



LEVEL 5: BALLET  
ORANGE AWARD

NAME:  
DATE COMPLETED:



I attend class regularly.



I am beginning to show great flexibility in all ranges of movement.



I am able to perform a pli   in 5th & 4th crossed and dance a simple encha  nement of pli  s.



I am able to perform a relev   from 2 feet to 1 foot.



I am strengthening my demi pointe work through exercises that will ready my feet & ankles for pointe work.



I am able to show a grand battement en cloche.



I am beginning to show the use of pressure into the floor.



I am able to dance a demi point encha  nement at the barre developing my foot work in preparation for pointe.



I am working positively to achieve my dance goals.



I always thank my teacher at the end of my class.



LEVEL 5: BALLET  
GREEN AWARD

NAME:  
DATE COMPLETED:



I arrive at my class on time.



I am able to perform 2nd & 3rd arabesque.



I am developing my circular port de bras.



I am beginning to work on sissonnes.



I am able to do a p  riouette preparation in the centre.



I am able to dance balanc  s en avant & en arri  re.



I am able to choreograph a simple 8 bar sequence by myself.



I am working on a pas de bourr  es ordinaire over & under.



I show good a good level of discipline in my working as well as my attitude.



I remember to take all of my belongings with me at the end of my class.



LEVEL 5: BALLET  
PURPLE AWARD

NAME:  
DATE COMPLETED:



I am in the correct uniform & shoes.  
Boys: My hair is always neat.  
Girls: My hair is always in a bun.



I am able to dance pas de basque saut  s & glissades.



I am able to dance a simple turning encha  nement from the corner.



I am beginning to work on petit batterie -   chapp   battu & changement battu.



I am able to perform a single p  riouette en dehors.



I am able to complete two contrasting choreographed routines as a solo.



I am able to do a simple petite all  gro encha  nement including saut  s, changements, jet  s & assembl  s.



I am developing my ballet vocabulary; petit batterie, en cloche, sissonne, ferm   & ouvert.



I finish my class professionally with a choreographed reverence.



I am able to convey the choreographic intent through my performance.