



QUICK LUNCH BITES MENU

Quick lunch options for those busy lunch Sessions.
We suggest at least two main menu items to create an adequate amount of food for each guest.

Minimum of 10 pieces for each menu item for listed pricing.

Minimum order required to be eligible for delivery, Bio-degradable plates, napkins, and cutlery are provided within the order

Sweet Potato Fritters (V) \$4.50 Serve

Indian inspired sweet potato fritters served with natural yogurt and mango chutney. Gluten Free Option Available

Spiced Potato, Pea & Mint Swirls (V) \$4.50 Each

Spiced sautéed potatoes with peas and fresh mint swirled in filo pastry and oven baked.

Chicken, Spinach & Feta Filo Parcels \$6.00 Each

Slow cooked chicken with garlic, wilted spinach and Bulgarian feta wrapped in flaky filo pasty and oven baked.

Oven Bake Mexican Beef Parcel \$6.00 Each

8 Hour slow roasted Mexican beef wrapped in a flour tortilla stuffed with tomato salsa and tasty cheese. Gluten Free Option Available

Chicken Satay Parcel \$6.00 Each

Oven baked chicken marinated in satay sauce tossed with chickpeas and bean trio wrapped with in a flour tortilla with house made peanut sauce. Served warm.
Gluten Free Option Available

Sushi (GF) (DF) \$5.50 per head

Selection of hand rolled sushi filled with a selection of chicken, salmon, tofu, cucumber, picked carrot, spring onion, served with soy sauce, wasabi and picked ginger.

Stromboli - Pizza Roll (Vegetarian Option Available) \$5.00 per head

Pizza dough topped with our own three cheese mix, napolitana sauce with a selection of toppings such as: pepperoni, sautéed onion, roasted capsicum
Virginian ham, spinach, and Kalamata olives, rolled and oven baked
Great little grab and go lunch option.





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Portuguese Chicken Skewers (GF) (DF) \$3.00 Each

Chicken thigh, marinated in Portuguese inspired spices, grilled, and served on a bed of rice.

Honey & Sesame Chicken Skewers (GF) (DF) \$3.00 Each

Chicken thigh marinated in the classic honey and Sesame marinade. Finished with toasted sesame seeds. Grilled and served on a bed of rice.

Selection of Fresh Turkish Rolls and Wraps

No need for a further menu item, this dish will serve your guests nicely! We Provide 1 large Turkish Roll and ½ a wrap per head serving (Vegan and Gluten Free Option Available) \$10.00 Per Head

Variety of wraps & Turkish style rolls, stuffed with Virginian ham, oven baked chicken, egg salad OR roast beef finished with a range spreads layered on lettuce, tomato, carrot and cucumber.

Buddha Bowl (GF)(DF)

Great for refueling the troops. Quinoa and chickpeas with carrot batons, roasted pumpkin, Spanish onion, cucumber topped with Dijon dressing. Served in a bio-disposable bowl easy for eating on the go.

Oven Baked Chicken	\$6.50 Per Head
Grilled Tofu (Vegan)	\$6.00 Per Head
Chilled Beef Sliced	\$7.00 Per Head

Rice Paper Rolls (GF) (DF)

Rice paper rolls stuffed with your choice of filling with fresh cucumber, pickled carrot, spring onion, coriander & mint served with sticky sweet Thai sauce Chinese

Pork Fillet	\$5.00 Each
Oven Baked Chicken	\$5.00 Each
Grilled Tofu (Vegan)	\$4.50 Each
Roasted Duck	\$5.50 Each
Australian Prawns	\$5.50 Each

Dragonfly Beef Sausage Rolls \$5.00 per head

Our very own house made beef sausage rolls served with tomato and barbecue sauce, always a hit!

Turkish Toasties \$6.50 Per Head

Our large Turkish rolls stuffed with the following combos & toasted.

Cut for your guests' convenience.

- Virginia Ham, fresh tomato, and tasty cheese
- Oven baked chicken, feta cheese and spinach
- Roast Beef, tomato relish and tasty cheese
- Corned Beef, pickle, and vintage cheese

