

### **Before Procedure Instructions**

1. Prior to your permanent cosmetic enhancement, think about how you want your results to look. As experts in the field, we ensure that the correct color(s) and shape are chosen for you. However, we want you to be a part of the decision-making process.
2. Permanent cosmetic enhancements require multiple application sessions. To achieve the best results, you will need to return for at a second procedure, four to six weeks after your initial application.
3. Be prepared for the color, and intensity to be significantly sharper and darker immediately after the procedure. The work from your initial procedure will lose between 30%-60% of the color and intensity as the skin heals. You will need (and want) to come back in for a touch up. After your touch up, the tattoo will again be very dark, but as it heals, it will not fade as drastically as the time before.

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#### **not recommended for clients with the following conditions: \*\*microblading only**

- Pregnant or nursing
- Botox or dermal fillers in the brow or upper face area \*\* within the last 6 months
- Taken actuate in the past 1.5 years AND your skin has not regulated
- Diabetic (Client must bring a signed consent letter from their Doctor)
- Autoimmune disorders (Client must bring a signed consent letter from their Doctor)
- Organ transplant (Client must bring a signed consent letter from their Doctor)
- Chemotherapy in the past year
- Contagious diseases or viral infections
- Epileptic as seizures (Client must bring a signed consent letter from their Doctor)
- Within 5 days of having their eyebrows or hair on forehead waxed\*\*
- Within 14 days of electrolysis or laser hair removal on their forehead\*\*
- Within one month of a Chemical Peel-Skin should not be in process of healing before procedure!
- Active sunburn or frostbite
- Current use of products with ingredients such as alpha or beta hydroxyls (Retin-A products). Discontinue use 14 days prior to procedure.
- Use of blood thinning drugs or blood pressure medications
- History of keloid or hypertrophic scarring
- Although not common with this procedure because the Microblading procedure does not go as deep as a regular tattoo with a tattoo gun,
- Allergies to ingredients in topical numbing creams, metals (iron, nickel, etc.)

***If none of the conditions, procedures, or product use on the prior page apply to you, then please read the following:***

- Do not drink coffee, or any caffeinated beverages the day of your treatment. Caffeine is a stimulant, and will cause your procedure to be more painful.
- Do NOT drink any alcohol 24 hours prior to your procedure. In fact, the less alcohol you drink in the days leading up to and for the 7 days after your Microblading procedure, the faster your body will heal.
- Do not take aspirin, Niacin, Vitamin E, or Ibuprofen during 24 hours before treatment. **Or Fish Oil**
- Do not tint your eyebrows one week prior to treatment. You should not tint your eyebrows or dye your skin for 2 weeks after your procedure.\*\*
- Do not tan or sun bathe the week before your appointment. We cannot Microblade on sunburned

skin.\*\*

- Do not wax one week before treatment: Waxing treatments should be performed no less than 5 days prior to your enhancement.\*\*
- No chemical peels, microdermabrasion, dermabrasion, mesotherapy, or any other intense treatment, that will cause your skin cells to rejuvenate faster. This will affect the healing of your eyebrows, and cause them to fade much faster. \*\*
- Laser hair removal should be done 2 weeks before your Microblading procedure. \*\*
- Electrolysis treatments, if on the forehead, should be performed no less than 5 days prior to your enhancement.\*\*
- If you have had Botox or dermal filler injections, you must wait one month from the date of your injections to have your **Procédüre**
- Wash your hair the day of your **Procedure**
- Since we are working with the delicate skin on your face, the area around y **the area** may be swollen or red. You are advised not to make social plans on the day of your enhancement if this is something that will bother you.
- No excessive Eyeshadow, Foundation, or brow makeup \*\*
- Do NOT discontinue any medication before consulting your doctor.
- Do NOT use AHA skincare products close to the enhancement area 2 weeks prior to
- The National Blood Service does not accept donations of blood for 1 year after a permanent cosmetic enhancement.
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I, \_\_\_\_\_ (print name), acknowledge the above instructions and agree to tell my **Cosmetic** technician if I am not compliant to any of the items listed above.

**Tattoo**

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_