

Skills

Day treatment encourages your child to learn skills to help them be more successful in the school environment.

These skills include:

- Identification and expression of emotions
- Anger management
- Social skills
- Problem-solving and conflict resolution
- Stress management skills



Schools

VCSB currently offers Day Treatment in the following schools:

- | | |
|------------------------------|----------------------------|
| • Berkeley Glenn Elementary | • Ware Elementary |
| • Bessie Weller Elementary | • Wenonah Elementary |
| • Hugh K. Cassell Elementary | • Westwood Elementary |
| • Kate Collins Middle | • William Perry Elementary |
| • Robert E. Lee High | • Wilson Elementary |
| • Stuarts Draft High | • Wilson Middle School |
| • Waynesboro High | • Wilson Memorial High |



Valley Community Services Board

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Staunton, Virginia 24401

Main Line: 540-887-3200
Emergency Services: 540-885-0866

www.myvalleycsb.org

VCSB does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.

6/2018



Valley Community Services Board

Youth Program



Therapeutic Day Treatment



Enrollment Process

If you are interested in Therapeutic Day Treatment (TDT) services for your child, please complete the following process:

First, talk with your child's school counselor about appropriateness of the service for your child and space availability.

Call 540 213-7584 to be screened for program eligibility. TDT is a Medicaid funded program, so your child must meet criteria to be eligible for services. Criteria may include:

- Having a mental health diagnosis
- Being at risk for a mental health hospitalization or out-of-home placement.
- Repeated interventions by mental health, social services or the judicial system.
- Inability to recognize personal danger or inappropriate behaviors.

If your child meets criteria, you'll be contacted to schedule an intake for TDT. The intake is conducted at the school and takes 1-2 hours.



Therapeutic Day Treatment

Welcome to Valley Community Services Board (VCSB). We offer a variety of services for children and families. Our mission is to provide a comprehensive array of mental health and substance abuse services within the counties of Augusta and Highland and the cities of Staunton and Waynesboro.

About Therapeutic Day Treatment

Therapeutic Day Treatment (TDT) provides intensive mental health services to students in the school environment. Children in the program have social, emotional, or behavioral problems that interfere with their ability to function at school, home, and in the community. Our goal is to help your child develop skills to effectively express emotions, manage behaviors, and get along with others so he or she can remain in their school and community. This is done through therapeutic activities designed to build on your child's strengths while enhancing self-esteem and teaching new skills.



Services

TDT services occur in the school environment and include the following:

- Classroom support
- Individual and Group Sessions
- Crisis Intervention
- Family/Parent Involvement

Payment

Therapeutic Day Treatment services are typically paid for by Medicaid insurance. Once a child is determined to be eligible for services based on criteria established by Medicaid, services will be billed to Medicaid by Valley Community Services Board.