

LOVE LIGHT NewsLetter

***I am excited to host my VoiceAmerica Empowerment Show-LOVE LIGHT with amazing Guests to cultivate a lifestyle of love and wholehearted connections through worthiness. My show is aligned with my mission to live an altruistic and heart centered life.***

**MEET GUEST AUTHOR**

**Dr. Igor Iwanek**

**International Certified Yoga of Sound, Composer, Founder, SoundMind**

**June 5, 2020**

****

***“Self-Love, Self-Care with SoundMind”***

**ABOUT Dr. Igor Iwanek**

**Dr. Igor Iwanek is a composer, left- handed pianist/keyboardist and an NPR featured sound and well-being diplomat. A versatile performer, he feels at home both in Western and Indian classical musical traditions. As an internationally certified Yoga of Sound instructor, Dr. Igor has a keen appreciation for sound-mind-body interconnectedness and deep reverence for treasures of world’s contemplative traditions.**

**Dr. Igor trained in Indian Raga under the amazing violinist Smt. Kala Ramnath and the legendary Gundecha Brothers. His compositions won competitions in USA, Japan and Europe. As a well-being diplomat, Dr. Igor helps people use their innate listening skills to explore the infinite wellspring of awareness and improve their quality of life.**

**Dr. Igor is a cerebral hemorrhage survivor who understands the frailty and uniqueness of every moment. He taught at MIT and a variety of educational institutions across the USA. His articles appeared in the Clavier Companion as well as the academic press. His motto, *Be* *well*, *Live* *well*, *and* *Play* *well*.**

[**http://www.thinkartmusic.com/index.html**](http://www.thinkartmusic.com/index.html)

[**http://www.sound--mind.com/index.html**](http://www.sound--mind.com/index.html)

**“An empowered self is a loving self and keep your love light shining”**