



# EARTH BLESSING EMPOWERMENT

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## ABOUT THE EARTH BLESSING EMPOWERMENT

Inspired by the tragic BP Oil Spill in the Gulf of Mexico, this empowerment is designed to help provide healing to the earth, its people, its animals, and the ecosystem during times of environmental stress. It can be used during environmental tragedies to help heal the planet. It can also be used on a personal level to help balance out the body when it is experiencing negative effects of environmental toxins.

## TO ACTIVATE

To use as a regular Reiki energy where the energy is projected, visualize a green energy coming out of the palms of the hands.

To use by intention, go into meditation and ask your higher self to send the energy. Here are some examples:

*Higher self, please send the Earth Blessing Empowerment to the regions affected by the oil spill.*

*Higher self, please send the Earth Blessing Empowerment to the animals being hurt by <issue>.*

*Higher self, please send the Earth Blessing Empowerment to <name> to balance out their body and help it heal from environmental toxins.*

You are not limited to this language and can apply the energy in many different ways, just use your imagination and intuition. Try it on different issues and see what happens!

## TO ATTUNE OTHERS

Connect to your higher self, and then the higher self of the recipient. Ask to connect to the “Earth Blessing Empowerment” Reiki energy. See it as a ball of green energy.

Use your traditional attunement method if in person to send the ball of energy into the chakras.

Via distance, imagine the person in front of you as you send the ball of energy to the recipient.

There is no time-limit or limit on re-attunements.

This energy can be freely shared with anyone, and it is also OK to charge for providing a personalized attunement if you offer attunements as part of your Reiki practice.

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**For translation guidelines, please read:**  
**<http://www.scribd.com/doc/25465440/Elemental-Reiki-Manual-Policy>**

**Thank you.**

## **ADDITIONAL ATTUNEMENTS**

**More Reiki attunements and systems are available at Elemental Reiki:**  
**[www.elementalreiki.com](http://www.elementalreiki.com)**