## **The Ministry House**

209-795-4959 or Betty@NewLifeWorshipMinistries.com

## **Food Items Needed For The Pantry**

Until the day we are able to provide fresh fruits and veggies from the future organic garden, trees, and vines, we will start with basic provisions. If you'd like to donate, when possible, low/no sodium, low/no sugar is preferred for health reasons.

If you'd like to purchase items by the case, you can ship it to:
The Ministry House \* 4549 Highway 4 \* Avery, CA 95224. Thank you.

<b>Fruit</b> Eggs	Snack/Lunch
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Canned:
Fruit Cocktail
Peaches
Prunes
Pineapple
Mixed fruit cups
Pears

## **Veggies**

Any canned variety: Green beans Corn/Creamed Mushrooms Olives Spinach

#### **Tomato Products**

Diced tomatoes Tomato sauce Stewed tomatoes Spaghetti sauce Salsa

## Meat/Fish/Eggs

Canned: Chicken Turkey Tuna Spam

## **Beans**

Canned:
Black beans
Refried beans
Baked beans
Pork & beans
Chili beans

#### **Soups**

Tomato
Mushroom
Minestrone
Vegetable
Chicken Noodle
Chicken Rice
Clam chowder
Beef or Chicken broth

## Pasta / Rice

Mac & Cheese Spaghetti Rice Vermicelli Quinoa Top Ramen

# Peanut Butter

Almond Butter Nutella Protein Bars Single packets: Trail Mix, Raisins, Mixed nuts, etc.

#### **Condiments**

Salad Dressings Mustard Mayonnaise Catsup

## **Household**

Toilet Paper Paper Towels Hand soap Toothpaste Toothbrushes

## **Bags**

Grocery bags Garbage bags Kitchen bags Ziplock sandwich Ziplock Gallon

This is a partial list. If you'd rather send a check for pantry items, please note "pantry" in the memo & send to: NLWM \* P. O. Box 4458 \* Camp Connell, CA 95223 or you can contribute online at: