

OFFICIAL
MEDIA
KIT

TAMMY MONTGOMERY- DOZI'ER

Award-winning Author, Professional Speaker,
Director, Singer, Actress



www.connectedbyloveconsulting.net



Tammym@cblconsulting.net



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[/connected-by-love-consulting](#)



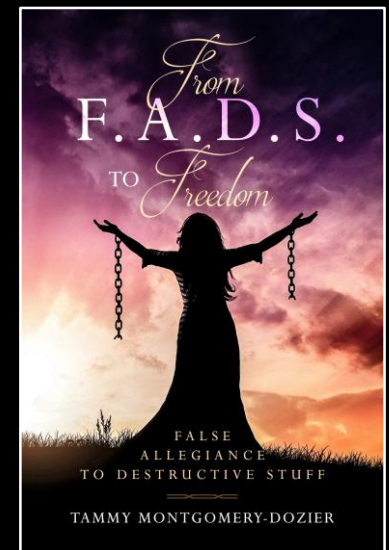
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Biography

Tammy Montgomery-Dozier is an award-winning Author (SPAA's Author of the Year 2016), Professional Speaker, Director, Singer, and Actress. She writes books that deal with real-life issues; such as obesity, self-esteem, mental health, and sexual abuse. The title of first book is called "From F.A.D.S. (False Allegiance To Destructive Stuff).

According to the dictionary the word "Fad" means "Any form of behavior that develops among a large population, and is collectively followed with enthusiasm for some period, generally as a result of the behavior being perceived as novel in some way". Basically, A "fad" is something temporary, a 'craze' for a short period of time.

In society we have many fads, usually, anything that gives us instant gratification. In this book I wish to explore the possibilities of what happens, when we take that same word ("FADS") and use it as an acronym to promote longevity for the spirit. The purpose of this book is to take a short term problem and change it into a long term solution. What are your F.A.D.S. (False Allegiance to Destructive Stuff) ?





Biography



She is a SPAA Certified Master Speaker, Certified Life Coach, Certified in Mental Health First Aid, and a former Rape Crisis Advocate with the YWCA. She enjoys motivational speaking, acting, singing, and reading. Her organization, "Connected By Love," deals with mental health and community issues. She believes we need to get rid of the stigma "What Happens In This House Stays In This House." Her mission is to share her voice with the world, enlighten others to stand in their truth, and create change in our communities. THE PAIN STOPS, WHEN THE SILENCE ENDS!!! Specialty is to motivate others adding a personal touch with her transparency and foresight.

Provides informational trainings on helping others thrive in their businesses and personal lives. Has the unique ability to connect with others on a personal level. Adds a personal touch and makes it her mission to breakthrough barriers with her audience. Excellent trainer , provides detailed information on the subject at hand. Motivational speaker on Mental Health, Sexual Abuse, Addictive Behavior and Eating Disorders

Connected By Love Consulting

Connected By Love Consulting provides resources to families of diverse ethnic, cultural and socioeconomic backgrounds seeking help for their or their loved one's mental wellness. Our mission is to empower the most vulnerable members of our community to lead healthy and productive lives.



EXPERIENCE

SPAA THEATRE & PERFORMING ARTS CENTER

08/2012 - PRESENT

Singer, Actress, Director, Author

MUSICAL PERFORMANCES

- TRIBUTES TO: Prince, Natalie Cole, The Emotions, Jill Scott, Anita Baker, En Vogue, Fantasia
- The Queens of Soul
- Poodles Pennies & Platforms
- Soul Heaven

STAGE PLAYS

- The Teddy Pendergrass Story – Teddys Mother “Ida Geraldine Epps”
- What Goes Around Comes Around – “Nicole”
- Rape of the Heart – “Emily”
- The Marvin Gaye Story – “Tammi Terrell”
- I’m Still Wearing Your Name – “Kathy”

DIRECTOR & PRODUCER

Stage play – “If It Don’t Fit”

EDUCATION

SPAA INTERNATIONAL

Certified Professional, Master Speaker, Master Writer,
Certified Life Coach

PUBLICATIONS

- From F.A.D.S. To Freedom (False Allegiance To Destructive Stuff)
- Addicted To Pain: The Pain Stops When The Silence Ends!
- Connected By Love: Choices, Chances & Changes

COLLABORATION

- The Power Within
- The Seeds Of Truth
- Choices & Consequences



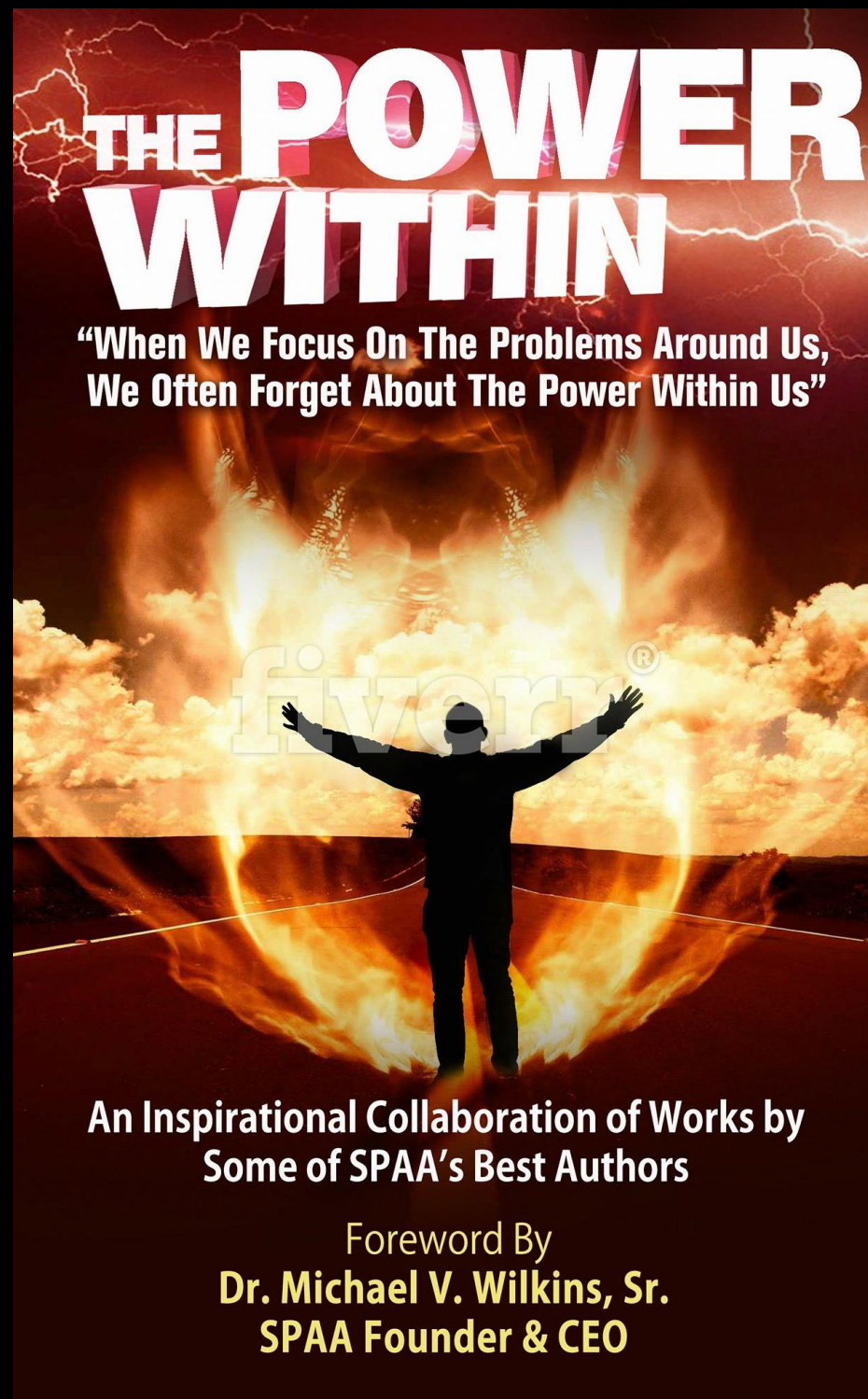
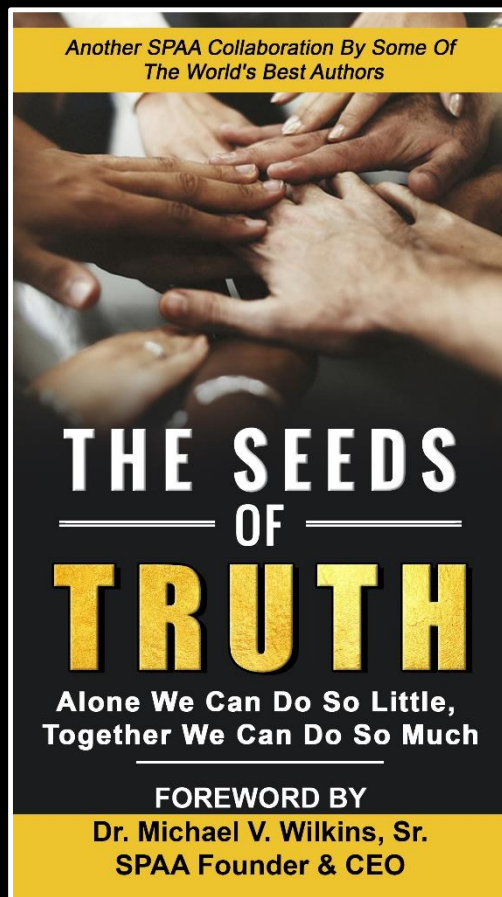
LEADERSHIP

- National Vice President
- SPAA International National Board
- National Vice President of Training
- President of the Chicago South SPAA Chapter
- National Chairperson of Chapter Development & Training





Tammy has participated in a couple of collaborations. In 2017 collaborator in "The Power Within Book." In the chapter called "Just A Background Singer." Also, in 2019 collaborator for the book "The Seeds of Truth" in the section named Mental Illness.



AVAILABLE NOW



**What Happens In this
House Stays In This House**

EPISODE 47:
Tammy Montgomery-Dozier



Mentoring The Youth

Tammy hosts a podcast "What Happens In This House Stays in This House" which deals with everyday life and mental health issues especially within the African American Community. It is my mission to share my voice with the world and create change in the communities. Let's start the conversation and get rid of the myth "What Happens In This House Stays In This House."

**WHAT HAPPENS IN THIS HOUSE
STAYS IN THIS HOUSE**
STRENGTH OVER SILENCE

**This Week's
Let's Talk About**

**ARE YOU AFRAID
OF SUCCESS?**

HOST:
Tammy Montgomery-Dozier

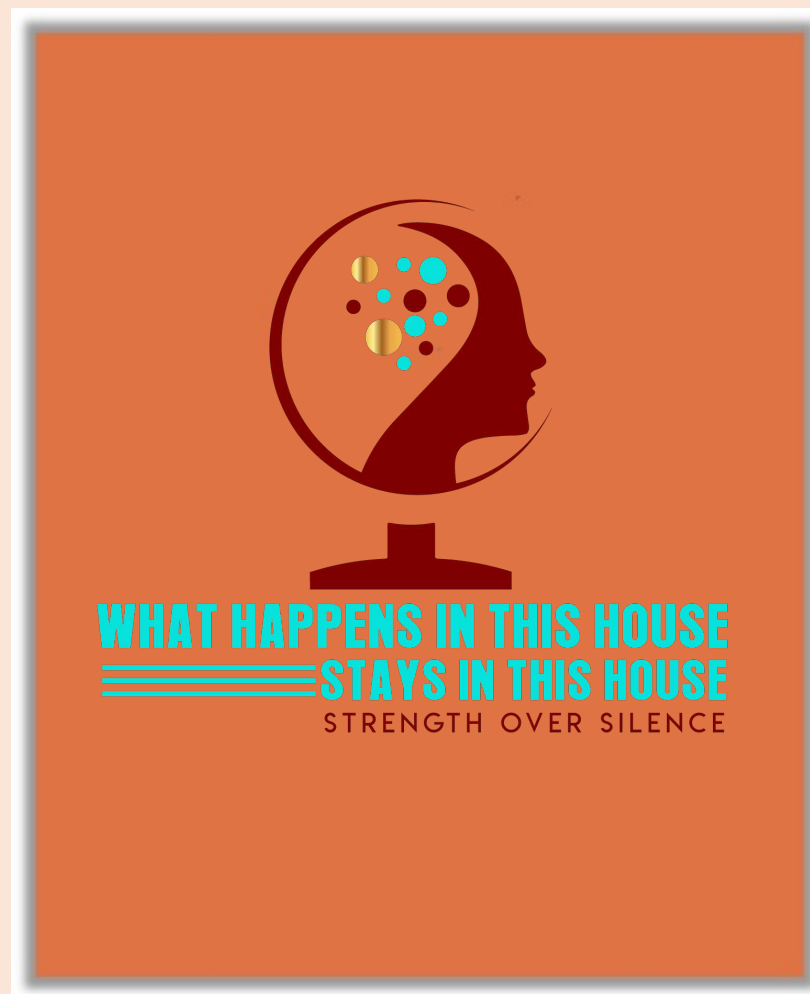
podcast can be found on:

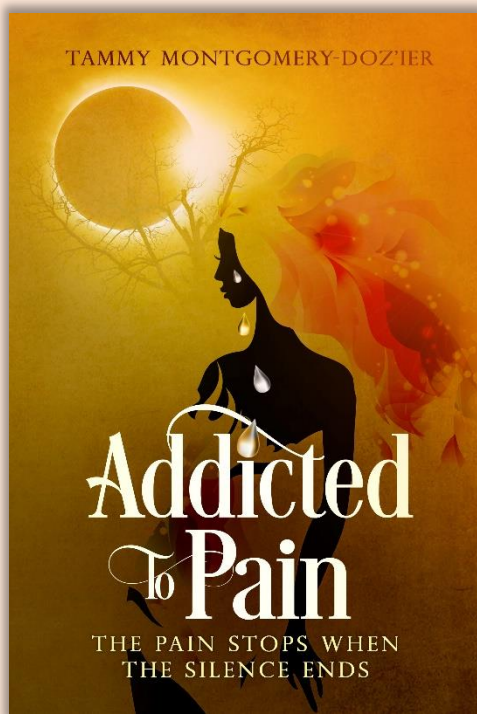
Listen on:
SPAA Radio www.spaausa.org
or www.spaatheater.org

New
podcast weekly
subscribe.

**WHAT WOULD
YOU DO IF YOU
WEREN'T
AFRAID?**

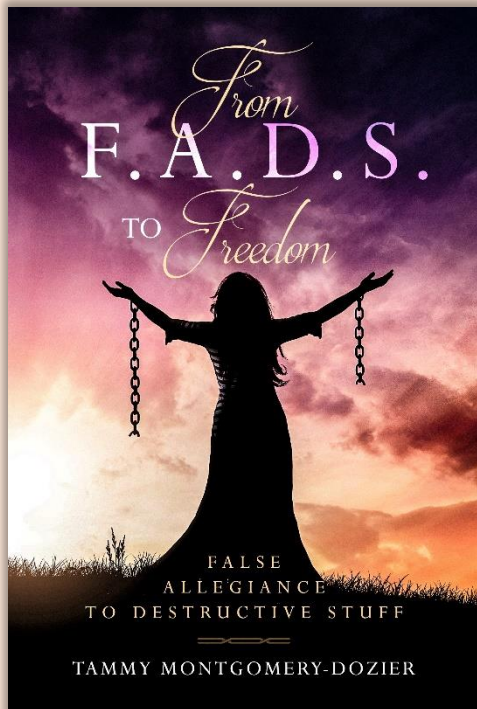
Phone: 708 892 - CAST 708 892 2278
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"Addicted to Pain" is about realistic solutions for taking your tragedies and transforming them into triumphs. The author will take you through a journey of her pains; from bad relationships, depression, sexual abuse, and eating disorders. She provides you with detailed insight into her past addictions, and how she overcame them, in order to help others deal with the challenges that they may be facing in their lives.

Her real-life stories forced her to develop real-life solutions. She believes that once you break the silence of shame, you will then be able to heal. She wants everyone to know that you are not alone and that "THE PAIN STOPS, WHEN THE SILENCE ENDS!!!"



TESTIMONIALS

Ms. Dozier has conducted several training sessions and speaking engagements in Milwaukee, Wi. She is very professional, knowledgeable and her interaction with those around her is amazing. I am very pleased to endorse Ms. Dozier, for her exceptional work and a job well done.

**Sincerely,
Pastor
Living Witness Church
1036 W. Atkinson
Milwaukee, Wi 53206**

I have watched Tammy Dozi'er blossom into a confident, charismatic speaker who engages her audience and delivers her topics with flair. The public speaking expert presents a well thought-out speech with passion and poise. Tammy sets the bar high as she graces the stage and inspires the listeners, easily building rapport with her audience. She is living proof that it is possible to overcome shyness and fears to become a skilled trainer, facilitator and public speaking professional.

Lucille Usher Freeman, author, entrepreneur, writing coach - Matteson, IL

