

To Whom It May Concern,

With the conclusion of our Panama Brigade, I would once again like to thank you for all your help in making this brigade a huge success. The thirty brigaders who attended this trip helped treat and educate more than 600 patients in the communities of Puerto Lara and Nicanor in the Darien Province in southern Panama. Thank you for your contribution.



"Seeing all the people come out to the clinic was truly heartwarming. It didn't matter whether they were there to see the optometrist, dentist, or even just for their children to learn and play at charla. They were just happy to see that someone cared was there to help them. That really helps put things in prospective and it was an experience I will cherish for the rest of my life."

~Tristan Harris (Panama Brigade Leader)

"I got to go on a brigade last year to Nicaragua so I was expecting the same amazing experience as last year. What I ended up getting was a completely different but equally amazing experience. The people of Puerto Lara were so kind and welcoming and I learned just as much from them as they did from me."

~Meagan Hostetler (Panama Brigader)



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"This was my second brigade and it was so different from the first. I got to experience different things and I got to teach some of the new brigaders how things like take blood pressure and use the autorefractor. I got to make a bunch of new friends and I'll treasure these relationships for the rest of my life. I look forward to being able to use everything I learned this year on my next brigade and making more memories."

~Katie Perez (Panama Brigader)

"I had been waiting for this brigade since I got home from the last one. I got to use all the skills that I had gained this past year, like my Spanish and clinical experience. The thing that continues to amaze me, is the way the kid's eyes seem to light up when we walk into the clinic and how thankful they are that we are there. Each brigade I go on really puts things in perspective and makes me realize how fortune we are in America. I am already looking forward to the next one."

~Gage Edwards (Panama Brigade Leader)



Sincerely, *Tristan Harris* 

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