

Best Buddies Modified Diet

Food item	Yes	No	Comment
100% Juice- Apple			
100% juice- white grape			
Animal crackers			
Applesauce			
Bananas			
Blueberries			
Bread / Muffins			
Cheerios			
Cheez-its			
Cheese-sliced			
Chocolate pudding			
Cupcakes			
Chex			
Diced Peaches			
Graham crackers			
Goldfish			
Jelly			
Mandarin Oranges			
Nutigrain bars			
Pancakes			
Peanut Butter			
Ranch Dressing			
Raisins			
Saltine crackers			
String Cheese			
Toast			
Vanilla Pudding			
Yogurt			
Waffles			
Whole milk			
1% Milk			
Holiday Parties			
Cheese Curls/Puffs			
Cookies			
Veggie Sticks			
Strawberries			
Mixed fruit			
Ice cream			