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## Completion of Old Agreements

 5 February 2013 - 1:46am |  [Emmanuel](#)

Channeler:  
Emmanuel Dagher

### Completion of Old Agreements .February 2013

Peace and blessings,

I'm so grateful for the opportunity to reconnect with you once again as we navigate through the next adventures taking place in our personal lives and around the world.

The theme emerging for many of us right now has a lot to do with finding our footing in this very new energetic space we've called forth. This space is feeling quite foreign to many, because in our third dimensional experience we haven't been in this vibration for a very long time. Although everything around us still looks the same on the surface, by going within ourselves to that still and inner quiet place, we can definitely notice a change has occurred.

On a physical level, here are just some of the manifestations of change we may be noticing:

- Our inner and outer vision is sharpening. This is allowing us to see ourselves, others and our environment in a completely new light. Many are even noticing the auras of others, our animal friends, plant friends and other living beings more clearly. We may also be noticing colors and energies that we may not have before.
- Our sense of hearing, taste, touch, and smell is becoming more refined. We can see this show up most in our dietary preferences, (eating foods that provide nourishment and nutrients) and also the sounds (music, environment, ringing in the ear), fragrances and textures we are choosing to surround ourselves with.
- We find ourselves entering a space of 'no mind' more often. This is creating more room for the mind to rest and breathe from the constant internal chatter. The result could be something like this: we go into a room with the intention of doing something specific and all of a sudden whatever it is we thought we had to do escapes our mind completely.
- We are shedding our old skin. Our skin may feel a bit 'itchy' at times, however this shedding of our skin is allowing healthy vibrant new skin to emerge.
- Weight fluctuations.
- A change in our sleeping patterns.

On an energetic level, here are just some of the manifestations of change we may be noticing.

- Time appears to be bending. The way this is showing up ranges from feeling like hours have passed when in reality it has only been a few minutes, to feeling only a few minutes have passed by when in reality it's been hours, days or even longer.
- Our personal interests are changing.
- Small talk or being anything less than authentic is no longer something we feel we want to take part in. This can lead to shifts in our personal relationships and social circles.
- Focusing on just one set thing for long periods of time (a job, hobby, person,

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etc...). This is simply us craving more balance in our lives.

- A desire to delve even deeper into our spiritual practices that ultimately reconnect us to the Divinity within and all around us.
- We are tapping into streams of higher insights and wisdom opening us up to a more expanded outlook of ourselves, our journey, process, gifts, talents, and the totality of life itself.

### The Completion of Old Agreements

In previous forecasts, I have mentioned that it's time to release the identity that we are just small Earth beings, and remember that we are vast Galactic Beings. Over the next few months, we'll notice that stepping into the role of a Galactic Being is much easier than before. Why is this? Prior to entering this third dimensional experience, many of us signed up to help usher in the great shift that started decades ago. Through this energy agreement, many of us took on specific obligations that ensured the great shift would come to fruition. We knew that these agreements would not be for the faint of heart, so we lovingly volunteered to take them on because we knew we could handle them. And we've done exactly that.

Now, the expiration date on these agreements has arrived allowing them to become completely null and void in this new consciousness we have manifested. We now have true freedom to choose everything that aligns us with our deepest and most authentic joy. No more conditions and limitations are necessary. If you're someone who felt that there was some type of resistant force in your life even though you were diligently doing your inner spiritual and re-connective work, now you know why. It was never personal, it was simply an agreement that needed to run its full course.

Soon, if it hasn't happened already, a feeling that a huge weight has been lifted off our shoulders will rise up. This feeling will propel us to choose from a more expanded awareness, aligning us with a more fluid, easy, relaxed and joyful Earth experience. Thank you, Universe!

### Restoring Balance

As we begin creating a more joyful Earth experience for ourselves, a big contributor to this will be the creation of balance in our lives. There are three simple aspects we must tend to as Galactic Beings that will create more balance in our lives.

The three aspects of Balance include:

- *Mindful Inner Practice* - These are the daily personal practices that remind us of the Divinity within and all around us. These are the life-lines that feed our spirit and connect us to "All That Is".
- *Inspired Action* - After reconnecting to the Divinity within through our mindful inner practice, it's time to be proactive so that our emerging potentials are birthed in form. The way we become proactive is to continue developing our gifts, talents, and creative abilities so that when an opportunity comes up leading us closer to our greatest vision for ourselves, we are ready to step into it.
- *Play* - This allows the inner child to come out and experience itself as the buoyant and fun energy it was meant to be.

Because of the societal conditions surrounding us, many of us have been taught to put more value on 'doing' rather than just 'being.' This manifests itself as identifying our self worth through the type of career we have chosen, or how much money we have in our bank account. Doing is more of a forced and trying type of energy. By always 'doing' we move ourselves out of balance. By 'being' mindful, 'being' open to inspired action, and 'being' playful we bring back a *healthy balance* into ourselves. It's in this balance that we are able to recognize the value of who we really are without having to do anything to earn it.

The Universe always provides us with opportunities to experience greater balance in our lives. Some of these opportunities may feel more like challenges because we may be choosing to look the other way when it comes to integrating the three aspects of balance in our lives. Right now, we are in a time where anything we are still neglecting, putting off or denying is demanding our attention. This includes tending to our well-being, personal and business relationships, finances, etc.... Why is what we've been putting off demanding our attention? It's all coming to the surface right now so that a resolution can be made. Before we can even begin to move forward, it's very important we tend to all



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the things that we've been neglecting or have not yet brought into full acceptance and resolution within us.

As we restore balance in our own personal lives, we contribute to the restoration of the balance around the world.

Till next time,

Miraculously yours,

Emmanuel

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