

SMOOTHIES: \$ 7.00

ADD PROTEIN \$ 8.50 ADD PEANUT BUTTER \$ 8.00

**BASES - HOMEMADE PINK LEMONADE ALMOND MILK, COCONUT MILK,
OR COCONUT WATER**

FLAVORS-MIX AND MATCH ANY FLAVORS!

MANGO

ADD SPINACH, KALE, CELERY,

STRAWBERRY

AVOCADO, OR CHIA SEEDS FOR .75 CENT

BLUEBERRY

EXTRA!

BANANA

PEACH

PINEAPPLE

ORANGE

SPECIALTY SMOOTHIES \$10.00

**IF YOU DISLIKE ANY FRUIT, MILKS, OR VEGGIES IN OUR SPECIALTY SMOOTHIES—ASK US TO TAKE
IT OUT! THIS IS YOUR SMOOTHIE**

ZA'S FAVORITE

**BANANA, STRAWBERRIES, BLUEBERRIES, PEANUT BUTTER,
SPINACH, ALMOND MILK**

GREEN MONSTER

**BANANA, AVOCADO, SPINACH, KALE, GINGER,
APPLE, CELERY, ALMOND MILK (OPTIONAL: HONEY)**

DRINK YOUR VEGGIES SMOOTHIE

**CARROTS, BEETS, SPINACH, AVOCADO, BASIL, GINGER,
APPLE, CUCUMBER, ALMOND MILK (OPTIONAL:HONEY)**

NUTELLA BANANA SMOOTHIE

NUTELLA, BANANA, ALMOND MILK,

ACAI SMOOTHIE

ACAI, BLUEBERRY, STRAWBERRIES ALMOND MILK

CHOCOLATE BANANA PEANUT BUTTER

**PEANUT BUTTER, COCOA, BANANA, ALMOND MILK, TOPPED
W/ TOASTED COCONUT**

MORNING DE-BLOAT

SPINACH, GINGER, CELERY, CUCUMBER, BANNA, LEMON, APPLE CIDER VINEGAR, COCONUT WATER

TROPICAL COCONUT

COCONUT MILK, PINEAPPLE, MANGO, BANANA, ORANGE JUICE

CREAMSICLE SMOOTHIE

ORANGE, YOGHURT, ORANGE JUICE, BANANA

KETO STRAWBERRY

UNSWEETENED ALMOND MILK, STRAWBERRIES, BLUEBERRIES, CHIA SEEDS

BEET STRAWBERRY

BEETS, STRAWBERRIES, PINEAPPLE, CARROT, COCONUT WATER, GREEK YOGHURT

KEY LIME KIWI

KIWI, PINEAPPLE, MELON, BANANA, CHIA, ALMOND MILK, FRESH SQUEEZED LIME JUICE

KETO COFFEE SMOOTHIE

COFFEE, VANILLA, COCONUT MILK, COCOA, AVOCADO, BANANA

CINNAMON ROLL SMOOTHIE

COCONUT MILK, APPLES, CINNAMON, VANILLA, ICE CREAM OR YOGHURT

GOOD MORNING LEMON SMOOTHIE

FRESH SQUEEZED LEMON JUICE, YOGHURT, GINGER, BANANA, MANGO, TUMERIC

MOCHA LATTE SMOOTHIE

COFFEE, BANANA, YOGHURT, COCOA, COCONUT MILK

ORANGE CARROT BASIL SMOOTHIE

CARROTS, BASIL, TUMERIC, YOGHURT, ORANGES, MANGO