

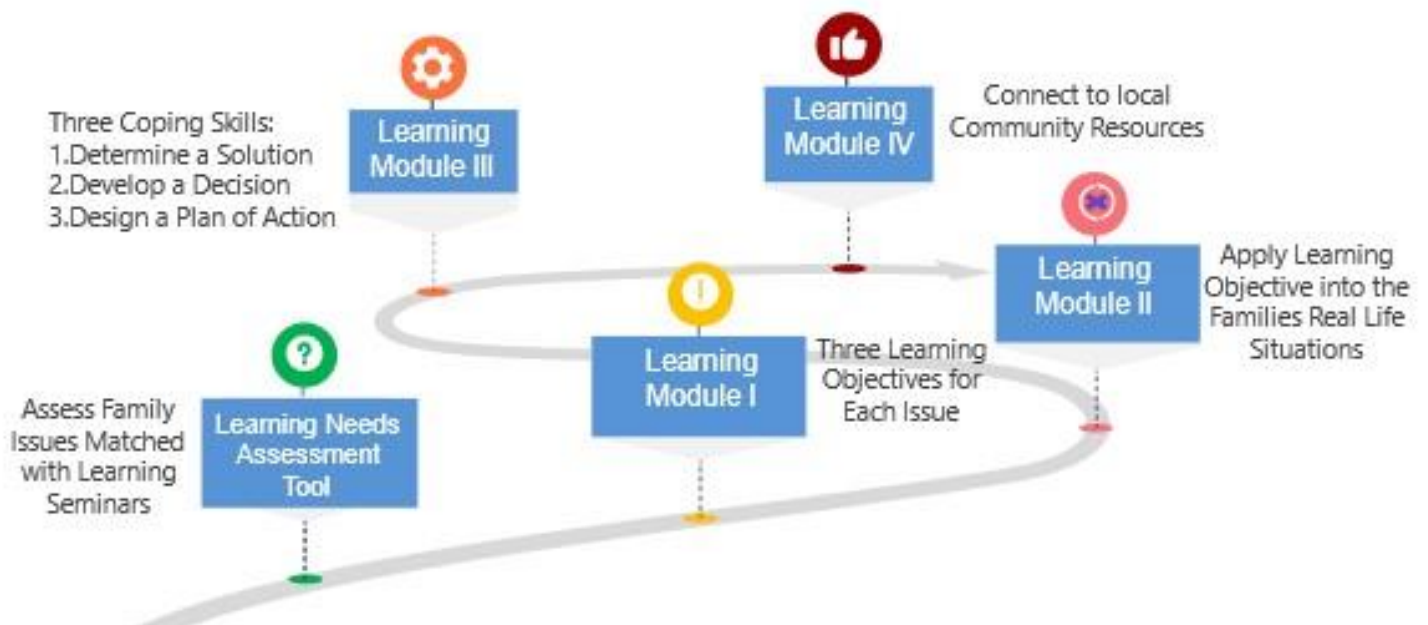


*Family Solution Finder Learning Series*

# Seminar Learning Goals & Objectives

## A Family Members Journey

The Family Solution Finder Learning Series. Learning Modules I -IV, 32 Key Issue Seminars



# Family Solution Finder Learning Series

32 Key Issues, Seminars

## ~THE FAMILY~

### **ISSUE # 1.** Family is a system.

Goals: Of your family members 1. Learn the Functionality, 2. Learn the Potentiality, 3. Learn the Obstacles that prevent family members from contributing to the family dynamic.

### **ISSUE # 2.** Different roles of the family members.

Goals: 1. Learn the Characteristic Patterns of how families member interact , 2. Learn the 7 different roles family member play, 3. Understanding the sequence of thought, how we use what we know.

### **ISSUE # 3.** Childhood trauma and SUD.

Goals: 1. Learn what is childhood trauma, 2. Learn the signs of childhood trauma, 3. Understanding the tools used to diagnose childhood trauma.

### **ISSUE # 4.** Different types of family therapy.

Goals: 1. Learn the different types of family therapy, 2. Learn which are the four (4) predominate type models, 3. Learn why SUD is referred to as a family disease.

### **ISSUE # 5.** Four primary support structures of the family.

Goals: 1. Learn which are the four (4) primary family support structures, 2. Learn how to get organized to get the most from these organizations, 3. Understanding how to use a plan of action in approaching these groups.

## ~THE DISEASE~

### **ISSUE # 6.** Getting a diagnosis.

Goals: 1. Learn the medical diagnosis path, 2. Learn the mental health diagnosis path, 3. Learn the Addiction diagnosis path. 4. Get an assessment (screening), Diagnosis, Staging, 5. Get organized.

### **ISSUE # 7.** SUD is a brain disease.

Goals: 1. Learn why addiction is a brain disease, 2. How it is different from other disease, 3. Learn Why it is chronic.

### **ISSUE # 8.** The disease progresses in stages.

Goals: 1. Learn the 7 stages of progression, 2. Lean the importance of “Individualized Treatment, 3. Learn the three (3) levels “stages” of disease, (mild, moderate, sever).

**ISSUE # 9.** Relapse is a part of the disease journey.

Goals: 1. Learn the types of mental health therapy in recovery, 2. How the value of Medical Assisted Treatment (M.A.T.) in recovery, 3. Learn to support their Collaborative Comprehensive Care Plan (CC Care Plan) to deal with an enabler who is in denial of their enabling behavior,

**~THE FAMILY, COMMUNITY, and CHRONIC DISEASE~**

**ISSUE # 10.** Enabling vs. Disabling

Goals: 1. Learn the 10 Types of Enabling, 2. How to deal with an enabler who is in denial of their enabling behavior, 3. Understanding how to change enabling behavior.

**ISSUE # 11.** Addiction Behavior, Boundaries.

Goals: 1. To learn the behavior traits of substance misuse, 2. To understand how the behavior progresses and changes over time. 3. To learn how to respond to these behaviors by setting boundaries.

**ISSUE # 12.** Family Intervention, five stages of change & motivational interviewing.

Goals: 1. Identify the five stages of change and motivational interviewing to address them, 2. Learn the ten processes of change. 3. Gain an understanding dual diagnosis, mental health condition,

**ISSUE # 13.** The Police Intervention

Goals: 1. Identify the six phases of Police intervention, 2. Learn the do's and do not's of a missing person's report, 3. How to complete a missing person's report.

**ISSUE # 14.** The Emergency Medical Services Intervention

Goals: 1. Understand the paramedic first response phrases, 2. Learn what happens in a hospital emergency room visit. 3. Understanding the value of SBIRT, family role in continuity of care.

**ISSUE # 15.** The Legal System Intervention

Goal: 1. Have a working knowledge of the incarceration diversion or Sequential Intercept Model (SIM), 2. Finding an attorney, 3. What is Drug Court.

**ISSUE # 16.** The Treatment Center Intervention

Goal: 1. Determine the right level of treatment, 2. What is Intensive Outpatient Treatment, IOP. 3. Family role in communicating with treatment center staff.

**ISSUE # 17.** Support Agency Mapping

Goal: 1. Define family community mapping (who can assist the family), 2. Steps to create a family community map 3. Advantages gained by having a family community map.

**ISSUE # 18. The Relapse**

Goal: 1. What is relapse, 2. List three stages of relapse, 3. How can the family identify these stages.

**ISSUE # 19. Successful Lifelong Recovery**

Goals: 1. Four main ideas in relapse prevention. 2. Learn the Stages of Recovery 3. How to create a strong support system.

**ISSUE # 20. Bereavement**

Goal: 1. Learn the 3 types of grief, 2. Understand the grief cycle, 3. Create an inventory for complicated grief.

**ISSUE # 21. Faith, Spiritual Practices**

Goal: 1. Review the need for faith organization participation, 2. Create an Invest in the Family Ministry, 3. Offer the “Invest in the Family Ministry” program at your place of worship

**~TAKE ACTION~**

**ISSUE # 22. Elements of a family plan of action**

Goals: 1. Learn elements of a family plan of action, 2. Learn the steps in developing a family plan of action. 3. Be aware of the obstacles in developing a plan of action.

**ISSUE # 23. Roles family members play in a plan of action**

Goals: 1. Learn to identify and manage triangulation relationships, 2. How to deal with the six common characteristics of family unit living with substance use disorders, 3. Identify existing communication patterns within the family members.

**ISSUE # 24. Getting networked in advance**

Goals: 1. How to use the Family Solution Finder Local Resource Connections Workbook Learning Module IV, 2. How to apply community mapping into your family plan of action, 3. What steps to take in making learning module IV an action step.

**ISSUE # 25. Suicide prevention**

Goals: 1. Learn the common risk factors, 2. Learn the warning signs, 3. Learn the silent contributor.

**ISSUE # 26. Financial management in SUD**

Goals: 1. Learn the possible paths and their costs, 2. How to get your financial affairs in order, Learn to manage this chronic disease and your expenses.

**ISSUE # 27. Foster care services**

Goals: 1. Learn the serviced providers case management role, 2. How bend with the requirements, 3. Options in achieving family reunification involving substance use disorders.

**ISSUE # 28. NARCAN**

Goals: 1. Learn what is NARCAN, 2. Learn when to use it, Learn what to expect as an outcome.

**ISSUE # 29.** Peer to Peer Support Services

Goals: 1. Learn what is Peer to Peer Support Service, 2. How to create your own Peer to Peer concept when local service is not available, 3. Understand the value of peer to peer exchange.

**ISSUE # 30.** Medical Assisted Treatment (M.A.T.)

Goals: 1. Learn what is Medical Assisted Treatment (M.A.T.) why it has value in long term recovery, 2. Learn as a family member how to support the inclusion of M.A.T. in the plan of care, 3. Understand the regimen and titration.

**ISSUE # 31.** Creating a Family Solution Finder Learning Centers

Goals: 1. Learn how to set up a local Family Solution Finder Learning Centers for your county, 2. How to receive instructor training (train the train), 3. Understanding how operate the center and engage the local community in a community collaboration and education.

**ISSUE # 32.** Harm Reduction

Goals: 1. Learn the family member role in harm reduction, 2. How to manage ones selfcare with mindfulness of self, 3. Learn tips on how to deal with difficult people.

**ISSUE # 33.** The Family Members Role in the Re-Entry Process

Goals: 1. Learn the elements of the re-entry process, 2. How to manage the family members role in the re-entry process, 3. How to identify the obstacles involved in the re-entry process.

**Find by title: [www.amazon.com](http://www.amazon.com):**

1. Family Solution Finder Study Guidebook Learning Module I.
2. Family Solution Finder Seminar Workbook Learning Module II.
3. Family Solution Finder 3-D's Coping Skills Workbook Learning Module III.
4. Family Solution Finder Local Resource Connections Workbook Learning Module IV.

**Substance Use Disorders  
Is A Brain Disease**

*Family Solution Finder Learning Series Seminars*

