

Child's Name: _____

Kids of the Kingdom Episcopal School Menu (June 2022)

Mon	Tue	Wed	Thu	Fri
		(1) A) Cinnamon Toast* & Fruit B) Mac & Cheese w/Beef / Green Beans / Peaches C) Rice Krispy Treats	(2) A) Malt- O – Meal & Fruit B) Beanie Weenies / Bread* / Mixed Vegetables C) Yogurt w/Granola & Strawberries	(3) A) Breakfast Corn Dog & Fruit B) Pizza / Salad / Ranch / Oranges / Cookies C) Trail Mix*
(6) Center Closed	(7) A) Cheerios* & Toast & Fruit B) Ham & Cheese Sandwiches* / Carrots / Ranch / Bananas C) Cottage Cheese & Peaches	(8) A) Bagels & Fruit B) Beef & Rice* / Mixed Vegetables / Mixed Fruit C) Butter Crackers & Cheese Sticks	(9) A) Oatmeal & Fruit B) Chicken Nuggets / Bread* / Corn* / Pears C) Banana Pudding	(10) A) Potato & Egg Tacos & Fruit B) Pizza / Salad / Ranch / Apple Slices / Cookies C) Trail Mix*
(13) A) Cheerios* & Toast & Fruit B) Steak Fingers / Bread* / Broccoli w/Cheese / Pineapple C) Ranch Oyster Crackers	(14) A) English Muffins & Fruit B) Turkey & Cheese Sandwiches* / Cucumbers / Ranch / Oranges C) Goldfish & Raisins	(15) A) Cheese Toast & Fruit B) Bean & Cheese Tacos / Brown Rice* / Apple Slices C) Fruit Salad	(16) A) Malt – O – Meal & Fruit B) Tuna Noodle Casserole* / Peas & Carrots / Mandarin Oranges C) Baked Cheese Crackers	(17) A) Waffles & Fruit B) Pizza / Salad / Ranch / Strawberries / Cookies C) Trail Mix*
(20) A) Cheerios* & Toast & Fruit B) Spaghetti* w/Meat Sauce / Green Beans / Peaches C) Animal Crackers & Pudding	(21) A) Pancakes & Fruit B) Grilled Cheese Sandwiches* / Carrots / Ranch / Apple Slices C) Granola Bars	(22) A) Cinnamon Raisin Bread & Fruit B) Hot Dogs / Bread* / Tater Tots / Oranges C) Jell-O w/Fruit	(23) A) Oatmeal & Fruit B) Chicken & Rice* / Corn* / Pears C) Cucumber Salad	(24) A) Pigs in A Blanket & Fruit B) Pizza / Salad / Ranch / Bananas / Cookies C) Trail Mix*
(27) A) Cheerios* & Toast & Fruit B) Bean & Cheese Chalupas / Rice* / Pineapple C) Graham Crackers & Yogurt	(28) A) Blueberry Muffins & Toast & Fruit B) Chicken Salad Sandwiches* / Cucumbers / Ranch / Strawberries C) Fresh Fruit Cup	(29) A) French Toast & Fruit B) Cheese Quesadillas / Carrots / Mixed Fruit C) Rice Krispies Treats	(30) A) Malt – O – Meal & Fruit B) Hamburgers / Bread* / Green Beans / Bananas C) Carrot Salad	
A) Breakfast (Milk & Water)	B) Lunch (Milk & Water)	C) P.M. Snack (Juice & Water)	*Whole Grain Item Menu meets CACFP requirements	

If your child is on the allergy list please put a line through the food item they cannot have and return the menu in your child's folder. Please provide a substitution for that item.