

# GLENS FALLS ROTARY 5K

Position	Bib	Name	Finish	Pace	Age	Gender	Division	City	Age Rank
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## 5K TOP FEMALES OVERALL based on Gun Elapsed time

1	293	Brigid Duffy	00:20:37.9	6:39	15	F	5K	QUEENSBURY	1st 5K Female
2	24	DANA VARMETTE	00:23:20.9	7:32	31	F	5K	LAKE GEORGE	2nd 5K Female
3	290	Bayley Duffy	00:23:24.1	7:33	13	F	5K	QUEENSBURY	3rd 5K Female

## 5K TOP MALES OVERALL based on Gun Elapsed time

1	58	DAVID RIIHIMAKI	00:18:50.1	6:05	46	M	5K	CORINTH	1st 5K Male
2	63	MATT BECKER	00:19:04.9	6:09	34	M	5K	S GLENS FALLS	2nd 5K Male
3	229	JOHN FURGELE	00:19:54.8	6:25	51	M	5K	DELMAR	3rd 5K Male

## 5K TOP FEMALE MASTERS based on Gun Elapsed time

1	304	Gretchen Duffy	00:25:05.6	8:05	42	F	5K	QUEENSBURY	1st 5K Female
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## 5K TOP MALE MASTERS based on Gun Elapsed time

1	168	JOSHUA FRENCH	00:20:03.5	6:28	40	M	5K	GANSEVOORT	1st 5K Male
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## 5K MALE 1-14 - based on Gun Elapsed time

1	233	WALTER HODGSON	00:28:40.3	9:15	10	M	5K	WEVERTOWN	1st Male 1-14
2	131	NATE LANFEAR	00:29:19.6	9:27	11	M	5K	SARATOGASPGS	2nd Male 1-14
3	176	COHEN HANLEY	00:31:16.9	10:05	12	M	5K	QUEENSBURY	3rd Male 1-14

## 5K FEMALE 1-14 - based on Gun Elapsed time

1	308	Kady Duffy	00:25:44.7	8:18	10	F	5K	QUEENSBURY	1st Female 1-14
2	297	Jillian Richards	00:25:49.7	8:20	14	F	5K	CORINTH	2nd Female 1-14
3	305	Cera Duffy	00:26:30.8	8:33	7	F	5K	QUEENSBURY	3rd Female 1-14

## 5K MALE 15-19 - based on Gun Elapsed time

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1	316	FREDDY WEIDNER	00:20:59.2	6:46	15	M	5K	QUEENSBURY	1st Male 15-
2	89	JEVON BAKER	00:24:19.9	7:51	19	M	5K	BRONX	2nd Male 15-
3	84	LOGAN MASTROPIETRO	00:27:14.8	8:47	19	M	5K	MECHANICVILLE	3rd Male 15-

## 5K FEMALE 15-19 - based on Gun Elapsed time

1	129	ALEXANDRIA LANFEAR	00:32:21.6	10:26	15	F	5K	SARATOGASPGS	1st Female 15-19
2	291	Cassidy Ray	00:40:36.7	13:06	15	F	5K	QUEENSBURY	2nd Female 15-19
3	292	Annabelle Trowbridge	00:40:37.1	13:06	15	F	5K	QUEENSBURY	3rd Female 15-19

## 5K MALE 20-29 - based on Gun Elapsed time

1	124	CASEY BROWN	00:21:32.6	6:57	21	M	5K	SARATOGASPGS	1st Male 20-29
2	152	MATT LABONTY	00:21:59.8	7:05	29	M	5K	QUEENSBURY	2nd Male 20-29
3	128	ANGUS GALAGAN	00:22:52.4	7:23	21	M	5K	GREENWICH	3rd Male 20-29

## 5K FEMALE 20-29 - based on Gun Elapsed time

1	160	MAGGIE SANDERSON	00:24:40.7	7:57	24	F	5K	SCHAGHTICOKE	1st Female 20-29
2	96	JOANA HATCH	00:25:10.8	8:07	27	F	5K	SILVER BAY	2nd Female 20-29
3	109	EMILY WATERS	00:26:27.5	8:32	20	F	5K	QUEENSBURY	3rd Female 20-29

## 5K MALE 30-39 - based on Gun Elapsed time

1	114	RYAN FISHER	00:20:18.6	6:33	38	M	5K	BALLSTON SPA	1st Male 30-39
2	274	Jeff Nastke	00:20:26.1	6:35	37	M	5K	Eagle Bridge	2nd Male 30-39
3	111	MIKE MARCHESE	00:22:06.9	7:08	32	M	5K	GANSEVOORT	3rd Male 30-39

## 5K FEMALE 30-39 - based on Gun Elapsed time

1	275	Kimberly Burgess	00:26:32.8	8:34	31	F	5K	QUEENSBURY	1st Female 30-39
2	115	KRISTIN CAVANAGH	00:26:53.6	8:40	31	F	5K	SARATOGASPGS	2nd Female 30-39
3	301	Claudia Braymer	00:27:13.0	8:47	38	F	5K	GLENS FALLS	3rd Female 30-39

## 5K MALE 40-49 - based on Gun Elapsed time

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Position	Bib	Name	Finish	Pace	Age	Gender	Division	City	Age Rank
1	189	BRIAN MCGRATH	00:23:12.2	7:29	43	M	5K	QUEENSBURY	1st Male 40-
2	197	DANIEL RICE	00:24:39.7	7:57	45	M	5K	GLENS FALLS	2nd Male 40-
3	92	CHRIS LITCHFIELD	00:26:22.1	8:30	44	M	5K	MECHANICVILLE	3rd Male 40-
5K FEMALE 40-49 - based on Gun Elapsed time									
1	91	TRICIA ROGERS	00:26:27.5	8:32	41	F	5K	HUDSON FALLS	1st Female 40-
2	148	JEANETTE QUINTOIS	00:27:24.4	8:50	48	F	5K	S GLENS FALLS	2nd Female 40-
3	108	ADRIENNE TALBOT	00:27:30.7	8:52	40	F	5K	GLENS FALLS	3rd Female 40-
5K MALE 50-59 - based on Gun Elapsed time									
1	314	MARK WEIDMAN	00:21:41.0	7:00	57	M	5K	QUEENSBURY	1st Male 50-
2	85	PHILIP SPIEZIO JR.	00:22:13.2	7:10	54	M	5K	GREENWICH	2nd Male 50-
3	296	Ron Richards	00:23:25.2	7:33	52	M	5K	CORINTH	3rd Male 50-
5K FEMALE 50-59 - based on Gun Elapsed time									
1	315	MARYANNE MACKENZIE	00:27:20.2	8:49	51	F	5K	QUEENSBURY	1st Female 50-
2	29	LINDA WELLS	00:29:13.5	9:25	56	F	5K	S.GLENS FALLS	2nd Female 50-
3	199	HEIDI BURNELL	00:29:55.1	9:39	50	F	5K	SARATOGASPGS	3rd Female 50-
5K MALE 60-69 - based on Gun Elapsed time									
1	177	RICH ELTON	00:23:04.0	7:26	67	M	5K	QUEENSBURY	1st Male 60-
2	167	ROY MOWERY	00:23:55.3	7:43	60	M	5K	GLOVERSVILLE	2nd Male 60-
3	226	ROY KLINE	00:24:23.5	7:52	66	M	5K	QUEENSBURY	3rd Male 60-
5K FEMALE 60-69 - based on Gun Elapsed time									
1	245	LINDA ELLINGSWORTH	00:33:04.7	10:40	65	F	5K	GRANVILLE	1st Female 60-
2	87	MELISSA GOODSPEED	00:36:07.2	11:39	67	F	5K	QUEENSBURY	2nd Female 60-
3	61	RUTH WALKER	00:46:42.0	15:04	60	F	5K	QUEENSBURY	3rd Female 60-
5K MALE 70-79 - based on Gun Elapsed time									

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1	227	JIM CUNNINGHAM	00:31:47.4	10:15	74	M	5K	TICONDEROGA	1st Male 70-
2	76	JOHN HEDBRING	00:47:00.6	15:10	71	M	5K	SCHUYLERVILLE	2nd Male 70-
3	258	JOHN WEBSTER	00:55:37.9	17:56	79	M	5K	S GLENS FALLS	3rd Male 70-

## 5K FEMALE 70-79 - based on Gun Elapsed time

1	279	Candi Schermerhorn	00:34:54.1	11:15	72	F	5K	Diamond Pt	1st Female 70-
2	161	CATHY BISS	00:41:01.0	13:14	71	F	5K	QUEENSBURY	2nd Female 70-
3	98	LYNDA DELSIGNORE	00:47:04.5	15:11	70	F	5K	QUEENSBURY	3rd Female 70-

## 5K MALE 80 + - based on Gun Elapsed time

1	239	RICHARD SCHUMACHER	00:51:22.6	16:34	85	M	5K	HOOSIC FALLS	1st Male 80+
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## 5K FEMALE 80 + - based on Gun Elapsed time