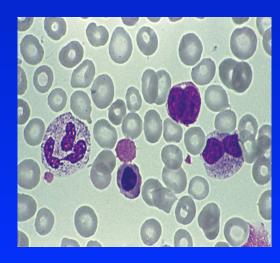
Myelofibrosis











Diagnosis of myelofibrosis

Physical exam

Palpable splenomegaly

Bone marrow biopsy

Fibrotic or hypercellular bone marrow

Clonal marker or absence of reactive fibrosis

Does not meet criteria for other myeloid disorder

Blood analysis

Anemia

Leukoerythroblastosis

Increased serum lactate dehydrogenase (LDH)

- Major WHO diagnostic criteria³
- Minor WHO diagnostic criteria³

Diagnosis requires meeting all 3 major criteria and at least two minor criteria.

- 1. Barbui T, et al. J Clin Oncol. 2011; 29: 761-770;
- Chou JM, et al. Leuk Res. 2003; 27: 499-504;
- 3. 2008 WHO Diagnostic Criteria for PMF (Vardiman JW, et al. *Blood.* 2009; 114: 937-951).

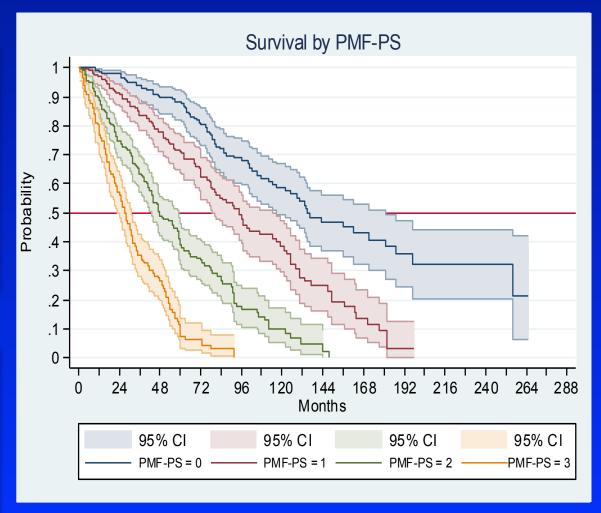
International Prognostic Scoring System (IPSS): Risk classification of PMF at presentation

Prognostic factors

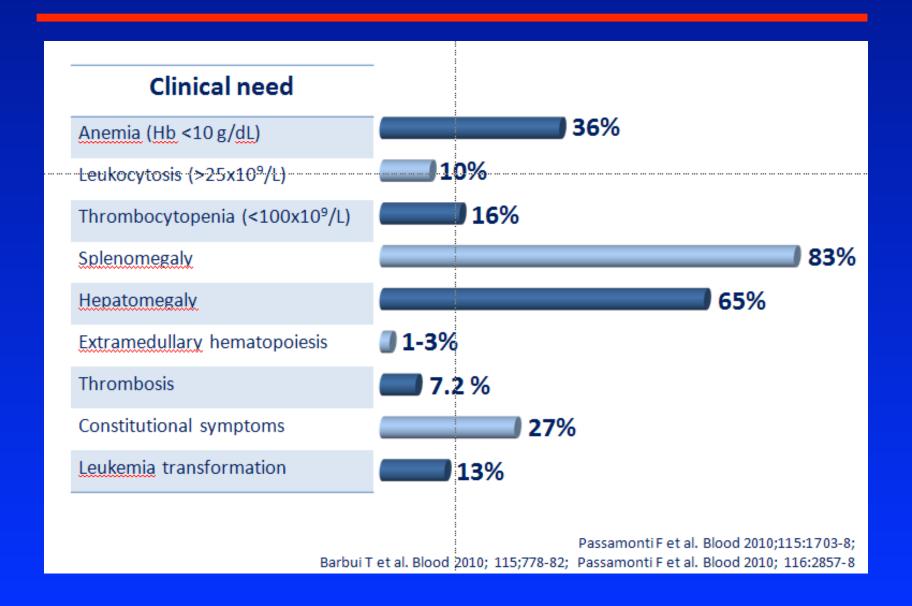
- Age > 65 years
- Constitutional symptoms
- Hb < 10 g/dL
- Leukocytes $> 25 \times 10^9/L$
- Blood blasts > 1%

Risk groups #factors



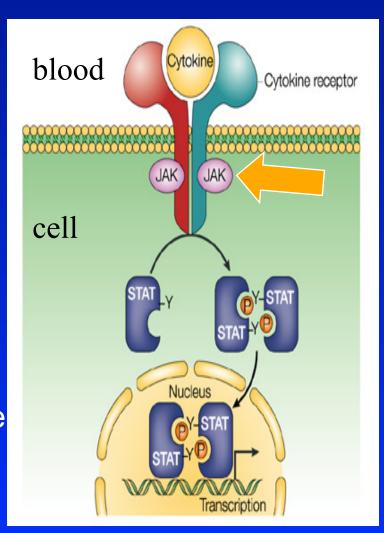


Main Clinical Problems in MF



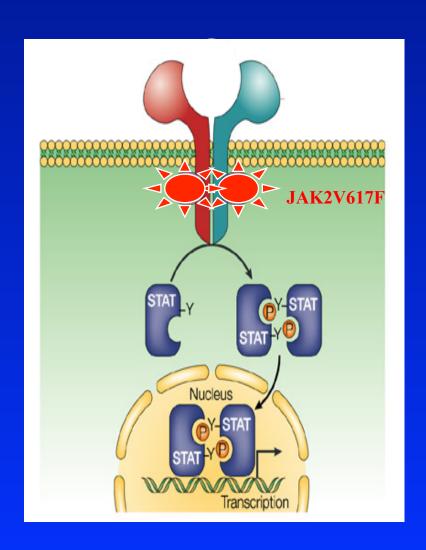
JAK-STAT Signaling

- A well characterized signaling pathway involved in normal hematopoiesis (blood making), inflammation, and immune function
- Four members of JAK family
 - JAK1, JAK2, JAK3 and Tyk2
 - Promiscuous signaling (!)
- JAK2 specifically mediates cytokine signaling for red blood cells and platelets (its inhibition causes anemia and low platelets)



JAK2 V617F Mutation in MPN

- Acquired
- Arises in multipotent progenitors
- Results in constitutively active JAK2 tyrosine kinase
- Causes disease (PV → MF) in mice
- Present in ~50% of ET and MF patients, ~97% PV



Quintás-Cardama A, Nat Rev Drug Discov. 2011 Feb;10(2):127-40.

JAK2V617F in MPN: 2013

- Other mutations identified (about 25 so far);
 clonal hyerarchy → "multiclonal" state
- JAK2 mutation is unlikely a cause for the disease in humans, but main contributor to clinical phenotype
- JAK-STAT pathway dysregulation, regardless of JAK2 mutational status, is a key pathologic feature of MPNs

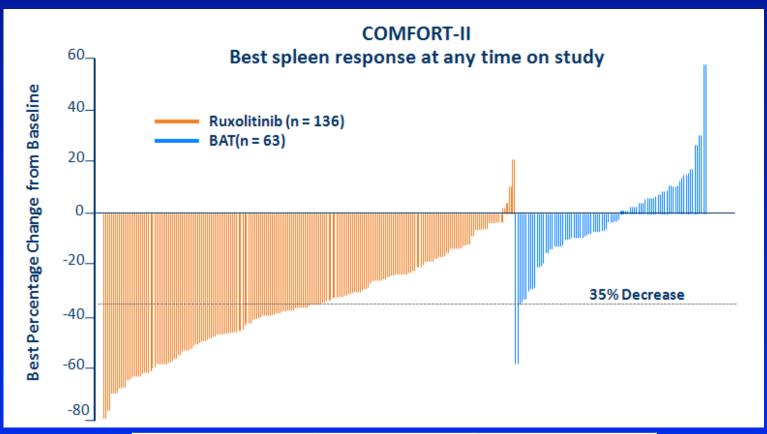
JAK2 Inhibitors

- Not selective for mutated JAK2V617F enzyme (ATP binding inhibitors)
- Lowering of platelets and red blood cells is expected side effect due to inhibition of normal JAK2
- Elimination of the disease unlikely
- However: may benefit patient with and without JAK2V617F mutation

Benefits of a JAK Inhibitor Therapy in MF

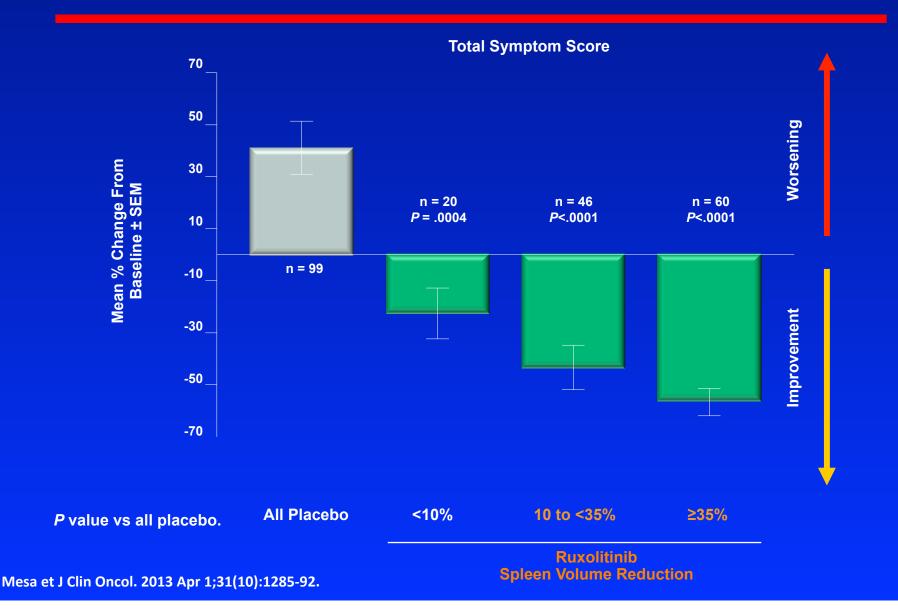
Splenomegaly

Spleen Volume Response: Ruxolitinib vs. best available drug (BAT)



	Ruxolitinib	ВАТ
↓ Spleen volume	132 (97%)	35 (56%)
↑ Spleen volume	4 (3%)	28 (44%)

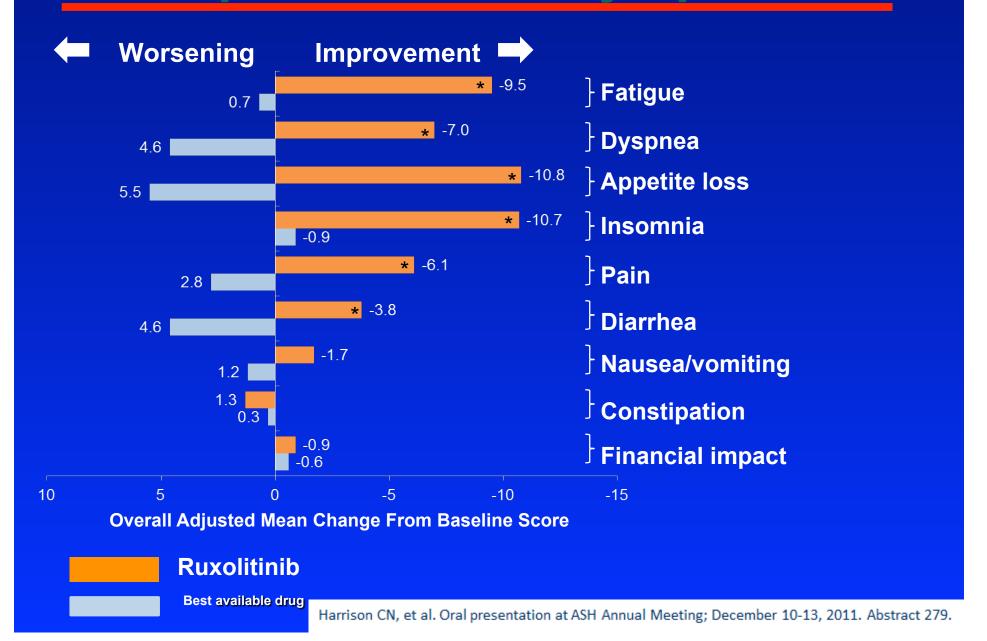
Reduction in MF-Related Symptoms by Spleen Volume Reduction at Week 24



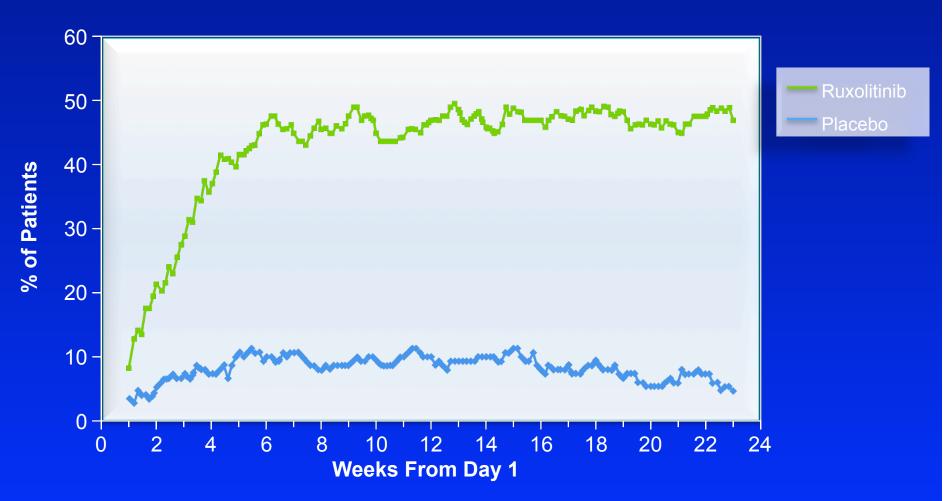
Benefits of a JAK Inhibitor Therapy in MF

Quality of life / Performance status

Improvement in Symptoms

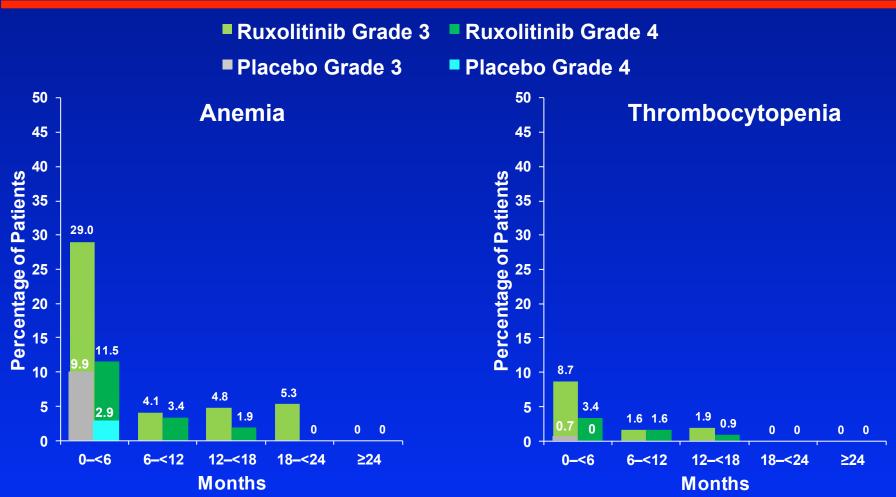


Proportion of Patients with ≥50% Reduction in Total Symptom Score Over Time



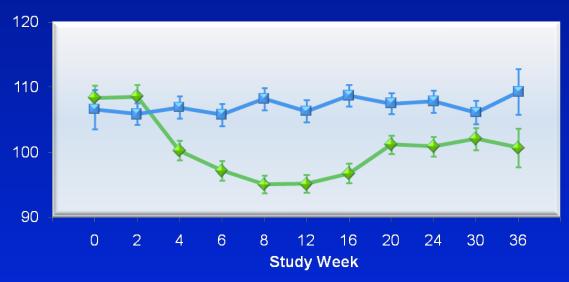
Patients who discontinued or had missing data were considered non-responders

Incidence of New Onset Grade 3 or 4 Anemia and Thrombocytopenia Over Time



 All patients receiving placebo at the primary analysis crossed over or discontinued within 3 months of the primary analysis; therefore, data for patients receiving placebo is shown for 0-<6 months only

Mean Hemoglobin and Red Blood Cell Products Over Time

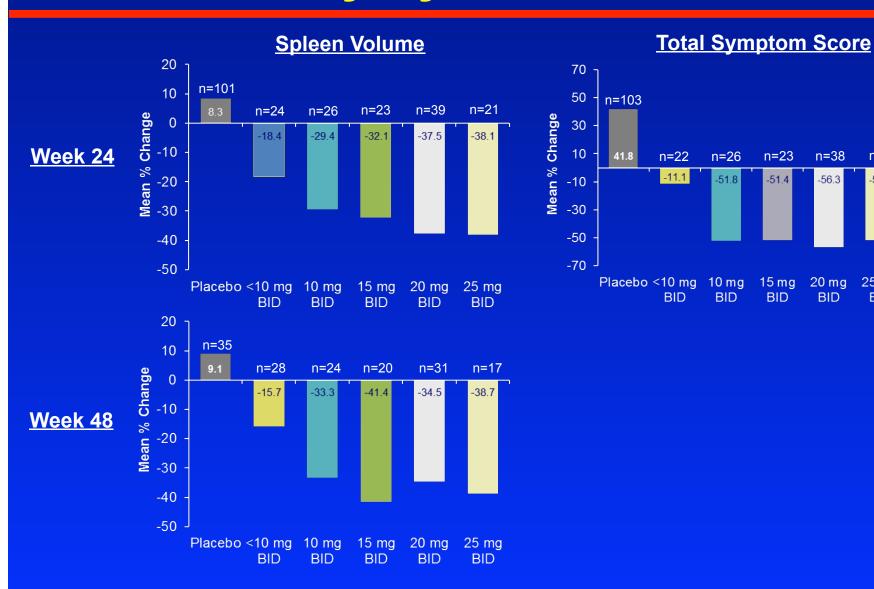






Verstovsek et al. Haematologica 2011;96(s2):213 (abstract 0505).

Efficacy by Titrated Dose



Titrated dose is defined as the average dose patients received in the last 4 weeks before assessment.

n=20

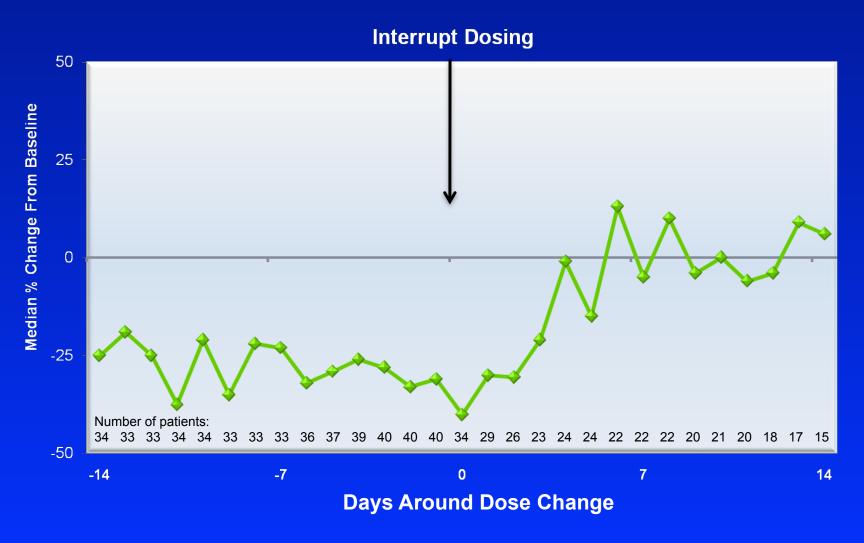
-51.9

25 mg

BID

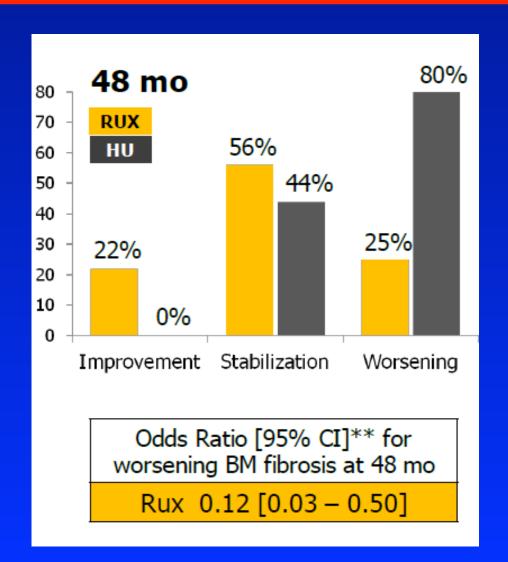
-56.3

What happens if therapy with ruxolitinib is interrupted?



Return of the symptoms within 7 days: avoid interruptions!

Change in BM Fibrosis Over Time*

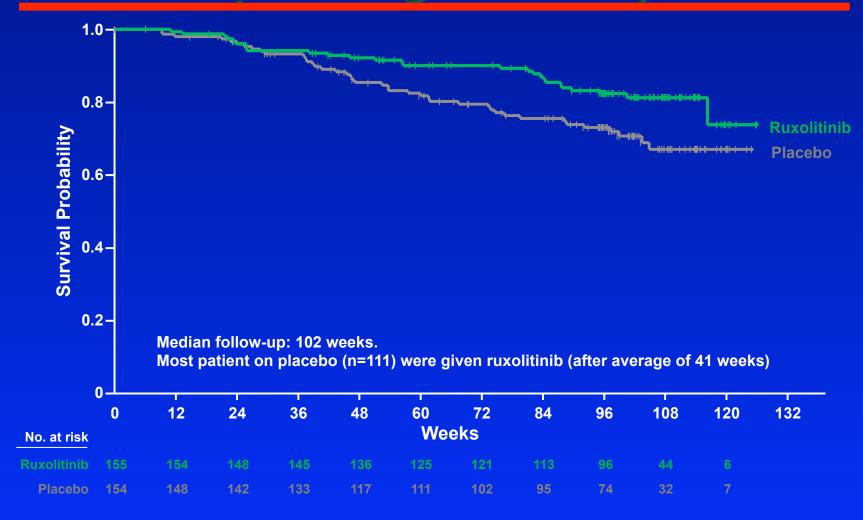


^{*} Compilation of data - not a formal comparison

JAK2 Inhibitors in MF

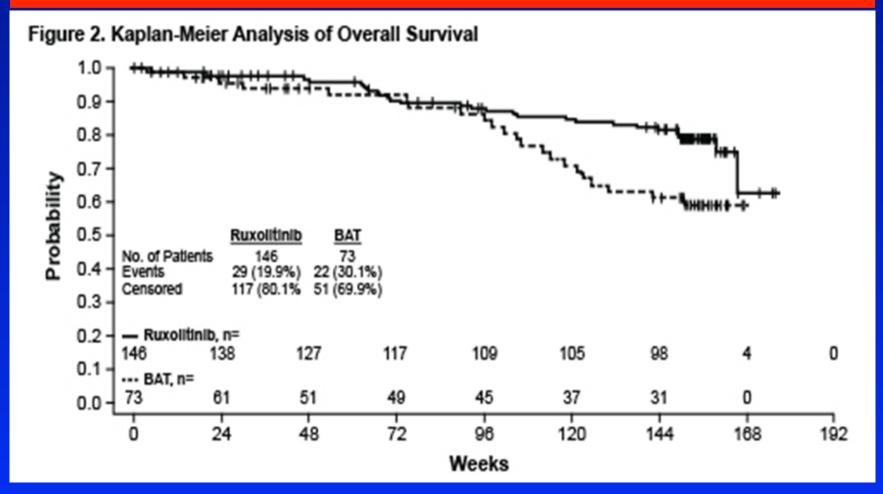
Can JAK2 inhibitors prolong life of patients with MF?

Overall Survival: ruxolitinib vs. placebo (int-2/high risk MF)



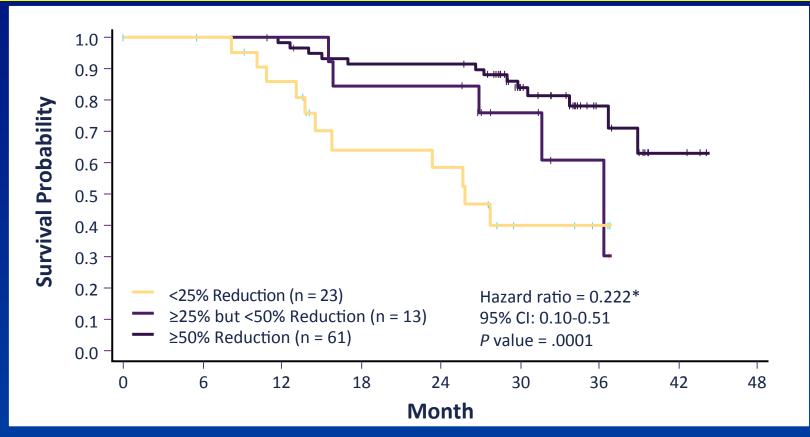
No. of deaths: Ruxolitinib = 27; Placebo = 41; HR = 0.58 (95% CI: 0.36, 0.95); P = .028

Overall Survival: ruxolitinib vs. BAT (int-2/high risk MF)



52% reduction in risk of death in the ruxolitinib arm compared to BAT arm (HR = 0.48; 95% CI, 0.28-0.85; log-rank P = .009)

Reduction in spleen size was predictive for improved overall survival



Stratification by degree of reduction in spleen length at first confirmed spleen response predicted a significant difference in rate of overall survival within MD Anderson Cancer Center study cohort

*Comparison of <25% reduction vs ≥50% reduction.

JAK2 Inhibitors for Myelofibrosis

- Not selective for JAK2V617F (patients with and without JAK2 mutation benefit)
- Safety: lowering of blood count (not a cause for stopping therapy), others
- Efficacy:
 - Excellent therapy for disease-related symptomatic splenomegaly or general constitutional symptoms
 - Possible prolongation of life in patients with advanced disease