



## First Aid Basic Life Support

Basic life support describes a set of basic life saving first aid techniques. This will cover safe management of an incident and dealing with an unresponsive non-breathing casualty (CPR & chain of survival)

At the end of this training participants will be able to:

- List actions to be taken in the event of an emergency occurring at their place of work
- Use cardiopulmonary resuscitation methods, including use of an AED
- Provide first aid to an unconscious casualty
- Provide first aid to a choking casualty
- Describe the correct actions to take with regard to control of wounds and bleeding
- Describe the correct actions to take with regard to a range of other first aid situations

