



25-hr Advanced Certificate Course in

**The Psychological and Medical Astrology
of Aromatic Plants and Essential Oils:
*the Alchemy of Inner Growth***

with Gabriel Mojay and Shellie Enteen

Clinical herbalism and aromatherapy should necessarily be based on a sound understanding of both botanical pharmacology and modern pathophysiology. This goes without saying.

There are, however, insights to be gained from exploring the subtle, esoteric dimension of plant medicine and their associated aromatics— as doing so in a non-essentialist way can arguably deepen our insight into the psychological benefits of essential oils. It is an aspect of aromatherapy that finds its historical antecedents in the diverse use of natural plant fragrance in shamanistic practice and manifold spiritual traditions.

In this series of ten 3-hour illustrated webinar presentations, Gabriel Mojay and Shellie Enteen share their mutual long-standing study and practice of the Psychological and Medical Astrology of aromatic plants and essential oils. The course will cover the fascinating range of topics that together form the basis of an ancient intuitive discipline.

Participation on the course requires no prior knowledge of astrology, though previous training in aromatherapy or herbal medicine is required.

Gabriel and Shellie will introduce the fundamentals of Traditional Astrology with special reference to both psychological and physical health. They will discuss how the constitutional and emotional causes of disease are reflected ‘synchronistically’ in one’s individual Astrological Birth Chart – and in particular by the energetic tensions arising from the dynamic *aspects* between the different planets and the corresponding psychological drives that constitute the core of one’s Birth Chart.

As part of the course, each participant will be given the option of submitting the necessary information (date of birth; time of birth; place of birth) for their Astrological Birth Chart to be prepared in advance of the course, according to the facilitators’ standards, in order to ensure each student’s wholly accurate reference point of study.

The course will encompass a critical look at the extant literary and ethnobotanical symbolism of various aromatic plants — and how their age-old mythological and planetary associations illuminate the therapeutic nature of their related herbs and essential oils.

What's more, as we learn to interpret the individual Astrological Birth Chart in terms of health and energetic disharmony, we will at the same time examine the psychological benefits of relevant essential oils – including their most important evidence-based neuro-pharmacological activities; for example, the serotonergic activity of *Lavandula angustifolia* and how key neurotransmitters such as serotonin can be seen in the symbolic light of the fact that “*Mercury owns the herb, and carries its effects very potently.*” (Nicholas Cupleper, 1794)

Please note that the course will not include tuition in manual chart construction, as there is a wide choice of software that performs this function efficiently. Neither will we discuss in depth astrology as a predictive tool. The emphasis, rather, will be on interpreting the Birth Chart from a psychological and therapeutic viewpoint — and as a symbolic mirror of character and soul.

The goal of the course is to train participants to use the Astrological Birth Chart to shed light on various issues relevant to individual well-being. In addition, it will provide further insight into the psycho-spiritual benefits of a range of important aromatic plants and essential oils — and how their selection and blending can be enhanced by sensitive use of the Birth Chart as a tool of intuitive ‘diagnosis’.

Join **Gabriel Mojay** and Special Guest Lecturer **Shellie Enteen** as they take you, colloquium style,* on a fascinating journey of discovery— into the hinterland of the soul and spirit and the Green wellspring of life itself.

* *colloquium*: Late 16th century (denoting a conversation): from Latin, from *colloqui* ‘to converse’, from *col-* ‘together’ + *loqui* ‘to talk’.

KEY AREAS OF STUDY

Fundamentals of Psychological and Medical Astrology

- **The polarities:** Midheaven (MC)–Immunus Coeli (IC); Ascendant (ASC)–Descendant (DES).
- **The triplicities:** Fire, Earth, Air and Water; the Four Elements and Humours in diagnosis.
- **The quadruplicities:** Cardinal, Fixed, Mutable modes; Angular, Succedent, Cadent Houses.
- **The twelve Houses** as time periods and arenas of life; their significance to personal health.
- **The twelve Signs** of the Zodiac as archetypal character qualities; their traditional associations with bodily organs and aromatic plants.
- **The ten astrological Planets** as archetypes of life and personality; dynamics of planetary aspects; traditional planetary associations with bodily systems and plants.

Traditional symbolism of aromatic plants

- Essential oil fragrance energetics from the perspective of the Four Elements and Humours.
- The mythological, astrological and alchemical symbolism of various aromatic plants; Planetary and Sign ‘rulership’; how symbolic associations reflect psycho-energetic faculties.

Integration and application

- The Astrological Birth Chart as a tool of intuitive ‘diagnosis’; and as an aid to gaining a deeper grasp of the mental-emotional factors involved patterns of ill-health.
- Using the birth chart to enhance the selection and blending of relevant essential oils.

SHELLIE ENTEEN BA, RA

Shellie has been an astrologer and aromatherapist, holistic health provider, author, and educator for over 30 years. She has been a practicing astrologer since 1975.

Shellie's approach to astrology is traditional Western Astrology but in 1999 she took Evolutionary Astrology I and II with Jeffrey Wolf Green at his last London School, and now adds this dimension to her practice.

The same year, she was published in *The Mountain Astrologer* on the topic of Bach Flowers and their relationship to the signs of the Zodiac.

While living in Southeast Florida, Shellie lectured for the South Florida Astrology Association and now lectures for the Asheville Friends of Astrology in North Carolina.

After studying with Melanie Reinhart, famous for her books on Chiron and the Centaurs, Shellie was honored to be asked to contribute a chapter on *Chariklo*, the 'Priestess extraordinaire' and Chiron's wife, for a collective work that includes her teacher. ***Sideways from Saturn*** is set to be published this year (2023).

Along with professional astrology readings for clients, she writes daily forecasts on the ***Astralescence*** Facebook page, and does a podcast for the ***Weekly Astrology Forecast***, available through the Blog on her website, **shellieenteen.com**

Shellie teaches mentorship classes for beginners and those who want to know more about specific areas of astrology.

Shellie encountered aromatherapy for the first time in 1987 and was fortunate to live near one of the first shops offering pure essential oils; Nature's Symphony in Boca Raton, Florida. Owner Gerri Whidden became a mentor and sponsored workshops featuring professional aromatherapists from England and Europe.

From here, Shellie gained experience teaching continuing education classes for Licensed Massage Therapists, training staff at resort hotels in Florida, New York, and Montreal, and traveling to teach CE aromatherapy study weekends until 2003.

Shellie wrote a popular column for *Massage Today*, *The Aromatic Message*, for 10 years, during which she also had a cover article for *Massage Magazine*.

Shellie served as a volunteer Regional Director and Vice-President on the National Association for Holistic Aromatherapy (NAHA) Board for nine years, writing and editing articles for the NAHA Journal, and presenting at the NAHA World of Aromatherapy Conference in Norfolk, VA in 2004. Moving to upstate South Carolina in 2005, Shellie brought Professional Aromatherapy I and II classes to Greenville Tech. While teaching these approved classes, Shellie also achieved the respected **RA** (Registered Aromatherapist) qualification, and later became a provider of CE classes for health professionals on all levels.

An interview with Shellie appears in the 2023 Aromatherapy Symposium organised and hosted by **AromaTrust** ~ www.aromatrust.com

GABRIEL MOJAY LAc,CertEd,FIFPA

Gabriel Mojay is an author-researcher, educator and practitioner in the scientific and TCM-energetic aspects of medicinal and aromatic plants and their extracts. He has practiced and taught clinical aromatherapy, herbal medicine and acupuncture since 1987.

Gabriel was born in England, grew up in Maryland, has spent most of his career in London, and now resides in California. He first studied TCM in 1978, qualifying in shiatsu, and later co-authored 'Shiatsu – the complete guide'. Following 4 years of study with TCM clinicians including Giovanni Maciocia, he became a member of the British Acupuncture Council. While at acupuncture school Gabriel trained in European and Chinese herbal medicine and in Scientific Aromatherapy with Pierre Franchomme and Daniel Péroël MD, among others.

Since 1990 Gabriel has been Principal of the Institute of Traditional Herbal Medicine and Aromatherapy (ITHMA). He has presented lectures at international conferences and seminars in the USA, Canada, Mexico, Brazil, Japan, Korea, China, Hong Kong, Australia, France, the Czech Republic, Ireland, and the UK. He is author of *Aromatherapy for Healing the Spirit*.

Gabriel's interest in and study of astrology found its provenance in esoteric studies focused especially on Tarot undertaken with metaphysician Diane Lancaster 40 years ago in Baltimore, MD, when he was 25. This included a study of the work of astrologer Alan Oken and his books as well as attending lectures given by him.

Returning to England in 1983, Gabriel went on a private retreat to engage in an in-depth exploration of astrology, including Birth Chart erection at a time when software was not yet of widely available. This was reinforced with a largely continuous study of the work of astrologer Liz Greene and Howard Sasportas who together ran the Center for Psychological Astrology based at the same university campus in Regents Park, central London as Gabriel's aromatherapy institute, ITHMA.

Liz Greene is well known as a leading author on in-depth aspects of astrology, and in particular, for applying her expertise and wisdom as a trained Jungian analyst to the art of Birth Chart interpretation. Gabriel indeed has had a long interest in the work of Carl Jung, and applies key Jungian psychological concepts in a simple way to aspects of aromatherapy as well as TCM mental-emotional health assessment.

In 1984 Gabriel undertook a course in psychological numerology with numerologist Theron Henley, and continues to this day to collect books on number symbolism.

Gabriel has given numerous in-depth astrological—numerological readings over the years since, and draws from a wide spectrum of esoteric knowledge ranging from alchemy, Kabbalah, and the work of Gurdjieff through to a long-standing experience of Tibetan Buddhism, Taoism and Tantra Yoga. Indeed, he once worked as the office manager of a yoga ashram in North London.

Gabriel applied his interest in, and insights gleaned from, the Western Esoteric Tradition in his 1996 publication *Aromatherapy for Healing the Spirit* ~ in which he discusses a range of aromatic plants from the perspective of their traditional astrological symbolism.

It was in the 1990s that Gabriel first offered a course in the psychological and medical astrology of essential oils, holding it first over three weekends at Regent's University, London. However, leading a very active aromatherapy institute for three decades meant that Gabriel has only occasionally offered this course ~ doing so on the last occasion for the Aromahead Institute in Ithaca, NY ~ kindly hosted by Andrea Butje and Cindy Black in 2013.

Approaching his friend and colleague Shelley Enteen, as he has, to contribute in a very major way to this online version of the class - knowing that she Shellie as a true Wise Woman will contribute something deep and special and meaningful... the *astral essence* of life ~ to quote her professional endeavour.

Gabriel sincerely believes that the door on the soul which this class will open for people will be one which will reveal a fascinating and often transformative new world ~ the world of the ancient archetypal world which, unknowingly to the unknowing, inform every corner of our one blessed existence.

Join us for the journey.

KEY FEATURES

- **Format:** 10 two-hour Zoom Pro webinars incl. incl. 20-min. tea break.
- **Style:** informal, informative, lively, humorous, and rigorous.
- **Presentation notes:** extensive first-class PDF-slide presentation notes.
- **Visual Education & Plant ID:** slides and slides notes illustrated by aromatic plant images from Gabriel's personal library of over 6000 aromatic and medicinal plant photographs.
- **Zoom recording:** webinar recordings made available for review for *one year* following sharing.
- **Class participation:** participant questions and comments relevant to the diverse range of topics the class encompasses are welcome, while certainly not required.
- **CE Certificate of Attendance:** issued as a PDF following the 10th and last webinar, jointly issued by the International Journal of Professional Holistic Aromatherapy (IJPHA) and the Institute of Traditional Herbal Medicine & Aromatherapy (ITHMA), founded by Gabriel in London in 1990 – a year before he founded the Register of Qualified Aromatherapists, which merged to become the International Federation of Professional Aromatherapists (IFPA) in 2002.