

# Utah High School Activities Association

The Leadership Organization for Education-Based  
Interscholastic Athletic and Performing Arts Activities



# HANDBOOK 2020-21

*Containing Policies and Procedures Governing  
the Administration and Conduct of Activities in the  
UHSAA Member High Schools*

**May 5, 2021**

**Gray shaded areas highlight 2020-21 changes**

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## Utah High School Activities Association

**The UHSAA is the leadership organization for high school athletic and fine arts activities in Utah.** Since 1927, the UHSAA has led the development of education-based interscholastic athletic and fine arts activities that help students succeed in their lives. The belief is these activities are an essential part of the high school experience and go a long way to improving academic performance and producing better citizens.

The UHSAA reaches 155 member schools and over 100,000 participants in high school activity programs. The organization sanctions 14 sports and the activities of music, theatre and speech/debate in six different classifications. The UHSAA is governed by a 15-member Board of Trustees made up of elected school board members, superintendents and principals representing school districts and areas throughout Utah, a charter school representative, a private school representative and a state board of education representative.

**The organization is committed to stressing educational and cultural values, improving the participation experience in activities, promoting life skills and lessons involved in competitive activities, fostering sportsmanship and mutual respect and assisting those who oversee high school sports and activities in UHSAA member high schools.**

**WE INVITE YOU TO JOIN OUR TEAM AND SUPPORT EDUCATION-BASED ACTIVITIES!**

For more information, visit the UHSAA website at [www.uhsaa.org](http://www.uhsaa.org).

# UHSAA HANDBOOK

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# Utah High School Activities Association

# Mission Statement

The purpose of the UHSAA shall be to administer and supervise interscholastic activities among its member schools according to the Association Constitution and By-Laws.

Knowing that student activities are a significant educational force in the development of skills needed to become a contributing member of society, the UHSAA reaffirms that students are the focus and reason for the Association. As such, the Association will provide opportunities that:

- Promote sportsmanship and safe competition through standardized eligibility rules.
- Provide interscholastic sports, music, theatre and speech.
- Create learning laboratories where practical life situations, teamwork, sportsmanship, winning and losing, hard work, leadership and cooperation are taught.
- Nurture self-realization and build self-confidence.
- Promote, through participation, higher academic achievement, better attendance, lower drop-out rates and positive citizenship.





# JOINT STATEMENT

## Utah High School Activities Association

## Utah State Board of Education

*(Revised May 2004)*

The central purpose of schooling is the academic program of studies for students. However, supportive to the instructional program is a diverse array of school-sponsored student activities that are frequently an extension of the academic program. They include such things as musical and dance performing groups, forensic and sports teams, student publications and government, clubs and social activities, etc. Those involved in student activities generally achieve better grades, attendance, citizenship and personal discipline than do nonparticipants.

Excesses and abuses in student activities detract from the central purpose of schooling. Keeping the academic program and the student activity program in perspective -excellence without excess- is the rationale for the following required **standards** and recommended **guidelines**.

### Required Standards

1. Activity disclosure statements (See Utah Code)
  - A. A local school board shall require the development of activity disclosure statements for each school-sponsored group, club or program which involves students and faculty in grades 9 through 12 in contests, performances, events or other activities that require them to miss normal class time or takes place outside regular school time.
  - B. The activity disclosure statements shall be disseminated to the students desiring involvement in the specific activity or to the students' parents or legal guardians or to both students and their parents.
  - C. An activity disclosure statement shall contain the following information:
    - i. the specific name of the club, team, group or activity;
    - ii. the maximum number of students involved;
    - iii. whether or not tryouts are used to select students, specifying date and time requirements for tryouts, if applicable;
    - iv. beginning and ending dates of the activity;
    - v. a tentative schedule of the events, performances, games or other activities with dates times and places specified if available;
    - vi. if applicable, designation of any non-season events or activities, including an indication of the status, required, expected, suggested or optional, with the dates, times and places specified;
    - vii. personal costs associated with the activity;
    - viii. the name of the school employee responsible for the activity;
    - ix. and any additional information considered important for the students and parents to know.
2. All head coaches at any level and any coach paid by the school must hold a current Utah Secondary Teaching License or successfully complete the UHSAA/USBE Coaches Training Program, including certification in First Aid and CPR. Volunteer assistants not paid by the school must serve under the direct supervision of a licensed teacher.

3. All school leaders, including administrators, student activity leaders, coaches, assistant coaches, etc., should become acquainted with and adhere to Utah Code 53A-11-908, thereby setting positive role models for students and others.
4. School personnel, activity leaders, coaches, advisors, etc., shall not require students to attend out-of-school camps, clinics, workshops, etc., for which they, activity leaders, coaches, advisors, etc., receive remuneration from a source other than the school or district in which they are employed.

### **Recommended Guidelines**

1. Local boards of education and district superintendents should continually reaffirm the central purpose of schooling—the academic program of students. Extracurricular activities should support the academic program.
2. Local boards of education, superintendents and school principals should provide productive instruction for students who remain behind while their classmates and teachers are gone for participation in extracurricular activities.
3. Local boards of education and district superintendents should disapprove travel for extracurricular activities that result in teachers and students being gone for more than two consecutive school days.
4. The Utah High School Activities Association and schools should continue the practice of delaying the starting time for extracurricular activities until after school. In addition, the periodic realignment of the regions of the Utah High School Activities Association should continually seek to reduce travel and time out of school for students and teachers.
5. Local boards of education and district superintendents should disapprove all travel, trips, excursions, appearances, cruises, etc., which are sponsored by commercial interests for profit. Such travel represents a serious misuse and manipulation of schools and students. Approved travel for extracurricular activities should involve students in verified and documented educational experiences.
6. Applied technology programs of the Utah State Office of Education should continue to reduce and/or eliminate the interruption of daily instruction and school absences which result from student and teacher participation in vocational leadership organizations, competitions and state, regional and national meetings. State, regional and national meetings for vocational leadership students should be scheduled during the summer or at other times when school is not in session.
7. In order to maintain equity in competitive sports programs, school administrators should not schedule full-year fitness and movement (physical education/athletic) classes for specific school teams. In schools where in-season fitness and movement (physical education/athletic) classes are scheduled, such classes shall not be used to violate the starting and stopping dates for practice and competitive play as prescribed by the Utah High School Activities Association.

# UHSAA CONSTITUTION

Recognizing the growing need for an independent, private association to develop, regulate and organize interscholastic athletics and activities for high school students, the local boards of education of the State of Utah and the governing boards of public charter and private schools, whose official endorsements are attached hereto, approve this Constitution establishing the Utah High School Activities Association.

## ARTICLE 1: NAME, PURPOSE AND MEMBERSHIP

### SECTION 1: Name

The name of this association shall be the Utah High School Activities Association, Inc. (Herein referred to in brief as this "Association" or "Activities Association").

### SECTION 2: Purpose

- A. The Association shall develop, regulate, govern and administer a specific type of athletic competition and certain interscholastic activities. The Board of Trustees shall designate which sports and which activities shall be under the jurisdiction of the Association.
- B. The Association shall endeavor to:
  1. Create, administer, maintain and protect the unique type of athletic competition which has existed in high schools in the State of Utah, based on genuine competition between member high schools and suited to the greatest involvement of students. It should stress participation, fairness, competitive balance and foster in the public a belief that the competitions are fair and honest.
  2. Stress educational and cultural values, promote skills involved in competitive and performance activities and foster sportsmanship, mutual respect, knowledge of the importance of teamwork and the value of community.

### SECTION 3: Membership

- A. Any Utah high school, together with their respective governing boards, shall be eligible for membership in the Association.
- B. The Board of Trustees shall set the requirements, terms and conditions upon which a high school may become and continue to be a member of the Association.

## ARTICLE 2: ADMINISTRATION OF THE ASSOCIATION

### SECTION 1: Board of Trustees

#### A. Authority and Duties

1. The governing authority of the Association shall be vested in a Board of Trustees.
2. The Board of Trustees shall have overall responsibility for the administration of the assets and actions of the Association. Among its responsibilities are the following:
  - a. Set policy and give direction for the operation of the Association, including the creation of committees, panels, or any other subdivision of the Board as is deemed necessary for the best interest of the Association.
  - b. Appoint the Executive Director of the Association.
  - c. Approve an annual budget.
  - d. Take action on proposed amendments to the Association's Constitution and By-Laws in accordance with Article 4.
  - e. Prepare and approve, for the purposes of fair and prudent competition in the activities sponsored by the Association, a statewide classification of schools and region alignment in those classifications.
  - f. Provide notice of all material actions to Association members.

#### B. Membership

Voting members of the Board of Trustees include: District Classification Representatives, District Superintendents, District Principals, Charter Schools Representative, Private Schools Representative, and a State Board of Education Representative. No school district shall have more than one (1) school board member or superintendent on the Board of Trustees.

##### 1. District Classification Representatives

- a. To be eligible to serve as a District Classification Representative on the UHSAA Board of Trustees, an individual shall be an:
  - i. Elected member of a local district school board of an Association member school assigned to the classification they represent.
- b. One (1) representative from each UHSAA classification shall be elected by the members of the local district school boards of the schools represented in each classification.
- c. Elections may take place during the annual conference of the Utah School Boards Association. Elections shall take place as follows:
  - i. Nominations will be taken from each multi-district classification.
  - ii. Nominations will be closed and a ballot distributed one per district member school in the classification. The nominee with the majority of the votes wins the election. In the case where there are more than two nominees and none receive a majority of the votes, the election moves to a second round of voting with only the nominees receiving the two high vote counts eligible. In the case of a tie in the first round voting, the second round voting may result in more than two nominees being eligible. The election moves to a third round of voting only in the case of a tie for first place in the second round voting. In the case of a tie after the third round of voting, an on-site coin flip determines the winner.

- iii. Announcement of balloting results will be made during a general session of the USBA annual conference in the case the election is held at the conference. Balloting results will be posted on the UHSAA website.
      - d. District Classification Representatives shall serve three-year staggered terms. The term of office for the initial representatives shall be one (1) year for one-third (1/3) of the representatives, two (2) years for one-third (1/3) of the representatives and three (3) years for the remaining one-third (1/3) of the representatives. All newly elected District Classification Representatives shall take office on July 1 following their date of election.
      - e. Any District Classification Representative who ceases to meet the qualifications outlined in item "a," above, shall become ineligible to serve on the Board of Trustees. In case of a vacancy from any district, the board members from that district shall elect a new member to serve on the Board of Trustees. That new member shall take office upon election and serve the balance of the term of the District Classification Representative replaced.
2. District Superintendents
  - a. One (1) District Superintendent from 5A and 6A shall be elected/appointed by the Superintendents Association.
  - b. One (1) District Superintendent from 3A and 4A shall be elected/appointed by the Superintendents Association.
  - c. One (1) District Superintendent from 1A and 2A shall be elected/appointed by the Superintendents Association.
  - d. District Superintendents shall serve three-year staggered terms. The term of office for the initial representatives shall be one (1) year for one (1) superintendent, two (2) years for one (1) of the superintendents and three (3) years for the remaining one (1) of the superintendents. The newly elected/appointed District Superintendent shall take office on July 1 following their date of election/appointment.
  - e. Any vacancy occurring in a District Superintendent position shall be filled by the Superintendents Association for the remainder of the unfinished term.
3. District Principals
  - a. One (1) District Principal from 5A and 6A shall be elected/appointed by the UHSAA Executive Committee.
  - b. One (1) District Principal from 3A and 4A shall be elected/appointed by the UHSAA Executive Committee.
  - c. One (1) District Principal from 1A and 2A shall be elected/appointed by the UHSAA Executive Committee.
  - d. District Principals shall serve three-year staggered terms. The term of office for the initial representatives shall be one (1) year for one (1) principal, two (2) years for one (1) of the principals and three (3) years for the remaining one (1) of the principals. The newly elected/appointed District Principal shall take office on July 1 following their date of election/appointment.
  - e. Classifications shall alternate representation for each succeeding term.
  - f. Any vacancy occurring in a District Principal position shall be filled by the UHSAA Executive Committee for the remainder of the unfinished term.
4. Charter Schools Representative
  - a. One (1) representative shall be elected by the UHSAA member charter schools.

- b. Elections may take place during the spring at the Utah High School Activities Association. Elections shall take place as follows:
    - i. Nominations will be taken from each UHSAA member charter school.
    - ii. Nominations will be closed and a ballot distributed one per UHSAA member charter school. The nominee with the majority of the votes wins the election. In the case where there are more than two nominees and none receive a majority of the votes, the election moves to a second round of voting with only the nominees receiving the two high vote counts eligible. In the case of a tie in the first round voting, the second round voting may result in more than two nominees being eligible. The election moves to a third round of voting only in the case of a tie for first place in the second round voting. In the case of a tie after the third round of voting, an on-site coin flip determines the winner.
    - iii. Announcement of balloting results will be posted on the UHSAA website.
  - c. Any vacancy occurring in a Charter Schools representative position shall be filled by an election of the UHSAA member charter schools for the remainder of the unfinished term.
5. Private Schools Representative
- a. One (1) representative shall be elected by the UHSAA member private schools.
  - b. Elections may take place during the spring at the Utah High School Activities Association. Elections shall take place as follows:
    - i. Nominations will be taken from each UHSAA member private school.
    - ii. Nominations will be closed and a ballot distributed one per UHSAA member private school. The nominee with the majority of the votes wins the election. In the case where there are more than two nominees and none receive a majority of the votes, the election moves to a second round of voting with only the nominees receiving the two high vote counts eligible. In the case of a tie in the first round voting, the second round voting may result in more than two nominees being eligible. The election moves to a third round of voting only in the case of a tie for first place in the second round voting. In the case of a tie after the third round of voting, an on-site coin flip determines the winner.
    - iii. Announcement of balloting results will be posted on the UHSAA website.
  - c. Any vacancy occurring in a Private Schools representative position shall be filled by an election of the UHSAA member private schools for the remainder of the unfinished term.
6. State Board of Education Representative
- a. One (1) member of the Utah State Board of Education as appointed by that Board shall serve as a member of the Board of Trustees.
7. Officers
- a. The Board of Trustees shall annually elect from its membership a chairperson. The Board of Trustees may elect other officers and committee chairs as it deems appropriate.
8. Meetings
- a. The Board of Trustees shall meet at least five times per year. The dates, place and time of the meetings may be set by the Board of Trustees while in session or may be deferred to the chairperson for later determination.

- b. Special meetings may be called by the chairperson or upon written request of the majority of the members of the Board of Trustees.
  - c. Each member of the Board of Trustees shall be given at least two weeks advance notice of the date, time and place of each regular meeting and reasonable advance notice of special meetings of the Board of Trustees.
9. Voting
- a. Only voting members of the Board of Trustees shall vote on matters properly presented to the Board. Each voting member shall have one vote. A quorum of the Board of Trustees is required to take action or vote on any item. A quorum shall consist of at least 60% of the full voting membership of the Board of Trustees.
  - b. Existence of a quorum shall be established at the call to order of the Board of Trustees and, once established, shall be assumed for the remainder of the meeting. A majority of the quorum of the board members present is required to approve action.

## **SECTION 2: Executive Director**

- A. The Executive Director shall be the chief executive officer of the Association and shall operate under the direction of the Board of Trustees.
- B. Among other duties, the Executive Director shall:
  - 1. Faithfully carry into execution the By-Laws, rules and regulations of the Association.
  - 2. Take such action as is consistent with the best interests of the Association.
  - 3. Prepare the annual budget.
  - 4. Receive and deposit all funds belonging to the Association.
  - 5. Maintain complete and current records of the assets of the Association, including receipt and deposit of all funds belonging to the Association as well as a list of other Association assets, including rights to the nature of Association competition, copyright, trademark, and other tangible and intangible assets.
  - 6. Appoint all staff members subject to the approval of the Board of Trustees.
  - 7. Assign and direct the work of the office staff.
  - 8. Interpret the Constitution and By-Laws.

## **SECTION 3: Executive Committee**

- A. Authority and Duties
  - 1. The Executive Committee is organized for the purpose of assisting the Executive Director of the Association in administering the policies and directives of the Board of Trustees, including the function of enforcing the rules and regulations of the Association.
  - 2. The Executive Committee may appoint such committees to assist in that administration as may be reasonable.
- B. Officers
 

Every two years, the Executive Committee shall elect or retain in position a chairperson from outside its membership.

## C. Membership

1. The membership of the Executive Committee shall consist of one (1) member from each region selected by that region Board of Managers. Additionally, the State Superintendent of Public Instruction or designee shall be included in the membership.
2. The members of the Executive Committee shall serve three-year staggered terms, except that the term of office for the initial Executive Committee voting members shall be one (1) year for one-third (1/3) of the members, two (2) years for one-third (1/3) of the members and three (3) years for the remaining one-third (1/3) of the members.
3. A vacancy on the Executive Committee shall be filled by the Board of Managers of the region where the vacancy occurs. The newly appointed member shall serve the remainder of the term of the member who has been replaced.

## D. Meetings

The Executive Committee shall meet no more than seven times each year unless additional meetings are approved by the Executive Director.

## SECTION 4: Region Board of Managers

- A. Each member high school shall be assigned by the Board of Trustees to a classification and to a region within that classification.
- B. Authority and Duties: The schools in each region shall organize a Region Board of Managers which shall, under the direction of the Executive Director and the Executive Committee,
  1. Supervise and administer all interscholastic activities, under the jurisdiction of the Association, held in its region in conformance with the Constitution, By-Laws, rules, regulations and policies of the Association.
  2. Elect, from its membership, a chairperson.
  3. Elect, from its membership, a representative to serve a three-year term on the Executive Committee.
- C. Membership
  1. To be eligible to serve as a member of the Region Board of Managers, an individual shall be a:
    - a. Member of the governing board of the region member school; or
    - b. Chief executive of the governing organization (i.e. superintendent) of the region member school or their designee; or
    - c. Principal of the region member school or their designee.
  2. Each Region Board of Managers shall include at least one representative from each school within the region. Each school within the region shall have only one vote. The voting representative from each school shall be determined by the governing board of the member school.
  3. The term of office of the members of the Region Board of Managers shall be one year. Each term to begin July 1 and to end June 30 the following year, or until his/her successor has been duly elected and qualified.

### **Interpretation and Guidelines 2.4.1: RESPONSIBILITIES OF THE REGION BOARDS OF MANAGERS**

- A. General Responsibilities: *In fulfilling its duty to supervise and administer interscholastic activities in its region, the Region Board of Managers shall:*



1. *Create and publish to the region membership schedules of contests for its member schools in each of the sports/activities in which the region's schools participate.*
  2. *Create within the By-Laws, rules, regulations and policies of the UHSAA and publish to its membership, policies governing the conduct of intra-region contests among the region's schools.*
  3. *Conduct region tournaments/meets in those sports/activities that require them for advancement to state competitions.*
  4. *Represent the schools in the region in making policies regarding competition in divisions when such are in place for a particular sport/activity.*
  5. *Determine and publish tie-breaking procedures for teams and/or individuals regarding qualification to state competitions.*
  6. *Determine the awards the region will present to schools and/or individuals, and provide for securing and presentation of such awards.*
  7. *Such other responsibilities as assigned by the Board of Trustees, Executive Director and/or the Executive Committee.*
  8. *Submit Region Board of Managers' meeting agenda and minutes to UHSAA for posting on UHSAA website.*
- B. Responsibilities Regarding Violations of UHSAA By-Laws, Rules, Regulations and/or Policies at Region Member Schools:**
1. *In cases in which there is not a dispute as to the occurrence of a violation (i.e. self-report of a violation by a school), the Region Board of Managers shall:*
    - a. *Hear reports of violations and actions taken by the offending school in response to the violation; and*
    - b. *Adopt recommendations regarding penalties to be imposed (see UHSAA By-Laws Article 7, Section 6)*
      1. *The Chair of the Region Board of Managers or their designee shall notify the offending school's representative, the Executive Director and any other affected parties within 24 hours of the recommendation adopted by the Region Board of Managers, including actions taken by the offending school. Written notification shall be delivered by the Chair or their designee to the principal of the offending school and Executive Director within three business days.*
      2. *The recommendation of the Region Board of Managers will become binding 10 calendar days (or prior to the post season) after it is initially reported to the Executive Director, except in a case where a written request for a hearing before the Executive Committee is filed with the Executive Director prior to the recommendation becoming binding. Requests for hearings will only be considered when filed by the offending school, an affected member school or district, or by the Executive Staff of the UHSAA.*
      3. *The written recommendation should include a description of the violation, the recommended penalty and information considered by the Board of Managers in adopting the recommendation. The Executive Director shall immediately forward the written Board of Managers recommendation to the members of the Executive Committee and the principal of each UHSAA member school along with the date*

*on which the recommendation will become binding without a request for a hearing.*

2. *In cases in which there is dispute as to the occurrence of a violation (i.e. charge of a violation brought by another school in the region), the Region Board of Managers shall:
 
  - a. *Review the charge and supporting evidence, and*
  - b. *Adopt a recommendation regarding:
 
    1. *The credibility of the charge, and*
    2. *The sufficiency and credibility of the evidence supporting the charge.**
  - c. *The recommendation shall be forwarded to the Executive Director.*
  - d. *Review of a charge and the forwarding of a recommendation by a Region Board of Managers do not preclude action by entities within the UHSAA taken in the fulfillment of their duties and responsibilities under the UHSAA Constitution and By-Laws.**

## **ARTICLE 3: DUES, FUNDS, FEES AND EXPENSES**

### **SECTION 1: Dues and Funds**

- A. Dues of member schools shall be determined by the Board of Trustees. Such dues shall be paid from monies that are not State-appropriated funds.
- B. Each school year, the dues shall be payable on or before **September 15**.
- C. All membership dues collected shall be considered Association funds and shall be applied to payment of expenses involved in conducting the business of the Association.

### **SECTION 2: Fees and Expenses**

- A. The Board of Trustees is hereby authorized to levy entry fees and such other assessments upon all schools participating in any interscholastic activity as shall be adequate to meet the total expenses involved in the conduct of such activity and such proportionate share of overhead as is deemed necessary.
- B. The determination of additional activity fee receipts of contests, their collection and distribution shall be left to the discretion of the Board of Trustees.

## ARTICLE 4: AMENDMENTS

### SECTION 1: Action on Proposed Amendments

- A. Action on proposed amendments to the Constitution and By-Laws may be taken only in properly scheduled and noticed meetings of the Board of Trustees, and only after having been considered in at least two meetings, including the meeting in which the action is taken.
- B. Proposed amendments may be submitted by any governing board of a member school or any member of the Board of Trustees.
- C. Proposed amendments shall be submitted in writing to the Chairperson of the Board of Trustees.
- D. In considering proposed amendments, the Board of Trustees shall permit any member school authority or governing organization of a member school to appear and promote or oppose any proposed amendment or to counsel or advise the Board of Trustees regarding any proposed modifications.

### SECTION 2: Process Required for Approval and Ratification of Amendments

- A. A two-thirds (2/3) affirmative vote is required for Board of Trustees approval of amendments to the Constitution. A majority vote is required for Board of Trustees approval of amendments to the By-Laws.
- B. Amendments to the Constitution or By-Laws approved by the Board of Trustees shall be submitted within 30 days following approval to the governing boards of all member schools for ratification. If ratified by a two-thirds (2/3) vote of the governing boards of member schools, the proposed amendments shall become a valid part of the Constitution or By-Laws. Each governing board of member school(s) shall have a number of votes equal to the number of member high schools they govern.

## ARTICLE 5: CLASSIFICATION AND ALIGNMENT

- A. The Board of Trustees shall assign each member high school to a classification and to a region within that classification.
- B. Final action on assignment of member schools to a classification and region alignment shall be taken only in properly scheduled and noticed meetings of the Board of Trustees, and only after the subject has been considered in at least two meetings, including the meeting in which the action is taken.
- C. In classifying and aligning schools for participation in Association activities, the Board of Trustees shall have plenary power to make such classification and alignments as shall promote the best interests of the Association.

### **Interpretation & Guidelines 5.1.1: ALIGNMENT OF SCHOOLS**

- A. *According to Articles 2 and 5 of the UHSAA Constitution, the Board of Trustees of the UHSAA has the responsibility and plenary authority for the classification of schools and the assignment of schools to a region within those classifications. In order to fulfill that responsibility, the Board of Trustees adopts format and procedures for aligning each of the UHSAA member schools into a classification and region. In considering the adoption of format and procedures for the alignment of schools, the Board of Trustees:*
  - 1. *May take into account any factors that affect "fair and prudent competition in the activities sponsored by the Association" (UHSAA Constitution Article 2, Section 1-A-2-e). These may or may not include school enrollment including demographics, travel costs, time out of school, natural rivalries, competitive success, etc.*

2. *Shall permit any member school authority or governing organization of a member school to appear and promote or oppose the format and procedures under consideration or to counsel or advise the Board of Trustees regarding proposed format and procedures*

**B. Format for Alignment of Schools as Adopted by the Board of Trustees:**

1. *In classifying and aligning schools for participation in Association activities, the Board of Trustees shall have plenary power to make such classification and alignments as shall promote the best interests of the Association.*
2. *Realignment shall be completed on a two-year cycle.*
3. *Realignment shall consist of a general alignment and a football alignment.*
4. *Only bubble schools (see procedure #3) may move down a classification as determined by the Board of Trustees.*
5. *Prior to the first consideration of assigned regions in all sports, any school may apply to a higher classification. Schools will be considered secondary bubble schools following the consideration of the original bubble schools (see procedure #3) as determined by the Board of Trustees.*
6. *Prior to the first consideration of assigned regions in all sports except football, any school with at least 50.0% free and reduced lunch per state office of education 2019 Child Nutrition Program (CNP) survey may appeal to move down one classification. Schools will be considered secondary bubble schools following the consideration of the original bubble schools (see procedure #3) as determined by the Board of Trustees. A school may not apply both an original bubble status and a secondary bubble status in the general alignment.*
7. *For the football alignment only, any school with at least 50.0% free and reduced lunch per state office of education 2019 Child Nutrition Program (CNP) survey may appeal to move down one classification after the consideration of original bubble schools (see procedure #3) and prior to the first consideration of assigned regions. A school may apply both an original bubble status and a secondary bubble status (double bubble) in the football alignment only.*
8. *Regions may be reduced to divisions by the Executive Committee depending on the sport.*
9. *Each classification shall qualify teams or individuals for post season as determined by the Executive Committee.*

**C. Procedures for the Alignment of Schools as Adopted by the Board of Trustees**

1. *The BOT shall have adopted a range of schools in each classification and the total number of regions prior to October 1 of even calendar year.*
2. *Classifications are established based on October 1 data of senior and junior classes without self-contained students per state office of education in even calendar year. Alternative high school student enrollments shall be counted. (\*\*Alternative high school student enrollment counts are reported by the district. First entry alternative high school students are counted with the boundary school. If a high school student withdraws to attend an alternative school, the student is counted with the member school from which they withdrew.) Once schools have been aligned into classifications and the largest three classifications determined, the assignment of schools to the smallest three classifications shall be determined using enrollment numbers in the 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> grades.*
3. *Once schools are initially aligned into classifications, any school with a classification enrollment plus or minus 7% of the school with the highest enrollment in a classification shall be considered tied (bubble schools) in enrollment for the purposes of classification assignment. The BOT shall resolve the tie and retains the responsibility for alignment of all member schools.*
4. *Region assignments shall be finalized in December of even calendar years. Region organizational meetings are conducted the following spring of odd calendar years with competition under the new alignment beginning the following August of odd calendar years.*

5. For consideration during an established alignment, any school with at least 40% reduction in enrollment may appeal prior to January 15 of even calendar years to move down no more than one classification.

6. The recommended range of schools in each classification is as follows:

6A	24-32
5A	24-32
4A	18-28
3A	18-28
2A	18-28
1A	18-32

7. The recommended range of schools in each football classification is as follows:

6A	24-32
5A	24-32
4A	18-28
3A	12-24
2A	10-16

- D. A school directly affected by a change in placement during the meeting in which an alignment is established, may petition for a reconsideration of placement. Such a petition for reconsideration shall only be based on new information or new circumstances not previously considered by the Board of Trustees and shall be filed in writing with the Executive Director no more than 10 days following the action of the Board of Trustees establishing an alignment of schools. The Executive Director shall publish the petition to association member schools, the Executive Committee and to the members of the Board of Trustees and provide a means of accepting comment for a period of no less than 10 days following the initial publication of the petition. Reconsideration of the alignment regarding schools indicated by such petition(s) shall take place in a meeting of the Board of Trustees (see UHSAA Constitution, Article 2, Section 1-B8).

## ARTICLE 6: HEARINGS AND APPEALS

### SECTION 1: Uniform Procedure for Hearings and Process for Appeals

- A. The Association shall establish a uniform procedure for hearing and deciding all disputes, questions and allegations of violations of the Association's eligibility rules or any other issues which relate to the activities under the jurisdiction of the Association.
- B. Any person or member school subject to the authority of this Association who shall be charged with violating the Constitution, By-Laws or other rules and regulations of this Association shall be entitled to a hearing before the Association shall impose any penalty or sanction.
- C. Member districts' boards of education, member governing boards of charter or private high schools, UHSAA member schools and students through their high school, shall have the right to appeal any adverse decision which affects their interests. An appeal must be filed with the Association within thirty (30) calendar days of the decision to be appealed.

#### **Interpretation & Guidelines 6.1.1: HEARINGS**

- A. In all cases in which the facts of an alleged violation of the Association's rules are undisputed, the Executive Director, pursuant to authorization to interpret the Constitution and By-Laws, may make a

- decision and rule on any such matter presented. Such action by the Executive Director shall be considered a hearing.*
- B. In all applications for transfer eligibility, including full family moves, the Executive Director, together with such review committees as may be deemed necessary shall review all of the written information provided, together with such other evidence as may be available and relevant. Following such a review, the Executive Director may make a decision and rule on the application. In those cases in which the application is not based on the criteria set out in the Transfer Rule, the student shall be eligible for sub-varsity participation. This decision is not deemed to be an adverse decision or an penalty or sanction because the student remains eligible for participation in Association activities. In those cases in which the application is based on the criteria set out in the Transfer Rule, but the Executive Director does not approve the transfer, that decision is subject to appeal pursuant to UHSAA Constitution Article 6, Section 1-C and Section 2. In cases involving an appeal of a decision of the Executive Director regarding transfer applications, a hearing panel shall consist of no fewer than three members of the Executive Committee and/or members of the Board of Trustees none of whom shall represent the same region as any party involved in the hearing.*
- C. All other disputes, questions and allegations of violations of the Association's By-Laws, rules, regulations and/or policies shall be heard by a panel of the Executive Committee.*
- 1. A hearings panel of the Executive Committee shall be comprised of no fewer than three members.*
  - 2. The decision of an Executive Committee hearings panel is subject to appeal pursuant to UHSAA Constitution Article 6, Section 1-C and Section 2.*
  - 3. Hearings before a panel of the Executive Committee shall be recorded and made available at cost to affected parties. No recording of a hearing shall be provided until payment is received.*
- D. Written decisions of any hearing will be provided upon request. The cost of providing a written decision shall be borne by the party requesting the written decision and payment shall be received prior to a written decision.*

#### **Interpretation & Guidelines 6.1.2: CONTEST OFFICIALS**

- A. Once the game officials have determined that a contest has ended, there can be no protest of the outcome of that game. Decisions by contest officials are not subject to an appeal. Players may not appeal an ejection.*

## **SECTION 2: Appeals Panels**

- A. For matters other than student eligibility, an appeals panel shall review the evidence presented at the hearing and may, in its discretion, request additional written materials. The decision on appeal shall be limited to the evidentiary record presented in the hearing. The appeals panel's decision is final.*
- B. Decisions of a hearings panel regarding transfer of eligibility may be appealed to a separate appeals panel established by the Utah Legislature. The statute describes the nature of the appeal and the procedures. There is an established appeals panel for an Association decision regarding a request to establish eligibility after a student transfers schools. The appeals panel shall consist of the following three members:*
- 1. a judge or attorney who is not employed by, or contracts with, a school;*
  - 2. a retired educator, principal, or superintendent; and*
  - 3. a retired athletic director or coach.*

- C. A review and decision by the appeals panel is limited to whether the hearings panel properly followed the Association's rules and procedures in regard to a decision regarding a request to establish eligibility after a student transfers schools. The appeals panel's decision is final.

**Interpretation & Guidelines 6.2.1: APPEALS**

- A. *In cases involving an appeal of a decision issued by a hearings panel of the Executive Committee, an appeals panel shall consist of no fewer than three members of the Board of Trustees.*
- B. *Written decisions of any appeals panel will be provided upon request. The cost of providing a written decision shall be borne by the party requesting the written decision and payment shall be received prior to a written decision.*

## **BY-LAWS ARTICLE 1: ELIGIBILITY OF PLAYERS**

### **SECTION 1: Eligibility of Players**

- A. To be eligible to participate in Association activities, a student must be enrolled in and attend a member high school or qualify for participation as a ninth grade student and must satisfy all of the Association's eligibility requirements. A student who meets all other eligibility requirements and is not enrolled at a member high school may be eligible to participate in Association activities provided the student is enrolled in ninth grade in a school other than a high school (see "C." Below) or all of the following apply:
1. The student is legitimately enrolled in grades 9-12 in one of the following school/educational programs, which do not provide an athletic/activity program in which the student intends to participate.
    - a. A public charter school
    - b. An online school
    - c. A private school
    - d. A district alternative school
    - e. A home school
  2. The school at which the student intends to participate is either:
    - a. The high school whose boundary is that in which the permanent residence of the parent/guardian of the student is situated; or
    - b. The high school from which the student withdrew to enroll in the school/educational program described in "1." above.
  3. The school at which the student is enrolled meets all legal requirements to allow its students to participate.
- B. A student establishes initial eligibility upon the first day of attendance at any high school or by trying out for and being selected for membership on a high school team.
- C. Students may participate in Association activities while enrolled in the ninth grade if the school permits. Ninth grade students enrolled in schools other than a high school (junior high, middle school, etc.), if otherwise eligible, may participate in Association activities with an appropriate high school. A ninth grade student enrolled in a school other than a high school who tries out for and is selected for membership on the team of a member high school has, by that action, established initial eligibility at that high school. A student who has established eligibility, at a school, even though they did not attend that school, shall be considered to have attended that school for the purposes of eligibility. If a student then transfers to a different school, or should that student enroll in a different high school for the 10<sup>th</sup> grade, that student should be subject to the requirements of the Association's transfer rule (Article I Section 9).
- D. Any student who is suspended from a member school for violation of the Safe Schools provision of that school's governing board shall be declared ineligible for participation (including practice) in any activity for a period equal to any suspension, bar or dismissal but in no case shall the period exceed twelve (12) months. If the student is transferred to another school, the suspension will follow that student and apply at the new school as fully as at the prior school. That student shall also be subject to the requirements of

the Transfer Rule.

**Interps & Guidelines 1.1.1: NINTH GRADE STUDENTS & JR./SR. HIGH SCHOOL COMPETITION**

- A. Ninth grade students who are members of a junior high school student body may participate at an appropriate high school if such participation is approved by their local board of education. Any 9th, 10th, 11th or 12th grade student participating on a high school team will be governed by the rules of the UHSAA whether attending a three-year high school, a four-year high school or a separate junior high school. The names of all members of these teams must be included on an eligibility list.
- B. High school teams (9th grade, 10th grade, junior varsity, varsity, etc.) may play any other member high school team or junior high school team consisting only of 9th grade students. High school teams or individuals may not compete, practice, nor try out with or against any students below the ninth grade.
- Exceptions:
1. Eighth grade students may try out for drill team in the spring at the designated time established by the high school.
  2. Seventh and eighth grade students of six-year schools may participate in music with those grades 9 through 12.
- C. A student who has participated on a junior high team or its equivalent during the ninth grade year is ineligible to participate on a high school team in that particular sport during that school year.
- D. Initial eligibility is established by attending the school as a student or trying out for and being selected as a member of a high school team, whichever comes first.
- E. Ninth grade high school teams may exist at any member high school. Such teams will be high school teams only if the team and coaches are under the authority and regulation of a member high school. Ninth grade high school teams and their individual members are subject to the same rules, regulations, by-laws, etc. as all other UHSAA member high school teams and their members. Only one freshman team in any sport for each gender may exist at a member high school.

**Q & A: Ninth Grade Eligibility**

Q. How does a ninth grader establish eligibility at a high school?

A. Either by attending a high school OR making a high school team. If a ninth grader, at a junior high, tries out but does not make the high school team, then they have not established their eligibility at that high school, but they have used a sport season.

**Interps & Guidelines 1.1.2: CO-OP RULE**

- A. When a given sport is not available at the UHSAA member high school where a student attends and thereby has established eligibility, the student may become eligible for that specific sport at another UHSAA member high school. In order to activate that eligibility, the student must secure written approval of both principals under one of the following circumstances:
1. **Students attending a UHSAA member charter high school or a UHSAA member private high school:**
    - a. Eligibility is only available at the UHSAA member district high school in the attendance area where the student's custodial parent or legal guardian resides (neither a power of attorney nor a district or school guardianship will suffice) or at a UHSAA member district high school from which the student withdrew for the purpose of attending a UHSAA member charter high school or a UHSAA member private high school. Charter high school and private high



*school students may only be eligible at a district high school for sports or activities which are not available at their charter high school or private high school. Students may continue to attend their charter high school or private high school while participating at the district high school.*

- b. If the UHSAA member district high school in the attendance area where the student's custodial parent or legal guardian resides or the district high school from which the student withdrew for the purpose of attending a UHSAA member charter high school or a UHSAA member private high school does not offer a given sport, then eligibility is available for that specific sport at another UHSAA member high school provided the student secures written approval of both principals and approved by the UHSAA.*
- c. If the student attends a non-UHSAA member charter or private high school or is home schooled, he/she must follow all dual enrollment rules set by the Utah State Board of Education for participation. The student must attend any classes required for participation in their sport at the district high school consistent with state board of education rules and policy (see Section 14).*

- 2. High school students attending a UHSAA member district high school:** *eligibility may be obtained at any UHSAA member school provided the student transfers to the desired school and gains full-time status at the new school. After the conclusion of that sport season, the student may not remain at the new school without loss of eligibility in sports that are offered at the original school for up to one year, as stipulated in the UHSAA By-Laws. Upon re-enrolling at the original school of eligibility, the student is immediately eligible for other sports offered at the home school.*
- 3. Ninth grade students attending a junior high/middle school who have established eligibility at a member high school:** *may co-op to another member high school and remain attending their current junior high/middle school unless there is a ninth grade at the transfer high school. All other eligibility rules of the Utah High School Activities Association still apply.*

**B.** *A student may not co-op to a charter or private school unless item A1b applies.*

### **Interps & Guidelines 1.1.3: EXHIBITION ATHLETES OR UNATTACHED COMPETITORS**

*Athletes must compete for his or her school as an eligible member of that team. So called "exhibition" athletes or "unattached" competitors are not eligible to participate in UHSAA sponsored competitions.*

### **Interps & Guidelines 1.1.4: TRANSGENDER PARTICIPATION**

*This policy addresses eligibility determinations for students who have a gender identity that is different from the gender listed on their official birth certificates.*

*For the protection of competitive balance and the integrity of women's sports, the UHSAA will review athletic eligibility decisions based on gender assignment of transgender student athletes in accordance with its approved policies and appeals procedures.*

*If a sport is offered for both boys and girls, girls must play on the girls team and boys must play on the boys team.*

*If a school sponsors only a single team in a sport:*

- a. Girls are eligible to play on boys teams.*
- b. Boys are not eligible to play on girls teams.*

*With the consent of parents or a legal guardian, a student shall be permitted to participate on a gender specific sports team that is consistent with the public gender identity of that student for all other purposes. In making a determination of eligibility, the UHSAA will first refer to the confirmation of the student and his or her local school regarding gender identification. The UHSAA will require that member school districts and schools make a determination of a student's eligibility to participate in gender specific sports team for a particular season based on the gender identification of that student (1) in current school records, and, (2) daily life activities in the school and community at the time that sports eligibility is determined.*

*A female to male transgender student athlete who is taking a medically prescribed hormone treatment under a physician's care for the purpose of gender transition is eligible only for participation on a boys team.*

*A male to female transgender student athlete who is not taking hormone treatment related to gender transition may participate only on a boys team.*

*A male to female transgender student athlete who is taking a medically prescribed hormone treatment under a physician's care for the purpose of gender transition may participate on a boys team at any time, but must complete one year of hormone treatment related to the gender transition before competing on a girls team.*

*In addition to the hormone requirements set out above, decisions regarding eligibility of transgender student athletes should also be based upon the following types of evidence and submitted in writing to the UHSAA:*

- a. A complete list of all the student's prescribed, non-prescribed or over the counter, treatments or medications;*
- b. Written verification from an appropriate health-care professional (doctor, psychiatrist, or psychologist) of the student's consistent gender identification and expression; and*
- c. Any other pertinent documentation or information which the student or parent(s)/legal guardian(s) appointed by a court of competent jurisdiction believe relevant and appropriate.*

*It will be the responsibility of the member school and the principal to verify they have followed this policy when a school district submits a roster to the UHSAA. The UHSAA will rely on such a verification to acknowledge that the school and the principal have determined that the students listed on a gender specific sports team are eligible for participation because of their gender identity and compliance with the requirements set out herein, and that the school district has determined that the expression of the student's gender identity is bona fide and not for the purpose of gaining an unfair advantage in competitive athletics.*

*Students who may be affected by this policy should address the gender identification issue well in advance of the deadline for athletic eligibility determinations for a current sports season. Students shall not participate in practices or try out for gender specific sports teams for which they are ineligible under the standards set out herein.*

*Nothing in this policy shall be read to entitle a student to selection to any particular team or to permit a student to transfer from one gender specific team to a team of a different gender during a sports season.*

*After the issue of gender identity has been addressed by the student and the school district, the determination shall remain consistent for the remainder of the student's high school sports eligibility.*

**Interps & Guidelines 1.1.5: INELIGIBLE STUDENT-ATHLETE RESTRICTIONS**

- A. An athlete **may** try out or practice at the discretion of the school:
1. Having been suspended for an ejection
  2. Having been suspended as a result of the drugs, alcohol and tobacco rule after fulfilling the requirements specified within the rule
  3. Having been suspended as a result of local school or team rules
  4. Having been declared ineligible because of the scholastic rule
  5. Having had a request for a waiver of ineligibility denied.
- B. An athlete **may not** try out nor practice with the team under the following situations:
1. Having incurred a safe schools violation
  2. Being in violation of the age rule
  3. Being in violation of the years of eligibility rule
  4. Being in violation of the sports season rule
- C. A student who is ineligible to represent his/her school on any varsity, junior varsity, sophomore or freshmen team, whether it is pre-season, region or post-season competition **shall not**:
1. Be in uniform on competition day
  2. Warm up with the team
  3. Be introduced as a member of the team

**Interps & Guidelines 1.1.6: RATIONALE FOR ELIGIBILITY RULES**

- A. The right to and need for an education is paramount and superior to any privilege a student may enjoy to participate in interscholastic activities. However, because many activities are high-profile in high school, they can become over-emphasized and the target of manipulation by several different interested groups. It is the rare and exceptional athlete, for example, that can move from high school sports to college athletics. Unfortunately, not every student or the student's parents may recognize that fact. To protect individual students from the effects of over-emphasis on activities and athletic competition, which may interfere with the more important regular progression of the student's education, the following is provided as some of the prominent rationale for Attendance, Sports Season and certain other rules within the By-Laws of this Association. The listing here of these rationale should not be considered as the only basis for these rules:
1. To provide equality of eligibility among athletes. Each student is afforded the same number of years of eligibility without regard to number of years it takes to complete the high school curriculum.
  2. To prevent "red shirting" or holding back of athletes not for scholastic reasons but merely to gain a perceived advantage by affording them an additional year of eligibility at a time when they would be older and generally more experienced and mature. Moreover, the absence of a "red shirt" rule also prevents marginal coaches from manipulating a student's academic progress with promises or even misleading suggestions.
  3. Unfair displacement of other student athletes.
  4. To permit a greater number of students to start and play because the number of starting team positions is finite and the overall number of team positions generally is limited.
  5. To keep interscholastic activities competitive (providing for a "level playing field") and safe by allowing students of relative equal maturity to compete.

6. *To prevent exploitation by those seeking to obtain transfers or to delay a student's normal progress in school.*
7. *To be responsible to member schools and each student-athlete. If participation is permitted beyond four years, there would be no rationale for denying requests for students who might not meet graduation requirements at the prescribed time. This could result in unfair competition. Moreover, it would create environments for manipulation of students and a delay in academic progress.*
8. *To discourage students transferring from one school to another for athletic purposes. Again, where such transfers are prohibited, it limits the ability of those who would manipulate students to do so.*
9. *To prevent enrollment by a student for the sole purpose of increasing his/her athletic skills and abilities.*
10. *To prevent injury to students who are less physically and emotionally mature than others.*
11. *To discourage students from delaying completion of their high school education.*
12. *To discourage students from interrupting their education.*
13. *To graduate students on time so that they do not become an undue financial burden on the taxpayers of Utah.*

## **SECTION 2: Age Rule**

No student shall be eligible to participate in Association activities who has reached nineteen (19) years of age prior to the first day of September of the school year in which such participation is intended.

## **SECTION 3: Sports Season Rule**

- A. No student shall participate in Association activities in more than four seasons in any one activity after entering the ninth grade.
- B. A student shall have no more than one season of eligibility per sport per year.
- C. A school may sponsor an activity only once in any school year.

### **Interps & Guidelines 1.3.1: SPORTS SEASON RULE**

- A. *Participation in a sports season ends at the conclusion of a student's participation in the sport. This includes, without limitation, the following:*
  1. *A student's participation in a tryout for a sport is considered the beginning of that student's sports season for that sport. In the event a student is not chosen for the school's program in that sport or is chosen and later terminated from the school's sport program as a result of action by the coach or administration, is considered the end of the sports season for that student. If the student withdraws from the tryout or participation in that sport, that is also the end of the student's sports season for that sport. In the case of a student who was terminated or suspended from that sport by the coach, the coach of that sport has the discretion to reinstate any student to that program at any time providing the student meets all other eligibility requirements. Once a student has exhausted eligibility for a sport season, the student may not participate in that sport in that year at any school. For example, a student who has tried out for a sport program and was not chosen or who was terminated from the school's sport program is ineligible to participate (or practice) in that sport during that sport season at any other school.*
  2. *The end of the sport season as defined by the Association.*

## SECTION 4: Years of Eligibility Rule

At the time a student first enters the ninth grade of a high school or an equivalent level of education in any other system, that student shall have four consecutive years of eligibility for Association activities.

## SECTION 5: Participation on a Team of Higher Institution

No student shall be eligible to represent his or her school in interscholastic competition who has ever participated on the team of an institution higher than that of secondary grade.

### **Interps & Guidelines 1.5.1: PLAYING ON A TEAM OF HIGHER INSTITUTION**

*For purposes of this rule, practicing is also interpreted as playing. One-day auditions are permitted, as long as there is no coaching in the audition; and, workouts and/or tryouts for seniors after their high school season is over will not jeopardize eligibility in another sport. College sponsored club teams are the same as college or university teams.*

## SECTION 6: Amateur Rule

- A. In order to protect the high school athlete from exploitation, undue influence or unthinking action which may jeopardize a student's athletic future, the following rule definitions and interpretations shall apply to participants in athletic programs of member schools: an amateur sports person is one who engages in sport solely for the pleasure and the physical, mental and social benefits derived there from. A student must be an amateur to be eligible to represent his or her high school. An athlete has forfeited his or her right to compete as an amateur, and has thereby become ineligible for further high school competition, by any of the following actions:
1. Having knowingly competed as a member of a team which included professional athletes in organized athletic competition or against a team composed all or in part of professionals.
  2. Having competed for money in any organized athletic activity.
  3. Having competed under an assumed name in any organized athletic activity.
  4. Having accepted an award in non-school athletic activities which he or she has converted into cash by sale or by pawning.
  5. Having signed a professional athletic contract.

### **Interps & Guidelines 1.6.1: AMATEUR RULE**

- A. *The amateur rule applies to those athletic activities which are recognized and sponsored by the Utah High School Activities Association as part of the interschool program.*
- B. *Competition with or against professionals in individual sports is excluded from Section 6 provided no money is received by the amateur.*
- C. *It is permissible for a player to accept necessary meals, lodging and transportation if such are accepted in service rather than in money or any other material form.*
- D. *Competing for a cash prize is interpreted as competing either as an individual or as a member of a team for cash award. It matters not whether the amount awarded as a cash prize is only sufficient to cover expenses. Students who compete as members of teams in athletic events where cash prizes are offered or awarded are ineligible for further high school athletic competition.*

- E. *The ineligibility described in Article 1 Section 6 only relates to the sport in which the professional contract was signed.*

## SECTION 7: Prohibition of Awards

Individual participants of any interscholastic activity sponsored and/or approved by the UHSAA shall not accept any cash award.

## SECTION 8: Scholastic Rule

- A. To be eligible to participate in Association sanctioned activities, a student:
1. Must be a full-time student in the school he or she intends to **represent**, or otherwise comply with all Utah State Board of Education dual enrollment requirements;
  2. Cannot fail more than one subject in the preceding grading period (for purposes of this rule, a failure in a multi-period subject shall be counted as the number of failures equal to the number of periods in the class); and, must have obtained a minimum grade point average (GPA) of 2.0, for the preceding grading period, based on a 4.0 scale or its equivalent.
    - a. A student who has failed to meet the minimum requirements set forth shall be ineligible for participation in UHSAA activities throughout the next grading period, provided however, that deficiencies in the final grading period of the school year may be made up prior to the first term of the succeeding year by any method acceptable to the school district or the member private school. Deficiencies must be made up in the same subject area.
    - b. Eligibility under this rule is determined when grades are posted. Grades are "posted" when the school registrar enters all grades electronically and are available to students, parents and teachers. In no case may the posting date be more than five (5) school days following the last day of the grading period. Grade changes after the posting date cannot restore lost eligibility, except for a documented clerical error.
    - c. These scholastic regulations are the minimum required for participation in Association activities. Nothing in this rule shall prevent local boards of education or governing boards of charter or private schools from establishing standards, related with grades, that exceed those of the Association. Any such rule, however, is not binding on the Association.

### **Interps & Guidelines 1.8.1: FULL-TIME STATUS & SCHOLASTIC ELIGIBILITY**

- A. *The local school district or the governing board of a member charter or private school shall establish the degree of enrollment at the school that would define full-time status. Such definition shall apply to all aspects of the student's enrollment, not merely to activities.*
- B. *For uniformity and for clear evidence of continued academic performance, for the purposes of the scholastic rule, a grading period can be no fewer than nine weeks.*
- C. *The scholastic regulations apply to students who are in the 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> grades. The scholastic regulations do not apply to the first grading period of a ninth-grade student. However, scholastic regulations do apply to subsequent grading periods of any ninth-grade students at a high school, junior high, middle school or any other equivalent level of education who has established eligibility at a member high school as provided in the by-laws.*

- D. A student who is ineligible at the conclusion of a grading period or who changes schools to avoid ineligibility, cannot be scholastically eligible before the end of this nine week period.
- E. Students who are scholastically ineligible for a grading period shall not represent their school.
- F. Incompletes (I), no grades (NG) and no credits (NC) are considered failures and must be factored into the grade point average (GPA) until made up. The GPA must be recalculated once an I, NG or NC has been made up, with the new grade replacing the deficiency. A recalculation of the GPA would also need to be done if deficiencies are replaced during the summer grading period. In order to replace the deficiency obtained during the final grading period, the new grade must be earned in the same subject area and must come from a summer program that has been approved by the school district, charter or private school. Deficiencies, for purposes of this rule, include any letter grade. No other makeup work is accepted to gain academic eligibility during the school year.
- G. Compliance with scholastic eligibility requirements for a home school student shall be demonstrated in compliance with state statute. The statute is found in Utah Code, Title 53A, Chapter 11, Section 102.6 accessed at the following link: [https://le.utah.gov/xcode/Title53A/Chapter11/53A-11-S102.6.html?v=C53A-11-S102.6\\_1800010118000101](https://le.utah.gov/xcode/Title53A/Chapter11/53A-11-S102.6.html?v=C53A-11-S102.6_1800010118000101). Subsections 5-14 of this section of state statute deal specifically with academic eligibility of home school students.

#### **Q & A: Scholastic Eligibility, Summer Makeup and Recalculating the GPA**

- Q. Does an "Advisory" class that meets once a week count toward a student's eligibility?
  - A. Because seat time and credit for an "Advisory" class varies from school to school, it is up to the discretion of the member school/district to decide whether or not the "Advisory" class counts.
- Q. How soon can a student declared scholastically ineligible at the end of the first grading period become scholastically eligible?
  - A. The student could not become scholastically eligible until grades are posted for the succeeding grading period and only if the student met the eligibility standards required.
- Q. Can midterms or another formative assessment be used to restore eligibility prior to grades being posted at the end of a grading period?
  - A. **NO!** Only final grades for a grading period may be used to restore eligibility.
- Q. What if grades for a college class are not available at the end of the high school grading period?
  - A. Eligibility at the end of the high school grading period would be determined by the grades posted by the high school and then re-evaluated when the grades are posted from the off-campus class.
- Q. If a student was taking all classes on a college campus and grades were only issued on a semester basis how would you determine their eligibility for first and third terms?
  - A. Eligibility would be determined when the student's grades are posted.
- Q. If a student fails an elective class, can they take any elective to make it up?
  - A. No. Deficiencies replaced during the summer must be earned in the same subject area whether it was a core or an elective (i.e. social science, foreign language, art, applied tech).
- Q. Can a student attend summer school and count that as a grading period?
  - A. No, but classes taken during the summer can replace deficiencies in the prior grading period.
- Q. How do you recalculate the GPA after a summer makeup credit has been entered?
  - A. When recalculating the GPA, replace the failing or deficient grade from the last term with the new grade earned during the summer from the same subject area. For example, a student with eight classes fails English fourth term and then earns a "B" in a summer English makeup class. Replace the "F" in English with the "B" earned. Divide by eight classes, not nine. In the case where a "P" is the

*standard grade given for remediation courses, the "F" earned during the last term would be replaced with the "P" earned during the summer remediation. The GPA would be recalculated using the "P" in place of the "F". Recalculate the GPA using only grades which generate a point value.*

## **SECTION 9: Transfer Rule**

The Transfer Rule is an integral part of the Association's ability to create, administer and maintain the valuable and unique form of competition it offers. This unique form of competition is a carefully constructed system that promotes competitive balance and serves the mission and purpose of education-based sports and activities. Association sports and activities are intended to foster a sense of community as well as to teach teamwork and discipline. Other sporting organizations exist which promote free player movement and are primarily designed to promote athletic development of the individual and provide a showcase for the athletic talents of those individuals. These organizations do not share the primary purposes of the Association and therefore cannot provide the unique type of competition created and maintained by the Association. Efforts randomly to impose adjustments or favoritism on these rules damage the Association and, in turn, damage all the students who either participate in an Association sport/activity or who support them, from cheerleaders to band members to drill teams to parents. The Association is committed to maintaining its unique form of competition.

A student may request and an association shall grant a student eligibility to participate in an interscholastic activity after the student transfers to another school if the student participates in interscholastic activities at the new school and at least one of the following apply:

- A. The student's full family moves outside of the boundaries of the originating school and into the boundary of the new school;
- B. The student's transfer to the new school is a result of a death in the family, which requires the student to move from the student's original residence;
- C. The student's transfer to the new school is a result of a divorce, which requires the student to move from the student's original residence;
- D. The student moves to live with an individual who has legal custody of the student with full and complete legal guardianship, which includes therapeutic boarding schools for students who are involved in therapeutic treatment at the new UHSAA member school;
- E. The student has been a victim of bullying and the bullying was reported, documented, and investigated by the school or law enforcement.

Any student making such a request shall provide such documentation as the Association may require and all requests will be considered on the facts documented.

A student whose situation does not meet the criteria above may compete at the sub varsity level at the new school for a period of twelve (12) months from the last day of attendance at the former school provided they meet all other UHSAA and school/district eligibility requirements. Once a student has enrolled and attended at the new school, that student is no longer eligible at the former school.



**Interps & Guidelines 1.9.1: TRANSFER STUDENTS**

- A. A student establishes initial eligibility upon entry to high school or its equivalent (either in the ninth grade or the tenth grade depending on the high school) for the first time. Whenever a student intends to participate in Association activities in this state, the student's entry to high school, irrespective of the location, shall be used for purposes of the application of this rule. A student enrolling in a Utah high school for the first time, as a result of a full-family move, will be deemed residentially eligible for interscholastic activities even if that first entry is at a school not within the student's residential area. This exception to the transfer rule regarding residency for students enrolling for the first time recognizes the prevailing law encouraging open enrollment. Unless otherwise exempted, the Transfer Rule will apply to any subsequent transfer (Article 1, Section 1).
- B. Recruiting Not Affected by First Entry Exception: The recruiting of student-athletes by a member school, coach, coaching staff or affiliated boosters is considered a serious violation of the UHSAA rules regarding the imposition of undue influence on students for the purposes of athletics. Although under most circumstances the UHSAA will not examine the motives behind a student's choice of school upon first entry, there may be other factors beyond residence that could affect a student's eligibility and could impose heavy sanctions on a school, a program and/or a coach. **One example is recruiting.** Where a student or students who, during the school year prior to initial high school participation, have attended a school or coach sponsored camp or have been players together on a "super-league," "all-star," "select" or other traveling or combined team, attempt to establish eligibility at a member school which is outside the residential area for any of those students, such enrollment may be considered prima facie evidence of recruiting. Similarly, where a transferring student transfers to a school and intends to participate with any member or coach of such a traveling or combined team, such transfer shall also be considered prima facie evidence of recruiting.
1. A panel may determine that there was no recruiting or may impose any or all of the penalties permitted, including fines, restrictions, suspensions and disqualifications. The UHSAA may ask the hearing panel to declare that recruited students cannot be eligible at any time at the school to which they were recruited.
  2. Principals should remind athletic directors, coaches and boosters of the prohibition on recruiting and make certain that any possible violations of these rules be reported immediately to the UHSAA.
- C. If a student's parents move, the student may remain eligible at the high school where he or she has established eligibility. Any subsequent transfer to another school will require the student to comply with the transfer rule.
- D. The Association will not recognize any purported guardianship granted to a student 18-or-older.
- E. The UHSAA will not review or act on any Application unless and until the transferring student has enrolled in the transferee school and has attended at least one day of classes. The UHSAA will not provide advisory opinions regarding potential eligibility.
- F. During the summer, if a student so requests, the UHSAA will review a Application upon the receipt of proof of enrollment alone. In such a case, however, enrollment at the transferee school, even without attendance, will preclude such a student from claiming eligibility at the former school.

G. *Definitions:*

1. **Residence:** *A residence is a place where a student has established his/her true, fixed and permanent home, where the family regularly eats, sleeps and lives. It is the place where the student and his/her parent(s) are habitually present and to which, when departing, they intend to return. Evidence of residence may include but is not limited to the following: voter registration records, ecclesiastical membership records, vehicle registration, rent receipts, utility payments, mortgage documents or income tax documentation. **A student shall have only one residence for the purposes of Association eligibility rules.***
2. **Bona Fide Change of Residence:** *To be considered a bona fide change of residence under these rules, minimally, the following facts must be present in the change:*
  - a. *The prior residence must be abandoned. For purposes of these rules, that means that the prior residence has been sold, rented to third parties or transferred from the legal ownership or possession of the parents or guardians. The change of residence must include the transfer of personal property ordinarily associated with a legitimate change of residence.*
  - b. *To qualify as a change of residence, the prior residence must not be currently used as a residence by either parent or any relative under the circumstance in which it could reasonably be inferred that the change of residence was a sham.*
  - c. *The new residence must be situated in a high school attendance area different than the prior residence.*

H. *For the purposes of eligibility due to change of residence, one of the following conditions must apply as found through RegisterMyAthlete.*

1. **Full Family Move:** *A permanent change in residence by the student and his/her entire family into the established attendance area of the high school to which the transfer is made. The new residence must be situated in a high school attendance area different from the prior residence. For the purpose of this rule, the attendance boundary for public charter schools or private schools is defined as the public school attendance boundary in which the public charter school or private school is physically located (see Article 1, Section 14).*
2. **Divorce:** *Immediately subsequent to a Decree of Divorce, a student transfers to a new high school attendance area with a parent who has legal custody of that student. Any subsequent transfer, even if to the residence of another parent with legal or joint custody, may not be considered a bona fide change in residence.*

I. *Special Circumstances Related to Eligibility:*

1. **Student of Full-Time Faculty Member:** *A student who is a child of a Varsity head coach, full-time faculty member and/or school administrator may become eligible for interscholastic activities at that school by petitioning and receiving approval of the Association.*

2. Ward of the Court: A student who is a ward of the court or the state and is placed in a member school by court order may become eligible for interscholastic activities at that member school by petitioning and receiving approval of the Association.
3. Boarding School Students: A domestic boarding school student at the new UHSAA member school may become eligible for interscholastic activities at that school by petitioning and receiving approval from the Association.
4. School Closure: If a member school closes, any student attending the school at closure shall be eligible at the new member school in whose aligned boundaries he/she resides. Students opting to attend and participate in a member school other than their aligned school must follow regular UHSAA transfer procedures. **NOTE: This circumstance does not apply to COVID-19 as per Board of Trustee decision.**
5. Discontinued Programs: If a school discontinues or suspends its participation in an Association-sponsored sport, any student who had previously participated in that sport while attending that school may transfer, without the loss of eligibility, to a different member school which offers that sport. **NOTE: This circumstance does not apply to COVID-19 as per Board of Trustee decision.**
6. Alternative School Students: Students attending alternative high schools are eligible only at the public high school in whose attendance area the student's parent(s) or legal guardian(s) resides (neither a power of attorney nor a district or school guardianship will suffice) or at the public school from which the student withdrew for the purpose of attending the alternative high school. Nevertheless, any placement or assignment of a student to or from a public high school and an alternative school shall be considered a transfer for purposes of this Rule and shall be subject to the requirements of the Transfer Rule.
7. Dual Enrollment: A student dual enrolled in special programs at a school other than the one he/she is attending is eligible to participate in interscholastic competition only at the school where the student's permanent records are maintained and he/she is considered a full-time student.
8. Disciplinary Removal: A student suspended, expelled or otherwise removed for disciplinary reasons, including revocation or non-renewal of open enrollment permit, from one high school shall be ineligible for interscholastic activities in any other school until all conditions for re- admittance have been fulfilled at the school where the suspension, expulsion, revocation or removal for disciplinary reasons occurred. In no case shall that period exceed twelve (12) months.
9. Harassment Intimidation, and Bullying: The UHSAA will address severe harassment, intimidation and/or bullying that causes a student's continued enrollment at a high school to place that student's health and welfare in jeopardy. The UHSAA will entertain consideration of transfers under this provision only with documentation from the school in accordance with established School or Board of Education/governing board policies as outlined in R277-613-1 and R277-613-4. If a student is a victim of harassment, intimidation or bullying as those terms are defined in R277-613-1 which harassment, intimidation or bullying has been documented to the school district in accordance with R277-613-4 and as a result of this documented harassment, intimidation or bullying, the student is compelled to transfer.

1. *The District's Anti-Harassment, Anti-Intimidation, Anti-Bullying policies and procedures have been strictly followed and complied with; and*
2. *The School or the District provides the UHSAA with a copy of the duly adopted policies and procedures; and*
3. *The School or the District secures the appropriate releases from the student/student's parents authorizing the release of a complete record of the events and circumstances on which the policies and procedures were initiated including:*
  - a. *A specific, detailed report of the prohibited incident(s);*
  - b. *An outline of the procedures used to respond to and investigate the reported incident(s);*
  - c. *A copy of the findings that were a result of the complaint process and investigation;*
  - d. *A specific, detailed disciplinary procedure for any individual found guilty of harassment, intimidation or bullying;*
  - e. *All reports of notification to parents or guardians of any student involvement in the incident(s);*
  - f. *A report of the intervention strategies and remedial action the school has undertaken to assist the student and redress the complaint.*
4. *The School or the District provides the UHSAA with all of the above-referenced records.*

*NOTE: It is the responsibility of the receiving school to work with the parents and the sending school to obtain all of the required documentation. If a parent approaches a school administrator and informs him/her that they have never filed a formal complaint with the former school then this will disqualify the student from using this exception.*

- J. *Foreign students and international boarding school students shall be considered as any other transfer student and must subscribe to the rules outlined in the UHSAA Handbook, Interps & Guidelines 1.9.2.*
- K. *Other Activities: **The Transfer Rule does not apply to activities other than athletics.***
- L. *Statement of Philosophy/Rationale for the Transfer Rule:*
  1. *Promotes the educational philosophy that participation in interscholastic activities is a privilege, which should not take a dominant role over academics.*
  2. *Recognizes the overwhelming administrative difficulty in attempting to determine the motives or reasons for each and every transfer, and therefore, adopts a uniform objective standard to be followed by all member schools.*
  3. *Helps to protect opportunities for participation by students who attend school in the attendance area of their residence.*
  4. *Serves as a deterrent to students leaving their schools because of disciplinary action that has been or may be imposed.*

*NOTE: These changes to the Association Transfer Rule have been the result of discussions with the Utah State Board of Education and the Utah State Legislature.*

### **Interps & Guidelines 1.9.2: SUB-VARSITY LEVEL APPLICATION**

- A. *Drill Team*
  - 1. *A student who has been deemed sub-varsity level may only compete and/or perform in non-state auxiliary routines.*
- B. *Cross Country, Golf, Swimming, Tennis, and Track-and-Field*
  - 1. *A student who has been deemed sub-varsity level may compete in a combined varsity/sub-varsity competition, but is not allowed to score.*
  - 2. *A student who has been deemed sub-varsity level MUST compete at the sub-varsity level when there are separate varsity and sub-varsity competitions.*
- C. *All UHSAA Sanctioned Sports*
  - 1. *A student who has been deemed sub-varsity level shall NOT compete in any region or state competition in any UHSAA sanctioned sport.*

### **Interps & Guidelines 1.9.3: FOREIGN STUDENT ELIGIBILITY**

#### ***National Federation By-Law regarding eligibility for foreign exchange and international students***

- A. *Foreign Exchange Students (J-1 visa):*
  - 1. *A foreign exchange student is an international student who attends high school in the U.S. To be eligible for interscholastic athletics in the U.S., such a student must be under the auspices of, and be placed with, a U.S. host family by an international student exchange program that has been accepted for listing by the Council on Standards for International Educational Travel (CSIET) and be recognized by the U.S. Department of State, or be on a program approved by the USBE (Utah State Office of Education). The foreign exchange program must assign students to host families by a method that ensures no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The foreign exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities.*
  - 2. *A foreign exchange student is considered to be placed with a host family when written notice of placement is provided by the exchange organization to the student and his/her parents and to the host family.*
    - a. *Neither the school, the student nor any person associated with the school shall have input into the selection of the student.*
    - b. *No member of the school's coaching staff, paid or voluntary, shall serve as the host family.*
  - 3. *The foreign exchange student must possess a current J-1 visa, issued by the U.S. State Department.*
  - 4. *The foreign exchange student must comply with all eligibility requirements set forth by the state high school association of which the school he/she attends is a member. Conditions of eligibility for participation in UHSAA sponsored activities include:*
    - a. *Must be on a CSIET (Council on Standards for International Educational Travel) or USBE (Utah State Office of Education) approved placement program.*
    - b. *Must be attending school the first day of the term in order to be eligible for that term.*
    - c. *Student cannot participate if he/she has completed twelve (12) years of school (excluding kindergarten) prior to attending a Utah high school.*

- d. *UHSAA age rule applies (cannot reach 19 years of age prior to September 1).*
  - e. *Student must be in an approved placement program that is at least one semester (90 days) in length.*
  - f. *Foreign exchange students are eligible for a maximum of one year.*
  - g. *Student is only eligible at the school in the attendance area where he/she resides with the host family.*
  - h. *Student must meet all other UHSAA eligibility policies required of student athletes participating in UHSAA sponsored activities.*
  - i. *Student must complete the Foreign Exchange Student Eligibility Application Form 4A which includes:*
    - *Transcript of credits in English (to be evaluated and/or interpreted by USBE if necessary):*
      - *12 year stipulation (item c above)*
      - *UHSAA scholastic rule requirement*
    - *Date of birth*
    - *Type of visa issued and the title of foreign placement program*
    - *Reason for coming to this particular school; sports preferred*
    - *Signatures: student, principal, agent and host family, with disclaimer certifying that no sports recruiting occurred*
- B. *Other International Students (F-1 visa): An international student who is not living with a parent or legal guardian and is not under the auspices of and placed by a CSJET listed exchange program must meet the following requirements in order to be considered for interscholastic athletic eligibility:*
1. *The student must possess a current F-1 visa, issued by the U.S. Immigration and Naturalization Service.*
  2. *The student must provide to the principal of the school he/she attends an official untranslated transcript and a transcript that is translated into English by an acceptable agent or agency which indicates work taken in all grades in which the student was enrolled.*
  3. *The international student must pay tuition to the high school he/she attends as prescribed in Section 625 of U.S. Public Law 104-208 and receive an I-20 endorsement from the district or school before admission.*
  4. *No member of the school's coaching staff, paid or voluntary, shall serve as the resident family for the student.*
  5. *The international student must comply with all eligibility requirements set forth by the state high school association of which the school he/she attends is a member. Conditions of eligibility for participation in UHSAA sponsored activities include:*
    - a. *Student cannot participate if he/she has completed twelve (12) years of school (excluding kindergarten) prior to attending a Utah high school.*
    - b. *UHSAA age rule applies (cannot reach 19 years of age prior to September 1).*
    - c. *Student must meet all other UHSAA eligibility policies required of student athletes participating in UHSAA sponsored activities.*
    - d. *The UHSAA required process of international student as any other transfer student. Such student must complete required International Student Transfer Application Form 4B.*
- C. *Noncompliance with one or more of the foregoing provisions shall render the international student ineligible for interscholastic athletics at any high school which is a member of any NFHS member state*

*high school association.*

## **SECTION 10: Undue Influence**

The Undue Influence and Recruiting Rules are an integral part of the Association's ability to create, administer and maintain the valuable and unique form of competition it offers. This unique form of competition is a carefully constructed system that promotes competitive balance and serves the mission and purpose of education based sports and activities. Association sports and activities are intended to foster a sense of community as well as to teach teamwork and discipline. Other sporting organizations exist which promote free player movement, unrestrained recruiting and setting of lineups. Such organizations are primarily designed to promote athletic development of the individual and provide a showcase for the athletic talents of those individuals. These organizations do not share the primary purposes of the Association and therefore cannot provide the unique type of competition created and maintained by the Association. Efforts randomly to impose adjustments or favoritism on these rules damage the Association and, in turn, damage all the students who either participate in an Association sport/activity or who support them, from cheerleaders to band members to drill teams to parents. The Association is committed to maintaining its unique form of competition.

- A. The use of undue influence by any person, connected with or not connected with a member school, to secure the enrollment or transfer of a student to a member school for the purpose of participation in Association athletic activities is prohibited. Recruitment is a form of undue influence and is broadly defined as the use of undue influence or special inducement by anyone, on behalf or for the benefit of a member high school, who attempts to influence a student to enroll or transfer to a member school for the purpose of participating in athletics. Whether such action is taken directly by a person affiliated with the school or through a peer, a parent, a student, a non-school coach or other, the action shall nevertheless be considered a violation by the member school.
- B. Recruiting shall include, but is not limited to, promising or inducing the expectation of an advantage over others for a particular team, playing time, of any athletic advantage, of employment of the student or a relative, of housing, of transportation, of specific tutoring, of scholarship or financial aid.
- C. The Association may further describe, with particularity, specific circumstances which shall qualify as undue influence or recruiting.

## **SECTION 11: Undergraduate Standing**

No student shall compete in any high school activity who is a graduate of a regular four-year high school or who is a graduate of a secondary school which has the same requirements for graduation as a regular four-year high school. However, a student who finishes the required number of credits for graduation in fewer semesters than are normally required and is doing college undergraduate work shall not be barred from interscholastic competition to which he or she would otherwise have been eligible until the termination of so many semesters as normally would have been available for such a student's eligibility or participation.

## **SECTION 12: Limited Team Membership**

A student, while participating as a member of a high school team, may not compete on a team not sponsored by his or her school in the same activity during the same season. A student may compete in a

non-school sponsored contest as an individual, not a team member, while a member of a high school team during an activity season.

### **Interps & Guidelines 1.12.1: LIMITED TEAM MEMBERSHIP**

- A. No member of a high school team may compete in any organized competition on any outside team for a particular sport after the competition start date in a given season, other than the exceptions listed below. One-day auditions or try outs are allowed during the season so long as no high school practices or games are missed.
- B. A student may practice and train on a team not sponsored by his or her school in the same activity during the same season.
- C. Tennis doubles and relays in track are not considered to be teams. Student athletes may play in a non-school sponsored contest, in individual sports, where no team scores are kept. Golfers may compete provided that no other team member plays in the same group (four-some, three-some, two-some).
- D. Olympic Development Program (ODP) for swimming: student athletes may be granted an exception to the Limited Team Membership Rule in order to participate on an ODP team if the following conditions are met:
  1. The outside team is a legitimate ODP team as verified by the national governing body for swimming.
  2. Student obtains written permission contract signed by player, parent/guardian, high school coach, principal and ODP coordinator.
  3. Team shall be selected, and UHSAA advised at least thirty days prior to ODP competition.
  4. Any missed academic lessons are completed.
- E. A high school soccer player may compete in up to two soccer tournaments, showcases, and/or events, including ODP for soccer, not sponsored by his or her school, where next-level opportunities exist, if the following conditions are met:
  1. The outside team is attending an approved opportunity as verified by the UHSAA/UUSA partnership committee.
  2. At least thirty days prior to the tournament, showcase or event, the student must provide written notification, signed by the player and their parent/guardian, to his or her high school coach and UHSAA.
  3. Any missed academic lessons must be completed.
  4. In the event an exceptional showcase opportunity, including but not limited to a trial, performance, or training opportunity with a professional soccer academy, team or college event, becomes available to a student athlete after he or she has already attended, or is scheduled to attend, two outside tournaments, showcases or events, the student athlete may submit a written request to the high school coach and UHSAA for approval of attendance beyond the two-event limit.
- F. The Limited Team Membership Rule applies only to competition. It does not apply to music, forensics and drama performances. These groups are free to perform for parades, concerts, church/community functions, etc. However, Association catastrophic insurance will not be in effect for unsanctioned activities.

## **SECTION 13: Physical Examination Required**

No student shall be eligible to compete in any athletic contest sponsored by this Association unless such student has a physician's certificate stating that he/she is physically able to compete in inter-school athletic contests.

### **Interps & Guidelines 1.13.1: HEALTH EXAMINATION POLICY**

- A. A health examination must be performed and the student athlete cleared for participation in a sport before any student may compete in athletic activities sponsored by this Association. It is recommended that the 4th edition PPE forms from the American Academy of Pediatrics, or an equivalent, be used as the appropriate assessment for student athletes.
- B. To better maintain an efficient and accurate accounting of student athlete pre-participation physical exams (PPE's) in Register My Athlete, it is proposed that pre-participation physical exams have a common expiration date, so as to facilitate the current medical status of the student athlete. It is proposed that the pre-participation



physical exam date should be performed ***on or after April 15th*** to be valid for the following school YEAR through ***July 15th of that year***. (EXAMPLE: APRIL 15, 2018 GOOD THRU JULY 15, 2019).

C. *A properly completed and signed Pre-Participation Athletic Health Examination Form indicating the student's clearance to participate plus a properly completed Disclosure and Consent Form must be on file at the school. The health examination should be completed and the form signed by a qualified medical professional, operating within the legal scope of their practice. Forms may be obtained on the UHSAA Website. These are minimum requirements.*

### **Interps & Guidelines 1.13.2: COLD WATER IMMERSION**

If exertional heat stroke is suspected, onsite cooling using cold water immersion before transport to the hospital. Cold water immersion tubs are **required** for onsite cooling.

Cold water immersion (usually understood as circulating, ice-water immersion) is considered the most effective strategy for rapid treatment of exertional heat stroke. The goal in any exertional heat stroke case should be to cool the athlete down to 102 degrees Fahrenheit within the first 30 minutes after collapse, prior to Emergency Medical Services (EMS) transport.

Accurate temperature measurement, via rectal thermometry, (PERFORMED BY HEALTH CARE PERSONNEL) is recommended. Exertional heat stroke is suspected if body temperature is higher than 105 degrees Fahrenheit and signs of central nervous system dysfunction are present (i.e. disorientation, confusion, dizziness, irritability, headache, inability to walk, loss of balance or muscle function, vomiting, diarrhea, loss of consciousness).

Working with EMS personnel toward a policy of "cool first, transport second" is the standard for suspected exertional heat stroke. Cooling an athlete via cold water immersion, if performed immediately, (HAS BEEN PROVEN TO) provides a 100% survival rate.

### **Interps & Guidelines 1.13.3: EMERGENCY ACTION PLAN**

As part of each school's Emergency Action Plan (EAP), automated external defibrillators (AEDs) are accessible at (TO) each venue for early defibrillation by trained personnel for suspected sudden cardiac arrest (SCA).

Prompt recognition of SCA, immediate activation of the EMS system, early CPR, and immediate retrieval and application of the AED should be the initial steps of a comprehensive and thoughtful EAP. First responder programs, such as Anyone Can Save A Life ([anyonecansavealife.org](http://anyonecansavealife.org)) and public access to AEDs are strongly encouraged.

Consensus guidelines and several public-access defibrillation studies uniformly support access to early defibrillation, targeting a time interval of less than 3 to 5 minutes from collapse to first shock. The EAP also should identify the individual(s) responsible for documentation of personnel training, equipment maintenance, actions taken during an emergency, and the post-event evaluation of the emergency response.

## **SECTION 14: Home and Non-Member Charter High Schools and Private High Schools**

Students exempted from compulsory public school education by the local board for instruction in home or Utah charter schools or private schools may be eligible for participation in extracurricular public school activities provided they earn credit as outlined in the USBE policies

[https://le.utah.gov/xcode/Title53A/Chapter11/53A-11-S102.6.html?v=C53A-11-S102.6\\_1800010118000101](https://le.utah.gov/xcode/Title53A/Chapter11/53A-11-S102.6.html?v=C53A-11-S102.6_1800010118000101)

The home, charter, or private school student may only participate in extracurricular activities at the district high school within whose boundaries the student's parent(s) or legal guardian(s) resides (neither a power of attorney nor a district or school guardianship will suffice) or at the high school from which the student withdrew for the purpose of home schooling or attending a non-member charter or non-member

private school. Non-member charter and private school students may only be eligible at a district high school for sports or activities which are not available at their charter high school or private high school.

**Interps & Guidelines 1.14.1: UHSAA NON-MEMBER SCHOOLS**

A. A home or UHSAA non-member charter high school or non-member private high school student may only participate in an extracurricular activity at:

- (1) The district high school within whose attendance boundaries the student's custodial parent or legal guardian resides; or
- (2) The district high school from which the student withdrew for the purpose of attending home school or a UHSAA non-member charter high school or a UHSAA non-member private high school.

B. The Association cannot waive this requirement due to Utah Code and will not accept any request to do so.

**Q & A: Charter or Private Schools Ending with Ninth Grade are the Equivalent of Junior High Schools**

Q. Is a ninth grade student attending a charter or private school ending with the ninth grade treated the same as a ninth grade student attending a district junior high school?

A. Yes. A charter or private school ending with the ninth grade is seen as the equivalent of a traditional junior high school for the purposes of this rule.

## **BY-LAWS ARTICLE 2: ACTIVITY LIMITATIONS**

### **SECTION 1: Schedules**

- A. All scheduled interscholastic activities within the jurisdiction of this Association shall be governed by this Association.
- B. All schedules of activities shall be approved by the local Board of Education or its duly authorized representatives. All games or schedules shall be so arranged as to interfere with a minimum of school work.

### **SECTION 2: Practice, Pre-Season and Post-Season Contests**

- A. The Board of Trustees shall have authority to determine the dates that schools may utilize for practice in each and all activities.
- B. Pre-season and post-season games and contests shall be governed by the Board of Trustees. The number of games to be played during the sports season shall be governed by the Board of Trustees.
- C. The alumni are to be considered as an outside team.

**Interps & Guidelines 2.2.1: ACTIVITY SEASONS**

- A. *The playing or competition season shall end with the last state meet for any of the classifications or tournament in that activity. UHSAA jurisdiction for seniors shall end at that time. No meets nor competitions will be sanctioned after the UHSAA state championships. Exceptions: All-Star games sponsored by coaches associations for seniors only may be sanctioned upon request.*
- B. *The alumni are to be considered as an outside team. Alumni games may be played against only the member school's alumni. The game must count towards the contest limitations for that sport and certified officials must be used. Schools may not play their alumni in a UHSAA endowment game. Statistics from alumni games will not be accepted as UHSAA state records.*

- C. *From the beginning practice and team selection date to the competition start date, there can be no competition with other schools. This includes scrimmages and practices.*
- D. *Purposes for establishing starting dates are as follows:*
1. *To provide a "level playing field" (parity) between schools so that one set of students is not placed at a disadvantage to others with whom they compete.*
  2. *To create **definable seasons of competition** which allow students to participate in various activities without coaches feeling the need to "compete" with each other for athletes within their own school.*
  3. *To discourage **specialization** in the sense that students are not deprived of a variety of extracurricular experiences which the high school "exploratory" life stage provides.*
  4. *To create a corridor which protects some **personal time** for students between activities.*
  5. *To provide opportunity for families to **clearly define times** for vacations and other family functions.*
  6. *To prevent the exploitation and "**burn out**" of participant athletes and coaches.*

### **Interps & Guidelines 2.2.2: CONTEST LIMITATIONS**

- A. *Definitions:*
1. *Contest: Any meet, game or competitive activity (including practices and scrimmages) in which one or more students participate, and at least one of whom is not a member of the student-body or the school sponsored program, counts toward the contest limitations listed below for that activity.*
  2. *Tournament: Competition among four or more schools.*
- B. *The following contest limitations apply from the starting date of competition until the first day of the state tournament in each classification. This applies to all levels of competition (i.e., varsity, j.v., sophomore and freshmen). State qualifying tournaments do NOT count in the contest limitation totals for cross country, golf, swimming, tennis, track, wrestling, and speech/debate.*
1. *Baseball: 25 games. **Each game played counts as one game.***
  2. *Basketball: Varsity-20 games if no region post-season tournament is held. 18 games if post-season tournament is held. One additional varsity contest is allowed for an approved endowment game but schools may not play alumni teams in a UHSAA endowment game. The above endowment policy does not apply to j.v., freshman and sophomore. All non-varsity may play a maximum of 20 total games. **Each game played counts as one game.** Each team is allowed to attend one tournament where they may play up to 4 games and count it as two contests toward the 20 game allotment. A tournament must be sanctioned as per UHSAA guideline and occur on consecutive days (excluding Sunday). If the tournament exceeds four games, any additional games would count "one for one" against contest limitations.*
  3. *Cross Country: 10 meets per individual. The UIAAA Cross Country Meet does not count toward the contest limitations.*
  4. *Drill Team: 4 qualifying competitions. The four competitions includes a region competition if held. The live practicum does not count toward the contest limitations.*
  5. *Football: 9 games. One additional varsity contest is allowed for an approved endowment game but schools may not play alumni teams in a UHSAA endowment game. **Each game played counts as one game.***
  6. *Golf: 14 meets.*

7. *Lacrosse: 16 games. Each game played counts as one game. Each team can attend one tournament where they may choose one of two options: 1) Teams may play tournaments where two regulation-length games count as one (1) game, (2-for-1), with each game afterwards counting as one game, or 2) Teams may play tournaments where up to six (6) shortened-length games count as two (2) games, (6-for-2), with each game afterwards counting as one (1) game/ Teams may only use one (1) of these tournament exemptions in each season.*
8. *Soccer: 16 games. Each game played counts as one game. Each team is allowed to attend one tournament where they may play up to three games and count it as two contests toward the contest limit. A tournament must be sanctioned as per UHSAA guidelines and occur on consecutive days (excluding Sunday). If the tournament exceeds three games, any additional games would count "one for one" against contest limitations.*
9. *Softball: 22 games. Each game played counts as one game, except for the games played under the two tournament exemption rule which allows schools two tournaments, at least one must be a non-school single day tournament, where all games played count as a single game (a maximum of four games may be played) and one multi-day tournament, where all games played count as two games (a maximum of eight games may be played in a multiple day tournament). If the maximum number of games is exceeded, in either tournament, each additional game would count "one for one" against contest limitations*
10. *Swimming: 14 meets per individual.*
11. *Tennis: 16 matches per individual. The number of matches counted for a tennis tournament (competition among four or more schools) shall be equal to the number of days scheduled for the tournament; e.g., a one-day tournament shall count as one match, a two-day tournament shall count as two matches, etc.*
12. *Track: 12 meets per individual. An individual may participate in no more than eight (8) qualifying meets in addition to the region meet.*
13. *Volleyball: One of the following three options may be chosen: 18 matches and 0 tournaments, 17 matches and 1 tournament, 16 matches and 2 tournaments.*  
*The following guidelines pertain to Varsity tournaments: No more than 6 total matches in a tournament and no more than 4 matches in a single day. Guidelines for Sub-Varsity Tournaments: (2 out of 3 matches): No more than 9 total matches in a tournament and no more than 7 matches in a single day. Tournaments may not exceed three days in length. If a region tournament is held it would have to be counted as one of the two tournaments allowed.*
14. *Wrestling: Each high school team will be able to utilize 16 contact points. Each dual meet will count as one contact point. Each tournament will count as one contact point. Teams will not be able to compete in more than 6 tournaments before the post-season qualifying and state tournaments. Teams may not compete in more than 3 dual meet style tournaments.*
15. *Music: 3 contests per category.*
16. *Speech: 10 meets per individual.*

### **Interps & Guidelines 2.2.3: COMPETITION DATES**

*All Association activities are to be played on the dates designated on the calendar unless another day is mutually agreed upon by the schools involved and cleared through the Activities Association office.*

**Interps & Guidelines 2.2.4: ATHLETIC PERIODS**

*No Students interested in their prospective sport may play or practice that sport during an athletic period, except after the official beginning practice date or the beginning competition date, if no beginning practice date is established. Teaching proper stroke mechanics will be allowed prior to the start date in swimming to allow for the safety and education of individual participants and not the coaching and competitive training of teams.*

**Q&A: Athletic Periods**

*Q. Can a student-athlete whose prospective sport is basketball play or practice basketball, during an athletic period, prior to the start of the sports season?*

*A. No. The athletic period may be used for conditioning, strength training or study hall.*

**Interps & Guidelines 2.2.5: PRACTICE LIMITATIONS**

*A 20-hour practice limit is in effect for all UHSAA sponsored sports from August 1 to June 1, and for all UHSAA sponsored activities (music, speech/debate, theater) from September 1 to June 1. The practice limit includes one (1) day off each week (Monday-Sunday). Competition days, including travel, will count as three (3) hours. Practice limitations include anytime a team is together which includes, but is not limited to: team practice, team dinners, film time, weight training, individual instruction, etc. Restrictions include any meeting of the team and/or individual sport-related contact with the coach.*

**Q&A: Practice Limitations**

*Q. If a team has to travel six (6) hours to a location on the day of the tournament, and then competes in the tournament, which could be eight (8) hours, does that mean the team has used 14 hours in one day?*

*A. No. The competition day is three (3) hours total, which includes travel time.*

*Q1. If a team travels 5 (five) hours the day before a contest, and they stop to do a one (1) hour walk through/practice, does that count for 6 (six) hours?*

*A1. No. The travel is part of the competition day (3 hours), but the walk through/practice would be included in the 20 hours.*

*Q2. Does time during an athletic period or the watching of film during the school day (including lunchtime) count towards the 20- hour practice limitation?*

*A2. Yes. Anytime the team meets counts towards the 20-hour practice limitation. An exception is time used for study hall, if the focus of the study hall is academics, and the majority of the student athletes are using the time as a study hall.*

*Q3. Does a weight lifting class count towards the 20 hours?*

*A3. If the weight lifting class is not open to all students, then the time spent in class would count. If the majority of the class belongs to one specific team, but other students have the opportunity to be in the class as well, the time does not count.*

*Q4. If a team meets at the home of a team member for a "team night" (with or without the coach), does this count towards the 20- hour practice limitation?*

*A4. Yes. Anytime the team gets together for team meetings, team dinners, team film, etc. (with or without the coach) it counts towards the 20- hour practice limitation.*

*Q5. If an individual meets with the coach to go through skill development or talk X's and O's, does that count towards the 20-hour practice limitation?*

*A5. Yes. Anytime a student-athlete meets with a coach for individual instruction related to the sport, it*

counts towards the 20-hour practice limitation.

Q6. Does participation in an assembly count towards the 20 hours?

A6. No. Participation in assemblies does not count towards the 20 hours.

Q7. If students are participating in a fundraiser, does the time spent on the fundraiser count towards the 20 hours?

A7. If revenue is for a specific team account, the time spent at the fundraiser would count towards the 20 hours. If the revenue raised is going towards an individual's account, the time would not count. Anytime a fundraiser is **required**, the time must be counted.

Q8. If actors in a school play rehearse for three hours and the band rehearses for seven hours and the school choir for two hours. how is this calculated?

A8. Hours spent rehearsing for a school play is a school or district decision.

### **Interps & Guidelines 2.2.6: ANNUAL MORATORIUM**

- A. The philosophy of UHSAA Moratorium days is to allow students and teachers/coaches quality time with their families without the pressure of losing a level playing field.
- B. UHSAA Moratoriums
  1. Thanksgiving (all UHSAA sports and activities)
  2. Christmas (all UHSAA sports and activities)
  3. New Year's Day (all UHSAA sports and activities)
  4. Summer (all UHSAA sports and activities)
    - a. A one week summer moratorium will be in place Sunday, July 4-Saturday, July 10, 2021.
    - b. Schools are allowed to participate in a one-day community celebration during this week.
    - c. There shall be no competitions, practices or practice-type activities (i.e scrimmages, 7-on-7 competitions, conditioning, weight-training, etc)
  5. Sport Specific Moratoriums (two, two week blocks: may be consecutive)
- C. Moratorium days apply to current 9<sup>th</sup> through 12<sup>th</sup> grade students. For moratorium days occurring during summer months, incoming 9<sup>th</sup> grade students are also included.
- D. During the MORATORIUM DAYS, the following restrictions apply to all UHSAA activities at all levels:
  1. Activities shall not meet, practice, compete or travel.
  2. Facilities used by the school shall not be used related to the sport. Weight rooms will be closed during the Thanksgiving, Christmas, New Year's and Summer moratoriums. During a Sport Specific Moratorium, any member of the coaching staff for that particular sport shall not supervise or observe in the weight room outside of the school day.
- E. RESTRICTIONS ON COACHES: Coaches are defined as any individuals (paid or non-paid or volunteer) who make up the school's immediate past, current or projected future coaching staff. During the moratorium days, **COACHES SHALL NOT:**
  1. Have player contact or communication related to the sport.
  2. Organize or conduct any meetings related to the sport.
  3. Organize or conduct practices or competitions of any kind at any level.
  4. Organize or conduct any activities related to the sport, including weight lifting and conditioning outside of the school day.
  5. Organize or conduct open gym, open court, open pool or open field play or permit the use of batting cages.
  6. Organize or conduct any fundraisers.

7. *Coach or observe any potential player related to the sport. A coach may observe only if his/her own child is participating or if acting as a registered official assigned to that specific contest.*

**Note:** *To organize or conduct would include facilitating or encouraging an activity to take place, regardless of whether or not the coach attends.*

- F. *Sport Specific Moratoriums are specific periods of time determined by the UHSAA in consultation with individual coaches' associations.*
  1. *Two (2), two (2)-week sport specific moratoriums during the year. Blocks may be consecutive.*
    - a. *Holiday and summer moratorium days shall not be counted as sport specific moratorium days.*
    - b. *Sport specific moratorium days may be split around holiday and summer moratorium days to create a consecutive block of time.*
  2. ***SPORT SPECIFIC MORATORIUMS: (for specific dates, see sport specific ready reference calendar)***
    - c. ***Baseball:*** *combine four weeks with the Christmas and New Year's Moratorium days (except 1A).*
    - d. ***Basketball:*** *first two weeks in August and two weeks following state.*
    - e. ***Cross Country:*** *four weeks beginning March 1.*
    - f. ***Drill Team:*** *schools select four weeks on "UHSAA Drill Dead Time Form" due January 15.*
    - g. ***Football:*** *two weeks following state and two weeks beginning with spring tryouts*
    - h. ***Golf:*** *combine four weeks with the Christmas and New Year's Moratorium days.*
    - i. ***Lacrosse:*** *first four weeks in August beginning in 2021.*
    - j. ***Soccer:*** *combine four weeks with the Christmas and New Year's Moratorium days.*
    - k. ***Softball:*** *combine four weeks with the Christmas and New Year's Moratorium days.*
    - l. ***Swimming:*** *last two weeks of April and the second and third weeks in August.*
    - m. ***Tennis:*** *combine four weeks with the Christmas and New Year's Moratorium days.*
    - n. ***Track:*** *four weeks beginning September 1.*
    - o. ***Volleyball:*** *Schools select from four options on volleyball moratoriums or declaration form on "UHSAA Volleyball Moratorium Declaration.*
    - p. ***Wrestling:*** *four weeks beginning August 1.*

G. *Moratorium Adjustments*

1. *Thanksgiving, New Year's Day, Summer and any Sport Specific moratorium days shall not be compromised in an adjustment request without approval of the Executive Committee.*
2. *Christmas Moratorium*
  - a. *The moratorium days may be adjusted as long as Christmas day is not compromised. The moratorium must be five consecutive days and must include Christmas day. In-season teams may adjust the moratorium no more than one day prior to the date of a competition.*
  - b. *Requests for Christmas moratorium adjustments must be approved by the school principal and the superintendent or school board president. The approved adjustment request must be submitted by the school principal prior to November 1. Requests received after November 1 will still be considered but will carry a \$100 fine.*
  - c. *When a Christmas moratorium adjustment is granted, the principal shall monitor the adjusted moratorium period. The approved adjustment shall apply to all levels of that sport. For example, all levels of boys' basketball (i.e. freshman, sophomore, junior varsity and varsity) shall adhere to the same moratorium days.*

**Interps & Guidelines 2.2.7: OUT OF SEASON PARTICIPATION**

- A. *“Two Weeks Prior” to Start Date Restrictions*
1. *To create a more level playing field, the “Two Weeks” prior restrictions are in place to identify the start of a season and the official tryout date.*
  2. *“Two Weeks Prior” to Start Date Restrictions apply to current 9<sup>th</sup>-12<sup>th</sup> grade students.*
  3. *Any potential player shall not be required to attend. This is an optional attendance period.*
  4. *The following **restrictions are in place** during the “Two Weeks Prior:”*
    - a. *Coaching is prohibited.*
    - b. *No practice sessions, no drills, no scrimmages with other schools, no review of tape with athletes, no team offense or defense nor chalkboard X's and O's are allowed.*
    - c. *An athlete may not attend a clinic or camp hosted or sponsored by a member school within two-weeks of the starting date. This includes sending teams to team camps or competitions outside of the school.*
  5. *The following are **ALLOWED** during the “Two Weeks Prior:”*
    - a. *Weightlifting and conditioning.*
    - b. *Open gym, court, pool or field is permitted as long as there is no coaching, no participation fee of any kind, nor team selection taking place. “Open” means freely available to the students of the school which has the gym, court, pool or field. If participation in the “open” event requires registration or a fee, whether paid to the coach, the school or a third party, the event is a clinic or a camp and is prohibited in the “two weeks prior” to the start date of such sport.*
    - c. *Pitchers and Catchers – Baseball and Softball coaches may provide individualized pitching instruction and conduct throwing workouts with pitchers and catchers ONLY provided the coaching instruction is not held in the same place at the same time as any open gym or open field. This limited coaching instruction is permitted to ensure the safety and arm conditioning of the individual participants and not for the competitive training of teams. Fielding drills for pitchers and catchers during this time is strictly prohibited.*
    - d. *An individual may attend an outside camp, clinic or competition, as long as the high school coach does not coach them.*
  6. *The “Two Weeks Prior” restrictions do not apply to cross-country, drill team, football, swimming or track & field.*
- B. *Spring Football Guidelines*
1. *Spring Football Guidelines apply to current 9<sup>th</sup>-12<sup>th</sup> grade students.*
  2. *Spring restrictions prior to and including Memorial Day:*
    - a. *No player protective gear may be worn (Helmets, Shoulder pads, pants pads)*
    - b. *No football competition with other schools (including 7 on 7 and scrimmages) until after Memorial Day*
    - c. *Abide by football moratorium dates:  
Two-weeks following state championship game, and two-weeks beginning with spring sport tryouts*
    - d. *Following Memorial Day, the UHSAA Approved Football Summer Calendar (posted on the football page) continues until the season start date for football including; heat acclimatization and padded camp guidelines.*



3. A camp may occur after Memorial Day and before **Monday, July 17, 2020**, except during Summer Moratorium. This is a school specific period for all levels i.e. varsity, junior varsity, sophomore, freshmen; or offense/defense, etc. The camp must be declared in writing to the UHSAA prior to the use of any pads and must follow the Heat Acclimatization, which includes up to three (3) days in pads. Form at [uhsaa.org](http://uhsaa.org).
4. Heat Acclimatization: please see item 29 in the Administrative Policies and Guidelines section of this handbook as well as the approved "Football Summer Calendar" available from a link on the Football page of UHSAA website for information and regulations regarding heat acclimatization.

### **SECTION 3: School Sponsored Programs**

- A. Clinics on an individual school basis may be held with the approval and direction of the local school administration and with the approval of the local Boards of Education. The two basic principles governing the development and operation of programs should be:
  1. All educational programs for high school students should be kept in balance so that no single program robs any other program of its fair and proper share of attention in the students' experiences; and
  2. All students should have equal opportunity to compete for a position on a team. There should be no discrimination against any student in the operation of physical development activities, and participation in such programs will not be prerequisite to membership in a school's athletic program.

#### **Interps & Guidelines 2.3.1: SCHOOL SPONSORED PROGRAMS**

- A. Limiting teams to days or number of camps, leagues, tournaments or competitions is a school or district policy. Limitations as to dollar amounts spent by individuals will also be left to district or governing board of a charter or private school discretion.

## **BY-LAWS ARTICLE 3: CONTESTS WITH NON-MEMBER SCHOOLS AND HIGHER INSTITUTIONS PROHIBITED**

### **SECTION 1: Contests with Non-Member Utah Schools Prohibited**

Members of the Utah High School Activities Association shall be prohibited from engaging in contests with Utah high schools that are not members of the Utah High School Activities Association without the approval of the Board of Trustees. For purposes of this Article, an alumni team is exempt from this rule.

### **SECTION 2: Contests with Out-Of-State Schools**

Members of the Utah High School Activities Association shall be prohibited from engaging in contests with high schools outside of Utah who are not members of their respective state high school associations unless that state permits contests with schools not members of its association. In such case, those schools shall be considered eligible for contests with UHSAA members.

### **SECTION 3: Restrictions Regarding Higher Institutions**

No athletic team representing a member high school shall compete or scrimmage in organized competition against a college or university team.

**Interps & Guidelines 3.3.1: COMPETITIONS AGAINST HIGHER INSTITUTIONS**

*For the purposes of this rule, college-sponsored club teams are the same as college or university teams.*

## **BY-LAWS ARTICLE 4: SANCTIONING PROCESS**

### **SECTION 1: Multi-School Meets for Member Schools**

- A. By definition, contests between two, three or four member schools are considered sanctioned.
- B. Any multi-school meet hosted in Utah which involves more than four member schools, whether in-state or out-of-state, must be approved by the UHSAA at least thirty (30) days prior to the event. Applications received after deadline may be fined \$100.00.

### **SECTION 2: National Federation Sanctioning Requirements**

- A. Any interstate competition involving two (2) or more member schools which is sponsored by or titled in the name of an organization outside of the high school community (i.e., a university, a company, a theme park, a community recreation department, etc.) in addition to being sponsored by a member school, shall require sanction of the National Federation.
- B. An interstate competition sponsored by a State Association member school is automatically sanctioned by the Associations involved regardless of the number of competing schools, provided all schools are from bordering states.
- C. National Federation action is required if one or more of the competing schools comes from a state which does not border the host state, and even then five or more states and/or more than eight schools must be involved. In that case, Federation approval is necessary for schools from ALL STATES INCLUDED.
- D. The NFHS requires an online process for NFHS sanctioned events. For information regarding NFHS sanctioning procedures go to the NFHS website (nfhs.org) and click on the "Sports" tab.
- E. Any event involving U.S. and foreign schools must be sanctioned by the state association(s) involved and the National Federation.
- F. Application forms for interstate and international contests or tournaments requiring sanction are available from the Association office and must be filled out completely before the request will be considered.

**Interps & Guidelines 4.2.1: SANCTIONING**

- A. *A major purpose of sanctioning is to minimize loss of classroom instructional time.*
- B. *The UHSAA does not sanction events outside of the respective sport/activity season.*
- C. *Competitions or tournaments involving more than four schools and all are within a specific UHSAA region are considered sanctioned and do not require application process.*
- D. *Tournaments will be sanctioned at the level (varsity, junior varsity, sophomore and freshmen) requested. Participation in that tournament will count at that level unless a request for an exception is made in writing two weeks in advance of the tournament and that request is approved by the UHSAA. In other*

words, a school could request permission for a junior varsity team to play in a varsity tournament, not to exceed the contest limitations rule at that level.

- E. In the case where a school or schools drop out of, or do not show up for, a tournament, appropriate byes must be scheduled. JV teams cannot be added without two (2) weeks prior notice.
- F. It is not permissible to divide a school's team and play as two teams. This does not concern sports where the contest limitation is applied to individuals.
- G. Applications for inter-regional or inter-state meets must be submitted at least 30 days prior to the proposed meet and must be sponsored by a member school. Even though an event may be ongoing, application forms must be submitted each year. A processing fee of \$100 may be assessed to those applications which miss the application deadline. Any school which violates Article 4 of the By-Laws will be fined as follows: The host school will be fined \$200.00 and additional schools which participate in a non-sanctioned meet will be fined \$50.00 each. This includes speech, theatre and music, as well as athletic events.
- H. Sanction applications for competitions with more than four schools will be approved for the following:
1. Any single or multi-day event in Utah **provided no school time is missed** by any participating school for any reason associated with the event (i.e. travel, participation, overnight stay, etc.) and all play occurs after 3:00 p.m. Tournaments scheduled on non-school days **for all participating schools** would not be bound to the 3:00 p.m. start time.
  2. A two-day or three-day event in Utah **when school time is missed** by any participating school for any reason associated with the event provided:
    - a. Participating schools do not miss any school the day prior to the tournament for travel or any other reason associated with the event.
    - b. Participating schools **do not miss any school time on more than one school day** for any reason associated with the event.
    - c. The second day of a two-day event is a non-school day for all participating schools.
    - d. The second and third days of a three-day event are non-school days for all participating schools.
- Note: For 2-day and/or 3-day tournaments where school is missed on the first day by any team, the tournament host is strongly advised to schedule local schools after 3:00 p.m.
3. Any tournament consisting of non-border states sanctioned by the National Federation.
  4. Any tournament in AZ, CO, ID, NV, NM or WY that has exclusive participation of schools in states that border the host state.

Note: It is recommended that competitions within a region, dual-contests and tri-meets adhere to items 1 and 2 above.

- I. UHSAA athletic passes shall be accepted for admittance at **all** sanctioned events within the state. This includes all pre-season contests, region competitions, dual/tri meets, invitationals, endowment games, All-Star contests, etc.
- J. All-Star games sponsored by coaches associations for seniors only may be sanctioned upon request (see Interpretations & Guidelines 2.3.1: Activity Seasons):
- The playing or competition season shall end with the last state meet for any of the classifications or tournament in that activity. UHSAA jurisdiction for seniors shall end at that time. No meets or competitions will be sanctioned after the UHSAA state championships. Exceptions: All-Star games sponsored by coaches associations for seniors only may be sanctioned upon request.

## BY-LAWS ARTICLE 5: LICENSED TEACHERS, UHSAA COACHES TRAINING AND SUPERVISION OF STUDENTS

### SECTION 1: Coaches' Certification

All coaches (paid or nonpaid) shall be certified prior to coaching. The responsibility for verifying the certification of the coaches lies with the schools, districts or governing boards of charter or private high schools.

#### **Interps & Guidelines 5.1.1: COACHES' CERTIFICATION**

- A. *The Utah High School Activities Association (UHSAA) and the Utah State Board of Education (USBE) requires that all individuals employed or acting as coaches meet specific training and certification requirements outlined by the UHSAA and USBE.*
- B. *Coaches' certification includes eight components and shall be completed prior to the start of any coaching. The eight (8) components are: Background Check; First Aid Training; CPR Training; yearly Concussion Training; yearly Child Sexual Abuse Prevention Training; yearly Bullying, Cyber-bullying, Hazing, Harassment, and Retaliation Training; the NFHS "Fundamentals of Coaching" course; and to meet a set of professional standards that are consistent with the Utah Educator Professional Standards as described in USBE Rule R277-515. The training must be completed through an approved or recognized program which complies with USBE requirements. First Aid and CPR components require current certification through an approved or recognized program which complies with USBE requirements. Yearly concussion training requires successful completion of the NFHS Concussion Course.*
- C. *School districts must verify compliance with all eight components required for coaches' certification. (To confirm a coach has completed the NFHS Fundamentals of Coaching and the yearly NFHS Concussions course, go to [nfhslearn.com](http://nfhslearn.com) and click on "User Lookup" in the top right hand corner.*
- D. *The "Fundamentals of Coaching" course shall be completed prior to coaching. Head coaches and paid assistant coaches with a major, minor or endorsement in physical education or dance and/or a minor in coaching are not required to take the "Fundamentals of Coaching" course.*
- E. *Certified coaches will be issued a UHSAA credential to be worn at all UHSAA sanctioned contests, including UHSAA postseason contests. Coaches who have not completed certification requirements will not be granted a credential and will not have access to coach in UHSAA postseason contests.*
- F. *Head coaches are required to attend the live UHSAA Rules clinic, or take the online UHSAA rules clinic applicable to his/her sport. Failure to complete the UHSAA sport-specific rules clinic will be a fine of \$50. Head coaches will be given a new deadline to complete the online clinic. If the clinic is not completed by the second deadline, schools will be fined an additional \$100.*

#### **Interps & Guidelines 5.1.2: ATHLETIC ADMINISTRATORS' CERTIFICATION**

- A. *The Utah High School Activities Association recognizes the importance of having a Certified Athletic Administrator in its member schools. The UHSAA **strongly recommends** within 3 years that school-appointed Athletic Directors complete the NIAAA Athletic Administrators' Certification (CAA).*
- B. *The training and certification must be completed through the National Interscholastic Athletic Administrators Association and includes becoming a Certified Athletic Administrator (CAA). The NIAAA Certification Program is a professional service to athletic administrators and is based on the premises of*

*continuing education, professional growth and program development in the vocation of interscholastic athletic administration. It recognizes and incorporates the professional development opportunities provided by the Leadership Training Institute. The CAA includes \$2,000,000 in liability insurance. The attainment of professional certification demonstrates the completion of a comprehensive plan for self-improvement that will enhance the ability of the athletic administrator to better serve the school, community and profession. The completion of a Master's degree in Athletic Administration from any accredited University will also serve as evidence that the Athletic Director has been properly trained.*

## **SECTION 2: Supervision of Students**

A licensed faculty member or full-time faculty member must accompany his/her teams or students to all UHSAA state tournaments, meets or festivals for which they have qualified to participate unless arrangements are made with the Executive Director in advance for students to be under the supervision of a licensed or full time faculty member from another school. Teams or individuals without a licensed or full-time faculty representative will be barred from the activity.

# **BY-LAWS ARTICLE 6: OFFICIALS**

## **SECTION 1: Certified Officials Required**

Only certified officials may be used in 9th grade, sophomore, junior varsity and varsity competition.

### **Interps & Guidelines 6.1.1: UHSAA CERTIFIED OFFICIALS**

- A. *Any UHSAA sanctioned contest/event must use UHSAA certified officials.*
- B. *Only UHSAA certified officials, including adjudicators and judges, shall be used at high school varsity, junior varsity, sophomore and freshmen contests, including festivals and performances. Any exceptions to this regulation should be reported promptly to the Executive Director and offenders will be subject to suspension and/or fine.*
- C. *To register as an official, including adjudicators and judges, one must be at least 18 years of age and cannot be a high school student.*
- D. *Applicants convicted of felonies may apply after five years from the date of conviction. Applicants convicted of a sexual offense felony may not register with the UHSAA at any time. All other sexual offense crimes will be reviewed by the UHSAA. The UHSAA reserves the right to deny any application.*
- E. *Applicants are approved through the process outlined in the UHSAA Officials Guidebook <http://www.uhsaa.org/officials>*

# **BY-LAWS ARTICLE 7: VIOLATIONS and PROTESTS**

## **SECTION 1: Responsibility of Principals**

- A. It shall be the duty and responsibility of the principal or equivalent executive officer of a member school to determine that participants have met all eligibility requirements, to assure institutional control over all

athletic participation and to maintain an atmosphere of compliance throughout the school and among the parents and those with a particular interest in the athletic programs of the school, i.e. boosters.

- B. The Principal or equivalent executive officer shall be ultimately responsible for a school's non-compliance with the Association's Rules.

## **SECTION 2: Protest Procedures**

- A. Complaints alleging a violation of rules or policies of the Association must be submitted to the Association in writing.
- B. Particular complaints involving sportsmanship, lack of crowd control and inappropriate actions of players, spectators and/or coaches may be submitted directly to the Board of Trustees or the Executive Committee.
- C. All protest concerning the outcome of a game or contest must be made and concluded by appropriate officials and school leaders prior to the end of the protested game or contest. After a game or contest has been completed, protests regarding the outcome are not allowed. No protest shall be considered if the protest is based upon a judgement call of an official. (The foregoing is not to be construed as prohibiting the Association from initiating action on a UHSAA rule or policy violation.

### **Interps & Guidelines 7.2.1: NFHS Rules Book**

*A. The UHSAA protest procedure, as outlined above in item C, is subordinate to any specific rule outlined in the NFHS rules book.*

## **SECTION 3: Withdrawal of a Team**

No member school may withdraw its representatives from an Association activity prior to the termination of the activity, except by mutual consent of the responsible faculty representatives from the participating schools.

## **SECTION 4: Duty to Report and Cooperate**

- A. It shall be the duty of the principal, athletic director, coach or other person connected with any sanctioned activity to report to the principal or equivalent executive officer of a member school any infraction of the UHSAA Constitution, By-Laws, rules, policies, or regulations. The principal or equivalent executive officer shall report such infractions to the Executive Director.
- B. It shall be the duty of the principal, athletic director, coach or other person connected with any sanctioned activity affirmatively to determine that all the participants under their jurisdiction who are to participate with and for the school are eligible. Anyone who has knowledge or information that places in question the eligibility of any student who is likely to participate in any contest has a duty to report such knowledge or information immediately to the principal or equivalent executive officer of the participant's school who shall immediately forward the information to the Executive Director. Failure to do so shall be an indication of bad faith and shall constitute evidence of lack of institutional control.
- C. All representatives and personnel of member schools, including unpaid advisors and coaches, shall fully cooperate with the Executive Director, the Association's Staff, the Region Board of Managers, the Executive Committee, the Board of Trustees or their counsel to further the objectives of the Association and its investigation and enforcement programs. The Association's investigation and enforcement policies and procedures are an essential part of the athletic program of each member school and require full and complete disclosure of any information requested by the Association during the course of any investigation

and/or enforcement proceedings and full and complete compliance with all Association decisions, directives, sanctions and penalties.

- D. Failure to report infractions or respond fully and timely to requests from the Association for information related to any enforcement matter or claimed violation of the Rules or Constitution shall be deemed to demonstrate a lack of institutional control and the absence of an atmosphere of compliance. As such, it will be the subject of appropriate sanctions, which may include suspension from participation by the school until there is full compliance with the Association's requests.

## SECTION 5: Power of Association to Institute Enforcement Inquiries

When The Association has information suggesting an infraction of the Constitution, a By-Law, a rule or a policy, by a school or a student, it may initiate such action as may be appropriate.

## SECTION 6: Ineligible Player/Participant

- A. Contests in which an ineligible player/participant competes shall result in the head coach being suspended for **all** consecutive sport activities (contests, practice, meetings, etc.) and at **all** team levels for the number of contests in which the ineligible player/participant competed. Suspension will carry over to the next school year where applicable. Additional sanctions may be applied to the coaching staff and/or the school by the Region Board of Managers, the Executive Committee or the Board of Trustees
- B. The player/participant remains ineligible until the student is deemed eligible by the UHSAA office.

### **Interpretations and Guidelines 7.6.1: USE OF AN INELIGIBLE PLAYER/PARTICIPANT**

- A. In applying Section 6: Ineligible Player/Participant, "contest" shall be defined as follows:
1. For the sports of basketball, baseball, football, lacrosse, soccer, softball and volleyball, a game/match as defined in the NFHS Rules Book for that sport is a contest.
  2. For the sport of drill, each competition is a contest.
  3. For the sport of golf, competition in a match is a contest.
  4. For the sport of cross country, competition in a race is contest.
  5. For the sports of swimming and track & field, competition in a meet is a contest.
  6. For the sports of tennis and wrestling, match competition in a single day is a contest.
  7. For the activities of solo & ensemble festival, speech/debate, and theatre, competition is an ensemble, event of play.
- B. In the sport of drill, if an ineligible student participates in a routine, that routine shall not receive a score nor shall it be considered for a place in that particular category. A school must receive a score for a routine in each of the three categories to place as a team in a competition.
- C. In the sports of cross country, golf, swimming, tennis, track & field and wrestling, an ineligible athlete will be dealt with according to the rules for that sport as if they were disqualified for the purposes of team scoring. A participant disqualified for ineligibility may not earn an individual place nor score any points for a team.
- D. In the activities of solo & ensemble and theatre, an ineligible participant shall not receive a rating in an individual event of solo. An ensemble or play which includes an ineligible participant may not receive a rating.
- E. In the activity of speech/debate, an ineligible participant shall be disqualified. In events in which competition takes place a partners, a partnership that includes an ineligible participant shall be disqualified.

A participant or partnership disqualified for ineligibility may not earn a place nor score any points for a team.

## SECTION 7: Penalties

- A. Upon the determination that there has been a violation of the Association's Constitution, a By-Law, a rule or policy, the Association may impose such penalties or fashion such relief as may be proper. Without limiting the Association's ability to enforce its rules, these are among the actions the Association may consider:
1. **Reprimand:** An official letter to the individual and/or school concerned in regard to the offense committed and warning against acts of a detrimental nature which are contrary to the aims and philosophies of the Association. This letter will become a part of the permanent file of the individual and/or school involved.
  2. **Probation:** An official letter to the individual and/or school concerned in regard to the offense committed clearly stating what conduct, activity or behavior needs correcting. Offending individuals and/or schools would be advised that their continued participation in the Utah High School Activities Association would be on a probationary status for a period of one year. In addition, the offending individual and/or school would be warned that any failure to correct these specified problems may result in more severe action by the Association, including, but not limited to: Restriction, Suspension, Fines or any combination thereof.
  3. **Restriction:** Action which would restrict participation in school, region/division or state level activities. The restriction may be applied to an individual, to a team or group or to a school. A restriction is often referred to as a suspension.
  4. **Suspension:** The effect of a suspension shall be to drop the school from membership and prohibit participation in any or all UHSAA sponsored activities. The length of suspension shall be determined by the Board of Trustees.
  5. **Forfeit:** The forfeiture of an interscholastic athletic contest, title or championship.
  6. **Vacating a Win:** The effect of vacating a win is to nullify the result of a contest for the offending school or individual in contests won. Any team records achieved are to be vacated. Individual records achieved by an ineligible individual are also vacated. Award(s) won, including a championship/place, are vacated for offending teams and, in applicable cases, team points reconfigured. Any award, including a championship/place won by an ineligible individual is vacated. The vacation of a contest, championship/place or award shall only be applied when a forfeit cannot practically be applied, such as in a case where an offending team or individual has completed at least the second round of tournament and an opponent could not be advanced without additional competition.
  7. **Fines:** A coach, principal and/or school may be assessed a fine not to exceed \$1,500 per infraction.
  8. **Costs:** The Association may assess against a member school all or any part of the costs of investigations, hearings, or litigation, including attorney's fees, if the Association is required to act or to defend itself as a result of the failure of a member school to adhere to the Association's Constitution or By-laws.

## SECTION 8: Breach of Contract

In case of breach of contract, the regional board of managers shall have authority to assess a penalty from a minimum of \$100 to a maximum of \$1,000 against the offending coach and/or school. The amount shall



be sent to the region chairperson, who shall remit that portion due to the offended school and deposit the balance in the regional treasury. In the event that the breach of contract occurs between schools of different regions, the regional boards of managers from the two regions shall resolve the case. The acceptance of a schedule of league games, pre-season or practice by the principals of the schools concerned shall be understood as constituting a contract. The above includes freshmen (where applicable), sophomore, junior varsity and varsity schedules.

**Interps & Guidelines 7.8.1: BREACH OF CONTRACT**

*Any agreement to hold a contest between schools, whether written or oral, shall be subject to this rule. If a school has contracted for a varsity contest, an offer to substitute a junior varsity team or a lesser squad shall be considered to be a breach of the contract to hold a varsity contest. In assessing any penalty to be imposed, the appropriate boards shall consider the actual damages caused to a school by the breach of contract, including a reasonable projection of the loss of gate receipts. Additionally, the boards have authority to impose a fine related to the loss of opportunity not only for the participants in the contest but for the students and student organizations that otherwise would have been involved in the contest.*

**SECTION 9: Defacement of School Property**

Defacement or marring of school property by members of another school may subject the offending school to suspension from the Association for one year. This offense shall be understood to include disfigurement of any sort, by means of paint, kalsomine, chalk or like material upon school property or upon any other property; also, the commission of any act by a member or members of another school which would tend to throw discredit upon the latter school.

**SECTION 10: Dishonesty**

Any student, principal, coach or other person representing a school who has been dishonest with the Association in connection with enforcement matters has committed a violation that significantly interferes with the Association's ability to maintain fairness. Such person shall be subject to sanctions commensurate with the dishonesty, which shall include disqualification from further participation in this Association for one calendar year from date of infraction and/or a fine of up to \$1,500 per infraction.

**SECTION 11: Gambling**

Betting on the part of a player on any contest in which he or she is participating shall disqualify him or her from participation in any athletic contest of this Association for one calendar year from date of infraction.

**BY-LAWS ARTICLE 8: ELIGIBILITY LISTS**

**SECTION 1: Member Schools Provide Eligibility Lists**

- A. Each member school shall provide the UHSAA a list of all students who are eligible and who participate in each activity by adding students to a roster in RegisterMyAthlete. This list must be certified by the principal and submitted to the UHSAA prior to or as per established dates. In doing so, the principal is

certifying that those students whose names are listed on a roster meet all of the requirements and are eligible under the Constitution and By-Laws of this Association.

- B. Certification shall be based on complete information concerning the student's age and scholastic history.
- C. Participation on varsity, junior varsity, 10th grade or 9th grade teams is to be considered as a season of competition.

### **Interps & Guidelines 8.1.1: STUDENT ELIGIBILITY LISTS**

- A. *Eligibility lists for each activity or sport shall be completed through Register My Athlete <http://www.registermyathlete.com> no later than the deadline listed on the UHSAA calendar.*

## **BY-LAWS ARTICLE 9: EQUAL OPPORTUNITY**

### **SECTION 1: EQUAL OPPORTUNITY FOR ALL STUDENTS**

Equal opportunity shall exist for all students to participate in Association sponsored activities without regard to sex, religion, race or ethnic origin.

### **Interps & Guidelines 9.1.1: EQUIVALENT PROGRAMS**

*Where there is an equivalent sport for both genders, girls may not participate on the boys' team nor can boys participate on the girls' team. If the sport is not offered to both genders at the member school, the opposite gender may not play that sport at that school. They may opt to co-op to another member school. Girls and boys may participate on co-educational teams as defined by the Board of Trustees.*

## **BY-LAWS ARTICLE 10: DRUGS, ALCOHOL and TOBACCO**

### **SECTION 1: UHSAA Drugs, Alcohol and Tobacco Policies**

- A. The UHSAA supports the U.S. Supreme Court rulings regarding education. First, to prepare students to be good citizens and second, to teach them to be self-reliant and self-sufficient. Activities of the UHSAA contribute to both of these goals. The use of alcohol, tobacco products or other drugs in almost every instance deters the realization of these goals. Every effort shall be made at the local, region and state levels of participation to eradicate the promotion, use or abuse of alcohol, drugs and tobacco with regard to participation in high school sports and activities. Limitation for participation of students in Utah high school activities regarding the use of alcohol, tobacco products and other drugs during a sports season, as defined in the Utah Code are:
  1. **First offense:** Suspension from two consecutive games, meets, matches, competitions or performances at the same level of play (and any intervening levels as well). Practice may be continued following a personal assessment of the student by a licensed substance abuse intervention or treatment program and/or participation in a district, governing board of a charter or private school approved intervention program.
  2. **Second offense:** A six-week suspension from games, meets, matches, competitions or performances. Student participation in an assessment by a licensed substance abuse intervention or treatment program with prescribed follow-up is required. Practice may continue only after the assessment has been completed and positive participation in the prescribed follow-up is occurring.
  3. **Third offense:** An eighteen-week suspension from all games, meets, matches, competitions, performances and practices. Reinstatement of eligibility at the end of the eighteen-week

suspension is predicated upon successful completion of a formal assessment, intervention and treatment program. In all of the foregoing offenses, local school and/or district requirements which deal with discipline, suspension, corrective measures, parent/guardian involvement, rehabilitation and so forth, must be met.

**Interps & Guidelines 10.1.1: DRUGS, ALCOHOL AND TOBACCO**

- A. *Conditions of this policy include:*
  - 1. *The use of electronic cigarettes or vapor products are prohibited.*
- B. *Implementation of Policy*
  - A. *Violations carry over year to year and sport/activity to sport/activity in a participant's career (there is no "fresh start" each year).*
  - B. *Violations must occur and be discovered during a sport/activity season.*
  - C. *Any penalties for violation follow the student to any school to which he/she transfers.*
  - D. *Any violation beyond the third offense carries the same penalty as the third offense.*

**SECTION 2: Local School or District Requirements**

Local school or district requirements may exceed those set forth in By-Laws Arti

**BY-LAWS ARTICLE 11: Rights of the Association**

**SECTION 1: Claim and Notice of Rights**

All rights to contests sanctioned by the Association and conducted within the jurisdiction of the Association, whether pre-season, regular season or post-season, are owned by the Association. The rights to these contests include rights to the images of the contest, filming, broadcast, reproductions or other intellectual property rights. The Association considers these rights to be valuable and any unauthorized use of pictures, descriptions, images or other intrusions into these rights will be prosecuted.

# ADMINISTRATIVE POLICIES & GUIDELINES

## 1. UHSAA Sports and Activities

- A. **Sports:** The interscholastic athletics within the jurisdiction of this Association are (as now constituted): Baseball, Basketball (B & G), Cross Country (B & G), Drill (Girls), Football, Golf (B & G), Lacrosse (B & G), Soccer (B & G), Softball (Girls), Swimming (B & G), Tennis (B & G), Track & Field (B & G), Volleyball (Girls), Wrestling (B & G).
- B. **Activities:** The interscholastic activities within the jurisdiction of this Association are (as now constituted): Music, Speech/Debate and Theatre. Such other activities not enumerated above as may be approved by the Board of Trustees.

## 2. Guidelines for UHSAA Membership

- A. New schools applying for UHSAA membership shall meet all requirements outlined below and on the application for membership. The conditions of membership shall be set by the UHSAA Board of Trustees. Application for membership and declaration of conformance to the Constitution and By-Laws of the Association shall be submitted to the Board of Trustees after being signed by the President of the local board or presiding officer of private school governing board making application.
- B. The application for membership **must be filed with the UHSAA by November 1 for acceptance the following school year**. The membership application consists of the following criteria:
  - i. Board of Education/Governing Body must adopt the membership resolution.
  - ii. Schools seeking UHSAA membership shall meet one of the following accreditation requirements:
    - a. Current accreditation by the Northwest Association of Schools and Colleges.
    - b. Current accreditation through other appropriate accreditation agencies, including third party accrediting groups or agencies directly associated with the school's purpose and mission.
    - c. UHSAA/USB E accreditation/validation through the use of guidelines established in *Utah State Board of Education Administrative Rules, 277-410-4. Transfer of Credit* using those guidelines to qualify for UHSAA membership.
    - d. Schools not demonstrating yearly accreditation will be placed on probation that year and will lose membership from the Association if they do not gain acceptable accreditation the following year.
- C. Stable **enrollment figures** required on the membership application must be accurate and current.
- D. **Facilities and equipment** must meet the requirements of each sport or activity rulebook.
- E. An **on-site committee inspection** is required by the Board of Trustees before membership is approved to ensure adequate facilities, seating, dressing rooms, etc.
- F. Participation in activities each year. Those participating in sports should fill the varsity level first and are recommended to field teams for lower level competition (i.e. JV, Soph, Freshman).
- G. 1A and 2A schools accepted for initial membership with the intent of participating in athletics will be designated as "Independent" members prior to approval as full members during the subsequent realignment. During realignment, any Independent can petition for full member status. Approval as a full member requires compliance to UHSAA rules, positive evaluations from UHSAA member schools in regards to facilities, scheduling and readiness to participate as demonstrated while an Independent.

#### H. Schools on Independent Status:

- i. May participate at all levels of play: Varsity, JV, Sophomore, Freshman.
  - ii. May schedule contests with any UHSAA member school whether a full member an Independent.
  - iii. May participate in pre-season, regular season UHSAA sanctioned competitions.
  - iv. Are not post-season eligible. Independents shall not participate in play-ins or state qualifying tournaments/meets for any UHSAA sports (individual or team).
  - v. Will be assigned to a UHSAA Region for administrative purposes but will not have voting rights.
- I. Full member schools who schedule an “Independent” will receive an additional game, at each level scheduled, beyond their contest limitations in that particular sport or possibly two to allow for home and away scheduling within assigned region.

### 3. Three Categories of UHSAA Membership

- A. **Full Members:** schools approved by the BOT as full members and in good standing in the Association, which includes attendance at region meetings. Only full member schools are post-season eligible. A school must field teams in each of the three sport seasons. Anticipated failure to comply with this requirement must be declared by March 1 of the year prior to non-compliance. The member school could seek a waiver. Schools not meeting this membership requirement shall be designated as an “independent” rather than a full member.
- i. To be eligible for post-season competition in girls' team sports, a full-member school must participate in at least one girls' sport activity per sports season.
  - ii. To be eligible for post-season competition in boys' team sports, a full-member school must participate in at least one boy's sport activity per sports season.
- B. **Associate Members:** schools approved for membership to participate in “Activities” only. An Associate member shall have all rights and privileges for voting representation and participation in music, speech/debate, theatre. The dues structure will remain the same.
- C. **Independent Members schools which:**
- i. 1A and 2A schools accepted for membership during an established alignment period with the intent of participating in athletics;
  - ii. schools of any classification that do not meet the qualifications for post-season competition and
  - iii. established member schools who identify themselves as an Independent in a given sport(s). A “UHSAA Memo of Understanding” shall be created for each independent sport(s) and must be approved by the UHSAA Executive Committee.

### 4. Emerging Sports Policy

- A. Purpose
- i. The Emerging Sport Program (the “Program”) was developed with the oversight of the UHSAA Female Equity Committee. The purpose of the Program is to grow meaningful interscholastic athletic participation opportunities for student-athletes, particularly for female student athletes, in sports that have the potential to reach the required number of student participants to be considered for UHSAA-sanctioned, state tournament status.

- ii. The Program will be managed by the Emerging Sports Committee at the UHSAA (the “Committee”). Members of the Committee shall be appointed by the Executive Director of the UHSAA, subject to the approval of the Board of Trustees of the UHSAA (the “Board”). Committee membership and contact information shall be set forth on the UHSAA’s webpage. The Committee oversees the application process for emerging sports, notifying the Board of sports added to or removed from the list of emerging sports and activities and making recommendations to the Board on whether an emerging sport or activity should be sanctioned.
- iii. As set forth in Article VI, the Emerging Sports Program shall apply equally to activities.

#### B. Definitions

- i. Sport: A sport shall: (1) Be defined as an institutional activity involving physical exertion for the purpose of competition against teams or individuals within an interscholastic competition structure; and (2) Operate under standardized rules.
- ii. Activities: For purposes of Article VI, an activity shall: (1) Be defined as an institutional activity involving competition against teams or individuals within an interscholastic competition structure; and (2) Operate under standardized rules.
- iii. Emerging Sport: An emerging sport is an activity that: (1) Meets the definition of a sport; and (2) Is accepted and recognized by the Committee under the guidelines set forth herein as an emerging sport.
- iv. UHSAA Sanctioned Sport: A sanctioned sport activity is (1) a varsity interscholastic sport, (2) for which qualified participants receive the member school’s official varsity awards, (3) under the jurisdiction of the UHSAA that is subject to the UHSAA’s Constitution, By-Laws and Administrative Policies and Guidelines, as amended and updated from time to time, and (4) for which a state championship event is sponsored by the UHSAA.
- v. UHSAA Non-Sanctioned Sport: A non-sanctioned sport is a sport that has been accorded that status by a member school that satisfies the following conditions: (1) It is a sport that has not been accorded varsity status; and (2) It is a sport in which student-athletes compete in interscholastic competition.
- vi. Interscholastic: Interscholastic refers to a game, match, exhibition, scrimmage, competition, or joint practice session with another member school’s sanctioned or non-sanctioned team, regardless of its formality, in which competition in a sport or activity occurs between an athletics team or individual representing a member school and any other team or individual not representing the athletics program of the same member school. In the case of a non-sanctioned sport, interscholastic competition includes competition in a sport between an athletics team or individual representing a member school or schools and any other team or individual not representing the program of the same member schools.
- vii. Member school: A member school is any Utah high school that is a member of the UHSAA.
- viii. Classification and Region: Classification and Region shall mean and refer to the classification and region to which a member school is assigned pursuant to Article 5 of the UHSAA Constitution, as amended from time to time.

#### C. Requirements to be added as an Emerging Sport; Recordkeeping

- i. The Committee shall maintain a list of sports designated as emerging sports. The list shall be published and kept up-to-date on the UHSAA’s website.

- ii. A sport for female student-athletes shall be designated as an emerging sport once a minimum of 10 percent of all member schools have students participating in a specific non-sanctioned sport or activity. Provided, however, that in order to count toward the 10 percent threshold, the number of participants for a member school must be sufficient to field a team able to engage in interscholastic competition.
- iii. A sport for male or coed student-athletes shall be designated as an emerging sport once a minimum of 20 percent of all member schools have students participating in a specific non-sanctioned sport. Provided, however, that in order to count toward the 20 percent threshold, the number of participants for a member school must be sufficient to field a team able to engage in interscholastic competition.
- iv. A sport shall be undesignated as an emerging sport and removed from the emerging sport list should participation by member schools fall below the threshold for one competitive season during one academic year.
  - a) In order for the Committee to maintain accurate records of emerging sports, on or before October 1 of each year, the Committee shall send a questionnaire to each member school asking the member schools to identify student interest and participation in non-sanctioned sports and to provide other information that the Committee determines is relevant and helpful to the management of this Program, which information may include the numbers of participants in non-sanctioned sports.
  - b) An emerging sport's governing body or a UHSAA member may request that the UHSAA provide limited services to the emerging sport by submitting a fully completed Emerging Sport Limited Services Application to the UHSAA. Incomplete Applications shall not be considered, including those applications that are not signed and verified as being truthful and accurate. Limited services shall be provided by the UHSAA to the emerging sport for which a proper application is submitted.
  - c) The limited services that the UHSAA may choose to provide to an emerging sport or activity do not include (1) rules meetings or online rules clinics; (2) assigned rules interpreters; (3) specific sport policy area listed on the UHSAA website or in the UHSAA Handbook; and (4) region or state championship administered by the UHSAA.
  - d) The UHSAA may, in its discretion, cease providing limited services to an emerging sport after 5 years.

#### D. Governance of Emerging Sports

- i. Interscholastic competition for emerging sports shall not be restricted by districts, classifications, or by varsity and sub-varsity designations.
- ii. Emerging sports requesting limited services shall be subject to the following: (1) By-laws Article 1, Section 2 (age rule); (2) By-laws Article 1, Section 3 (sports season rule); (3) By-laws Article 1, Section 4 (years of eligibility); (4) By-laws Article 1, Section 8 (scholastic rule); (5) Use of registered officials, as applicable; and (6) National Federation of State High School Association game rules or game rule codes specified by UHSAA for member school competition, as applicable.
- iii. Contest limitations, individual player limitations, and the applicable season of participation will be determined by agreement of participants. Adherence to By-laws other than those listed in this Section are optional, as determined by the organizing body.

- E. Becoming A Sanctioned Sport
- i. An emerging sport shall be considered for becoming a sanctioned sport upon the following:
    - a) For female-only emerging sports: When it is sponsored as an emerging sport at a minimum of 20 percent of member schools.
    - b) For coed or male-only emerging sports: When it is sponsored as an emerging sport at a minimum of 30 percent of member schools.
  - ii. Upon a sport reaching the threshold set forth in Section V.A., the Committee shall consider an emerging sport for elevation to a sanctioned sport or activity. In this evaluation, the Committee may consider any factor it believes is relevant, including but not limited to the following:
    - a) The impact on Title IX compliance
    - b) The percentage of member schools that facilitate interscholastic competition in the emerging sport.
    - c) Participation in community-sponsored leagues for the sport
    - d) Whether other state high school athletic associations sponsor or sanction competition in the sport
    - e) University, college, and junior college opportunities for participation after high school
    - f) Whether the sport is a lifetime sport or activity, easily accessed in later life, that contributes to public health or fitness
    - g) Whether the NFHS or other recognized governing body publishes rules for interscholastic competition in the sport
    - h) Assistance available for growing the sport from national governing bodies, in-state coaches association, and/or in-state officials associations
    - i) Significant obstacles to growing the sport, such as lack of facilities, expensive equipment, risk of injury, lack of experienced coaches and officials
    - j) The opportunity for student-athletes to participate equally from all socio-economic backgrounds
    - k) Whether sanctioning the sport will divert participants from and weaken an existing sanctioned or emerging sport
    - l) Whether there is significant competition for student-athletes to participate in this sport outside of school
    - m) The length of time the sport has been an emerging sport
    - n) The burden on member schools, districts and on the UHSAA of sanctioning the emerging sport
    - o) Utah Division of Risk Management concerns and input
  - iii. The Committee shall make a recommendation to the Board of Trustees as to whether or not an emerging sport or activity should be sanctioned in the November BOT meeting of the academic year following the academic year in which the emerging sport or activity met the threshold requirements set forth in Section C. The Board shall make the final determination on sanctioning in the following March BOT meeting.
  - iv. Should the Board of Trustees sanction a sport, interscholastic competition as a sanctioned sport shall begin by the second academic year following the academic year during which the Board approved sanctioning. By way of example, if an emerging sport met the



qualification thresholds during the academic year 2019-2020, the Committee would provide its recommendation to the Board in the November 2020 BOT meeting, and the Board would make a final decision in the March 2021 BOT meeting. If the Board approved sanctioning the sport, sanctioned competition would begin no later than the 2022-2023 academic year.

- v. An interested party may request reconsideration of a Board decision only if new information is presented that was not reasonably available to the Board at the time of the original decision. Reconsideration may be requested by emailing or mailing a letter to the Committee within 30 calendar days from the date of the Board decision. An explanation must be submitted to clarify the reasons the new information was not originally available. Any additional or repetitive information that was originally available to the Committee and to the Board may not be submitted for reconsideration. The chair of the Committee shall determine if the new information standard is met for all reconsideration submissions. If the reconsideration standard is met, the Committee will reconsider the new information within 30 days of the reconsideration submission and shall promptly provide its recommendation to the Board. The Board shall consider the Committee's recommendation and render a final decision on sanctioning at its next regularly scheduled meeting.

#### F. Activities

- i. The foregoing policies and procedures for the Emerging Sports Program shall apply equally to activities and all the requirements for and benefits to sports under the Emerging Sports Program shall apply to and be available to activities.

## 5. Sportsmanship Policy

- A. INTRODUCTION - The effective Utah secondary school should support both an academic program and an activities program. These programs should do more than merely coexist, they should be integrated and support each other in "different" arenas. The concept of "sportsmanship" should be taught, modeled, expected and reinforced in the classroom and in all competitive activities.
- B. PHILOSOPHY - Activities are an important aspect of the total education process in Utah schools. They provide an arena for participants to grow, to excel, to understand and to value the concepts of SPORTSMANSHIP and teamwork. They are an opportunity for coaches and school staff to teach and model SPORTSMANSHIP, to build school pride and to increase student/community involvement. This ultimately translates into improved academic performance. Activities are also an opportunity for the community to demonstrate its support for the participants and the school, and to model the concepts of SPORTSMANSHIP for our youth as respected representatives of society. **Sportsmanship is good citizenship in action!**
- C. GENERAL SPORTSMANSHIP GUIDELINES  
The Sportsmanship Page at [uhsaa.org](http://uhsaa.org) provides resources for schools and information on the UHSAA statewide sportsmanship program, "Raise the Bar." The UHSAA Sportsmanship Handbook, posted online, discusses required behavior. The Handbook alerts administrators, coaches, players, fans, and spectators that the UHSAA can and will take action against those who fail to meet the standards listed therein. All individuals associated with UHSAA activities shall read the Sportsmanship Handbook. Required responsibilities include the following:

- i. Be courteous to all (participants, coaches, officials, staff, fans, and spectators)
- ii. Know the rules. Abide by and respect officials' decisions.
- iii. Win with character and lose with dignity.
- iv. Display appreciation for good performance regardless of the team.
- v. Exercise self-control and reflect positively upon yourself, the team, and the school.
- vi. Do not criticize officials or openly question the integrity of an official, especially in media outlets. If said action is shown to have taken place, the UHSAA reserves the right to fine, suspend and/or sanction parties who are involved in the violations. For the purpose of this rule, the use of social media is considered to be a media outlet.
- vii. Permit only positive sportsmanlike behavior to reflect on your school or its activities.

#### D. GENERAL STATEMENT OF POLICY

- i. The Utah High School Activities Association believes that all individuals should be treated with respect and dignity. Students should be able to participate in UHSAA-sponsored activities in an environment that is free from racial slurs, racial harassment, and racial discrimination. Furthermore, the UHSAA disapproves of any form of taunting which is intended to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender, sexual orientation, creed, or national origin. It shall be a violation of this policy for a participant in UHSAA activities to engage in racial harassment, racial violence, or taunting. For the purpose of this policy, the UHSAA considers participants to include student-athletes, coaches, parents, and fans.

#### E. DEFINITIONS

- i. Racial Harassment: Racial Harassment consists of conduct relating to an individual's race when the conduct:
  - 1. Has the purpose or effect of creating an intimidating, hostile, or offensive environment
  - 2. Has the purpose or effect of emotionally or unreasonably interfering with an individual's performance
- ii. Racial Violence: Racial violence is a physical act of aggression or assault upon another because of, or in a manner reasonable related to race.
- iii. Taunting: Taunting includes any actions or comments by coaches, players or spectators which are intended to bait, anger, embarrass, ridicule or demean others.

#### F. ADMINISTRATORS' RESPONSIBILITIES

- i. While each participant in UHSAA activities is responsible for playing a role in creating a safe, educational experience, the UHSAA believes as a matter of policy that school principals and administrators are ultimately responsible for the conduct of groups associated with their school community during the regular season and postseason. It shall be the responsibility of each member school principal to exercise control over all individuals to the extent necessary to ensure safety and fair play for all participation and adherence with these standards.

#### G. POLICIES REGARDING PLAYERS, COACHES, FANS, and SPECTATORS

The UHSAA policies regarding players, coaches, fans, and spectators can be found at

<https://www.uhsaa.org/sportsmanshipolicies.pdf> **PLAYERS MAY NOT APPEAL AN EJECTION.**

- i. A player who is restricted or ejected shall remain in the bench area with the team. A coach who is ejected shall leave the vicinity (out of sight and out of sound) of the playing or contest area immediately and is prohibited from any further contact (direct or indirect)

- with the team for the remainder of the game or contest. When serving an ejection penalty, a coach is prohibited from attending any games at any level (out-of-site, out-of-sound).
- ii. The UHSAA Executive staff is empowered to enact suspension penalties for flagrant or violent acts whether detected or not by officials.
  - iii. A one-game suspension may be enacted against any coach or player who approaches an official at the conclusion of a game in an unsportsmanlike manner. A thirty-minute cooling off period is in place after a contest where coaches and players are banned from approaching officials. This includes dressing room areas, parking lots or any other area where game officials are located. The report will be made by the official to the UHSAA and the ejection notice will be forwarded to the coach through the principal.
  - iv. The head coach may leave the confines of the bench or box when a fight breaks out or has broken out. Additional coaching staff may assist ONLY if NFHS rules allow. Bench personnel not authorized to leave the confines of the bench or box during a fight are disqualified from the game and shall leave the vicinity of the playing or contest area immediately. Any player who leaves the bench area during a fight, or who participates in a fight during the season or tournament play, will be ejected from that game and shall remain in the bench area with the team. The penalty for such an ejection is stated above.
  - v. Schools are not allowed to schedule games or contests to avoid the ejection policy penalty.
  - vi. Sportsmanship conduct rules apply to all competitions (i.e. preseason, region and post-season play).

#### H. COACH EJECTION APPEAL PROCESS

Following is the process for handling an appeal from a **coach** who has been ejected in a contest (**players may not appeal**). No appeals will be allowed if the appeal occurs on Friday with a subsequent Saturday game or with multiple games in a tournament other than the state tournament. If such appeal cannot be arranged, the ejection stands. Upon fulfilling all the following guidelines, an appeal may be granted or denied.

##### Pre-Appeal Procedures:

- i. To initiate the process, the ejected coach's administrator must request, in writing, that an appeal take place.
- ii. The principal of the affected school must post an appeal fee of \$250.00. Depending on the appeal site, at least two of the jurists involved will travel (the ADAC member from the respective Region of the Executive Committee member, and the Officials Association representative) and their expenses will come from the appeal fee. This fee will also serve as a fine to the ejected party. Each panelist will receive a minimum \$25 fee and an additional current mileage rate for expenses. This fee is automatic. If the appeal is successful, the coach/school will be refunded the remaining funds. If the appeal is unsuccessful, the remaining funds belong to the appealing school's region.
- iii. The appeal should take place as soon as possible after the ejection occurs to ensure the coach a fair opportunity to be available for the next scheduled game. To accommodate this there are 20 different appeal sites throughout the state located in proximity to member schools. If there is not enough time to convene the hearing's panel, the ejection will stand.

## 6. Compliance

The UHSAA complies with the following: The Open and Public Meetings Act, The Government Records Access and Management Act, The Utah Public Officers' and Employees' Ethics Act, The Family Educational Rights and Privacy Act, and the Student Data Protection Act.

## 7. FERPA

- A. The term “educational entity” as used herein, includes the private corporation the Utah High School Activities Association (UHSAA), for convenience and in conjunction with [R277-487-3](#).
- B. The Family Educational Rights and Privacy Act (FERPA) is a federal law that affords parents the right to have access to their children's education records, the right to seek to have the records amended, and the right to have some control over the disclosure of personally identifiable information from the education records. When a student turns 18 years old, or enters a postsecondary institution at any age, the rights under FERPA transfer from the parents to the student ("eligible student"). The FERPA statute is found at [20 U.S.C. § 1232g](#) and the FERPA regulations are found at [34 CFR Part 99](#).
- C. FERPA permits the disclosure of personal information from students' education records, without consent of the parent or eligible student, if the disclosure meets certain conditions found in [§99.31](#) of the FERPA regulations. Except for disclosures to school officials, disclosures related to some judicial orders or lawfully issued subpoenas, disclosures of directory information, and disclosures to the parent or eligible student, [§99.32](#) of the FERPA regulations requires the school, or educational entity to record the disclosure. Parents and eligible students have a right to inspect and review the record of disclosures. A school, or educational entity may disclose personal information from the education records of a student without obtaining prior written consent of the parents or the eligible student –
- i. To other school officials, including teachers, coach(es), within the educational entity or institution whom the school, or educational entity has determined to have legitimate educational interests. This includes contractors, consultants, volunteers, or other parties to whom the school, or educational entity has outsourced institutional services or functions, provided that the conditions listed in [§99.31\(a\)\(1\)\(i\)\(B\)\(1\) - \(a\)\(1\)\(i\)\(B\)\(2\)](#) are met. ([§99.31\(a\)\(1\)](#))
  - ii. To officials of another school, school system, or institution of postsecondary education where the student seeks or intends to enroll, or where the student is already enrolled if the disclosure is for purposes related to the student's enrollment or transfer, subject to the requirements of [§99.34](#). ([§99.31\(a\)\(2\)](#))
  - iii. To comply with a judicial order or lawfully issued subpoena. ([§99.31\(a\)\(9\)](#))
  - iv. To appropriate officials in connection with a health or safety emergency, subject to [§99.36](#). ([§99.31\(a\)\(10\)](#))
  - v. Information the school, district, or educational entity has designated as “directory information” under [§99.37](#). ([§99.31\(a\)\(11\)](#))
- D. The Family Educational Rights and Privacy Act (FERPA), a Federal law, requires that schools, district, and educational entities with certain exceptions, obtain parental written consent prior to the disclosure of personally identifiable information from your child's education records. However, may disclose appropriately designated “directory information” without written consent, unless you have advised the educational entity to the contrary in accordance with (FERPA) procedures. The primary

purpose of directory information is to allow the educational entity to include this type of information from your child's education records in certain educational entity publications. Examples include: showing your student's role in a speech or theatre production at a state competition; the annual yearbook and/or record book; honor roll or other recognition lists including but not limited to academic all-state annual awards; and sports activity sheets, and/or state programs, such as, but not limited to wrestling, volleyball, boys' and girls' basketball, baseball, softball and football showing weight and height of team members.

#### E. Education Records Defined

- i. For the purposes of this policy, the term "education records" means those records, files, documents, and other materials that contain information directly related to a student and are maintained by an education agency or institution or by a person acting for such agency or institution.
  1. The term "education records" does not include:
    - a. Records that contain only information about a student after he or she is no longer a student in the schools, educational agency, or institution.
    - b. Records made by schools, educational agency, or district personnel that are kept in the sole possession of the maker and are not accessible or revealed to anyone other than a temporary substitute for the maker of the record.
    - c. Records maintained by a law enforcement unit of the educational agency or institution that were created by that law enforcement unit for the purpose of law enforcement.
    - d. Records relating to an individual who is employed by an educational agency or institution, that:
      - i. Are made and maintained in the normal course of business;
      - ii. Relate exclusively to the individual in that individual's capacity as an employee; and
      - iii. Are not available for use for any other purpose.
    - e. Records relating to an individual in attendance at the school who is employed as a result of his or her status as a student are education records and not excepted under paragraph (4).
  2. Records on a student who is eighteen (18) years of age or older that are:
    - a. Made or maintained by a physician, psychiatrist, psychologist, or other recognized professional or paraprofessional acting in his or her professional capacity or assisting in a paraprofessional capacity;
    - b. Made, maintained, or used only in connection with treatment of the student; and
    - c. Disclosed only to individuals providing the treatment.
      - i. For the purpose of this definition, "treatment" means any action, or prescribed action by licensed health care providers are part of the program of instruction at the agency or institution.

#### F. Notification In Case of Breach

- i. If there is a release of a student's personally identifiable student data due to a security breach, the District, or educational agency shall notify:
  3. The student, if the student is an adult student; or

4. The student's parent or legal guardian, if the student is not an adult student.
- G. Sharing Student Data
- i. Beginning with the 2017-18 school year, the educational agency may not share a student's personally identifiable student data except in conformance with the requirements of this policy and with the Family Educational Rights and Privacy Act ("FERPA") and related provisions under [20 U.S.C. §§ 1232\(g\)](#) and [1232\(h\)](#).
- H. Student Data Collection by the UHSAA
- i. Student data is collected by the UHSAA for the purpose of student/parent generated requests for transfers, and academic all-state nominations. Student transfers are generated at the parent, student, and/or school levels. Transfers are a process for students to change educational environments for specific and outlined reasons. Student data received by the UHSAA from parents, students, and/or schools assist in the transfer process. Information collected is as follows:
    5. The sending and receiving schools upload student information as needed;
    6. Parent/student names;
    7. Student date of birth, with appropriate grade level;
    8. Current and previous addresses; with
    9. Proof of residency by providing two documents showing current addresses;
    10. Documentation of the criteria for transfer request; and
    11. Student transcript for eligibility.
- I. Parents Opting Out
- i. Parents can opt-out of the transfer process using "RegisterMyAthlete" (RMA) by doing the following:
    12. Not marking the box that says: I agree to the terms and conditions set forth by RMA;
    13. Initiate a transfer through the sending/receiving school; or
    14. Deliver all the required documentation and information in person to the UHSAA, using certified USPS, and/or electronically through personal email to [submit@uhsaa.org](mailto:submit@uhsaa.org).
- J. Third Party Contractors
- i. The educational entity may provide a third-party contractor which may include, but not limited to "RegisterMyAthlete" with personally identifiable student data received under a contract with the educational entity strictly for the purpose of providing the contracted product or service.
  - ii. When contracting with a third-party contractor, the educational entity shall require the following provisions in the contract:
    15. Requirements and restrictions related to the collection, use, storage, or sharing of student data by the third-party contractor that are necessary for the educational entity to ensure compliance with the provisions of the Student Data Protection Act and State Board of Education rules;
    16. A description of a person, or type of person, including an affiliate of the third-party contractor, with whom the third-party contractor may share student data;
    17. Provisions that govern requests by the educational entity for the deletion of the student data received by the third-party contractor from the educational entity;

18. Except as provided in this policy and if required by the educational entity, provisions that prohibit the secondary use of personally identifiable student data by the third-party contractor; and
19. An agreement by the third-party contractor that, at the request of the educational entity, the educational entity or its designee may audit the third-party contractor to verify compliance with the contract.

\* A third-party contractor's use of personally identifiable student data shall be in accordance with [Utah Code §§ 53A-1-1410](#) and [53A-1-1411](#).

[Utah Code § 53A-1-1410 \(2016\)](#) [Utah Code § 53A-1-1411 \(2016\)](#), R277-487-3

## 8. Hearings Procedures

- A. Pursuant to the authority granted by the constitution and by-laws of the Utah High School Activities Association a hearing panel is convened to take evidence and make a determination of the eligibility of (name of student) for participation in activities under the jurisdiction of the Association. All interested parties have the right to attend, be represented by counsel, call and examine witness, and offer evidence. This is an open meeting. If there is evidence a party wishes not to be presented in an open hearing, that party should immediately inform the Association staff. Counsel represents the panel and may assist it in the conduct of the hearing. Counsel and the panel may examine and cross-examine witnesses. The presentation of the parties is limited to fifteen (15) minutes. The panel may also permit rebuttal evidence following the initial presentations, if the panel deems it useful. The technical rules of evidence will not apply. The panel may exclude any evidence which it determines to be irrelevant, immaterial or unduly repetitious. The examination of witnesses shall be orderly.
- B. The following questions will be asked during the hearing:
  - i. Is there any reason any party cannot fairly proceed at this time?
  - ii. Participation in the hearing will be considered a waiver of any objection not otherwise raised.
  - iii. Does anyone have an objection?
  - iv. Is there any reason the hearing cannot conclude at this time?
- C. At the conclusion of the hearing, the record is closed and the panel takes the matter under advisement and renders a decision.

## 9. Filming

The UHSAA does not have policy restricting filming of games. It was determined by the Executive Committee that filming at state tournament games would be allowed, including the filming of future opponents. Individual regions, schools, or coaches' associations may establish policies on filming. Responsibility for enforcement would be the responsibility of the group(s) which established the guidelines. Film or videotape may not be used for any commercial purposes other than customary news reporting without prior permission from the school involved. If the event is a post season contest, permission must be obtained from the UHSAA.

## 10. Suspended Game Procedures

A. DEFINITION: A suspended game/contest is a contest where the game/contest is stopped because of weather, mechanical or facility problems and is not considered a complete game per NFHS rules or UHSAA policy for that sport.

B. PROCEDURE: The point of suspension will be marked in the scorebook for future reference. A tentative date for resumption of play will be decided at that time and the officials will be notified. The same officials should complete the game if possible. If there is more than one suspension, they will be made up in the same order as they were suspended (a Tuesday suspension will be made up before a Wednesday suspension in the same week). All games/contests will continue from the point of suspension until the game is completed.

C. METHOD OF PAYMENT FOR OFFICIALS: Should a contest be stopped because of conditions beyond the control of the officials (weather, power outage, etc.) before the contest is started and after the officials arrive at the site or before the contest is one-half completed, the officials will be paid 1/2 a game fee plus mileage. Should the contest be more than one-half completed, the officials will receive the standard amount paid for a completed game. In the event **less than half the game** was played, every effort will be made by the arbiters to assign the same officials to the game; however, if that cannot occur, the new officials should be paid a full-game fee plus mileage to complete the game. If the same officials return to finish the game, they should be paid 1/2 game fee plus mileage. **If more than half the game** has been played and different officials come to the game, they should be paid 1/2 game fee plus mileage. If the same officials come to finish the game, they should only be paid mileage as they received a full-game fee when the game was suspended.

## 11. Practice at State Tournament Sites

No practice, contest or game is allowed at the site of the state drill team, football, basketball, baseball, lacrosse, softball, soccer, swimming and diving, volleyball, track or cross country meets within two (2) weeks of the state competition, except if that site is the HOME site of a particular school, then they may play and/or practice according to their usual home schedule. In the case of cross country, no region meets may be held at the state site, and Highland High School may use the course only for home meets on a course altered from what the state meet will be. Tennis and golf may practice at the state site.

## 12. 50% Rule

Before the Association may hold the first separate competition for a UHSAA sponsored activity, fifty percent (50%) of the schools in classifications 2A and higher, and forty percent (40%) of the schools in 1A must have participated in that activity in the preceding year. If the statewide competitions are held at a common site and at the same time, the UHSAA may, in its discretion, hold a corresponding statewide competition for sponsored activities without regard to this rule. Once the percentage threshold of this rule has been met and a separate statewide competition has been conducted, the UHSAA, in its discretion, may continue to hold such statewide competitions even in the event that the percentage of participating schools falls below the state threshold.

## 13. Access to Facilities

Every consideration should be given to all visiting teams regarding facilities for videotaping, radio broadcasts, dressing areas, coaching, etc.



#### 14. **Field and Court Markings**

Playing fields and courts must be properly marked following the National Federation rule book specifications. If game officials determine that a field is marked improperly, a school could forfeit a game played under protest where not otherwise specified by rule.

#### 15. **Drugs, Alcohol and Tobacco Advertising**

Advertising imprinted with logos, slogans, pictures or writing which condones, promotes or encourages student use of tobacco, alcohol or drug products may not be used in connection with any UHSAA sponsored activity.

#### 16. **State Tournament Advertising/Awards/Protocol**

- A. Selling advertisement or distribution of materials at state tournament events can only be done through sponsorship of the UHSAA.
- B. Awards other than those made by the UHSAA will not be allowed without prior approval. This includes extra team trophies, all-state teams, outstanding coach, etc.
- C. No hats or head coverings may be worn during awards ceremony at State Championships.

#### 17. **Banners and Signs**

There are to be no banners or signs of any kind, except those of corporate sponsors or signs of welcome, displayed at any state meet or tournament.

#### 18. **Cheerleaders**

Cheerleaders and song leader groups are recognized as performing groups at high school activities and will be subject to regulations and safety guidelines as outlined for state tournaments or meets.

#### 19. **Duplicate Trophies**

In activities where a tie breaker can be established, team ties will be broken. In activities where team titles end in ties, duplicate trophies will be awarded for second place ties. First place ties will be given duplicate trophies but no second place trophy will be awarded.

#### 20. **Academic All-State**

- A. For up to two weeks after the initial posting of the Academic All-State list, member schools can submit students who weren't submitted on time to the deadline and those students will be added to the Academic All-State list. Member schools who have late submissions will be put on a list and they will be read at a following meeting of the UHSAA Executive Committee.
- B. The Executive Committee Chair and Association Executive Director/Staff will send a letter to violating member schools. A violation is defined as having a student or students who were not submitted by the initial application deadline for a given block of activity seasons. The four blocks are: Fall Sports, Winter Sports, Fine Arts (Forensics/Theatre/Music) and Spring Sports.
- C. On second violations within an academic year, the Executive Committee will fine member schools.
- D. On subsequent violations in an academic year, the fine will escalate, subject to action by the Executive Committee.

## 21. **Blood Pathogens & Communicable Disease Precautions**

A player or coach who is bleeding, who has an open wound or who has blood on his/her uniform shall be prohibited from participating further in the game until appropriate treatment has been administered. If medical care or treatment can be administered in a reasonable amount of time, the individual will not have to leave the game. The length of time that is considered reasonable is up to the judgment of the referee/umpire.

## 22. **Lost or Stolen Articles**

The UHSAA is not responsible for lost or stolen articles. Teams and spectators must secure their own valuables.

## 23. **150 Mile Contest Approval Procedure**

All practices and contests over 150 miles one way in any sport must be approved by the local board of education. The approval form must be completed and kept on file at the school and/or district office.

## 24. **Catastrophic Insurance Procedures**

Each year the UHSAA secures a contract with an insurance company to provide catastrophic insurance for participating students. All students participating in UHSAA sanctioned activities are covered. Below are some key points to remember about catastrophic insurance:

- A. The policy is catastrophic in nature, which means that it covers those accidents which are extreme, e.g. coma, paralysis, dismemberment and death.
- B. The catastrophic insurance medical policy is subject to a \$75,000 deductible and pays on a secondary basis, meaning that it will pay only the portion of expenses that are not paid by other insurance coverage (family medical plan, etc.).
- C. The catastrophic insurance also has a cash benefit portion. A copy of the contract is available for review if needed.
- D. The policy covers eligible insureds while participating in school sponsored and directly supervised games and official practice sessions of all Utah High School Activities Association (UHSAA) sanctioned interscholastic sports and activities including but not limited to band, cheerleaders, majorettes and non-athletic activities including speech, music, theatre and debate. Coverage includes sport specific out-of-season practices, camps, clinics, games and non-athletic activities as allowed by the Utah High School Activities Association (UHSAA) rules and conducted under the direction of the assigned coaches of the member schools and sponsored by those schools and covered travel\*.

*\*Covered travel means team or individual travel, for purposes of representing the Participating School or Sponsoring Organization, that is to or from the location of a Cover Events and is authorized by the Insured Person's Participating School or Sponsoring Organization, provided the travel is paid for or subject to reimbursement by the Participating School or Sponsoring Organization. Covered Travel to a Covered Event will commence upon embarkation from an authorized departure point and terminate upon arrival at the location of the Covered Event. Covered Travel from a Covered Event will commence upon departing from the location of the Covered Event and terminate upon return to the authorized place from which such Covered Travel to the Covered Event began.*

- E. This coverage does not include events or sessions in the prescribed moratoriums of the Utah High School Activities Association (UHSAA). The moratoriums comprise approximately five to six weeks of the calendar year.
- F. Claims must be reported within 30 days of the occurring incident. All injury accidents should be reported immediately to the UHSAA office on a form provided on the UHSAA website. CLAIMS FILED MUST INCLUDE THE PRINCIPAL'S SIGNATURE.
- G. Most districts require individual students to show proof of medical insurance before they are allowed to participate. The UHSAA strongly endorses this type of district policy.

## 25. Due Dates

- A. There will be a \$100.00 fine to the region or school responsible for not meeting the region entry deadline due dates for all activities.
- B. There will be a \$100.00 fine to the school for not meeting the game entry deadline in <http://www.arbitersports.com> for each sport.

## 25. Post-Season Ticketing Procedures

- A. Financial reimbursement policies for hosting UHSAA state contests, where UHSAA tickets are sold.  
Maximum allowed costs for hosts:

	<u>Football</u>	<u>G. Basketball</u>	<u>B. Basketball</u>
1A	\$600	\$275	\$350
2A	\$700	\$275	\$350
3A	\$800	\$300	\$400
4A	\$900	\$300	\$400
5A	\$1100	\$325	\$450
6A	\$1200	\$325	\$450

- i. Schools are encouraged to stay under these caps. These are not guaranteed maximum amounts. Claims must itemize expenses.
  - ii. Officials' fees and travel costs were not included in the above costs. These will be paid by the UHSAA.
  - iii. A host school may request a variance in advance of the contest.
- B. Policy for post-season games not ticketed by the UHSAA:
  - C. Administrators from the schools participating should settle, **in advance**, issues of financing regarding hosting costs, officials fees and travel costs.
  - D. The host school should receive absolute hosting costs first, then the schools shall divide the remaining gate receipts. If there is insufficient revenue from gate to pay initial hosting costs, the host school must bear those costs in addition to the officials' fees. In this instance, the traveling school(s) would also assume all of their own costs.
  - E. If regions are to be considered in the dispersing of profits, it should be clear that hosting costs, officials' fees and travel costs be allotted before dividing any further revenue.

## 26. Financial Claims

All financial claims should be submitted within 45 days following an Association activity. Claims received after the 45-day period will be discounted 25%. No claims will be paid after June 20th. With the exception of team sports, participants' names must be listed on the back of the claim form.

## 27. Pre-sale Tickets

- A. Member high school administrators may order pre-sale tickets for any state tournament game(s) and receive a \$.50 cent rebate for each ticket sold.
- B. Except for competing teams or individuals with UHSAA athletic passes, everyone must have a ticket for admission to state contests where admission is charged, including cheerleaders, drill teams, mascots, bus drivers, photographers, etc.

## 28. UHSAA Passes

- A. UHSAA athletic passes shall be accepted for admittance at **all** sanctioned events within the state. This includes all pre-season contests, region competitions, dual/tri meets, invitationals, endowment games, All-Star contests, etc.
- B. The Executive Committee has authorized purchase of an athletic pass for either:
  - i. current UHSAA sanctioned sports certified officials or
  - ii. sports officials who have retired with fifteen years of service as a UHSAA sanctioned sports certified official.

## 29. Silver Pass

- A. Those who have been active high school theatre, debate, music, or cheer coaches/advisors, athletic coaches, athletic directors or high school administrators in Utah for **twenty (20) or more years** are eligible to receive an Association Athletic Pass upon the recommendation of the Principal or Superintendent of the last high school where they worked.
- B. Those who have been a district superintendent in Utah for **ten (10) or more years, and who are not currently serving as a district superintendent,** are eligible to receive an Association Athletic Pass upon approval of the UHSAA.
- C. The Board of Trustees has authorized purchase of an athletic pass for high school theatre, debate, music, or cheer coaches/advisors, athletic coaches, athletic directors or high school administrators who have served in Utah in their positions for fifteen years, but do not meet the criteria for a Silver Honorary Pass.

## 30. UHSAA State Event Prices

State ticket prices are posted on the UHSAA website at [uhsaa.org](http://uhsaa.org) under the "Sports & Activities" tab or you can click on the following link: <http://uhsaa.org/ticketprices.pdf>

## 31. Annual Rules Clinics for Coaches and Officials

On an annual basis, all HEAD COACHES and OFFICIALS are required to attend a UHSAA Live Rules Clinic or complete a UHSAA Online Clinic and quiz for their designated sport. If you attend a live clinic you are required to sign the roll to receive credit, and if you complete the online clinic you are required to submit a quiz for credit. Schools will be fined \$50 if the head coach fails to attend an annual live UHSAA Rules Clinic

or successfully complete the annual UHSAA Online Rules Clinic and quiz for their designated sport by the established deadline.

### 32. Heat Acclimatization

Before participating in the preseason practice period, all student-athletes should undergo a pre-participation medical examination administered by a qualified medical professional. The examination can identify predisposing factors related to a number of safety concerns, including the identification of youths at particular risk for exertional heat illness.

The heat-acclimatization period is defined as the initial 14 consecutive days of preseason practice for all student athletes. The goal of the acclimatization period is to enhance exercise heat tolerance and the ability to exercise safely and effectively in warm to hot conditions. This period should begin on the first day of practice or conditioning before the regular season. Any practices or conditioning conducted before this time should not be considered part of the heat-acclimatization period.

Regardless of the conditioning program and conditioning status leading up to the first formal practice, all student athletes (including those who arrive at preseason practice after the first day of practice) should follow the 14-day heat-acclimatization plan. During the preseason heat acclimatization period, if practice occurs on 6 consecutive days, student-athletes should have 1 day of complete rest (no conditioning, walk-throughs, practices, etc).

Days on which athletes do not practice due to a scheduled rest day, injury, or illness do not count toward the heat-acclimatization period. For example, an athlete who sits out the third and fourth days of practice during this time (e.g., Wednesday and Thursday) will resume practice as if on day 3 of the heat-acclimatization period when returning to play on Friday.

#### **Definitions**

A ***practice*** is defined as the period of time a participant engages in a coach-supervised, school approved, sport or coaching related physical activity. Each individual practice should last no more than three (3) hours. Warm-up, stretching, and cool down activities are part of the 3-hour practice time. Regardless of ambient temperature conditions, all conditioning and weight-room activities should be considered part of practice.

A ***walk-through*** is defined as a teaching opportunity with the athletes not wearing protective equipment (e.g., helmets, shoulder pads, catcher's gear, shin guards) or using other sport-related equipment (e.g., footballs, blocking sleds, pitching machines, soccer balls, marker cones). The walk-through is not part of the 3-hour practice period, can last no more than 1 hour per day, and does not include conditioning or weight-room activities.

A ***recovery period*** is defined as the time between the end of 1 practice or walk-through and the beginning of the next practice or walk-through. During this time, athletes should rest in a cool environment, with no sport or conditioning related activity permitted (e.g., speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permissible.

#### **Requirements**

- A. Days 1 through 5 of the heat-acclimatization period consist of the first 5 days of formal practice. During this time, athletes may not participate in more than one (1) practice per day.
- B. If a practice is interrupted by inclement weather or heat restrictions, the practice should recommence once conditions are deemed safe. Total practice time should not exceed 3 hours in any one (1) day.
- C. A 1-hour maximum walk-through is permitted during days 1–5 of the heat-acclimatization period; however, a 3-hour recovery period should be inserted between the practice and walk-through (or vice versa).
- D. During days 1–2 of the heat-acclimatization period, in sports requiring helmets or shoulder pads, a helmet is to be the only protective equipment permitted. During days 3–5, helmets and shoulder

pads are permitted. Beginning on day 6, all protective equipment may be worn and full contact may begin.

- i. On days 3–5, contact with blocking sleds and tackling dummies may be initiated.
  - ii. Full-contact sports: 100% live contact drills should begin no earlier than day 6.
- E. A minimum of 1 rest day shall occur following 6 consecutive practice days.
  - F. Beginning no earlier than day 6 and continuing through day 14, double-practice days must be followed by a single-practice day. On single-practice days, 1 walk-through is permitted, separated from the practice by at least 3 hours of continuous rest. When a double-practice day is followed by a rest day, another double-practice day is permitted after the rest day.
  - G. On a double-practice day, neither practice shall exceed 3 hours in duration, nor shall student-athletes participate in more than 5 total hours of practice. Warm-up, stretching, cool-down, walk through, conditioning, and weight-room activities are included as part of the practice time. The two practices should be separated by at least 3 continuous hours in a cool environment.

Because the risk of exertional heat illnesses during the preseason heat-acclimatization period is high, it is strongly recommended that an athletic trainer be on site before, during, and after all practices.

### 33. **Lightning**

At all UHSAA sanctioned events that are held in outdoor venues the host school shall designate an individual to monitor weather. This individual shall meet with the head official for the event prior to the contest. At that meeting the following will be discussed:

- A. The *Guidelines on Handling Contests During Lightning Disturbances* which appears in all NFHS Rules Books.
- B. Responsibilities of the individual charged with monitoring the weather and those of the head official relative to possible weather disturbances.
- C. Contingencies regarding possible suspensions of play due to lightning.

The head official in consultation with the individual assigned to monitor weather will affect any suspension due to lightning.

### 34. **UHSAA State Tournament Event Guidelines**

Those attending or participating in UHSAA State Events shall adhere to the “UHSAA State Event Guidelines” outlined in the chart on the following page.

## UHSAA STATE EVENT GUIDELINES

In the chart below, **ONLY** those items marked “Yes” will be allowed as support items at UHSAA state tournaments and meets. It is recommended that schools follow these same regulations during regular season and region tournament play. Sportsmanlike vocal cheering and support from team bench area are encouraged. One school flag, designated and controlled by school administration, will be allowed at State. At indoor venues the school flag must remain stationary; at outdoor venues it may be mobile if it does not disrupt spectators and remains on the sidelines nearest the school’s section.

### LEGEND:

<b>BB</b> -Baseball	<b>DR</b> -Drill Team	<b>LAX</b> -Lacrosse	<b>SW</b> -Swimming	<b>VB</b> -Volleyball
<b>BSK</b> -Basketball	<b>FB</b> -Football	<b>SC</b> -Soccer	<b>TE</b> -Tennis	<b>WR</b> -Wrestling
<b>CC</b> -Cross Country	<b>GO</b> -Golf	<b>SB</b> -Softball	<b>TR</b> -Track & Field	

	BB	BSK	CC	DR	FB	GO	LAX	SC	SB	SW	TE	TR	VB	WR
Practice or competition at state site 2 weeks prior	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	YES	NO	NO	YES
Balloons	YES	NO	YES	NO	YES	YES	YES	YES	YES	NO	YES	YES	NO	NO
Poms	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	YES	YES	NO	NO
Megaphones (non-electronic)	YES	NO	YES	NO	YES	NO	YES	YES	YES	NO	NO	YES	NO	NO
School bands (including drums)	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Shirts on fans; spectator faces must be identifiable	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Recorded music over PA system by approval only	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Rally towels	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Artificial noise makers (shakers, clickers, bells, cow bells, buzzers, thunder sticks, drums)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Air horns, sirens, electronic bull horns, horns, vuvuzelas	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Banners on wall except welcome or corporate sponsor	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Handheld signs of any kind	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cannons/muskets, whistles	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Drones	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Confetti/shredded paper	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Banners for teams to run Through	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Laser light/pointer	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Miniature sports balls thrown into crowd	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO

## NFHS Guidelines on Handling Contests During Lightning Disturbances

The purpose of these guidelines is to provide a default policy to those responsible for making decisions concerning the suspension and restarting of contests based on the presence of lightning. The preferred sources from which to request such a policy for your facility would include your state high school association and the nearest office of the National Weather Service.

### **Proactive Planning**

1. Assign staff to monitor local weather conditions before and during events.
2. Develop an evacuation plan, including identification of appropriate nearby shelters.
3. Develop criteria for suspension and resumption of play:
  - a. When thunder is heard, or a cloud-to-ground lightning bolt is seen the thunderstorm is close enough to strike your location with lightning. **SUSPEND PLAY AND TAKE SHELTER IMMEDIATELY.**
  - b. **THIRTY-MINUTE RULE.** Once play has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed to resuming play.
  - c. Any subsequent thunder or lightning after the beginning of the 30-minute count, reset the clock and another 30-minute count should begin.
4. Hold periodic reviews for appropriate personnel.

### **The UHSAA advocates the following on lightning safety for outdoor activities:**

The vast majority of lightning casualties can be easily prevented through simple easy to follow safety guidelines. The keys to lightning safety are education and preparedness. Preparedness must begin long before the athletic event. Following are some safety considerations:

1. **Plan ahead.** Have a lightning safety plan. Know where people will go for safety and how much time it will take for them to get there. Have specific guidelines for suspending the event or activity so that everyone has time to reach safety. Follow the plan without exception.
2. **Monitor the weather and postpone activities if necessary.** Prior to a practice or event, check the latest forecast. Look for darkening skies, flashes of lightning or increasing wind, which may be signs of a developing or approaching thunderstorm. Listen for thunder. If you can hear thunder...you are in danger of being struck by lightning! If thunderstorms are forecast, consider postponing activities early to avoid being caught in a dangerous situation.
3. **Get everyone to a safe place.** If you hear thunder, suspend your activity immediately and instruct everyone to get to a safe place. Substantial buildings provide the best protection. Stay away from isolated tall trees, towers or utility poles as lightning tends to strike the taller objects. Stay away from metal bleachers, backstops and fences as lightning can travel long distances through metal.

Spread out to reduce the risk of multiple lightning casualties. Get everyone out of the water if a pool activity is underway.



For a shelter to provide protection from lightning, it must contain a mechanism for conducting the electrical current from the point of contact to the ground.

On the outside, lightning can travel along the outer shell of the building or may follow metal gutters and downspouts to the ground. Inside a structure, lightning can follow conductors such as the electrical wiring, plumbing, and telephone lines to the ground.

Once inside, stay off corded phones and away from any wiring or plumbing. Avoid sheds, small or open shelters, dugouts, bleachers or grandstands. If no sturdy building is nearby, a hard-top vehicle with windows closed will offer some protection as the steel frame of the vehicle provides some protection if you are not touching metal.

4. **Adhere to the NFHS Thirty-Minute Rule.** Activities should NOT be resumed until 30 minutes have passed since the last thunder was heard.

**For more detailed information, refer to the “Guidelines for Lightning Safety” contained in the NFHS Sports Medicine Handbook.**

[www.nfhs.org](http://www.nfhs.org)

## NFHS SUGGESTED GUIDELINES FOR MANAGEMENT OF CONCUSSION

A concussion is a traumatic brain injury that interferes with normal brain function. An athlete does not have to lose consciousness (be “knocked out”) to have suffered a concussion.

### COMMON SYMPTOMS OF CONCUSSION INCLUDE:

- Headache
- Fogginess
- Difficulty concentrating
- Easily confused
- Slowed thought processes
- Difficulty with memory
- Nausea
- Lack of energy, tiredness
- Dizziness, poor balance
- Blurred vision
- Sensitive to light and sounds
- Mood changes-irritable, anxious, or tearful

### SUGGESTED CONCUSSION MANAGEMENT:

1. No athlete should return to play (RTP) or practice on the same day of a concussion.
2. Any athlete suspected of having a concussion should be evaluated by an appropriate health-care professional that day.
3. Any athlete with a concussion should be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition.
4. After medical clearance, RTP should follow a step-wise protocol with provisions for delayed RTP based upon return of any signs or symptoms.

**For further details, refer to “NFHS Guidelines for Management of Concussion”  
contained in the NFHS Sports Medicine Handbook.**

[www.nfhs.org](http://www.nfhs.org)

### NFHS SMAC\* Position Statements:

<http://www.nfhs.org/content.aspx?id=3325&terms=Concussion+Position+Statement>

\*SMAC: Sports Medicine Advisory Committee

# UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION

The Leadership Organization for Education-Based  
Interscholastic Athletic and Performing Arts Activities



## UHSAA Sports

*Contains the UHSAA Policies and Pairings:  
Rules and Regulations for the designated  
UHSAA Sports for participating member schools.*

199 East Fort Union Blvd (7200 South), Midvale, Utah 84047  
Phone 801.566.0681 / Fax 801.566.0633

## BASEBALL Policies & Pairings

Wilson will be the official game ball.

- A team's warm-up/stretching area must take place near the foul line closest to team dugout in all games.
- The home team shall wear their white or lightest colored uniform and the visiting team will wear their darkest colored uniform.
- The ten run rule will be in effect as will the speed up rules regarding pitchers and catchers.

### State Tournament Pairings

\*For a complete listing of the region alignments and pairings for baseball, visit <http://www.uhsaa.org/pairings.pdf>.

### UHSAA Pitch Count Rule

Effective Spring 2017 Baseball Season

The revised pitching policy in Rule 6-2-6 for 2016 from the NFHS requires state associations to adopt a pitch count rule instead of the existing 14 maximum innings per calendar week.

### Pitching Limits

#### Varsity

Pitches	Required Rest
86-110	3 days
61-85	2 days
36-60	1 day
1-35	0 days*

#### More info

- \* - Additionally, no pitcher may throw more than 75 pitches over two days. If they throw 75 pitches in two days, there will be one day of required rest.
- A pitcher will be allowed to finish a batter if they hit the limit (110 in varsity play; 85 in sub-varsity) during an at-bat, but must exit the game after the hitter.
- Each contest must be recorded with the opposing team, noting the names of each pitcher and how many pitches that pitcher threw in the game. This information must be recorded in MaxPreps, along with the result of the contest, within 24 hours of the game. Note: The UHSAA recommends using Game Changer, as it is a free app for Apple products and can be easily exported into MaxPreps.

**PENALTY: If the pitch count rule is exceeded, the first offense is a coach suspension for two games; second offense and subsequent offense is forfeiture of contest. If there is a post-season violation, it is a forfeit.**

**The Region Board of Managers will handle violations of non-reporting of pitch counts.**

**NOTE:** Umpires will NOT mediate pitch counts. All concerns about pitch counts need to be addressed by the Athletic Director or UHSAA.

**BASKETBALL Policies & Pairings**

Wilson is the official game ball of UHSAA basketball.

**\*For a complete listing of the region alignments and pairings for basketball, visit <http://www.uhsaa.org/pairings.pdf>.**

*Note: The 1A play-in games shall be held at the state tournament site the day prior. The higher seeded team shall be the designated home team; if both teams have the same seed, the team on the top of the bracket shall be the home team.*

## CROSS COUNTRY Policies & State Qualification

### State Qualifying Process

The 6A and 5A classifications will utilize a Divisional Round qualifying meet for the purpose of state qualifying. The 1A-4A classifications will continue to utilize the region meet as a state qualifying meet.

### Divisional Information

When registering for the Divisional Race, teams must declare the top-seven varsity runners for both boys' and girls', plus two alternates for each gender. These must be submitted within the registration window that is set by the Divisional Meet management.

### Substitution Rule

When need to substitute a runner in your top-seven, the substitute must have been submitted on your roster in the time period set by the Divisional Meet management.

### State Championship Roster

The seven runners who ran in the Divisional Meet will be the runners who compete in the State Final meet. Substitutions for the state meet will be done within the preestablished rules for substitution for state.

### 6A SCHOOLS

9 teams and the top-6 individuals from non-qualifying teams from each divisional section will advance to the State meet. Regions 1 and 3 will send their odd number finishing teams to section A and their even-numbered finishing teams to section B. Regions 2 and 4 would send odd number teams to section B and even-number teams to section A. The region splits will alternate each year.

### 5A SCHOOLS

10 teams and the top-6 individuals from non-qualifying teams from each divisional section will advance to the State meet. Regions 5 and 7 will send their odd number finishing teams to section A and their even-numbered finishing teams to section B. Regions 6 and 8 would send odd number teams to section B and even-number teams to section A. The region splits will alternate each year.

### 4A SCHOOLS

Number of qualifying teams:	<u>Region 9</u>	<u>Region 10</u>	<u>Region 11</u>
	7	6	5

The following individuals will also qualify:

1. The top 3 individual finishers at the region meet who are not on a qualifying team.
2. Any individual who is not on a qualifying team and who did not qualify through item 1 who finishes in the top 10 overall at the region meet.

### 3A, 2A and 1A SCHOOLS

50% of full teams (5-7 members) competing in the region meet will qualify. For scoring purposes, a team in 1A will consist of four (4) runners and a maximum of seven (7) runners. A region with an odd number of teams competing shall round up the number of qualifying teams, 2 out of 3, 3 out of 5, 4 out of 7, etc. The following individuals will also qualify:

1. The top 3 individual finishers at the region meet who are not on a qualifying team.
2. Any individual who is not on a qualifying team and who did not qualify through item 1 who finishes in the top 10 overall at the region meet.

In 2A and 3A, 50% of full teams (5-7 members) competing in the region meet will qualify. In 1A, every team that finishes a region meet with a full team (minimum of four runners) will qualify for the state meet.

For scoring purposes, a team in 1A will consist of four (4) runners and a maximum of seven (7) runners.

**Substitutions:** Individuals not on qualified teams may NOT be substituted for. Once a team qualifies at Region, individuals on that qualified team may be substituted for the State meet. Names of competitors in the State Meet should be entered on a school's entry to the State Meet.

**A team consists of a minimum of five runners and a maximum of seven runners.**

***No practice is allowed at the site of the state meet within two (2) weeks of the state competition. This includes walking the course as a team or as an individual. No cross country meets shall be held at Sugarhouse Park other than state meets (with the single exception of Highland High School home meets).***

## DRILL TEAM Rules & Regulations

### 1. Instill the Highest Ideals of Character

The mission of education-based activities is to promote the positive development of our youth. Coaches have a responsibility as educators to use their influence to reinforce valuable life lessons and universal values. Coaches should never place the value of winning above the value of instilling the highest ideals of character. As role models, coaches are expected to be an advocate for good sportsmanship and follow all the rules and regulations with the intent for which they were written. See the “Coaches Code of Ethics” in the back of the NFHS Spirit Rule Book for a list of responsibilities.

### 2. Complete UHSAA Coaches’ Certification and Register My Coach(See UHSAA Handbook)

Certification includes five components: Background Check, First Aid Training, CPR Training, Concussion Training and the “Fundamentals of Coaching” course. It is recommended that coaches also take the Sudden Cardiac Arrest course through the NFHS. Coaches with a major, minor or endorsement in physical education, dance and/or minor in coaching are considered trained and will not have to complete the First Aid, CPR or the Coaches’ Fundamentals course. Talk to your Principal or School AD about certification.

### 3. Complete an Annual UHSAA Drill Team Rules Clinic

On an annual basis, head coaches are required to attend the live UHSAA Drill Team Rules Clinic (satellite locations count as the live clinic) or complete the online UHSAA Drill Team Rules Clinic and quiz prior to the designated deadline. Coaches must also watch the NFHS/UHSAA Drill Safety Clinic which can be found on the drill page of the UHSAA website. Failure to attend the live rules clinic, watch the Demonstration Clinic, and/or complete the online rules clinic and quiz by the deadline will result in a \$100.00 fine to the school. New coaches are strongly encouraged to attend the live rules clinic. Information regarding the live and online UHSAA Drill Team Rules Clinic will be available on the UHSAA Drill page at [www.uhsaa.org](http://www.uhsaa.org).

### 4. Adhere to UHSAA and NFHS Rules During Practices and Performances

To maintain participant safety, coaches must adhere to UHSAA and NFHS Spirit Rules during all practices, performances and competitions. For UHSAA rules refer to the UHSAA Handbook and Drill Team section. Drill is a female only sport. Drill is NOT considered a co- educational sport. Coaches should bookmark the Drill page at [www.uhsaa.org](http://www.uhsaa.org) for the latest info.

### 5. Adhere to UHSAA Contest Limitations

Drill teams may only compete in a TOTAL of four (4) competitions prior to the state competition (this includes a region competition). Teams that participate in a region or divisional competition may only compete in three qualifying competitions. Teams that do NOT participate in a region or divisional competition may compete in a total of four qualifying competitions. Participation in the UHSAA Live Judging Practicum does not count towards the contest limitations. Teams are limited to (1) routine per category.

### 6. Adhere to UHSAA Budget Restrictions for State Competition Routines

To create a level playing field between all participating programs and to limit the financial burden incurred by the participants, coaches shall operate their programs within the stated limitations. Donated supplies and all monies, including budgeted school funds, out-of-pocket expenses, fundraised or donated funds for costumes and supplies which are used for state competition routines performed during the drill team season (competition start date through the state competition) must not exceed \$600 times the number of girls on the team. The budget must include the following: character props, rental transportation, costumes, accessories, music fees (i.e. Mixing, CDs, and Thumb Drives), choreography fees, and any costs incurred for state competition routines. The UHSAA budget restrictions exclude expenses that do NOT pertain to the state



routines (i.e. travel, camps, day uniforms, auxiliary routines). Coaches are responsible to monitor the costs associated with their drill team program. Schools are encouraged to maintain a “uniform closet” for flexibility and originality without the expense of new uniforms. Judging sheets shall not reflect if the uniform is new or used. Routines, props and music may be used from year to year.

#### 7. Submit a UHSAA Budget Declaration Form by the Second Friday in February

Coaches are required to submit a “UHSAA Drill Budget Declaration Form” by the second Friday in February. Expenses should be recorded and documentation (i.e. receipts, bills, etc.) should be kept on file at the school.

#### 8. Submit “Dead Time Period” Form to UHSAA by January 15

Head coaches shall submit a completed “Drill Team Moratorium Form” to the UHSAA office by the deadline of January 15 to avoid a school fine. Each head coach shall select the sport specific drill moratorium for their team, which shall consist of two, two week blocks (the blocks may be consecutive). During that time, coaches and facilities shall adhere to UHSAA policies regarding moratoriums (See UHSAA Handbook By-Laws Article 2). Each week of the dead time period must include at least seven (7) consecutive days. Forms available on Drill page.

#### 9. Adhere to UHSAA Guidelines for Qualifying and Region Competitions

Teams will be assigned to all qualifying competitions. The maximum number of teams allowed to participate in an invitational is 30. The time frame for the team competition is a start time no earlier than 8:00AM and a finishing time, with awards completed, no later than 7:00PM. If an additional space is needed for auxiliary routines, an auxiliary space (small gym/auditorium) should be utilized. A **full** panel of judges is NOT required for auxiliary routines, but a technical safety and floor judge shall be included. Teams will send in competition declaration request form by July 1, 2019. Teams will be notified as to which qualifying competitions they are assigned by September 1, 2020. Judges for each qualifying competition will be assigned by UHSAA and competitions not in compliance with UHSAA policies and guidelines may result in a loss of UHSAA sanctioning and/or other penalties. Qualifying Competition venue/host will determine the competition director and tabulator. **Coaches and judges should submit, in writing, any allegations relating to violations not in compliance with the UHSAA rules, to the UHSAA.** Qualifying Competitions must use the UHSAA score sheets posted on the Drill page (uhsaa.org). Qualifying competitions Invitational must use UHSAA-certified judges, competition directors and tabulators. For the UHSAA state categories, qualifying competitions will be assigned. (5) routine judges, one (1) difficulty/content category judge, and three (3) technical judges, per panel. For solo competitions and/or auxiliary routines, judges must also be UHSAA certified; a full panel of judges is NOT required but a technical judge shall be included. Solo competitions shall adhere to UHSAA and NFHS rules. A region who fails to select a competition director will have one assigned by the UHSAA Arbiter. It is the responsibility of the competition director to arrange for a UHSAA certified tabulator who uses the current UHSAA tabulator’s computer program for scoring. Judges for all competitions will be assigned by the UHSAA Arbiter. Any routine performed by a drill team or drill team member must follow the NFHS Spirit Safety Rules and UHSAA rules. Soloists are not exempt from these requirements and must adhere to these rules and be assessed penalties for violation(s) of said rules in UHSAA sanctioned competitions. Soloists must be eligible members of UHSAA high school drill team programs.

#### 10. Drill State Qualifying:

- Each school will receive a rating at Qualifying Competitions (formerly known as Invitationals) based on how they finish in each category and overall finish. 20% Military 20% Dance 20% Show 40% Overall.
- The 5A classification will compete in 4 qualifying competitions.
- 2A, 3A, 4A, 6A classifications will compete in 3 qualifying competitions and one region competition.
- The top 12 ranked teams will have a bye into the semifinal round of the tournament site at UVU for the 4A 5A 6A classification.

- 3A teams will be placed in PODS for the semifinal round. All 2A teams will compete in a final round only
- Teams will compete in their respective pod during the semifinal round of the State competition. The top two (2) teams from each pod will move on to the final round. A next qualifying team will be determined using the ranking system. This team will be determined at the conclusion of both pods, per classification.
- The Quarter Finals will be held to advance the final four teams for 4A, 5A, 6A on Friday January 29<sup>th</sup>.

**Qualifying Competition Dates:** December 5, 12,18/19, January 9, 16

**Semifinal Round:** 5A 6A February 2nd 3A 4A February 4th

**Final Round:** 2A 3A 4A February 5<sup>th</sup> 5A 6A February 6<sup>th</sup>

**SEMIFINAL POD PLACEMENT 4A 5A 6A**

POD 1	POD 2	POD 3	POD 4
SEED 1 SEED 8 SEED 11 SEED 14	SEED 3 SEED 6 SEED 9 SEED 16	SEED 2 SEED 5 SEED 12 SEED 15	SEED 4 SEED 7 SEED 10 SEED 13

**SEMIFINAL POD PLACEMENT 3A**

POD 1	POD 2	POD 3	POD 4
SEED 1 SEED 8 SEED 11 SEED 14	SEED 3 SEED 6 SEED 9	SEED 2 SEED 5 SEED 12	SEED 4 SEED 7 SEED 10 SEED 13

**11. Hiring of Drill Team Judges and Payment of Officials**

A. Payment of certified drill officials for region, qualifying and state competitions includes the following:

1. Region judges and tabulators will be paid \$89. One floor technical judge will be paid an additional \$10 for the extra judge time.
2. State judges will be paid as follows: Semi Finals \$15 per hour; Finals will be paid \$20 per hour.
3. Region Competition Directors’ fee varies \$400 to \$600 and will be negotiated at the region level.
4. Drivers will also be paid .46 cents per mile for all miles over 50 miles round trip. Riders will be paid an additional .11 cents per mile for all miles traveled over 50 miles round trip. Since regions will not pay all judges to drive, drivers will be assigned by the UHSAA arbiter based on years of experience and availability of the driver. Judges will be asked to ride together.
5. **QUALIFYING COMPETITIONS:** Judges must be paid a minimum \$20 per hour and compensated for mileage.
6. All judges pay will be submitted through Arbiter Pay.

B. The region should make any decision regarding payment of the certified competition director and the person who may call Drill Down.

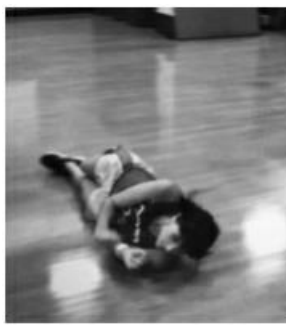
C. The payment of all qualifying, region competition officials and personnel, including judges, is the responsibility of each region and competition director, not the UHSAA.

12. **Competition Directors:** must register as a competition director and pay a \$50 registration fee through Arbiter Sports. Directors must attend the annual live training in August. Payment of competition directors for qualifying and regional competitions may vary. Information found at [www.uhsaa.org](http://www.uhsaa.org) click on officials.
13. **Tabulators:** must register, certify and pay annual registration fee with the UHSAA on an annual basis. For information on the registration process and the training required for certification, go to the Drill page at [www.uhsaa.org](http://www.uhsaa.org) click on officials.
14. **Judges:** must register and certify with the UHSAA on an annual basis. For information on the registration process and the training required for certification, go to the Drill page at [www.uhsaa.org](http://www.uhsaa.org) . Judges will be required to attend the UHSAA Fall Drill Team Clinic and one (1) UHSAA Live Judging Practicum .
15. **Drill Clinics:** Go to the UHSAA Drill page at [www.uhsaa.org](http://www.uhsaa.org) for information on the UHSAA Drill Clinics and clinics sponsored by the UDJA (Judges' Association) and the UDDA (Drill & Dance Coaches' Association).
16. **STATE DRILL ROUTINES:** To be eligible for an overall team ranking at the state competition, a team must earn a qualifying score and ranking score in each of the three categories.
17. **State Competition:** Drill teams are NOT allowed to practice or compete at the state tournament site within two (2) weeks of the state competition. The first day of the quarterfinals is considered the start of the State Tournament. There is no outside food or drink allowed inside the UVU arena with the exception that each team will be allowed to bring in one cooler. Only team members on state qualifying teams are eligible to compete in the Drill Down at the State Competition. State Drill Info at [www.uhsaa.org](http://www.uhsaa.org). Finals will have a seating restriction as follows: Following the announcement of the teams moving on to the Finals, there will be a draw for order of performance and premier seating for Friday and Saturday finals. Tickets for the premier seating will be distributed
18. **State Competition Categories:** At the 2021 State Drill Competition, drill teams shall compete in the following three categories: **Military, Dance and Show.**

**MILITARY:** The emphasis of this category is on precision, clean and sharp movements, maneuvering and formations. Any basic military maneuvers or steps such as pinwheels, blocks, ranks and files, etc. may be used. Kicks and ripples may be used. No dance steps, no jazz hands, no head rolls, no body rolls, no hip movements, no jazz runs, no pyramids,(exception: Pyramids at prep level or below are allowed) no arch backs, no toe touches (Russian or Straddle), no tumbling (exception; handstand) may be used. School uniforms or military style costumes shall be worn. Props/backdrops/sets are prohibited. Prep level, in this category, is defined as shoulder level or below. **Distracting Facials and Vocals** are prohibited. *See training roll clarifications*

**ILLEGAL BODY ROLLS IN MILITARY**

1. Rolls that make a complete rotation for example: (Start flat in a prone position front make one complete rotation without stopping and end in the same prone position. Same rule applies if you start on your backs) Head over heels rotation



2. **Upright body rolls that isolate the torso for example:** or head over shoulder rotation are also illegal in military.



3. Illegal rolls from a stunt in military:



**LEGAL BODY ROLLS IN MILITARY**

1. If there is a break/stop in the rotation for at least two counts it will not be considered an illegal roll, here is an example:



START

ROLL

Min. 2 count stop

BACK TO START

**DANCE:** The emphasis of this category is technique, style and interpretation. The overall focus of this routine should be on DANCE. Any stylized dance movement is accepted. Kicks, leaps, turns and any dance steps may be used. Tumbling and lifts, which adhere to UHSAA and NFHS rules and safety guidelines, may be included. The movement, music and uniform may be stylized but cannot carry a storyline or portray a character. School uniforms or modest dance attire which adheres to NFHS rules shall be worn. Props/backdrops/sets are prohibited.

**SHOW:** Show routines will include the following performance (dance) genre’s designated by classification: **2A (Hip Hop, Kick, Pom) 3A (Hip Hop, Character, Prop) 4A (Hip Hop, Character, Kick) 5A (Hip Hop, Character and Prop) 6A (Hip Hop, Character and Prop)** This is a category meant to spotlight your team’s strengths and to allow teams to put the most entertaining and creative material on the floor. All three genre’s need to be clearly demonstrated and developed. **PROP GUIDELINES FOR FLOOR JUDGE:** *Props can be manipulated during the routine. Props shall not be used or combined to create scenery, backdrops or sets. Props must be carried on and off the floor with the assistance of one individual drill team members who is performing in the routine. (see drill guidelines)*

**KICK :** The focus of this category is KICK and the emphasis is on technique, style, variety of kicks and presentation. The choreography shall include a variety of kicks that may include, but is not limited to, high kicks, low kicks, diagonal kicks, fan kicks, jump kicks, flat kicks, walk kicks, etc. Precision, timing, control, technique, and uniformity of height are to be emphasized. The movement, music, and uniform may be thematic (i.e. Latin music, Latin costumes), but cannot carry a storyline. Props/backdrop/sets are prohibited.

**HIP HOP (If included in the show category):** is a high energy routine with contracted dance movements to a bass beat with tempo variations. Pop and lock techniques, break dancing and other high energy dance styles can be choreographed into the routine.

**POM (If included in the show category):** Pom routines should contain the following important characteristics: synchronization, visual effects, clear and precise motions, strong pom technical skills (pass, toss, levels etc.), and the incorporation of dance technical elements. Poms should be the focal point during this segment of the show choreography.

**PROP (If included in the show category):** Prop is a routine with emphasis on the utilization and/or movement of the prop(s) throughout the majority of the prop segment. The prop must be the focal point during this segment in the show routine. Your costume could be considered your prop if being maneuvered by the performer's hands, arms, legs, or feet. Routine should be visual and entertaining.

**CHARACTER :** The emphasis and focus of this thematic routine shall be the development and portrayal of a character (real or fictional) through creative choreography and movement. Music and costuming should complement and enhance the portrayal of the character. The routine may include theme development, musical interpretation and use of props-provided they serve as an accent to the character and do NOT become the focus. Backdrops/sets, stages, and scenery are prohibited.

### **COSTUME GUIDELINES FOR NON PROP CATEGORIES**

The costume shall be appropriate for the routine performed and support the spirit, intent and category definition. The costume worn shall not increase the risk of injury to the dancers nor hinder the ability of the judges to evaluate the technical skills performed. The costume should not turn into a prop that is manipulated in a way that will change the focus of the category rules. A costume change such as, a pinned up piece of material on chest is pulled down to reveal a different color on the chest, or a short skirt is pulled down to make a longer skirt with minimal manipulation, would not be considered a prop. Minimal Stylized manipulation of the costume would be acceptable. You may get clarification from the UHSAA office.

### **CHARACTER/SHOW PROP GUIDELINES:**

- If props are used, they must be manipulated during the routine. Multiple props may be used.
- Manipulation is the skillful handling, controlling, and using of prop(s) throughout the routine.
- Props shall not be combined to create scenery, backdrops, or larger props. Combined is defined as stacked, affixed, hooked, or fastened.
- Must be carried on and off the floor without any assistance by an individual drill team member who is performing in the routine (See number 25 for more specific guidelines). When the MC says “drill team please take the floor” the restriction of only one person easily carrying the prop on will begin. The safety of our student athletes needs to be the priority.
- When you are building a stunt or a pyramid the top person may not have a prop in their hand/hands. Once lifted a prop may be handed to a top person, make sure that the prop size and material does not increase the safety risk of the top person or the base/bases. To discard the props NFHS rule 2-1-11 page 14 the top person must hand it down to a person not involved in the stunt/lift with feet on the floor.

19. The UHSAA does not allow all skills included in the NFHS Spirit Rules Book to be performed by UHSAA Drill Team. UHSAA Drill Teams are PROHIBITED from practicing, performing or including the following skills from the NFHS Spirit Rules Book:

- A. Headstands (weight on the head and feet off the ground; assisted or unassisted) including elbow-based headstands. This also includes any headsprings and head spins.
- B. Shoulder Stands are illegal in Utah. Exception: Top person has hands-to-hands contact with the base/posts, and steps on the shoulders of a seated base (see picture).



LEGAL SHOULDER STAND



ILLEGAL SHOULDER STAND



ILLEGAL SHOULDER STAND

C. Pyramids, Hanging Pyramids, Totem Poles, Roll Down T Lifts, Backward Leap Frog and Leap Frogs, (found in Rule 4 section 4 NFHS rule book.)

**Exception A:** *Flatback Extended Connected Stunt will be allowed with a limit of two stunts connected. (two top persons connected)*

**Rationale:** With the changes in the NFHS rule book concerning connected extended stunts, a flatback is a safe alternative to a full pyramid and will allow teams to create a safe level change.



**Exception B:** Pyramids at Prep level or below will be allowed.



**Rationale:** Prep level and below level pyramids have a minimal risk of injury used in Drill Routines as a safe skill to create shapes and depth.

**D.** Release Stunts (NFHS Rule 4, Section 5, Release Stunts)

**E.** Swinging Stunts (NFHS Rule 4, Section 6 Art. 5)

**F.** Cradle Dismounts (NFHS Rule 1, pg. 9 Definitions)

**Exception A:** Cradle Positions/Sits (NFHS Rule 1, pg. 9 Definitions)

**G.** Any Load-ins.

**H.** Foot to foot feet to feet position

**I.** *Non* Release transitions that begin from below prep level that include a Pop or Pitch type movement that is initiated by a base/post (this would include their feet) that increases the height of the top person and is not a suspended roll from the floor. *(See Training video for examples)*

**J.** Using a Pop or Pitch type movement that is initiated by another drill team member (this would include their feet) that excessively increases the height of the top person at any level.

**Exception A:** Legal suspended roll with the base on floor (skill is demonstrated as assisting on the safety video)



**Exception B:** Legal suspended rolls

**20.** A LEGAL stunt that stops at prep level or above (NFHS Rule 4, Section 4, Non-Release Stunts) are prohibited unless, the top person is transitioned to a legal stunt/skill from a legal position and returns to a legal position. *Transitioning is allowed, for example, from a flatback to a triple base straddle sit or an extended split to a triple base straddle sit etc.* **Transitioning from any position to a vertical stationary inversion prep level or above is illegal\*\*.**

\*\*Illegal positions: all load ins, all step ups, cradle, cradle position, foot to foot, feet to feet

**EXCEPTION:** A faceup flatback may begin from a cradle position and end in a cradle position.

- NOTE: When doing the exception (going from a cradle position to a flatback or flatback to a cradle position) contact must be continuous with all three of the bases and the top person. Any release from a base will result in an illegal skill.



**21. Dance Skills that will be allowed and offer a great alternative for Front and Back Load ins.** The step up is a dance move that has minimal risk of injury but allows for creative dance lifts.

- a. **Front Step Up:** Must begin from the performing surface, the top person steps one foot either the side or front into a base who has interlocking hands at or below waist level. A base and back spot is required. Skills allowed, are one leg Ronde Jambe or grande' battement. Top person must end on the performing surface once the skill is completed.
- b. **Back Step Up:** Must begin from the performing surface, the top person steps from the back of the base who has interlocking hands with one foot at or below waist. A base and back spot is required. Skills allowed, stepping straight up and a grande' battement. Must end on the performing surface one the skill is completed.
- c. **Double Base Step Up:** Begins from the performing surface, the top person steps up one foot at a time, to each base who has interlocking hands at or below waist level. Two bases and spotter are required. Choreographed arms are allowed, top person must dismount down one foot at a time.
- d. **No building beyond waist.** Moving the top person forward or backward is allowed by the two original bases. Top person must end on the performing surface once the skill is

**22. Definitions:**

- a. **Props:** items that are manipulated during a routine for the purpose of enhancing the routine or the development of the character. (i.e. cane, suitcase, hat)
- b. **Backdrops/Sets/Stage Props:** stationary objects used for visual enhancement only.
- c. **Storyline:** conveying a specific message, idea, or event with choreography. The routine progresses through various stages within the story.
- d. **Prep Level:** A top person's base of support is at approximately shoulder height.
- e. **Character:** Portraying a persona, a person, a role, an era etc.

**23. Costumes:** Any costume must have been worn on the school's home floor before wearing it at the region or qualifying competition. Uniforms and dress for a performance is at the discretion of the team or coach as long as they comply with the category and NFHS rules. Appropriate attire must be approved by the school's administration. School and UHSAA administrators are concerned with the continued suggestiveness of some uniforms and advise discretion in choosing uniforms for all competitions.

**24. Footwear:** According to NFHS Spirit Rule 4 Section 1 Article 3b: *"Dance, drill and pom teams must wear footwear that is appropriate for the activity involved. At a minimum footwear must cover the ball of the foot."* For example, teams including connecting tumbling or hard landing skills in their choreography, such as but not limited to: series of back handsprings, round off back handsprings, standing back tucks, etc, should wear appropriate shoes for those activities (i.e. jazz shoe, athletic shoes).

Drill team participants shall wear footwear that is in compliance with NFHS and UHSAA rules and interpretations. As stated in the NFHS Rule 4.1.3b, footwear must cover the ball of the foot. Footwear that covers the entire foot/feet and have non-slip soles must be worn for: 1. Stunts/lifts at prep level or above in which the top person's foot/feet are in the hand(s) of the base(s). 2. Airborne tumbling with the exception of front and side aerials.

**UHSAA REQUIRES:** The footwear shall be appropriate for the routine performed and support the spirit, intent and category definition. The footwear worn shall not increase the risk of injury to the dancers nor hinder the ability of the judges to evaluate the technical skills performed. If traditional footwear is not selected, the school/coach shall request a ruling from the UHSAA rule interpreter prior to the performance/competition. If necessary, the UHSAA may seek input from the NFHS prior to communicating the final determination to the school.

Precaution should be taken so the performing area is not marred. In general, good quality leather, crepe or soft-soled shoes may be worn. Any shoes that will scuff floors must be taped with non-marking tape. The coach is responsible for having shoes checked at the specified time. A floor judge will check shoes prior to performance, and any **shoe not in compliance must be corrected before the performance or the shoes cannot be used**. Shoes will also be checked as you leave the floor. Any violations will result in a two (2) point penalty per routine judge to be assessed by the floor technical judge. Teams shall not remove protective coverings on their shoes after the initial shoe check.

- 25. Props:** used during a competition routine, must be carried (even if the prop is on wheels) on and off from the competition floor, without any assistance, by an individual drill team member who is participating in that particular routine (including auxiliary routines). This means that they are an active dancing participant in the routine. Do not put a uniform on an alternate member to have them help bring anything out to the floor and not be an active drill team participant in the routine (penalty is two (2) points per routine judge). When props are allowed, they must be used in such a way as to not mark or damage the floor. This includes during entrance and exit. They must have rubber, carpet, foam or padding that will protect the floor (this includes any section which is touching the floor in the choreography of the routine). Consideration must be given to the weight and use of the prop and surface coverings.

A floor judge will check these items prior to performance. Coaches are responsible for having all items checked at the specified time. Any props not in compliance must be corrected or the items cannot be used. Judges may also check all items and the performing surface after the performance. If a prop damages the floor, a fine will be assessed to the school. Specific prop guidelines for the Character category are included in the category definition. The above prop guidelines apply to auxiliary routines as well. Violations of prop guidelines will result in a two (2) point penalty per routine judge.

**26. Injury of a Drill Athlete on the performance surface, during a routine:** A Certified Athletic Trainer should be present at all competitions. Coaches and competition directors should take every precaution to ensure the safety of participants. Should an injury occur during a routine, the following protocol should take place:

- A. Stop the music and attend to the injured participant
- B. Determine the care the injured participant may need (first aide, athletic trainer, EMT services).
- C. ALL NFHS page 14 Rule 1 Art 17, 18, 19 must be strictly adhered to.
- D. Competition director/administrators at the site will determine when/if the team will be allowed to continue/finish the routine.
- E. An injured participant, that wishes to perform, may not return to the competition unless the competition officials receive clearance from the onsite medical personnel.

**27. Music:**

- A. No musicians may be used as musical accompaniment, not including musical props used by team members. No drums used on entrance or exit.
- B. All music must be recorded on a good quality CD or an acceptable storage device (i.e., iPod). Performing music should be recorded on the beginning of the CD or storage device with no other music preceding or following the music being used for the performance.
- C. A representative of each team must be present at the announcer's table when their team is performing to cue the music. No responsibility is taken by sound crew if no one is there (penalty is 2 points per routine judge for disrupting flow of competition).
- D. If the DJ and Competition Director agree that any problems associated with the music are NOT the fault of the coach or team and are in fact technical difficulties, the team will be given the opportunity to exit the floor and re-enter to begin the performance from the start

without penalty (before the next team in that classification and category performs). Order of performance will not be disrupted.

- E. State Music: Competition music for the state competition must be sent in a digital file format prior to **January 25th**. More details will sent to qualifying teams.
- F. Schools should follow all copyright laws. It is up to each school to ensure that any music used is done so in accordance with the level of permission obtained to make changes to any music. Should a school be found in violation, the school bears total responsibility should any legal action be taken.

**28. Special Effects:** No provisions will be made for special effects. The use of fire, fog, dry ice, water, smoke, or compressed air device WILL NOT be allowed. A violation of this will result in two (2) points per routine judge penalty.

**29. Outside Control of Effects:** Any control over a permitted effect (such as lights on a costume or prop) must be controlled by a participating member of that routine, and cannot be controlled by a coach, parent, a dancer not participating in the routine, etc. A violation of this will result in two (2) points per routine judge penalty.

**30. Ballet Turn Boards:** Turn boards, training aids, and products designed to give dancers an advantage are illegal. A two (2) point penalty will be assessed for a violation of this rule.

**31. Sportsmanship:** A participant, coach, substitute, trainer or other team attendant must not commit an unsportsmanlike act. This includes, but is not limited to, acts or conduct such as:

- a. **Disrespectfully** addressing or contacting an official or gesturing in such a manner as to indicate resentment.
- b. Using profane or inappropriate language, music or gestures.
- c. Baiting or taunting an opponent (NFHS Rule 2 Section 2 Art. 1)

Unsportsmanlike conduct by a participant, coach, substitute, trainer or other team attendant immediately prior to, during, or at the conclusion of the competition will result in a two (2) point penalty per routine judge for each violation. Protests or complaints alleging a violation of this rule must be made and submitted in writing, using the protest form, by a coach **and** an appropriate school official (i.e. athletic director, school administrator), to the UHSAA Tournament Director within the time frame of the current competition (semifinals/finals). The time frame of the competition is defined as beginning with the first performance, and the protest must be filed, and received, **BEFORE** the announcement of teams moving on to the finals (semifinals) and/or final placement announcements are made (Finals). At the state competition, the UHSAA Tournament Committee may assess these points. The points would be deducted before the ranking scores are given and would be assessed to the routine category being performed nearest the infraction.

- d. A sportsmanship penalty may be assessed to any team who changes costumes inside the performance arena.

**32. PENALTIES:** All NFHS safety violations or UHSAA prohibited skills violations are two (2) point penalties per routine judge, except where noted. *Examples include:* safety, disrupting the flow of competition, footwear violation, prop guideline violations, and timing violations.

**A. Minor Safety Violations: .5 pt. penalty per routine judge**

- a. During the three (3) minute routine, teams and all props or sets must stay within the inside edge of the boundary lines of the competition floor. The lines are considered out-of-bounds.
- b. All team members must not step out-of-bounds, meaning team members must have weight bearing contact within the boundaries of the competition floor. The

boundary lines are the four inside edges of the basketball court on the floor where the competition is being held, regardless of its size. Penalty will be assessed by the floor technical judge.

- c. Stepping on discarded props/poms/signs.
- B. For teams that disrupt the flow of the competition, such as: not being ready to enter the floor; entering the floor out of schedule order; entering and exiting from the wrong side of the floor; marching all the way across the back of the floor and performing an about-face to enter the actual floor from the opposite end; problems associated with music or removing props or sets, etc. a two (2) point penalty per routine judge will be assessed. A penalty of this nature will be assessed by the floor technical judge.
- C. If a safety penalty of two (2) or more points per judge is given, the offending school will be notified by the competition director after that category has been completed.
- D. A floor judge will check shoes prior to performance, and any **shoe not in compliance must be corrected before the performance or the shoes cannot be used**. Shoes will also be checked as you leave the floor. Any violations will result in a two (2) point penalty per routine judge to be assessed by the floor technical judge. See additional information on shoes in #25.
- E. Not following the prop guidelines in any category will result in a two (2) point penalty per routine judge to be assessed by the floor technical judge.
- F. At the State Competition, any coach stepping outside of the designated coaches' area will result in a (2) point penalty per judge and will be deducted from the routine being performed at that time.

### 33. Timing Penalties:

- A. Length of the routine will be 2-3 minutes. There will be a two (2) point penalty per routine judge for every ten seconds over three minutes or under two minutes to be assessed by the technical judge (i.e. 3:01= 2 points/routine judge, 3:11 = 4 points/routine judge).
- B. All teams are to be ready one team ahead. Teams must stay out of view. Teams must not get into an entrance position until the announcer specifically says, "Team, take your position." All team members and props will **enter and exit from the north end of the gym at the state competition**. Only drill members who are participating in that particular routine will be allowed onto the floor.
- C. Judging and timing will start with the first note of music. The entrance and exit must be concise and direct. Entrances and exits are not to be judged by the routine judges.
- D. Judging and timing will stop with the last note of music. An entrance and exit shall not exceed 30 seconds each for any competition routine. Additional time is not allowed for the **Show** routine. The technical judge will deduct two (2) points per routine judge for every 10 seconds over the entrance or exit time. Timing of the entrance will start when the team and/or props or break the plane of the floor boundary.
- E. The technical judge will deduct two (2) points per routine judge for every 10 seconds over the entrance or exit time. Timing of the entrance will start when the team and/or props or break the plane of the floor boundary.

**34. Scoring:** The "true" ranking scoring system will be used at all invitationals, region, and state competitions for the overall winners. Ranking points are assessed in the tabulating room. It is important that judges keep a running total so they do not give ties. Dropping of the high and low placement ranking (1, 2, 3, 4, etc.) will take place. In

the event of a category and/or an overall tie, the tie will be broken using the head to head placement of the two tied teams for each of the five judges. The team with the better placement by a majority of the judges will be declared the winner. In the event of a tie between more than two teams, the same process will be used to eliminate one team at a time until one winner remains. If a tie still exists after the tie-breaking steps, the winner will be decided on the total “Execution” points from all three routines from all judges (if the tie still exists, go to the total “Showmanship” points). For an individual routine judge who may have a tie between teams as a result of penalty point(s), the ranking points for that individual judge will be split for the teams tied. All other teams will stay in the ranked order and will receive the appropriate ranking points for that position. Note: Judges must use whole and .5 scores when judging routines. For example, a routine score of 95 or 95.5 is acceptable. The scores from the state preliminary competition will NOT be used to determine seeding for the State Finals. The military category will be randomly drawn, by the state competition director at the conclusion of the semi-finals, and from there a schedule will be made giving each team an opportunity to perform at the beginning, middle and end of a category. Schools that did not qualify for the finals may pick up their score sheets, however a final tabulation sheet will not be included. Final tabulation results will be available at the conclusion of the entire state competition.

### **Tie Breaker**

The overall ranking will be the first determining number. If that is tied, then the net rankings from all 3 categories will be added together. If the net rankings are tied, then the Total Rank will be added together. If the Total Rankings are tied, the tie will be broken using the head to head placement of the two tied teams for each of the five judges. The team with the better placement by a majority of the judges will be declared the winner. In the event of a tie between more than two teams, the same process will be used to eliminate one team at a time until one winner remains. If a tie still exists after the tie-breaking steps, the winner will be decided on the total “Execution” points from all three routines from all judges (if the tie still exists, go to the total “Showmanship” points).

**35. Video Review is Not Allowed:** Officials/judges are prohibited from using electronic devices to review their decisions.

**36. End of Competition Protocol and Procedures:** At the end of each category, routine judges shall turn in their judging sheets for that category and all scores shall be final. Technical judges shall turn in their penalty sheets when decisions are final, but prior to the start of the next category. Judges shall adhere to the UHSAA drill competition protocols and procedures as outlined on the UHSAA Drill Page (under competition materials).

**37. Tabulation Protest:** A team has 24 hours after the conclusion of the competition to PROTEST TABULATION ERRORS. That protest must be received by the UHSAA office, in writing, to be valid for the State Competition. Protests for Invitational competitions shall be sent to the competition director. Protests for Region Competitions shall be sent to the competition director and region chairperson. Only tabulation errors may be protested after the competition. Tabulators are required to email the final spreadsheet results to the UHSAA and Head Tabulator by 7 a.m. the morning following a competition.

**38. Awards:** Dates for Academic All-State nominations can be found on the UHSAA calendar at [uhsaa.org](http://uhsaa.org). The UHSAA will present first and second place trophies to the overall winners and first and second place plaques in each category and classification will be awarded at the UHSAA State Drill Competition. The UHSAA will also award medals (first, second and third place) in each classification to the winners in the Drill Down competition. The academic all-state award will be mailed to the recipients. The drill down competition will be held on the final day of the State Tournament. Only individuals whose team has participated in the finals are qualified to participate in the drill down.

## FOOTBALL Policies & Pairings

### State Tournament Pairings

Throughout the tournament, the team with the higher seed will be the designated home team.

Home teams wear dark jerseys.

**\*For a complete listing of the region alignments and pairings for football, visit <http://www.uhsaa.org/pairings.pdf>.**

**35 Point Rule:** An alternate timing rule is in effect for all levels (i.e. varsity, junior varsity, sophomore, freshman) of Utah high school football games when after halftime, a team's lead exceeds 34 points. Modified rule: The clock shall be stopped as per Rule 3-4-4. In effect the clock will be stopped as current NFHS rules require. However, the clock will start on the ready for play signal in all situations until the point differential reaches 21 points or less. At that point, all NFHS timing rules listed in Rule 3 will be followed. This rule will be in effect for pre-season, season and tournament games.

**Game Film:** For state football tournaments, teams shall exchange game film for the previous game and one other game as mutually agreed by the two coaches. Game film is to be available by noon the day following competition.

**Overtime Procedure:** The NCAA overtime procedure will be in effect for all levels (i.e. varsity, junior varsity, sophomore and freshman) of play. More information regarding the overtime procedure will be listed in the football section of the UHSAA website.

**Official Game Ball:** The UHSAA has designated the *Wilson GST* as the official state championship football. A legal *Wilson football* complying with NFHS standards must be used during ALL post-season play starting opening round games (**round of 16**) through the championship game. Officials have been asked to ensure that only Wilson footballs be used during post-season play.

During all rounds of state tournament play, UHSAA state event prices should be charged.

Default time for State tournament games played at home sites will be Friday at 6 p.m. except when at least one team is involved in a playoff game earlier in the week. In that instance, the default time is Saturday at 12:00 p.m.



## HIGH SCHOOL GOLF 2020-2021 POLICIES & PROCEDURES

### UHSAA ADMINISTRATIVE POLICIES:

- 1- The UHSAA administers and supports both a Fall and a Spring golf program during each school year as follows:
  - a. Fall Golf – Boys 2A, 3A, 4A, 5A, 6A
  - b. Spring Golf- Boys 1A and Girls 1A, 2A, 3A, 4A, 5A, 6A
- 2- UHSAA Officials shall establish and govern all policies regarding the administration of High School Golf including player eligibility.
- 3- As with all other UHSAA sanctioned sports and activities it is the responsibility of school Coaches and Athletic Directors to follow all UHSAA policies concerning eligibility, travel, and schedules.
- 4- The Utah Section PGA in conjunction with UHSAA Officials shall administer the State Championship Golf events. The Utah Section PGA will also interpret and apply the current “Rules of Golf” as outlined and published by the United States Golf Association, to include “Local Rules and Notice to Competitors”.
- 5- Mandatory Rules and Competition Clinics are required to be held on a region basis. Clinics for Spring Golf (1A Boys and 1A-6A Girls) must be concluded by April 15 each season. Clinics for Fall Golf (2A through 6A boys) must be completed by September 15. The Utah Section PGA can assist setting up these important clinics by supplying clinic presenters, outlines, “Rules of Golf” books for each participant, and other important rules material.
- 6- Special Player Accommodations need to be applied for in advance of the golf season or event. Accommodation approval will be reviewed and approved or denied as per UHSAA procedures.

### MAXIMUM STROKE PLAY SCORING FORMAT:

- 1- ALL UHSAA Golf Championships (boys and girls) will use a **Maximum Stroke Play Scoring System**. Contestants will PICK UP after reaching a maximum score of nine (9) strokes on any hole of a competition.
- 2- Markers will record a 9 on any hole where the maximum score is scored and then it will be circled on the card for easy identification of that score.
- 3- All designated region events should also use this scoring system. This will provide consistent and fair qualification for the state competitions and All-State considerations.
- 4- Advantages of using this system are increased speed of play and less pressure to finish a very bad hole. This system will also use the modification for Penalties and Disqualification Penalties that are listed under USGA Rules of Golf; Rule 21.2

### REGION and STATE COMPETITION POLICIES:

- 1- **Region Match Schedules:** For both Fall and Spring Golf it is recommended that Regions hold at least six 18-hole matches.
  - a. It will also be the responsibility of the Region Coaches to administer fair and equitable Region events based on the most current “Rules of Golf” and UHSAA Rules and Procedures.
  - b. A maximum of 8 players will be allowed to play at all Region matches. If the facility can accommodate additional players, permission from the UHSAA must be given on a case by case basis.

2- **Tournament Formats:**

- a. Both Fall and Spring Golf Competitions will be played according to the **MAXIMUM STROKE PLAY SCORING FORMAT. See details above.**
- b. Both Fall and Spring Golf Teams will consist of six (6) player teams with the low four (4) **“MAXIMUM STROKE PLAY SCORING FORMAT”** scores counting for the team total. A team may compete for team honors provided they have a minimum of four players.

3- **Coaching/Caddies:**

- a. Two coaches will be allowed per school. The two coaches will be the only people allowed to give advice to a player.
- b. Coaches are not allowed to play during the Region matches.
- c. One golf cart will be assigned to each school.
- d. You may not “switch out” a coach during official play. Once the two coaches are declared at the beginning of the round, they will be the coaches for the remainder of that day.
- e. At the State Championship, coaches are not allowed on the putting surface during official play.

4- **Golf Cart Use Policies:**

- a. Players may not use motorized golf carts during the play of any competition except when the Rules Committee determines that a player may be transported between holes to help with pace of play; or when a rules official allows a player to ride back to a previous position to put another ball in play during a rules situation.
- b. Hand carts or “trolleys” are not considered motorized carts and are acceptable for players use.
- c. Any appeals for cart use based on a chronic medical condition must be heard and approved by UHSAA Officials prior to the start of the golf season. Region officials do not have the authority to hear or rule on cart use issues.

5- **Distance Measuring and Electronic Devices:** Participants may use “distance measuring devices” that conform to the Rules of Golf- Rule 4-3; Note; Appendix I. This limits the distance measuring to only measure distance and not slope, wind, or barometric pressure, etc.

- a. In fairness to the field: a player using a “distance measuring device” must allow a fellow competitor within their grouping to use the information from that device upon request. If the player does not comply, permission to subsequently use of the device will be withdrawn.
- b. No cell or smart phones, or other electronic devices may be used during the competition.

6- **Dress Code:** Appropriate golf attire is required for all golfers and coaches at all UHSAA sanctioned events.

- a. Each team must dress in golf style uniforms (shirts/tops).
- b. Team uniforms/and or golf attire must comply with any and all standards that are set by the various host courses.
- c. Male participants may wear long pants or golf appropriate shorts. Host course dress restrictions (including the state championship venues) take precedence over all other policies so consider this when selecting uniforms. Denim, basketball, or cargo style shorts are not recommended. Collared shirts or mock turtleneck shirts are recommended.
- d. Female participants may wear long pants, slacks, or golf appropriate shorts, skorts or skirts. Shorts may not have an inseam shorter than 4 inches and must be modest in style and structure. Host course dress restrictions (including the state championship venues) take precedence over all other policies so consider this when selecting uniforms. Denim, basketball, or cargo style shorts are not recommended. Collared shirts or mock turtleneck shirts are recommended. They may wear a well-structured tee-shirt provided it is consistent with the team uniform concept and is modest in design.
- e. We recommend that coaches wear the team uniform at their competition, and they are required to conform to the above dress code policies.
- f. Violations of any of the above dress code policies will be referred to the UHSAA.

7- **Rules Assistance:** The Utah Section PGA will provide “Call-in Rules Help” should the Region committees or school coaches need additional help. Please call or text the following numbers for Rules Help: Devin Dehlin (801) 556-0393; Aaron Goodman (801) 910-2159; Annie Fisher (801) 558-2410; Scott Whittaker



(801 913-0779. A USGA interactive rules training module is available for coaches and players use at [www.usga.org/rules/trainers](http://www.usga.org/rules/trainers)

#### FALL (Boys) and SPRING (Girls, 1A Boys) CHAMPIONSHIPS:

- 1- Formal online entries on the UHSAA Website are due by 3:00 p.m. MST the Tuesday prior to the State Championship event. Region Golf Tournaments should be scheduled and played prior to these Deadlines! All teams that qualify for state must have their correct team selections made by the deadline. Late entries will be referred to the UHSAA.
- 2- Region Representatives will turn in the team averages of 6 players from every Region Team and the top 12 individuals from each Region by the deadline. Entry forms can be found on the UHSAA Golf Page.
- 3- Team rankings will be determined by each Region. Player Rankings will be determined by each school (coach). The Utah Section PGA will pair teams for the State Tournament based on season averages as per current UHSAA guidelines.
- 4- Availability for scheduling both region events and practice rounds at the state championship site will be determined by the championship host site per their policies & availability.
- 5- Practice rounds and play ARE allowed the day before the State Championship at the State Championship site.
- 6- UHSAA will not provide athletic trainers on site at State Golf Tournaments.
- 7- If bad/severe weather dictates that alternate formats/number of holes be used to complete the event, when or if necessary, the new format will be determined by UHSAA and UPGA Officials onsite.
- 8- In case of a tie for first or second place in team standings, there will be a sudden-death playoff. Four golfers from each tied team (as designated by the coach) will tee-off together and play a hole or holes as designated by the Rules Committee until one team scores cumulative lower score than the other(s).
- 9- A tie for individual medalist honors will be broken by sudden-death playoff. If all players tied for medalist honors are in a playoff with their respective team, no separate medalist playoff will be held but will be determined from scores earned during the team playoff.

#### BOYS STATE CHAMPIONSHIPS REQUIREMENTS:

- 1- The Boy's State Championships 1A, 2A, 3A, 4A, 5A, 6A, will be 36-hole events held over two days of play.
- 2- There will be a team cut after the first day of play. The low 60% of the team field and including ties for the final spot will play the second or final day. See qualifying procedure below.
- 3- Individual players that shoot a score on the first day of play that is within ten shots of the individual leader; or shoots a score that is in the top ten individuals on the first day; or shoots a score of 79 or better will make the cut and play the second day.
- 4- There will be a \$240 team or \$40 individual registration fee charged all participants at the boy's state championships. This fee will cover green-fees, practice balls, and other administrative costs. This registration fee should be paid to the Utah Section PGA who administers at the State Championship events. Payment may be made onsite at the State Championships in the form of cash, check, or credit card.
- 5- Boy's Championship Qualifying Process: (These qualification policies are subject to UHSAA modification).
  - a. 6A Boys- **Team Qualification:** The top TWO schools in each Region (eight schools total) will qualify. The next eight schools will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.
  - b. 5A Boys- **Team Qualification:** The top TWO schools in each Region (eight schools total) will qualify. The next eight schools will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared

- before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.
- c. 4A Boys- **Team Qualification:** Region 9: 6 teams qualify; Region 10: 5 teams qualify; Region 11: 5 teams qualify. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.
  - d. 3A Boys- **Team Qualification:** The top TWO schools in each Region (six schools total) will qualify. The next eight schools will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.
  - e. 2A Boys- **Team Qualification:** The top TWO schools in each Region (eight schools total) will qualify. 50% of the remaining schools in each Region (with complete teams) will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.
  - f. 1A Boys- **Team Qualification:** The top TWO schools in each Region (eight schools total) will qualify. 50% of the remaining schools in each Region (with complete teams) will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.

#### GIRL'S STATE CHAMPIONSHIPS REQUIREMENTS

- 1- 1A and 2A: 18-hole event (one day)
- 2- 3A; 4A; 5A; and 6A: 36 hole event (two day). There will be a team cut after the first day of play. The low 60% of the team field including ties for the final spot will play the second day. Individual players that shoot a score on the first day of play that is within ten shots of the individual leader; or shoots a score that is in the top ten individuals on the first day; or shoots a score of 85 or better will make the cut and play the second day.
- 3- Registration Fee: There will be a registration fee charged for all participants at the girl's state meets. This fee will cover green-fees, practice balls, and other administrative costs. This registration fee should be paid to the Utah Section PGA who administers at the State Championship events. Payment may be made onsite at the State Championships in the form of cash, check, or credit card.
  - 1A & 2A Fees: \$120 team or \$20 individual
  - 3A, 4A, 5A & 6A Fees: \$240 team or \$40 individual
2. Girl's Championship Qualifying Process: (These qualification policies are subject to UHSAA modification).
  - a. 6A Girls- **Team Qualification:** The top TWO schools in each Region (eight schools total) will qualify. The next eight schools will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.

- b. 5A Girls- **Team Qualification:** The top TWO schools in each Region (eight schools total) will qualify. The next eight schools will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.
- c. 4A Girls- **Team Qualification:** Region 9: 6 teams qualify; Region 10: 5 teams qualify; Region 11: 5 teams qualify. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.
- d. 3A Girls- **Team Qualification:** The top TWO schools in each Region (six schools total) will qualify. The next eight schools will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.
- e. 2A Girls- **Team Qualification:** The top TWO schools in each Region (eight schools total) will qualify. 50% of the remaining schools in each Region (with complete teams) will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.
- f. 1A Girls- **Team Qualification:** The top TWO schools in each Region (eight schools total) will qualify. 50% of the remaining schools in each Region (with complete teams) will qualify by an overall average TEAM score. A TEAM TOTAL will be submitted with scores for four players at six matches. The team averages will be determined using the official course rating for the tees played. Matches must be declared before the season begins. The declared matches must be the same for every school within the Region. **Individuals:** Individuals who do not otherwise qualify through a team but are in the top twelve (12) individuals for the region are eligible to enter.

#### ALL-STATE SELECTION:

The Utah Section PGA All-State Tournament and Awards Banquet will be held the last week of May. Every First Team All-State team member will be invited (120 players total). The selection of All-State Golf Teams is not a function of the UHSAA and questions concerning the process should be directed to the Utah Section PGA. (801) 566-1005

- First Team All-State is the top 10 players in each classification. Second team and honorable is also 10 players. Visit [utahpga.com](http://utahpga.com) for a full All-State Team list.
- All-State Team Selection: The number of region scores used in the All-State Selection process needs to be uniform across the state. The number of matches to be turned in to the Utah PGA to use in the All-State Team selection process is as follows: **(These matches will need to be declared before the season begins.)**
- **THE MAXIMUM STROKE PLAY SCORING FORMAT must be used in region play for scores to be turned in for All-State Team calculations.**
  - All Girls- Turn in 4 scores, 3 will be used for All-State Selection
  - 1A Boys- Turn in 4 scores, 3 will be used for All-State Selection
  - 2A & 3A Boys: Turn in 7 scores, 5 will be used for All-State Selection
  - 4A, 5A & 6A Boys: Turn in 8 scores, 6 will be used for All-State Selection

- Can be combined, NOT doubled. (Example: 8 - 9 hole scores OR 4 - 18 hole scores)
- All-State Team Selection is on a 35% Region score / 65% State score formula.
- Region score reporting forms will be provided by the PGA one week prior to the State Championships.

Contact the following people for clarification or additional questions:

Jan Whittaker, UHSAA	<a href="mailto:jwhittaker@uhsaa.org">jwhittaker@uhsaa.org</a>
Devin Dehlin, Utah Section PGA	<a href="mailto:ddehlin@pgahq.com">ddehlin@pgahq.com</a>
Annie Fisher, Utah Section PGA	<a href="mailto:afisher@pgahq.com">afisher@pgahq.com</a>
Aaron Goodman, Utah Section PGA	<a href="mailto:agoodman@pgahq.com">agoodman@pgahq.com</a>

## LACROSSE Policies & Pairings

### Playing Lines

The UHSAA allows school discretion to use any NFHS-approved lines, per the NFHS rule book. However, the Association supports the usage of the NFHS-approved modified lines as schools add facilities that don't have preexisting lines.

### Official Game Ball

The UHSAA does not have an official game ball in lacrosse in the regular season. However, the ball must meet the NCAA/NOCSAE standard, designated by a stamp of approval on the ball.

### Uniforms and Equipment

All uniforms and equipment will have to meet the NFHS standards for high school play. Officials will verify equipment compliance as per NFHS rules. NOCSAE standards should be used where prescribed in the NFHS rules.

### State Tournament Pairings Format

State tournament placements will be based upon final RPI rankings. There is no points system that will be used for seeding. The top 16 teams, based upon RPI, will be seeded into "Division A" while the next 16 teams will be seeded into "Division B" for state tournament competition. The remaining teams will be placed in "Division C" classification for the state tournament. There will be no classification adjustment for the purpose of the RPI. Region scheduling formats will be the decision of the region chairs.

### Ejections

The ejection policy for lacrosse will follow existing UHSAA ejection policies. Officials will be encouraged to fill out ejection reports for lacrosse, but it will be the responsibility of a program's coaches and administrators to ensure that the UHSAA ejection protocol is followed according to the rule. Fouling out will not qualify as an ejection.

### Clock Protocol

The UHSAA will follow all NFHS clock protocol rules, including the mercy rule.

### Overtime Procedure

The UHSAA will follow NFHS procedures for overtimes. The Association will use a golden goal in overtimes to determine a winner.

### Financial Responsibilities in Postseason Events

Officials for postseason events are paid by host schools when games are contested at home sites. UHSAA will cover officiating costs at UHSAA-controlled venues, typically in the semifinals and finals.

## SOCCER Policies & Pairings

### Point System for Seeding in the State Tournament

The following scoring system will be used to determine region seeding for state soccer tournaments: three (3) points for a win, one (1) point for a tie, and no points for a loss.

### Ejection/Red Card Suspension

For the purposes of applying UHSAA Administrative Policies and Guidelines 4-d, an ejection by an official shall be considered to be any coach, player or bench personnel who has been disqualified (red card) in accordance with the NFHS Soccer Rules Book, Rule 12, Section 8, Art. 2. According to the Soccer Rules when such a card is issued, the individual is disqualified and may not be substituted, the team must play short. In accordance with UHSAA Administrative Policies and Guidelines 4-d, players disqualified on a red card (pursuant to NFHS Soccer Rules 12-8-2) will be required to sit out the next regularly scheduled game at that level (varsity, J.V. etc.) and any intervening levels of play as well. A disqualified coach, player or bench personnel is considered to have been ejected.

### Goal Differential Rule

A match will end and the team which has scored the most goals declared the winner when there is an 8 goal differential after 10 minutes have elapsed in the second half of the match.

### Overtime Procedure

For tie games in **pre-season play, regular season play and state tournament play;** A maximum of two 10-minute “sudden victory” overtime periods will be played. If a team scores within an overtime period, that team will be declared the winner. If, at the conclusion of two 10-minute “sudden victory” overtime periods, a tie still exists, items 3, 4 and 5 from the tie game procedure from the National Federation Soccer Rules Book will be used (shoot out). Suspended Game If less than one half of a contest has been played, the game is restarted from the point of suspension. See “Suspended Game Procedure” in the Administrative Policies and Guidelines section of the UHSAA Handbook and Rule 7 Section 1 of the NFHS Soccer Rules Book for further details.

### Caps

Players may wear soft and yielding caps during inclement weather

*\*Home teams for state tournament. Officials are to be paid by the home team at the post-season rate for first round and quarter-final state tournament games. The higher seeded team will be the home team.*

**\*For a complete listing of the region alignments and pairings for soccer, visit**

**<http://www.uhsaa.org/pairings.pdf>.**

## SOFTBALL Policies

### **Adhere to UHSAA & NFHS Rules**

The National Federation of High Schools (NFHS) provides the rules for high school softball. Coaches, athletes and officials must adhere to the NFHS rules and the rules outlined in the UHSAA Handbook. To review the NFHS softball rule changes for this year, go to the UHSAA Softball page at [www.uhsaa.org](http://www.uhsaa.org) or the NFHS website at [www.nfhs.org](http://www.nfhs.org) (click on the “Athletic and Fine Arts Activities” tab then softball). Both sites provide valuable updates and resources for softball coaches and officials.

### **Official Optic Yellow Game Ball**

Wilson A9011 will be the official ball for the state tournaments. The color “white” was removed from the list of permissible colors for softballs. All softballs used for competition must now be optic yellow (NFHS Softball Rules).

### **UHSAA Requires Double First Base**

For safety reasons, the UHSAA requires a double first base in all scheduled games and tournaments.

### **Time Limits for Sub-Varsity Games Only**

**A 1 1/2 hour time limit will be in effect for all (2A-6A) sub-varsity games.** Time limits will NOT apply to varsity level games (2A-6A). Occasionally, member schools will play softball on city or county park properties that may impose a specific time limit. If a facility restriction is in place, a 1 and 1/2 hour time limit may be used. There will be no time limit for playoffs and championship games in any classification.

### **Adhere to UHSAA Suspended Game Procedure**

Schools should adhere to the suspended game rule as stated in the **UHSAA Handbook** and **UHSAA Official’s Guidebook**. The NFHS suspended game rule (NFHS Rule 4-2-3) will NOT be in effect.

### **Ten Run Rule & Fifteen Run Rule**

A ten run rule is in effect after five innings of play. A game will end anytime after 4 1/2 innings or 5 innings when a team is 10 or more runs behind and has completed its term at bat. A fifteen run rule will be used after three innings of play. These rules will be in effect for pre-season, season and post-season games.

### **International Tie-Breaker**

After 7 innings of play or at the beginning of the first full inning after the time limit expires, the international tie-breaker will be implemented. At the start of the 8th inning before the first batter begins her turn at bat; the last batter who hit in that team’s half of the last inning will assume a position at 2nd base. This means that the first batter in the top of the 8th will bat with a runner on 2nd base and no one out. The same procedure will continue in each half inning until a winner is determined.

**State Softball Tournaments**

Go to the UHSAA online calendar link ([uhsaa.org](http://uhsaa.org)) for the dates and locations of the state softball tournaments. Review the state softball pairings listed on the next page. Regions should email in their final region results to [jwhittaker@uhsaa.org](mailto:jwhittaker@uhsaa.org) as soon as they become available.



## SWIMMING Policies

### Adhere to UHSAA and NFHS Rules

The National Federation of High Schools (NFHS) provides the rules for high school swimming and diving. Coaches, athletes and officials must adhere to all UHSAA and NFHS rules and regulations. Swimmers must compete in legal attire as outlined in the NFHS Swimming Rules. Suits which are deemed inappropriate or offensive will not be allowed. Coaches will inform their athletes that suits must adequately cover the buttocks. Meet directors or UHSAA representatives may ask that another suit be worn.

### Qualifying Meets and Times

The results of all dual, invitational, district, and region meets will be sent to the State Top 100 Committee. These times will be kept by them and published on a timely basis during the year. In order for the times of the meets listed above to be used in consideration of qualifying for state competition the following conditions must be met:

- The meet must be run using electronic timing.
- There must be two certified officials at each meet from the list of officials published by the Utah Swim Coaches Association.
- Results must be signed by both officials and the head coaches.
- The date of the meet and the time the meet ended should be placed on the result sheet(s) and sent to the State Top 100 Committee.
- Meets swam in meter pools will be converted by taking the time swam in the meter pool in seconds and dividing it by 1.11 (HY-TEK).
- Meet results and results sheet must be submitted to compiler **within one week** after competition is completed.
- The region championship meet is the last chance to submit state qualifying times.

### USCA Fee for Maintaining Top 100

The Utah Swimming Coaches Association (USCA) requires a \$35 annual fee from participating schools to maintain the Top 100 times on the USCA website at [www.utswimcoach.com](http://www.utswimcoach.com). This list will be used for seeding into the State Swim Meets. To have times posted, the required \$35 fee shall be paid to the UHSAA by November 1. The UHSAA will invoice each school for the participation fee. Any times achieved prior to this due date, will not count towards state qualification **if** the fee has not been paid. State qualifying times will not count until **after** the fee has been paid. If you have questions regarding the USCA fee contact the USCA President.

### 1A/2A Classifications

Participating 1A/2A schools will compete in the 3 Regions of the 3A Classification. The 1A/2A schools participating in swimming have been assigned to the following regions:

- Region 12- Altamont, Beaver, Gunnison Valley
- Region 13- Intermountain Christian, North Summit, Rowland Hall, St. Joseph
- Region 14- Millard, Telos, Wasatch Academy, Waterford

**Meet Format & State Qualifiers**

A state swim meet will be held in the 3A, 4A, 5A and 6A classifications, with 1A and 2A participating schools competing in the 3A classification.

The 3A, 4A, 5A and 6A classifications will hold a two-day meet. A preliminary round will be held for all Individual Events and Relay Events on day 1. On day 2, all Individual and Relay Event Finals will be held. For information on the state meets go to the swim page at [www.uhsaa.org](http://www.uhsaa.org).

There will no longer be automatic individual event qualifiers to the state meet from region championships meets. Individual Event qualifiers will be based on the best verifiable times from the top 100 to a total of 24 swimmers per individual event for 3A, 4A, 5A and 6A. There will no longer be automatic relay event qualifiers to the state meet from the region championship meets. Relay Event qualifiers will be based on the best verifiable time from the top 100 list (see criteria above for qualifying meets) to a total of 20 relays in 3A, 4A, 5A and 6A meets.

**Number of Alternates Allowed**

~~Two alternates allowed for individual events. There will not be any alternate relay teams (i.e. 21, 22). Non-individually qualified relay alternates for the entire meet will be limited to a total of four (4) per school.~~

**Meet Entry Instructions**

Coaches for 3A and 5A are required to email their state entries, (two separate entries, one for the girls and one for the boys), on the HY-TEK program to:

Dan Miller

State Meet Director, at [mild754@gmail.com](mailto:mild754@gmail.com)

Coaches for 4A and 6A are required to email their state entries, (two separate entries, one for the girls and one for the boys), on the HY-TEK program to:

Steve Marsing State Meet Director, at [steven.marsing@wasatch.edu](mailto:steven.marsing@wasatch.edu)

DEADLINE of 3:00 pm on the following dates:

3A-Tuesday, February 2nd 4A- Tuesday, February 2nd

5A-Tuesday, February 9th 6A- Tuesday, February 9th

Please contact the meet director one day prior to the meet for any known scratches. Emergency scratches will be accepted at the coaches meeting.

· Volunteer Timers: Coaches may be asked to supply non-competing swimmers as timers for each session.

· If assigned by the meet director or meet Referee, coaches should email the names of participant timers to Robyn Peterson at [uhsstateswintimer@yahoo.com](mailto:uhsstateswintimer@yahoo.com).

Coaches are responsible to verify their state entries are accurate and correspond with the times listed on the Top 100 or the school will be fined \$25 per incorrect time submitted. Coaches are not allowed to send in additional entries after the deadline given. Championship meet entry rules apply as outlined in the NFHS Swimming & Diving Rules Book (i.e. limit of four swimmers per individual event per school; swimmers limited to two individual and two relays or one individual and three relays). When submitting entries to the Meet Director, coaches must include: the HY-TEK file, the entries for the individual and relay events, and the names of the three (3) individuals that will receive the coaches' deck passes (max of 3). Each school must submit up to eight (8) names for each relay team that will swim at state. Only the participants listed will be allowed to swim the relay at the state meet. Each team is limited to four (4) individual entries per Individual Event and one (1) relay per Relay Events.

If coaches have any questions regarding your entries, call State Meet Director, Dan Miller (801-360-7098) or Steve Marsing (801-598-9460) prior to the deadline. After verifying the times and entries submitted, the Meet Director

will email the state meet psych sheets to coaches so they can review the rosters and swimmers that qualified in the events.

- The State Meets will be posted on the UHSAA Swim Page at [www.uhsaa.org](http://www.uhsaa.org).
- Relays are declared at the state swimming meets.
- Two alternates allowed on individual events. There will not be any alternate relay teams (i.e., 17, 18).
- Any technology made available by the host site may be used at the discretion of the meet director.

#### **UHSAA Deck Passes and Picture I.D. Required**

A UHSAA Deck Pass and a picture I.D. (i.e. activity card, driver's license) are required for admittance to the deck area. Passes may only be picked up on Wednesday preceding the state meet (after 10:00 am) OR at the state site where tickets are sold (by entrance to the balcony). ***Only UHSAA Credentialed coaches will be allowed on the deck.***

## TENNIS Policies & Pairings

\*For a complete listing of the region alignments and pairings for tennis, visit <http://www.uhsaa.org/pairings.pdf>.

*Note: Number of qualifiers from a division may be adjusted based on the number of participating schools.*

### UHSAA and FAC/USTA Rules

Coaches and players shall adhere to the rules and regulations outlined in the UHSAA Handbook and the *Friend of Court (FAC)/USTA Rules Book*. The UHSAA Handbook is posted online at [www.uhsaa.org](http://www.uhsaa.org) under the Publications tab; a link to the FAC and the Tennis Section of the UHSAA Handbook is available on the Tennis page on the UHSAA website at [www.uhsaa.org](http://www.uhsaa.org). The UHSAA State Tennis Tournaments are not sanctioned USTA tournaments, as such, the UHSAA has some policies that are unique to their tournaments. FAC/USTA Rules shall govern unless modified by the UHSAA.

### Five Positions in UHSAA Tennis

Participating UHSAA member schools compete in five categories or positions: 1<sup>st</sup> singles, 2<sup>nd</sup> singles, 3<sup>rd</sup> singles, 1<sup>st</sup> doubles and 2<sup>nd</sup> doubles. The intent is for participating schools to fill all five positions. In rare circumstances, if a school does not have enough eligible or available players to fill all five spots, then the spots have to be filled in order of difficulty beginning with the 1<sup>st</sup> singles and/or the 1<sup>st</sup> doubles.

### UHSAA Contest Limitations for Tennis (See Article 2, UHSAA Handbook)

Players at 6A, 5A, 4A and 3A schools may compete in a total of 16 matches. The number of matches counted for a tennis tournament (competition among four or more schools) shall be equal to the number of days scheduled for the tournament; e.g., a one-day tournament shall count as one match, a two-day tournament shall count as two matches, etc. State qualifying tournaments do NOT count towards the contest limitation totals for individuals.

### Minimum Match Requirement

To be eligible to compete in the state qualifying tournament, players shall compete in a minimum of five (5) matches during the season. This may include matches played at the varsity or junior varsity level and in the singles or doubles position. Injury or special situations will be considered but must be approved by the Region Tennis Chair and in turn the UHSAA prior to the player participating. Because of the stacking guidelines, regions/divisions should not dictate that a certain percentage of matches be played at a certain position (i.e. 1<sup>st</sup> singles, 2<sup>nd</sup> singles).

### Guidelines for Determining a Lineup – Stacking is NOT Permissible

In an effort to promote fair play and wholesome team competition, coaches shall submit legitimate lineups based on the skill ability of their participating players. **Skill level determines the category or position a player should be legitimately placed.** The UHSAA offers the following guidelines for determining a legitimate lineup:

- **Coaches shall enter players at the positions which their skill dictates (on the day of the meet)**  
A legitimate lineup places a better skilled singles player above a lesser skilled singles player or a better skilled doubles team above a lesser skilled doubles team. A lineup that places a singles player of lesser skill ahead of a player with greater skill is NOT LEGAL. Similarly, any lineup which places a doubles team of lower skill ahead of a team with greater skill is illegal. Lineups change as players' skill levels change.
- **Legitimate lineups according to skill ability:** Skill ability shall be defined as the number one singles player shall be better than the number two singles player who shall be better than the number three singles player. The number one doubles team shall be better than the number two doubles team.

- **Stacking is NOT permissible and could result in UHSAA sanctions.** Juggling, shuffling or forfeiting positions to gain an advantage is unsportsmanlike and creates an unhealthy educational environment. In the event of an injury, absence, ineligibility during any course of the season the next best player would move up to fill the spot vacated by the injured player.

### **State Qualifying Tournaments and the Process for Submitting Tournament Results**

The UHSAA holds state tennis tournaments for 6A, 5A, 4A, and 3A, with 2A and 1A qualifying players participating with 3A. With an individual competition format, team points are accumulated as players advance through their respective bracket (1<sup>st</sup> Singles, 2<sup>nd</sup> Singles, 3<sup>rd</sup> Singles, 1<sup>st</sup> Doubles, 2<sup>nd</sup> Doubles). Players from 6A, 5A, 4A and 3A schools qualify for the state tournament through their region tournament.

No Player who is registered for or intends to participate in any other tennis tournament, including any USTA qualifying tournament, shall be eligible for or participate in the State Qualifying Tournaments. It shall be the express duty and responsibility of the tennis coach, athletic director and principal to ensure that this requirement is met.

Contact your Region or Division Tennis Chair for more information regarding your state qualifying tournament. Immediately following each state qualifying tournament, it is the responsibility of the Region Tennis Chair or Tournament Director to enter the results of the state qualifying tournament through the link provided on the Tennis page at [www.uhsaa.org](http://www.uhsaa.org). In case a substitution is necessary, state qualifying tournaments should play out to at least one position beyond the number that qualify. Results from the state qualifying tournament shall be entered online no later than MIDNIGHT the Saturday prior to state.

### **Seeding Meetings for State Qualifying Tournaments**

Because of the individual competition format of the UHSAA tournaments, seeding meetings play an important role. Head coaches present the names of the specific player(s) they have selected to compete in each of the five positions, as determined by a number of criteria including regular season record at that position. After discussion, coaches seed the selected player(s), one bracket at a time, based on established seeding criteria (i.e. player's position record during the regular season, head-to-head competitions). Coaches address any unique circumstances (i.e. injuries).

### **Individual and Team Scoring**

UHSAA State Tennis Tournaments will be two-out-of-three sets with regular scoring. If the score reaches six games all, a seven-point tiebreak game shall be played (first player to score seven points with a two point margin wins the set). State tournaments are single elimination. **Team scoring for the 3A, 4A, 5A and 6A State Tennis Tournaments** will be 1-1-2-2 (One (1) point for a win in the first round and quarter-finals; two (2) points for a win in the semi-finals and finals. Tournaments will include five categories or positions: 1st singles, 2nd singles, 3rd singles, 1st doubles and 2nd doubles.

### **UHSAA Coaching Guidelines**

Coaching is only allowed by members of the coaching staff during allowed during rest periods, between sets and during changeovers. At State, only two coaches are allowed to coach at any given time and only one coach is allowed on any given court. Compliance with USTA time limitations regarding rest periods and changeovers are still in effect and USTA penalties for time violations on rest periods and changeovers will be enforced. Coaching is not permitted during the warm-up period, during a tiebreaker or following the first game of a set.

### **Substitution of Players for State Tournament**

Only the next available qualifier (or qualifiers if doubles) from region play may serve as a substitute. All substitutions must be approved in writing by the region chairperson. In the case of extreme illness, academic

ineligibility, disqualification, injury or emergency, a doubles player may be substituted for by that same school but said substitute must be of lesser ability and/or record. Coaches may not substitute for players who choose not to participate for personal reasons. Substitutions are not allowed after the tournament begins.

**Proper and full team uniform is mandatory** for all state tournament participants. Teammates should wear the similar style and color of shorts and shirts although team logo designation is not required. Dress should be modest and follow proper tennis etiquette. Players not in legal uniform will be required to change or be disqualified from the tournament.

## TRACK & FIELD Policies and State Qualifications

### 6A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

<u>Region 1</u>	<u>Region 2</u>	<u>Region 3</u>	<u>Region 4</u>
6	4	4	4

### 5A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

<u>Region 5</u>	<u>Region 6</u>	<u>Region 7</u>	<u>Region 8</u>
4	6	5	6

### 4A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

<u>Region 9</u>	<u>Region 10</u>	<u>Region 11</u>
7	6	5

### 3A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

	<u>Region 12</u>	<u>Region 13</u>	<u>Region 14</u>
Ind. Events:	5	5	5
Relays:	5	5	5

### 2A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

	<u>Region 15</u>	<u>Region 16</u>	<u>Region 17</u>	<u>Region 18</u>
Ind. Events:	4	4	4	4
Relays:	4	4	4	4

### 1A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

	<u>Region 19</u>	<u>Region 20</u>	<u>Region 21</u>	<u>Region 22</u>
Ind. Events:	3	7	4	3
Relays:	2	3	2	2

### Additional Qualifiers

In addition to the above, any individual or relay team meeting the qualifying standard at a sanctioned qualifying or region meet will also qualify for the state meet. Only one relay team from each school may be entered at the state meet. Seeding for the state meets will be based on the **qualifying mark** from the region or other sanctioned qualifying meet. Only qualifying marks or marks achieved in earning a qualifying place at the Region meet are allowed for entry into and seeding at the state meet. Wind aided marks will NOT be accepted as state qualifying marks in the 100 Meter Dash, 200 Meter Dash, or in the 100 or 110 Meter High Hurdles. Average anemometer (wind gauge) readings in excess of +2.0 meters per second (see rule 10-2) are considered to be wind aided. All state qualifying marks submitted in these events from state qualifying meets must be accompanied by a valid

anemometer reading during the race in which the mark was achieved. An anemometer (wind gauge) is required at all state qualifying meets.

### **Qualifying Meet Standards/Limitations**

Any qualifying meet must meet the standards and regulations as outlined in the [UHSAA Track & Field Qualifying Meet Standards & Regulations found on the "Forms" page of the UHSAA Web-site](#). An individual may participate in no more than eight (8) qualifying meets in addition to the region meet.

### **Results Reporting**

Hosts of qualifying meets and region meet chairpersons must assume the responsibility of notifying coaches of accurate times. **Results of all state qualifying meets, including region meets, must be submitted to the UHSAA within 48 hours** of the conclusion of the meet. This is to be done using the RunnerCard system. In all cases, only fully automatic times (FAT) may be submitted. All races of 200 meters or less in length must also include a legitimate anemometer reading to be valid.

### **State Entries; Region Meet Results**

Region meet results (including trials and finals) are to be submitted using the RunnerCard system and are due in UHSAA offices no later than 48 hours following the conclusion of the meet or by 12:00 noon the Monday before the state meet, whichever is earlier. Each individual coach is responsible for entering his/her qualified athletes in the state meet via the RunnerCard system. This will not be done by the region. Deadlines for entries are included in meet information available on the Track page of the UHSAA website.

### **Region Meets are Non-Declaratory**

An athlete is entered in the state meet when an official entry has been submitted by the coach and verified by the UHSAA. This means that region meets are non-declaratory.

### **Resolution of Ties for State Qualifying**

Each region is responsible for breaking ties at the region meet for qualification to the state meet before forwarding entries. Regions are to include in their handbooks the procedure for breaking ties for the final qualifying spot in the region meet.

### **Spike Requirements at BYU**

At the state meet only 1/4" (or shorter) Pyramid spikes may be used on the Mondo Track. No Christmas trees, pins, or needles will be allowed.

### **Practice at State Meet Site**

No practice is allowed at the State Meet site (BYU Track & Field facility) within two weeks of the state meet. This means no athlete may be in the stadium area at all for two weeks prior to the facility opening on the first day of the State Meet. **This includes setting up tents or shade tarps.**

### **Pole Vault**

The pole vault will be a team scoring event for both boys and girls in the 6A classification but non-scoring in 1A, 2A, 3A, 4A and 5A. In 2A, competing in the pole vault will not count toward the limit of four events in which an individual may compete at the region and state meets.



**State Records**

No state record shall be granted unless the time is recorded by fully automatic timing (FAT). No state record in the long jump or any race up to and including 200 meters shall be granted unless an anemometer is used and accurate wind velocity readings duly recorded. An average wind velocity which exceeds two (2) meters per second will invalidate a record. Completed state record application forms must be submitted to the UHSAA before a state record can be considered and become official, even if set at the state meet. For application form go to [www.uhsaa.org/publications/forms.html](http://www.uhsaa.org/publications/forms.html).

## ***UHSAA Track & Field State Qualifying Standards***

### ***UHSAA Track & Field State Qualifying Standards 2021*** **Proposed Girls' Standards**

### ***UHSAA Track & Field State Qualifying Standards 2021*** **Proposed Boys' Standards**

## VOLLEYBALL Policies & Pairings

### State Tournament Volleyball Pairings

#### Wilson Official Game Ball for State Volleyball Tournaments

Wilson K1 Gold, 3 color paneled volleyball, will be the official game ball at the state tournaments. Schools are not required to use the Wilson K1 Gold volleyball during the season. Schools have the option of using a color-paneled volleyball which meets the criteria outlined in the NFHS Rulebook. All panels of the volleyball shall be solid white or a maximum combination of three colors (with each panel being a solid color) of which at least one-third of the panels shall be solid white. See the NFHS Volleyball Rules Book for information.

#### Match Times for Varsity and Sub-Varsity

The maximum starting time between varsity and sub-varsity matches shall be one hour and 15 minutes. For example, if the varsity match is at 3:30 pm, the next matches (JV and Soph) shall be at 4:45 pm and 6:00 pm.

#### Standard Warm-up of Ten Minutes

Standardized warm-up for all varsity and sub-varsity levels is 10 minutes. Teams may either use a 5-5 or 4-4-2 format. Home teams in the pre-season and regions are to determine which format will be used. Teams are encouraged to stretch and warm-up in other areas of the school prior to the start of the 10 minute on-court warm-up. The format for state tournament play will be 4-4-2. Teams may be penalized by officials for delay of game with regard to delayed warm-up time or excessive warm-up time. If prior matches finish early there may be more time for general warm-up for both teams, but only in the event that matches are running ahead of scheduled start times.

#### Rally Scoring Format for Varsity & Sub-Varsity

Rally scoring format for VARSITY matches is as follows: sets 1-4 (4 if necessary) score to 25 with no cap and set 5 (if necessary) scores to 15 with no cap. Sets 1-5 have a possibility of two time-outs per team. (Note: the varsity set 5 has the possibility of two time-outs per team, unlike the sub-varsity set to 15).

Rally scoring format for SUB-VARSITY matches is as follows: sets 1 and 2 score to 25 with a cap of 27; sets 3, 4 and 5 (4 and 5 if necessary) score to 15 with a cap of 17. Sets 1 and 2 have a possibility of two time-outs per team and sets 3, 4 and 5 (4 and 5 if necessary) have a possibility of one time-out per team.

For sophomore and freshman matches, regions have the option of playing the best of three sets with rally scoring: Sets 1 and 2 score to 25 with a cap of 27; set 3, if necessary, to a score of 15 with a cap of 17.

#### Varsity Matches

For varsity matches inside a tournament one of the two following options can be considered: 1) All matches are a best 3 out of 5 sets or 2) Pool play can be a best 2 out of 3 sets and at least two bracketed matches must be a best 3 out of 5 sets. For varsity matches outside a tournament, all matches are a best 3 out of 5 sets.

**Additional UHSAA Guidelines**

- Flags *shall* be used by line judges.
- The **3-ball system is mandated for all matches**, including sub-varsity matches. The three balls should be matching balls (i.e. all white balls, or matching color-paneled balls).
- Participants are prohibited from using glitter, body paint, decals or temporary tattoos.
- **End-of-Match Protocol:** following the release of players from end line by R1, teams go to center of court to participate in a team handshake before reporting to the bench.
- The UHSAA includes non-faculty coaches, employed by the school, as school personnel (NFHS Rule 1-7-2).

*Update: Beginning July 1, 2016, the NFHS Volleyball Rules Books has uniform guidelines in place.*

*The 2019 NFHS Rules Committee has reorganized Rule 4-2-1 and has eliminated the requirements for the Solid-Colored uniform top (4-2-2).*

*All currently compliant Solid-Colored uniform tops will continue to be compliant.*

*Additional info is available in the NFHS Volleyball Rules Book and a PowerPoint is available at [www.nfhs.org](http://www.nfhs.org).*

## State Tournament Wrestling Pairings

\*For a complete listing of the region alignments and pairings for wrestling, visit <http://www.uhsaa.org/pairings.pdf>.

See UHSAA.org pairings for school placements in divisions

## WRESTLING Policies

### Weight Management Program

The weight management program will be as stated in rule 1, Section 5 of the NFHS Wrestling Rule Book. Certified minimum weight using body fat composition is required. More information as to procedures for body fat composition testing is available on the UHSAA website. All wrestlers are ineligible to participate in any matches until they have successfully completed the body fat composition test and their name appears on the team's alpha master list. No tests will be valid if performed prior to the first legal day of practice or after the Friday immediately prior to the first post-season tournament for that classification. (note: a wrestler who fails the hydration portion of the test may not re-test for 48 hours.) Once a minimum weight is established and appeals, if any, exhausted a wrestler may not re-test to establish a lower minimum weight.

**Each wrestler is required to have at least one official weigh-in before being entered in the initial post-season tournament.** No weigh-ins will be counted as official until after the wrestler has successfully completed the UHSAA Body Fat Composition Test to determine a minimum weight. The weigh-in for a post-season tournament does not fulfill this requirement. In order to count a weigh-in as an official weigh-in, the wrestler's team must be competing in the match or tournament. No wrestler may compete in a weight class that requires them to lose more than 1.5% of their weight per week except in the case of a legal weight allowance which is greater than 1.5% of the wrestler's weight class and when a wrestler weighs in at the same weight class at which he made weight with the allowance. Further rules regarding the UHSAA Weight Management Program are found at [www.uhsaa.org](http://www.uhsaa.org) on the Wrestling page.

Wrestling coaches are required to enter each wrestler's actual weight from the first weigh-in each week (Monday-Sunday) online in their school's file in the OPC program within the TrackWrestling website within 48 hours of the conclusion of the match or tournament for which the weigh-in occurred. Failure to enter actual weight within the 48-hour time limit will result in a \$100 fine to the school. Wrestlers who compete at a weight class for which they are not eligible may be subject to additional penalties (see UHSAA By-Laws Article 7, Sections 6 & 7). Verification of each wrestler's allowed minimum weight, **using the current weekly weigh-in form**, for that weigh-in must be provided before the weigh-in for each competition. Coaches should keep a signed record of each weigh-in. **Coaches** will need valid documentation if questions arise regarding the minimum weight of a wrestler at a post-season tournament or to correct mistakes that may occur in entering the actual weight of a wrestler.

Whenever a legal allowance of weight is given for consecutive days of competition, the minimum weight for a wrestler will increase for that weigh-in by the same amount as the allowance. For example: a wrestler whose minimum weight for a particular day is 107 lbs. and his team is competing in a tournament in which a legal allowance of 1 lb. is given, then his minimum weight for that weigh-in would also increase by 1 lb. to 108. That means that he would not be eligible to weigh-in at the 106 lb. class even with the allowance. On January 1st a two

pound growth allowance will be added to each weight class as well as the minimum weight for each wrestler. **Allowances cannot be used to drop to a lower weight class than the one in which a wrestler's minimum weight would allow him to compete without the allowance on that day.** Schools must follow the NFHS Wrestling Rules for official weigh-ins. Allowances other than for consecutive days of competition and for the growth allowance are a violation of the rules.

### State Qualifying Tournaments

Post-season tournaments must be conducted according to NFHS rules including weigh-ins conducted at the tournament site each day of the tournament.

**The State qualifiers are imported by the UHSAA.**

Each school shall be allowed to enter as many as two wrestlers in each weight class. In a qualifying tournament all wrestlers entered must have duly qualified for the qualifying tournament.

### Wrestling Credits

1. All wrestlers are allowed 16 credits. All tournaments count as one credit. Individuals may compete in no more than six tournaments per season. No more than three of the six tournaments can be dual tournaments.

### Division Qualifying Tournaments

1. 1A, 2A, 3A, 4A, 5A, 6A Divisions shall be determined using returning state tournament points figured as follow:
  - a. Points scored by wrestlers who were seniors in the previous year's state tournament shall be subtracted from the school's total points scored at the previous year's state tournament.
  - b. 3 points will be added to each school's total for each 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> grade wrestler from that school that qualified for and entered the state tournament the previous year.
  - c. Schools shall then be ranked based on the point total. The team with the greatest number of points will be 1; the team with the second highest number of points will be 2, etc.
  - d. Division A shall consist of teams ranked 1,4,5,8,9,12,13,16,17,20,21,24,25,28. Division B shall consist of teams ranked 2,3,6,7,10,11,14,15,18,19,22,23,26, 27. When both schools scheduled to host the division tournaments are assigned the same division based on returning points, the lowest ranked of the two shall be placed in the opposite division and the team in that (opposite) division with the point total nearest the reassigned team will take the place of the host team so placed.
2. Sites and dates of the two divisional qualifying tournaments shall be determined by the appropriate Classification Committee. The UHSAA Classification Committee shall approve budgets for tournaments in their classification. Expenses in excess of those approved shall be the responsibility of the host.
3. Revenue and approved expenses of both tournaments shall be shared equally by all regions.
4. Each school shall be allowed to enter as many as two wrestlers in each weight class.
5. View the brackets and pairings sheet on [uhsaa.org](http://uhsaa.org) for Divisions

**Division Scoring & Seeding (for all classifications)**

1. Eight places shall be scored. All rounds of the tournament shall be scored. **There will not be a true 8<sup>th</sup> match wrestled. Bracket type will be consistent between divisions in each classification.**
2. Seeding for individual weight classes shall be accomplished as follows:
  - a. Wrestlers shall be ranked initially according to varsity win percentage. A state place winner in the previous year will have the following added to their varsity win percentage prior to the initial ranking:
 

▪ 1 <sup>st</sup> Place: add 60%	2 <sup>nd</sup> Place: add 55%	3 <sup>rd</sup> Place: add 50%
▪ 4 <sup>th</sup> Place: add 45%	5 <sup>th</sup> Place: add 40%	6 <sup>th</sup> Place: add 35%

**\*\*\*add 30 % for a returning state placer from a different year than the previous year**

**\*\*\*add 25 % for a returning state qualifier**
  - b. Adjustments to the initial ranking may be made as a result of:
    - 1) Majority vote of head coaches to separate the best wrestlers or
    - 2) A case in which a lower ranked wrestler has defeated a higher ranked wrestler during the current season and has not lost to any of the wrestlers ranked between the two.
  - c. In order to be seeded, a wrestler must have competed in a minimum of 10 varsity matches during the current season and have a minimum 50% win record. Exception: item 1 above – a wrestler with fewer than 10 matches could be seeded as a result of a majority vote of head coaches.
  - d. Once the seeded wrestlers are placed in the bracket, byes will be placed computer draw. Byes will be distributed as equally as possible among all of the teams in the tournament.

**Verification of State Tournament Entries**

All entries for the state tournament are to be verified prior to the beginning of the initial weigh-in for the tournament in that classification (1A, 2A, 3A, 4A, 5A or 6A). The beginning of the initial weigh-in for a classification (1A, 2A, 3A, 4A, 5A or 6A) constitutes the deadline for verification of entries in the state tournament referred to in rule 10-2-1. **The beginning of the weigh-in occurs when the first weight class in the classification officially reports to the scales.**

**Team Scoring at the State Tournament**

**4A, 5A, 6A:** Team points earned by all wrestlers competing in the state tournament shall count toward the school's total points.

**1A, 2A, 3A:** Even though two wrestlers may represent a school in the same weight class, points earned by only one of the two will count toward the team total. In a weight class where a school has two entries, of the two, the wrestler who has earned the greatest number of team points shall have their team points count as part of the school's total.

**All team scoring will be in accordance with NFHS rules.**

# UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION



## UHSAA Activities

*Rules and Regulations for the  
UHSAA Activities of Music, Speech/Debate and Theatre.*

199 East Fort Union Blvd (7200 South), Midvale, Utah 84047  
Phone 801.566.0681 / Fax 801.566.0633

## MUSIC Policies & Guidelines

### I. Festival Management

#### A. Leadership and Responsibilities

1. The Utah High School Activities Association (UHSAA) works in partnership with the Utah Music Educators Association (UMEA) to organize and direct designated music activities at the state level.
2. UHSAA sponsors and directs the State Solo & Ensemble Festival. UMEA sponsors and directs the following state festivals: Jazz, Marching Band (Drumline included), Orchestra, Concert Band and Large Group Choral.
3. Region activities are governed by the Region Board of Managers which includes the principals from each of the schools. Regions shall organize and conduct the region festivals that support the state festivals sponsored by the UHSAA and UMEA as currently outlined. Scheduling requests and any protests or grievances regarding any results MUST come from the school's music director. Scheduling requests and grievances from students or parents will NOT be considered.
4. With the exception of region festivals and the State Solo & Ensemble Festival directed by the UHSAA, UMEA shall determine the rules and regulations for the activities and state festivals their Association sponsors. However, any UMEA policies that are not in compliance with UHSAA policies must be approved by the UHSAA Executive Committee. For example, because of the exorbitant costs involved with marching band, UMEA will allow schools to compete as a combined program. Students attending a school without a competitive field show marching band program can continue to attend their school while participating in a marching band program at another member school with the approval of both principals. The UHSAA approved the UMEA policy of combined programs only for marching band.
5. Under the existing partnership, UMEA may request a sanction from the UHSAA for the activities they sponsor. UMEA leadership must submit a completed sanction application to the UHSAA at least thirty days prior to the event and be signed by the UMEA president.
6. The Region Board of Managers shall select a music educator to serve as the UHSAA Region Music Chair, alongside the region administrator assigned to oversee region music activities. The region festival chair is the liaison between local music educators in a specific region and the UHSAA. The selected Region Music Chairs are strongly encouraged to attend the annual UHSAA training held at the UMEA Mid-Winter Conference.
7. It is the responsibility of the UHSAA Region Music Chair to call periodic meetings of the music educators in the local region to plan music festivals other inter-school music activities, to serve as chair for all festivals in the local region in order to assure that each is administered in compliance with UHSAA rules and regulations, and to meet with the Region Board of Managers when the need arises. The region music chair is expected to distribute and collect adjudication forms, approve festival scheduling, assimilate and disseminate festival results to directors, and work cooperatively with state festival chairs in submitting required materials for state festivals according to published schedules and guidelines.
8. The music director of the school hosting a festival shall serve as the site coordinator and will be responsible for the physical arrangements necessary for effective management of the music festival, such as securing and paying adjudicators, scheduling space and events, and providing chairs, stands, risers, pianos (adequately tuned), large percussion equipment, public address



system, tables for adjudicators, seating charts, student aids, ushers and recording equipment for adjudicators.

9. The UHSAA Music Committee consisting of representatives of the Utah High School Activities Association, the Utah State Office of Education, and the Utah Music Educators Association, shall be responsible for the formulation and administration of rules and supervision of the organizational structure necessary to administer uniform, consistent, quality region and state music festivals and other inter-school music activities.
  10. The UHSAA Music Committee will recommend state festival directors to be approved by the UHSAA Executive Committee. The UHSAA Music Committee Chair, a UMEA rep, the UHSAA/UMEA Adjudication Chair, the State Festival Directors and Site Coordinators constitute the UHSAA Music Festival Advisory Committee, chaired by the UHSAA Assistant Director over music. The committee meets biannually for orientation, periodic review of rules and regulations, management of music festivals, and other purposes as determined by the UHSAA Music Committee.
- B. UHSAA Requires Eligibility Form for Participation in Region and State Solo & Ensemble Festivals
1. Students must be scholastically eligible by UHSAA standards to participate in any music activity in which the UHSAA sponsors the culminating state activity, which is the State Solo & Ensemble.
  2. To participate in a region or State Solo & Ensemble Festival, students must be eligible according to UHSAA standards (*UHSAA Handbook, Article 1 Section 8; Handbook Music Section I-C*). Students must be currently enrolled in a high school music class taught at their participating high school. Students who are in a 7-12 grade school must be in 9<sup>th</sup>-12<sup>th</sup> grade to participate in the solo portion of the Solo & Ensemble Festival, but may perform with a choir (vocal or instrumental). After verifying the eligibility of the students, the school principal and music director(s) shall sign and submit the UHSAA Eligibility Form available on the Music Page at [www.uhsaa.org](http://www.uhsaa.org) to the UHSAA prior to participation in a Region Solo & Ensemble Festival but no later than the designated deadline posted on the UHSAA Master Calendar or UHSAA Music Calendar available under the Calendar tab at [www.uhsaa.org](http://www.uhsaa.org).
  3. State festivals sponsored by the UMEA, including State Jazz, State Marching Band, State Orchestra, State Concert Band and State Large Group Choral do not require verification of eligibility.
- C. Eligibility Requirements for Music Festival Participation
1. A participant must be enrolled and in good standing in the high school music program which is being taught by a teacher certified by the Utah State Board of Education. If a school has no music program, #C3 is invoked.
  2. Because music activities are curriculum related and designed to serve those students who have chosen to study music through the school program, a participant must be enrolled in a school music class or be a member of a school band, orchestra or choir during the current school year to be eligible to participate in the instrumental and/or vocal events at the region and state music festivals.
  3. All participants must be approved for participation in the music festival by the administrator of the member school in the region where the student is in attendance. An accompanist may or may not be a student participant. However, all participants in ensembles must be students.
- D. Eligibility Requirements for Adjudicating Festivals
1. In order to qualify as an adjudicator one must successfully complete the online application and training found at <http://umea.us/adjudication.php> through the Utah Music Educators Association and receive certification in one or more areas of specialization.

2. To remain eligible, all adjudicators must recertify once every four years by completing the online application and training found at <http://umea.us/adjudication.php>.
3. If an adjudicator receives three negative evaluations he or she may be removed from the UMEA list of certified adjudicators by action of the UHSAA Music Committee. Reinstatement may be granted one time only through completing the UMEA on-line training.
4. An adjudicator must never be alone with a participant and must always have another performer, adjudicator, parent or observer present in the room.

#### E. Ratings

1. Ratings may include pluses or minuses for each entry with the maximum (highest) rating being a (I).
2. Guidelines for ratings follow:

**RATING I: SUPERIOR**—A first-rate performance for the event and the class of participants being judged. To receive a superior rating a performance must meet the highest expectations in every category of adjudication. **Memorization of instrumental solos is optional. Piano soloists and vocal soloists must perform from memory.**

**RATING II: EXCELLENT**—a commendable performance showing a high standard of musical accomplishment but lacking in one or more of the characteristics of a superior rating. Music may be used.

**RATING III: GOOD**—an average performance lacking in several characteristics of a superior rating. Music may be used.

**RATING IV: FAIR**—a below average performance requiring many specific improvements.

**RATING V: POOR**—a performance lacking sufficient preparation and exhibiting major deficiencies.

## II. General Requirements

- A. Official adjudication and entry forms must be used by each school music teacher for all UHSAA sanctioned music festivals. The forms can be obtained from the Music page on the *Utah High School Activities Association website: [www.uhsaa.org](http://www.uhsaa.org)* (Click on Sports&Activites>Activities>Music). The forms must be filled out using the internet browser. Handwritten forms will not be accepted. All adjudication forms must be filled out completely and accurately, and submitted on time by each music teacher entering students for a UHSAA sanctioned festival.
- B. Scores or individual parts of a score, copies of solos, and/or lead sheets must be provided for the adjudicator with measures numbered. Adjudicators may grade one level lower if the above is not provided with the measures numbered.
- C. The use of photocopied or otherwise reproduced copies of published music must comply with the United States Copyright Law. Festival participants shall either provide the original score or written permission from copyright owners to duplicate the music. If an unauthorized reproduction of published music is used an adjudicator may give a “no rating.”
- D. Music is an interactive art form and as such live accompaniment is required.
- E. Uninvited communication with the adjudicator may result in the disqualification of the entry.
- F. Region and state festival adjudicator fees are \$25 an hour (1-2 hrs adjudicating), \$90 half day (approximately 3-5 hrs at site), and \$140 for a full day of adjudicating (5+ hours at site). Drivers will be reimbursed .46 cents per mile and \$.11 for riders, for all miles traveled over 50 miles roundtrip. The UHSAA Music Festival Adjudication Contract (posted on the Music Page at [uhsaa.org](http://uhsaa.org)) should be kept by the school issuing a check for the adjudication fee and mileage. A second copy should be sent to the Region Board of Managers if reimbursement for this expense is requested.

- G. Students and directors are encouraged to view festivals as a valuable listening and evaluating experience in addition to their involvement in performance. Participants should spend as much time as possible filling the role of critical yet appreciative members of the audience. Region large group festivals will comply with the *Statement of Principles for Music Festivals*, as prepared by UMEA.
- H. **Piano and vocal solos must be performed from memory. Memorization of instrumental solos is optional.**

### III. Region Festivals

#### A. Region Music Festivals

1. It is recommended that regions recognize only those categories which will be held at state competitions as they submit entries for region festivals.
2. **Recommended Region Festivals** (UMEA or UHSAA sponsors the state culminating festival):
 

(March)	Vocal Solo & Ensemble Festival	(April)	Orchestra Festival
(March)	Instrumental Solo & Ensemble Festival	(April)	Large Group Choral Festival
(March)	Jazz Ensemble Festival	(April)	Concert Band Festival
3. **Directors are discouraged from requesting to participate in another region festival;** however, under extremely unusual circumstances, a school may appeal to a Region Board of Managers in a classification of equal or greater size (i.e., a 3A school may only participate in a 3A, 4A, 5A or 6A region festival). The request must be submitted in adequate time for the Region Board of Managers to consider the request. **Note: Solo & Ensemble participants may only attend the region festival for his or her school of eligibility.**

#### B. Region Large Group Festivals

1. Teachers who are in their first or second year in their current position and who participate in the festival may have the option to receive critique only and no rating.
2. Rules and regulations:
  - a. Large group festivals should be held on a region basis. It is recommended that the following groups be included: band, orchestra, string orchestra, chorus for low voice range, chorus for high voice range, and mixed chorus. To make the festival experience worthwhile, as large a number of events as possible should be scheduled.
  - b. Groups shall not perform a selection they have used at any adjudicated festival within the last five years.
  - c. The amount of time allotted each performing group should be regulated by the festival chair according to the number of groups participating. Suggested time for vocal groups is 20 minutes, and for instrumental groups 30 minutes. This time allotment includes setting up, performing, and leaving the stage.
  - d. Ratings: (See ratings under IE, #1-2)
  - e. All awards and/or other forms of recognition for large group festivals must conform to the regulations of the Utah High School Activities Association.
  - f. Regions are encouraged to include sight reading as part of their large group festival activities. Reading materials should be at least one class below that of the numbers performed by the group. Procedures can be decided by directors of participating schools.
  - g. It is recommended that there be three adjudicators for each large group festival.

#### C. Region Jazz Ensemble Festival

1. Each jazz ensemble is required to perform at least one swing and one ballad or combination thereof. The emphasis shall be on jazz, not rock, and the judges will be so informed.

2. At the Region Jazz Festivals, schools will participate in a sight-reading experience. Participation in region sight-reading is required; however, a minimum sight-reading score is NOT needed to qualify for State. The recommended format is as follows: after performing on stage, bands will be brought to a sight-reading room, given five (5) minutes to look over a tune (students may play), then they will play the tune for an adjudicator.
3. Each ensemble will be allowed a total of 20 minutes which includes setting up, performing, sight-reading and leaving the stage. To facilitate the 20 minute time limit, ensembles are encouraged to use the standard block setup. A warm-up room will be available one-half hour prior to a band's scheduled performance time.
4. Points will be deducted for doubling. Example: two alto saxophones playing the first part at the same time or at different octaves. However, the lead trumpet part and only the lead trumpet part may be doubled down an octave because it is standard jazz practice. Using two like instruments at different times is permissible. However, it is the ensemble's responsibility to make it obvious there is no doubling of parts.

#### D. Region Solo & Ensemble Festivals

1. **Solo and ensemble participants may only attend the region solo and ensemble festival for his or her school of eligibility.**
2. **Entrants shall use high quality, published music of recital nature grade III level or above.**
3. The current *New York State Music Association Manual* and/or the *NAfME Selected Music Lists* are recommended (could also search acceptable state repertoire lists on [jwpepper.com](http://jwpepper.com)).
4. To accommodate the large number of participants, students should be limited to performing in a maximum of three solo and/or three ensemble events.
5. To be considered a separate ensemble, at least 50 percent of the group shall be new members.
6. A soloist shall not perform a selection he or she has used at any evaluative festival in any previous year. Each soloist must select music at least one grade more difficult if he or she received a superior rating the previous year. If more than one half of an ensemble is replaced by new members, it shall be considered a new ensemble in regard to repetition. The ruling on repetition applies to both soloists and ensembles.
7. Performing Groups:
  - a. All instrumental choirs (string, woodwind and brass) shall have a minimum of 8 members and shall not exceed 25. In all other types of instrumental ensembles there shall be no duplication of parts.
  - b. Chamber choirs shall have a minimum of 16 members and shall not exceed 32.
  - c. With the exception of chamber choirs, vocal ensembles shall be limited to four singers on a part.
  - d. Chamber choirs are defined as mixed voices. All others may enter as vocal ensembles.
8. Only instrumental and chamber choirs may be conducted.
9. All string, woodwind, and brass ensembles must adhere to prescribed instrumentation listed on the conductor's score.
10. **Soloists and small ensembles** may perform only one selection or portion thereof not to exceed **the "performance" times listed below**. The time limits listed below include entrance, exit, set-up, tuning and performing. At the end of the allotted performance time, the adjudicator may ask the ensemble or soloist to stop. No piano duets or concertos are to be accepted for adjudication at Regional or State Festivals. A performer will receive a NR for performing a concerto or duet. Music requiring accompaniment must have accompaniment or the performer(s) shall receive a NR.

Soloists & Small Ensembles	Playing Time	Group Size	Solos
Piano			6 minutes
String	7 minutes	2-7 members	6 minutes
Woodwind/Brass	7 minutes	2-7 members	6 minutes
Vocal	5 minutes	See #6 above	5 minutes
Percussion	10 minutes		6 minutes

11. **Large ensembles and choirs** may perform more than one selection but must stay within the **following “time limits” which shall include:** setup, tuning, performance time and exiting the performance area. When the time limit has expired, the monitor or adjudicator may signal the group to stop their performance.

Large Ensembles & Choirs	*Total Time Limit	Group Size
String Choirs	12 minutes	8-25 members
Woodwind Choirs	12 minutes	8-25 members
Brass Choirs	12 minutes	8-25 members
Large Percussion Ensembles	12 minutes	
Chamber Choirs	15 minutes	16-32 members

#### IV. State Solo & Ensemble Festivals

A. **Items in III-D (Region Solo & Ensemble Festivals) also apply to the State Solo and Ensemble Festival.**

B. Regions/Schools are assigned to the following festival locations:

**NORTH Solo & Ensemble Festival at Northridge High School**

Regions 1, 2, 3, 5, 6, 10, 11, 13, 15, 17, & 22 including Alta HS and Mountain Ridge HS

**SOUTH Solo & Ensemble Festival at Provo High School**

Regions 4, 7, 8, 9, 12, 14, 16, 18, 19, 20, & 21 including Cedar Valley HS, Wasatch Academy and Waterford

C. Qualifying for the State Solo & Ensemble Festival

1. Only soloists and ensembles receiving superior ratings (I) at a region festival, qualified according to #4 below, and correctly nominated by a region festival adjudicator may participate in the State Solo and Ensemble Festival. A (I-) is not acceptable.
2. Any entry receiving a Superior (I) Rating is eligible to participate in the State Festival except for piano entries. Piano entries are limited to one (1) entry multiplied by the number of schools in the region. Piano entries must also qualify by receiving a Superior (I) Rating.
3. The Region Festival Adjudicators will determine the entrants for the State Festival according to the above formula. In addition:
  - a. An adjudicator’s nomination must be included on the piano adjudication sheet. The adjudicator should place his/her initials in the space for state nomination located on the form near the rating.
  - b. Music performed must be high quality, published music of recital nature, grade III or above.
4. Soloists or groups qualifying for state may change their selections between region and state festivals.
5. If less than 50 percent of an ensemble are new members, then it is considered the same ensemble and only one selection may be performed.
6. An ensemble qualifying for state may change no more than one half of its personnel.

#### D. State Solo & Ensemble Festival Instructions and General Information

1. Go to the UHSAA Music page at [www.uhsaa.org](http://www.uhsaa.org) for festival info and instructions on submitting entries.
2. **Prior to the Region S & E Festival(s)**, the high school music teacher shall complete and email the UHSAA **“Region Solo & Ensemble Entry Form”** to the Region Festival Host and the Region Music Chair by the date requested (form on Music page at [uhsaa.org](http://uhsaa.org)).
3. **Following the Region Festival(s)** the Region Music Chair shall complete the following:
  - a. **The Region Chair photocopies** the region festival adjudication forms to keep as evidence of which students qualified for the State Solo & Ensemble Festival.
  - b. **The Region Chair contacts the music directors at each of their region schools** and confirms the names of the qualifying state entries they should submit to the State Scheduler/Festival Director AND if there are any potential conflicts (i.e. accompanists). The Region Chair shall have a photocopy of the region festival adjudication form that validates each entrant. The State Scheduler/Festival Director will only work directly with the Region Chairs and not individual school directors or individual performers.
  - c. Entries are requested four weeks prior to the state festival, but to avoid school fines they must be received by the State Festival Director no later than three weeks prior to the state festival.
  - d. State Solo & Ensemble Festival information will be posted on the Music page at [www.uhsaa.org](http://www.uhsaa.org).
  - e. The Region Music Chair shall electronically submit the region’s state qualifying entries to the **Festival Scheduler/Director (listed below)** on the **“UHSAA State Solo & Ensemble Entry Form”**. The entry form is available on the UHSAA Music page at [www.uhsaa.org](http://www.uhsaa.org) click on the link for the “State Solo & Ensemble Form;” save the blank entry form to your files; open the saved entry form; complete the entry form (fill all fields); save the completed entry form; attach the completed entry form to an email and send to your assigned State Solo & Ensemble Scheduler. The Region Music Chair shall submit any potential conflicts when they email their entries to the State Scheduler. Entries received after this deadline will be fined \$200.00 for the first week late. Entries received more than one week late will not be scheduled.
  - f. **Prior to the state festival, the school music directors** shall complete a new adjudication form for each of their qualifying entries. Prior to the performance at state, the assigned performer(s) shall provide the state adjudicator their completed adjudication form.
  - g. **Because of the large number of participants, performances will be scheduled at the discretion of the state festival chairman and entrants shall perform as scheduled.** Potential conflicts must be submitted by the Region Music Chair when they email their entries to their assigned State Festival Director/Scheduler.
  - h. In the case of an emergency, the Region Chair can petition the Scheduler/Festival Director through email in behalf of a request from one of their region music directors. The State Schedulers/Festival Directors will only work directly with the Region Chairs and not individual performers in regards to scheduling issues or conflicts.
  - i. **NO SHOW FEES CHARGED TO SCHOOLS:** Schools are fined \$25 for each “no show” entry. The “no show” fee is charge if a scheduled performance posted on UHSAA website is canceled later than the Monday prior to the State Festival.
3. **The preliminary schedule will be posted on the Music Page at [www.uhsaa.org](http://www.uhsaa.org) about 10 days prior to the festival and the FINAL SCHEDULE will be posted the Tuesday prior.**

4. The overwhelming challenges that come with scheduling a festival the size of the State Solo & Ensemble prevent the schedulers from accommodating excessive requests from individual accompanists. It will be difficult to accommodate more than ten (10) entries per accompanist.
5. **State Solo & Ensemble Awards:**
  - a. Soloists receiving a superior (I) rating will be awarded medals and certificates.
  - b. In rare instances, an adjudicator may award a superior rating "With Distinction."
  - c. Soloists receiving superior minus (I-) ratings will be awarded certificates.
  - d. Ensembles receiving superior (I) ratings from all judges will be awarded a certificate.

## SPEECH/DEBATE Policies & Guidelines

### CHAPTER I – UHSAA Policies

#### Article I – Recommendations

##### *Section 1: Region Representative*

Each region shall elect one-member coach to represent that region to the Utah Debate Coaches Association (UDCA) to help solve problems occurring at major tournaments and to keep an open line of communication with the Activities Association.

##### *Section 2: Missed School Time*

It is recommended that no student miss more than five days of school for practice debate and forensic meets during a given school year.

#### Article II – Financial Rules

##### *Section 1: Entry Fees*

No entry fee in excess of \$4.00 per student per event per day may be assessed for any meet. A maximum \$15 school entry fee per day may be charged at invitational tournaments if deemed necessary by the host school. The only exception is for a Tournament of Champions qualifier or if the Executive Committee approves an exception.

##### *Section 2: No Shows*

A contract is formed when participant entries are submitted to the state tournament director and each “no show” entry will be fined \$25. Invitational tournaments may also levy a \$25 fine for each “no show” entry at UHSAA sanctioned tournaments.

#### Article III – Conduct of Tournaments

##### *Section 1: Sanction Requirement*

All speech and debate competitions must be sanctioned by the UHSAA (see UHSAA By-Laws Article 4). In the case of virtual or online tournaments, schools still must sanction the tournament, acknowledging they are responsible for “hosting” by running tabroom and the online platform chosen, as well as facilitating the delivery/shipment of trophies. Include “online” or “virtual” in the tournament title, and principals still will sign off as normal. Forms must be submitted to and approved by the UHSAA no less than 30 days prior to the tournament.

##### *Section 2: Preliminary Round Start Time*

No preliminary round of a tournament, which is not a round robin or a Tournament of Champions qualifier, may start after 8:30 p.m.

##### *Section 3: Intent to Participate*

Coaches should notify local tournament directors of their intent to participate at least two weeks in advance of a tournament.

##### *Section 4: Novice Policy Guidelines*

Novice teams will only be allowed to run arguments from the approved argument list and corresponding evidence set. Novice policy teams will be limited to a “closed deck” of evidence files (every competitor will have the same set of cards). Novice students may rearrange the organization of evidence but may not add and/or change the content in order to produce new arguments not labeled in the evidence set, nor can they alter the fundamental intent of the argument.

These limits will be enforced from the start of the season until the end of December. Novices will be allowed to run any argument or evidence in January until the end of the season. Any novice team found to be running an affirmative not on the case list will forfeit the round. “Novice teams” are strictly and universally defined as two-person policy teams wherein neither student on said team has had more than one tournament's worth of competitive experience before the start of October of the given competitive season.



The novice evidence set is established each year by the UDCA and NFHS to limit the areas of the high school debate resolution that novices will have to prepare to debate. The goal is to make the debating more manageable for novice students and to enhance the quality of each debate. Judges, coaches and debaters should also understand that by selecting these specific argument limits, the UDCA/NFHS is not necessarily endorsing the topicality any case, nor are they commenting on the strategic value of any one position. Traditional topicality arguments can still be presented by the negative team and should be considered by the judge. Theory and kritik arguments will not be allowed.

An executive committee of coaches will create the evidence set to be published on the Utah Debate Coaches website by the end of August.

#### Section 5: **Congress Guidelines**

1. A standard Orders of the Day would also be set and posted on the UDCA website.
2. Tournament directors have two options for their tournaments. The director may preselect the legislation released in any month prior to the tournament and create a tournament docket from the legislation posted on the NSDA website. Dockets will be published in tournament invitations. Alternatively, the director may allow for a caucus period at a tournament for students to choose legislation and set their own docket, provided that the legislation selected by the students is also from the preapproved NSDA legislation.
3. Sponsorship speeches for legislation will follow priority. However, if the author of the legislation is in the chamber, or anyone from the author's school, he or she has the right to the authorship speech regardless of priority. Any student may elect to give a sponsorship speech for any legislation.
4. Seating charts for houses will be set prior to each tournament. Seating charts will rotate for each session of debate as directed by NSDA best practices.
5. An adult parliamentarian will be present in each house during debate. The parliamentarian will follow the job description for parliamentarians as outlined on the NSDA website: Judge Guidelines – Congressional Debate (Parliamentarian).

#### Section 6: **Ballots**

Ballots will not be accepted with "oral critique" only written. Every ballot must have a warranted reason for decision stating, "I vote affirmative or negative because..."

#### Section 7:

For any rule not specified herein, see the Utah Debate Coaches Association Handbook.

#### Section 8: **Contest Limitations**

Contest Limitations are 10 meets per individual.

A. Contest: Any meet or game (this does not include practices and scrimmages) in which 4+ schools participate, judging/feedback is provided, and students earn NSDA points counts toward the contest limitation. Practice, Scrimmage, or combined learning opportunities, may not include more than 4 schools, must be online/virtual format, and no judging or NSDA points earned.

B. Tournament: Competition among four or more schools.

C. The contest limitations apply from the starting date of competition until the first day of the state tournament in each classification. This applies to all levels of competition (i.e., varsity, j.v., sophomore, freshman, novice). State and qualifying region, NCFL and NSDA national qualifying tournaments do not count in the contest limitation total.

D. An individual who violates the contest limit is ineligible to compete at the Region or State Tournaments.

#### Section 9:

Participants participating in a Speech or Debate event as a novice should not have competed in more than one tournament worth of competition prior to the current season within their 9-12 educational career.

### Article IV – Electronic Devices

#### Section 1: **Events in Which Computer Use is Allowed**

No electronic devices will be allowed in any competition with the following exception: The use of computers within the guidelines stated in Section 2 is allowed at region and state tournaments in the following events:  
Extemporaneous Speaking

Lincoln-Douglas Debate  
 Policy Debate  
 Public Forum Debate  
 Student Congress

**Section 2: General Rules**

A. Contestants must follow all rules regarding electronic devices and Internet access as described in the National Speech and Debate Association Unified Manual

B. **Penalty:** Contestants found to have violated these provisions will be disqualified from the tournament and will forfeit all rounds and sweepstakes points in that event.

**CHAPTER II – Region Tournaments**

**Article I – Guidelines**

**Section 1: Region Representative Responsibility**

It is the responsibility of each region representative to:

Conduct the region tournament.

A. Be in charge of seeing that each region has a place to host the region tournament, and that all necessary schedules and judges are secure.

B. Make sure that each coach in his/her region has a complete set of established guidelines, times and location for the meet and thorough understanding for judges' qualification well in advance of the starting time of the meet.

C. Submit results to the UHSAA office and the State Tournament Directors by the deadline listed on the UHSAA Calendar or within five (5) days of completion of the region tournament, whichever is sooner.

D. Request and secure region awards including the team trophy from their region's Board of Managers.

E. Secure Congress judges.

**Section 2: Appeals**

In matters that involve appeals, the region representative should bring all unsettled matters to the UDCA Executive Committee. The UDCA Executive Committee will determine if the issue merits a UDCA Judicial Meeting or if the Region Board of Managers (principals) should address the issue.

**Section 3: Selection of State Qualifiers**

The procedure for selecting qualifiers to the state tournament must be defined before the meet begins. Each school shall send to the state tournament the allotment as prescribed in the current edition of the UHSAA Handbook. Region tournaments shall not allow phantom entries. Drops should be removed as soon as possible, and debaters should have as few byes as possible regardless of entry numbers. The exception being schools will not be required to compete against themselves in preliminary debate rounds.

**Section 4: Participant Eligibility**

All participants must meet eligibility requirements as specified in the By-Laws of the UHSAA.

**Section 5: State Qualifiers Requirements**

Participants nominated by their region to participate in state forensic meets shall not be so nominated unless they have actually participated and qualified through the region meet.

**Section 6: Requirement to Participate at Region to Qualify for State**

Students must participate in events at region to qualify for state. Students participating with a partner qualify as one entry. Once a partnership qualifies for the state meet, neither may be replaced and maintain the qualification for the state meet. Students must compete with a partner where appropriate (i.e., no "mavericks").

**Section 7: Publication of Results**

The results of an event should not be made public until the event is completed. It is unethical for coaches or anyone else to divulge the results of a round until the entire event is completed at a region meet.

**Section 8: Rules to be Followed**

The region tournament is to follow exclusively the rules for each event including the timing and eligibility of all materials to be used in speech areas. Rules regarding events can be found in this handbook.

**Section 9: Awards**

Awards should be given to schools or participants as determined by the Region Board of Managers.

**Section 10: Recording Not Allowed**

No video or audio recording of any kind shall be permitted in the region meet.

**Section 11: Correction of Clerical Errors**

Clerical scoring errors may be corrected up to 72 hours after the conclusion of the meet. A team must file a written protest to the UHSAA within that time period. After that time results will stand.

**Section 12: Region Rules to be Filed with UHSAA**

All regions must have on file, at the UHSAA offices, a printed copy of their region tournament rules. These rules must follow UHSAA and Utah Debate Coaches Association guidelines.

**Article II – Region Meets****Section 1: 1A State Qualification Limits**

In 1A regions, no school may qualify more than 25 participants for the state forensic tournament. The allocation must not exceed 4 in each of the following: Spontaneous Argumentation, Student Congress, Original Oratory, Impromptu, Extemporaneous Speaking, and Lincoln-Douglas Debate. In Public Forum, 1A schools are allowed 3 entries. Coaches must choose their own entry allocations but cannot exceed the total cap of 25 students.

**Section 2: 2A State Qualification Limits**

In 2A regions, no school may qualify more than 25 participants for the state forensic tournament. The allocation must not exceed 4 in each of the following: Spontaneous Argumentation, Student Congress, Original Oratory, Impromptu, Extemporaneous Speaking, and Lincoln-Douglas Debate. In Public Forum, 2A schools are allowed 4 entries. Coaches must choose their own entry allocations but cannot exceed the total cap of 25 students.

**Section 3: 1A/2A State Qualification**

In 1A and 2A regions, all schools in the region shall be rank ordered based upon sweepstakes points at the region tournament. The top 50 percent will qualify a full slate (Full Slate is defined as all 24 participants allowed per the event limits described in Section 2). Regions with an uneven number should round up to determine the top 50 percent. These schools should list alternates in each event. Alternates will be allowed to compete only in the events they entered at region meet. All individuals or debate teams finishing in the top ten (or top 50 percent whichever is greater in their event) at the region tournament will qualify for the state meet, unless the school exceeds the limitations set forth above.

**Section 3: 3A/4A/5A/6A State Qualification**

In 3A, 4A, 5A and 6A regions, all schools in the region shall be rank ordered based upon sweepstakes points at the region tournament. The top 50 percent will qualify a full slate (Full Slate is defined as all 25 participants allowed per the event limits described in Section 6). Regions with an uneven number should round up to determine the top 50%. These schools should list alternates in each event. Alternates will be allowed to compete only in the events they entered at region meet. All individuals or debate teams finishing in the top ten in their event at the region tournament will qualify for the state meet, unless the school exceeds the limitations set forth above. There may not be alternates for these individuals.

**Section 4: 3A/4A/5A/6A State Qualification Limits**

In 3A, 4A, 5A and 6A regions, no school may qualify more than 30 participants for the state forensic tournament. The allocation may not exceed 4 policy teams, Lincoln-Douglas debaters, public forum teams, student congress participants, original oratory participants, impromptu speaking participants, national extemporaneous speaking participants and foreign extemporaneous speaking participants. Coaches must choose their own entry allocations but cannot exceed the total cap of 30 students, or entry limits within events themselves.

**Section 5: Region Entry Recommendations**

Regions may determine their own tournament methods, although significant region competition is strongly recommended. It is recommended that all 1A and 2A regions permit each school to bring a maximum of six

contestants in individual events including spontaneous argumentation and student congress to the region meets. It is recommended that all 3A, 4A, 5A and 6A regions permit each school to bring a maximum of four participants in each Debate Event, and three Individual Events participants in each category to the region meets. Regions may choose to bring four from each school in Student Congress.

### **Section 6: Alternates**

All alternates must be cleared by the State Tournament Director prior to the beginning of the State Meet. An alternate must have been listed on official region results submitted to the UHSAA and must compete in only the event in which she or he is listed as an alternate. In placing the alternate the coach/advisor should contact his/her Region Representative as soon as the need for placing the alternate is known.

## **CHAPTER III – State Tournaments**

### **Article I – General Instructions**

#### **Section 1: State Tournament Events**

The UHSAA State Tournament shall consist of the following events:

3A, 4A, 5A, 6A: Impromptu, Original Oratory, Foreign Extemporaneous, National Extemporaneous, Congress, Lincoln Douglas Debate, Public Forum Debate, Policy (CX) Debate

1A, 2A: Impromptu, Original Oratory, Extemporaneous, Congress, Spontaneous Argumentation (SPAR), Lincoln Douglas Debate, Public Forum Debate

Proposals for changes to the UHSAA State Tournament event lineup may only be introduced and voted on once every three years beginning with the 2015 Spring Coaches meeting until 2021 Spring Coaches meeting then event changes may be voted on every 4 years.

#### **Section 2: Qualification**

Any student participating in the State Tournament must have qualified through his or her school's regional meet.

#### **Section 3: Individual Entry Limits**

4A, 5A, 6A: No student may participate in more than one event at the State Tournament. It is recommended that all regional meets be conducted on the same basis.

3A: Students may enter Lincoln Douglas, Public Forum or Student Congress and one other individual event at both regional and state levels. Students who enter in Policy may not double enter at the state level.

2A: Students may enter Lincoln Douglas, Public Forum, Spontaneous Argumentation, or Student Congress and one other individual event on both the regional and state levels.

1A: Students may enter Lincoln Douglas, Public Forum, or Spontaneous Argumentation Debate and one other individual event (including Student Congress) on both the regional and state levels.

#### **Section 4: Missed Rounds**

Any participant at the State Forensic Tournament who misses a round or session of an event will not be eligible for a final rating or team sweepstakes points.

#### **Section 5: Judge Restrictions for Contestants**

For 2A, 3A, 4A, 5A & 6A

Any student who knowingly allows himself or herself to be judged by any of the following individuals, without informing the meet directors, at any of the State Tournaments shall be disqualified and shall lose all sweepstakes points:

- A. Any judge judging for his or her school.
- B. Any alumnus from his or her school.
- C. Any student teacher assigned to his/her school.
- D. Any adult who has worked for his/her school in the past two years.
- E. Any person who may be construed to have a bias for a participant.

#### **For 1A only**

Any student who knowingly allows himself or herself to be judged by any of the following individuals, without informing the meet directors, at any of the State Tournaments shall be disqualified and shall lose all sweepstakes points:

- A. Any person who may be construed to have a bias for a participant.
- B. A family member of the student

No judge may judge at the State Speech-and-Debate Tournament who has graduated from high school within the past two years. Beginning the third year after graduation, a judge would be eligible. Any exception must be approved by the tournament director.

When unavoidable and with all coaches involved permission, a judge may be assigned to a round with participants from his/her school.

**Section 6: Judge Requirements**

All judges must be high school graduated and whenever possible, have some knowledge of debate or forensics events. It is also the responsibility of judges to make a good faith effort to comply with all expectations listed in Section 5.

**Section 7: Judges' Codes**

All judges and participants should be assigned a code, which will identify conflicts of interest. In no way, however, should a participant be identified according to his or her school. All code letters should be kept throughout the State Tournament.

**Section 8: Alternate Clearance**

All alternates participating in the state tournament must be cleared by the State Tournament Directors before the State Tournament begins.

**Section 9: Late Drops**

Schools who drop contestants on the day of the state tournament without due cause will be fined \$25 for each participant dropped.

**Section 10: Ballots**

Only UDCA approved ballots may be used at state tournaments. Paperless ballots are allowed at state tournaments.

**Section 11: Observers**

Observers will be permitted in all rounds of all events, the only exception is that a Lincoln-Douglas contestant and Public Forum teams in the B Panel cannot observe the A panel and the A Panel cannot observe the B panel. Contestants and judges have the right to limit observers and in elimination rounds ask that they not flow the debate. Violators will forfeit that round. Flowing on paper in elimination/final rounds will be allowed for educational purposes. No Electronic devices, even for flowing will be permitted.

**Section 12: Recording Not Allowed**

No audio or video recording of any rounds is permissible in the State Speech and Debate Tournament.

**Section 13: Awards**

Awards will be given as listed in the UHSAA Yearbook.

**Section 14: Ballot Review**

For online tabulation, Ballots will be published to coaches only following each round completion for ballot review.

**Section 15: Event Time Limits**

Time limits for events in the State Forensic Tournaments shall be strictly enforced.

**Section 16: Time Limit to Appear for Rounds**

Contestants in each event must be in their assigned room and the round must begin within 15 minutes of the posted beginning time. A team or individual who fails to comply will forfeit that round and lose sweepstakes points.

**Section 17: Schools to provide Judges**

Schools who fail to supply their allotted judges will be fined \$100.00 per judge.

A. Schools are required to supply the following qualified judges:

1. One judge for one to two Debate teams

2. Two judges for three Debate teams
  3. One judge for one to six Speech entries.
  4. Two judges for seven to twelve Speech entries.
  5. One judge for every two Debate Team entries
  6. A full slate is required to bring a *minimum* of six judges.
- B. Each judge must be available for assignments one round beyond the elimination of all students from that school. All judges must be available for all rounds held prior to the awards assembly. Each school must have one L.D. judge, one Public Forum and one Policy judge with entries in L.D., Public Forum or Policy available for elimination rounds. Failure to abide these rules will result in a penalty fine of \$25.
- C. Region Reps are responsible for securing Congress judges.

#### **Section 18: Tab Room**

The state tournament director will appoint two persons per task in the tab room. These people may include State Speech Committee members, classification representatives, region representatives, as well as any others appointed by the tournament director. Any coach will be allowed to view ballots and results as soon as they become available. A ballot review is required before final rounds are posted. The state tournament director will be open to any questions and/or comments.

#### **Section 19: Protest Procedures**

- A. Every coach should take the time to copy the UHSAA state rules for the competitors in every event to ensure that their students understand the rules and that they understand the violation of the rules could result in their disqualification.
- B. Protests should be regarding a violation of rules that are outlined in the Handbook. IE: Internet Usage, Evidence Distortion, etc. Questions of violation of rules of evidence or internet usage should be made in round to judge. The judge should make a determination if a violation has occurred or not. If the judge cannot determine on their own, they may bring it to the Tournament Director to make a determination.
- C. Protests of a judge's decision should be taken to the Tournament Director/UHSAA Representative, or region rep who then will report to the Tournament Director. The violation must be reported in a timely manner--- immediately following the round, if it was not taken to the judge in round or discovered following the conclusion of the round.
- D. The Tournament Director will then find the Coach whose team the violation is in question about and inform them of the protest.
- E. All efforts to determine if a violation occurred will be made, while the tournament continues to move forward.
- F. If a violation is found to have occurred, the Tournament Director will ask a representative of each region to then discuss the violation without mentioning names or specific schools. IT IS IMPERATIVE THAT THE SCHOOL WITH THE TEAM IN QUESTION NOT DISCUSS THE ISSUE WITH OTHER COACHES UNTIL THIS PROCESS HAS BEEN COMPLETED. This executive committee will discuss the violation, the consequences outlined in the handbook, and how it should be handled. (THE TOURNAMENT WILL CONTINUE THROUGHOUT THIS PROCESS).
- G. The Tournament Director, in consultation with the Region Executive committee members have the authority to make decisions regarding anything that is not covered specifically in the rules.
- H. An appeal of the decision made by the Tournament Director and Committee may be taken to the UHSAA Speech and Debate Director ONLY after all other efforts to resolve the situation have been made.
- I. Failure to follow these outlined procedures will result in a dismissal of the violation.
- J. The state tournament director will appoint two persons per event on tabroom for online tabulation.

## **Article II – Sweepstakes Points**

### **Section 1: Quartiling**

All contestants (including disqualifications, drops the day of the tournament, no shows, etc.) in each category shall be ranked in order of finish. The category shall then be divided into equal fourths. Odd numbers shall be placed in the highest fourth possible (one odd number shall be added to the first quarter; two odd numbers

shall add one to each of the two highest quarters, etc.). The first quarter shall be 'Superiors', the second quarter shall be 'Excellents', the third quarter shall be 'Goods', and the final quarter shall be 'Fairs'.

**Section 2: Sweepstakes Points**

Points are to be scored as follows for the State Forensic Tournaments:

Rating	CX and PF Debate	Other Events
Superior	10	5
Excellent	6	3
Good	2	1
Fair	0	0

**Section 3: Quartile Breaks**

When quartiles do not break cleanly, adjustment will be made in the direction which least skews the quartile. For example: If ten superiors are needed and the choice is between nine superiors or seventeen superiors, nine will be used since it more closely approximates the quartile. If the number is the same, regardless of direction, the greater number should be used.

**Section 4: Individual Event Rankings**

Rankings in all Individual Events shall be based on cumulative ranks in preliminary rounds. Ties shall be broken by considering reciprocal ranks which gives preference to the speaker with the greatest number of 1s, greatest number of 2s and so on. Unavoidable ties shall increase the higher quartile by the number involved and decrease the lower quartile by the same number.

**Section 5: Debate Event Rankings**

Rankings in Policy, Public Forum, Lincoln-Douglas, and Spontaneous Argumentation Debate shall be based on win-loss records in preliminary rounds. Ties shall not be broken on speaker points. Unavoidable ties shall increase the higher quartile by the number of teams involved and decrease the lower quartile by the same number.

**Section 6: Sweepstakes Tie Breaking Procedure (for all classifications)**

If two schools tie for either 1st or 2nd place sweepstakes, the following tie-breaking procedure will be followed: The lowest total ranking score in all events wins the tie. Policy, Public Forum and Lincoln-Douglas Debate will be broken with 1 for wins and 3 for loss. Congress will quartile by judge. Only ties for 1st and 2nd place sweepstakes will be broken, all other sweepstakes ties will be listed and announced as ties.

**Article III – 3A/4A/5A/6A CX, PF, and LD Debate**

**Section 1: Resolutions**

The Policy Debate Resolution used at the State Tournament shall be the national topic/resolution for the current school year. The Lincoln-Douglas resolution used at the State Tournaments shall be the resolution designated by the National Speech & Debate Association or its successor organization for the month of March. The Public Forum resolution shall be that designated by the National Speech & Debate Association or its successor organization for the month of March.

**Section 2: Maximum Allowable Entries**

The maximum number of entries for 3A, 4A, 5A, and 6A school is four (4) teams in each debate event.

**Section 3: Contestant Codes**

All Debate teams, Public Forum teams, and Lincoln-Douglas contestants will be identified by numbers in such a way as to conceal the schools they represent.

- A. Teams and contestants should in no way reveal their school identities to the judges or other coaches, unless they are a tournament official.
- B. Teams and contestants should use both their first and last names for balloting.
- C. An official listing of teams and contestants and their school will be provided after the completion of the State Forensic Tournament.

**Section 4: Win-loss Records**

Win-loss Records of teams or contestants will not be made available to competitors during the state forensics tournament; however these records will be provided upon the completion of the state forensics tournament. Coaches may review the win-loss record of their teams during the Ballot Review process.

**Section 5: Late Substitution**

Substitution of participants after the State Forensics Tournament has begun is illegal. Violators will be disqualified.

**Section 6: Maintenance of Pairings**

Policy Debate teams, Public Forum Teams, and Lincoln-Douglas contestants must debate against the teams/individuals they are scheduled to meet and they must debate on the side of which they are scheduled. All rounds must be fully complete in order to count for sweepstakes.

**Section 7: Judge Requirements**

Judges in the Policy debate, Public Forum, and Lincoln-Douglas rounds must adhere to the following requirements in order to receive payment from the State Forensic Tournament:

- A. Return ballots to the tabulation room within 15 minutes of the end of the round.
- B. Never ask the teams which school they represent.
- C. Mark the speaker points on the ballot
- D. Confine all of their comments to the ballots and make no oral critiques.
- E. Judges no contestant twice during the five preliminary rounds.
- F. Make a good faith effort to comply with all expectations listed in Article I, Section 4 of this Chapter.

**Section 8: 3A/4A/5A Prelim. Rounds Pairing**

Whenever possible, pairing preliminary debate rounds for the 3A, 4A, and 5A State Forensic Tournament shall be as follows:

- A. Each team shall debate one team each from the other Regions
- B. No team shall meet two teams from the same Region in the first two rounds.
- C. No team will debate the same school twice in the first two rounds, except when a region with more teams must meet a region with fewer teams.
- D. No team shall debate a team from its own school.

**Section 9: 3A/4A/5A Rounds III, IV & V Pairing**

Pairing rounds III and IV and V for debate and Lincoln-Douglas for 3A, 4A, 5A and 6A States Forensic Tournaments shall be as follows:

- A. In rounds III, IV (for 3A-6A) and V (for 4A-6A), all measures will be used to guarantee each team or contestant a fair number of affirmative and negative rounds.
- B. Round III shall be power matched (based on results of the first two rounds), high-low, by placing teams or contestants with the highest speaker points against the teams or contestants with the lowest points and the same win-loss record.
- C. Round IV shall be power matched (based on results of the first 3 rounds), high-low, by placing teams or contestants with the highest speaker points against the teams or contestants with the lowest points and the same win-loss record.
- D. Round V for 4A-6A shall be power matched (based on results of the first 4 rounds), high-low, by placing teams or contestants with the highest speaker points against the teams or contestants with the lowest points and the same win-loss record.
- E. These brackets will be broken if:
  1. A team or contestant is scheduled to meet another from its own school.
  2. A team or contestant meets a team, which it has met previously in the preliminary rounds.
- F. When brackets are broken the next logical bracket shall be pulled up to fit the pairing from the middle of the lower bracket.

**Section 10: 3A/4A/5A/6A Debate & L.D. Final Rounds**



After round 5 or round 4 in 3A, quarterfinals will be held unless either: (a) There is a clean break that would allow a partial octo round of 4 or fewer additional debaters to debate into quarterfinals for the 7 and 8 seeds (this should be done only if there are more than 30 original contestants in the event) or (b) quarterfinals will break more than 50% of the participants in that event. If this is the case, semi-finals will be held instead. Final Rounds for Debate and Lincoln-Douglas in 3A, 4A, 5A and 6A State Forensic Tournaments shall be paired as follow:

A. Teams or contestants from this point shall be ranked 1 through 8. The ranking of the top eight teams (or contestants) advancing will be: first on the basis of win-loss record; and second on the basis of speaker points. These teams will be bracketed according to the following schematic. The bracket is not adjusted to avoid two teams (or contestants) from the same school meeting.

1 seed vs. 8 seed

5 seed vs. 4 seed

3 seed vs. 6 seed

2 seed vs. 7 seed

B. Team 1 shall be paired against team 8. Team 2 will be paired against team 7, and so on, setting up a quarterfinal bracket.

C. Winners of the quarterfinal rounds will debate each other in a semi-final round, following the quarterfinal bracketing, regardless of preliminary records. Semi-final winners will debate in a final round.

D. A panel of at least three judges shall be used in these rounds and they will receive additional payment.

E. Teams choosing not to debate elimination rounds are ineligible for state tournament awards unless the elimination participants are from the same school.

F. A first place will be awarded to the winner of the final round. The loser of the final round will be awarded second place. Both semi-final round losers will receive a third place award.

G. If participants from the same school are scheduled to debate themselves in elimination rounds, the coach of that school may either choose to have the round run normally with a panel of judges, or they may decide which team to advance without debating. Their decision to run the round must be announced to the tab-room within 10 minutes of the round being posted. If the coach decides to advance a team without debating, that team must be declared to the tab-room before the end of that elimination round (i.e. they may not wait to see the outcomes of the other debates).

H. If one school closes out the bracket such that no other debates can occur with different schools, those contestants will be considered co-champions.

#### **Article IV – 3A/4A/5A/6A Student Congress**

##### ***Section 1: Number of Houses***

There shall be at least one house. If there are more than 25 contestants, there will be two houses of not less than 13 or larger than 25 members in each for the preliminary rounds. A final session will be held if there are two houses.

##### ***Section 2: Entry Limit***

No school may bring more than 4 representatives to state student congress tournament.

##### ***Section 3: Legislation (3A, 4A, 5A)***

All legislation will be chosen selected from the current UDCA docket by the tournament director and region representatives with suggestions from coaches of students who are participating in the state congress tournament. The tournament docket will be published up to two weeks in advance of the state tournament.

##### ***Section 4: Operation***

The operation of the State Student Congress shall be as follows:

A. The Tournament Director of each state tournament shall appoint an adult supervisor for each house.

B. The schedule of the State Student Congress shall be arranged to provide each house with two sessions that last a minimum 2.5 hours each.

C. Student Congress shall follow NSDA rules.

D. In each house, the legislators shall elect student presiding officers who preside for one session each.

- E. Each speaker shall be limited to 5 speeches for each preliminary session. Priority will be reset if there is a final session. Serving as chair counts as one speech per hour.
- F. At the close of the student congress, the scorekeeper shall rank the senators in the session (including the presiding officers) 1 through 15.
- G. Congress will be tabulated cumulatively. Students advancing to the final session, if needed, will have all sessions counted in their ranking to determine the finish order.
- H. To determine sweepstakes points, the points of all scorekeepers shall be totaled; and then the top  $\frac{1}{4}$  shall be rated superior, the next  $\frac{1}{4}$  excellent, the next  $\frac{1}{4}$  good, and the remainder (in other words the next  $\frac{1}{4}$ ) fair. Sweepstakes points are based on preliminary session scores only.

## **Article V – 3A/4A/5A/6A Individual Events**

### **Section 1: Entry Limits**

No school may enter more than 4 participants in any one individual event. No student may be double entered in individual events.

### **Section 2: Events**

In the 3A, 4A & 5A state forensic tournaments competition will take place in the following events:

- A. Original Oratory
- B. Impromptu Speaking
- C. National Extemporaneous Speaking
- D. International Extemporaneous Speaking

### **Section 3: Number of Preliminary Rounds**

There shall be four preliminary rounds for each individual event, except for 3A which will have three preliminary rounds in individual events.

### **Section 4: Pairing**

Pairing should meet the following objectives.

- A. There should be at least five students in a section. There may be no more than seven students in a section.
- B. The student's speaking order should vary from round to round.
- C. No student should be judged by the same person more than once in prelims.

### **Section 5: Set Up**

The following preliminary steps should be followed.

- A. All individual events contestants will be identified by numbers in such a way as to conceal the schools they represent.
- B. Determine the number of sections consistent with the objective of no more than seven contestants per section and at least five in each section.

### **Section 6: Recording Results**

Results, ranks, ratings and the school of each speaker are to be recorded on a chart listing each contestant's code and school. Contestants shall be ranked 1,2,3,4,5,6,7 in all rounds. Tied rankings are not permitted. Ranks must be truncated to the size of the smallest section in tabulation.

### **Section 7: Final Rounds**

Final rounds at the state tournaments will be determined in the following manner:

- A. The best 6 participants or the cleanest break closest to 6 will advance to the final rounds.
- B. These participants shall be selected in the following manner:
  1. Cumulative ranks in preliminary rounds.
  2. Reciprocal ranks, which gives preference to the speaker with the greatest number of 1s, greatest number of 2s, and so on
  2. Drop highest and lowest rankings
- D. To determine speaker position, order of the six final contestants will be based upon the above criteria from the preliminary rounds. Speaker position shall be determined based upon the following formula:
  1. 6th speaker with the highest rank.
  2. 5th speaker with the fifth lowest rank.

3. 4th speaker with the fourth lowest rank 4.

3rd speaker with the third lowest rank 5. 2nd speaker with the second lowest rank 6. 1st speaker with the lowest rank.

E. Three-judge panels shall be used in all final rounds.

F. Final round results for impromptu and extemporaneous speaking will be determined with tiebreakers in the following order:

1. Rank score from all rounds.
  2. Rank score from final round.
  3. Judge pref score from final round.
  4. Reciprocals score from preliminary rounds.
  5. Rank score from the preliminary rounds, except the highest and lowest score.
- G. Final round results for oratory will be determined with tiebreakers in the following order:
1. Rank score from final round.
  2. Rank score from all rounds.
  3. Judge pref score from final round.
  4. Reciprocals score from preliminary rounds.
  5. Rank score from the preliminary rounds, except the highest and lowest score.

## **Article VI – 1A/2A Debate Events: Public Forum, Lincoln Douglas, Spontaneous Argumentation**

### **Section 1: General Rules**

1A and 2A schools will compete in separate tournaments. The general rules for the 3A, 4A, and 5A tournaments shall be followed except as noted in this article.

### **Section 2: Resolutions**

The Lincoln Douglas resolution and the Public Forum resolution used at the 1A and 2A State Forensics Tournament will be the resolution designated by the National Forensic League for the months of March.

### **Section 3: Preliminary Rounds**

The preliminary rounds of Lincoln Douglas, Public Forum, and SPAR at the State 1A and 2A Tournaments shall meet the following requirements:

- A. All rounds shall begin promptly fifteen minutes after the official postings.
- B. Debaters are required to debate against the opponent they are posted to debate on the side they are posted to debate.
- C. Debaters will be identified by number in such a way as not to reveal the identity of the school they represent.
  1. Teams in no way should reveal the school they represent.
  2. An official listing of schools and teams will be provided at the conclusion of the State Tournament.
- D. Win-Loss records of schools, squads or teams will be made available upon completion of the State Tournament.
- E. There will be four preliminary rounds.
  1. 1A: The first round will be randomly paired outside of region, unless the total number of entries is too small to allow outside of region pairings.  
2A: The first two rounds will be randomly paired outside of region, unless the total number of entries is too small to allow outside of region pairings.
  2. Each debater shall uphold one affirmative and one negative whenever possible.
  3. No debater shall meet another school more than once unless the small number of entries and/or random drawing of byes make this unavoidable.
  4. 1A: In round three, each debater/partnership is an independent unit, and shall be paired and assigned sides based upon its own record.  
2A: Debaters from the same school shall not be paired.

5. 1A only: Debaters that have met previously should not meet again unless made necessary by the terms of paragraph E (3) above.
6. 1A only: Debaters from the same school shall not be paired unless they are the only undefeated debaters remaining.
7. Advanced rounds shall be paired as follows.
  - a. Round 3 shall be paired from the records of rounds 1 and 2.
  - b. Round 4 shall be paired from the record of all preliminary rounds.
8. Following round 4, quarterfinals will be held unless either: (a) There is a clean break that would allow a partial octo round of 4 or fewer additional debaters to debate into quarterfinals for the 7 and 8 seeds (this should be done only if there are more than 30 original contestants in the event) or (b) quarterfinals will break more than 50% of the participants in that event. If this is the case, semi-finals will be held instead. In any 1A debate event with 10 or fewer entries the event may break immediately to a final if outcomes permit. Final Rounds for Public Forum, Lincoln Douglas and SPAR in the 1A, and 2A State Forensic Tournaments shall be paired as follow:
  - a. Teams or contestants shall be seeded. Seeding will be determined: first on the basis of win-loss record; and second on the basis of speaker points. Bracketing will be as follows. Brackets will not be adjusted to avoid the same school meeting.
 

<u>Break to Semi-Final</u>	<u>Break to Quarter-Final</u>
1 seed vs. 4 seed	1 seed vs. 8 seed
2 seed vs. 3 seed	5 seed vs. 4 seed
3 seed vs. 6 seed	
2 seed vs. 7 seed	
  - b. Winners of the quarterfinal rounds will debate each other in a semi-final round, following the quarterfinal bracketing, regardless of preliminary records. Semi-final winners will debate in a final round.
  - c. A panel of at least three judges shall be used in these rounds and they will receive additional payment.
  - d. Teams choosing not to debate elimination rounds are ineligible for state tournament awards unless the elimination participants are from the same school.
  - e. A first place will be awarded to the winner of the final round. The loser of the final round will be awarded second place. Both semi-final round losers will receive a third place award.
  - f. If participants from the same school are scheduled to debate themselves in elimination rounds, the coach of that school may either choose to have the round run normally with a panel of judges, or they may decide which team to advance without debating. Their decision to run the round must be announced to the tab-room within 10 minutes of the round being posted. If the coach decides to advance a team without debating, that team must be declared to the tab-room before the end of that elimination round (i.e. they may not wait to see the outcomes of the other debates).
  - g. If one school closes out the bracket such that no other debates can occur with different schools, those contestants will be considered co-champions.
9. Awards: The winner of the final round will be champion, the other final participant will be second and the non-winning semi-final participants will be tied for third.
10. When byes are necessary, they will be placed in the lowest possible bracket of the power matching.

## **Article VII – 1A/2A Student Congress**

### **Section 1: General Rules**

The general rules for the 3A, 4A, 5A and 6A tournaments shall be followed except as noted in this article.

### **Section 2: Houses**

1A: All congress participants will be separated into houses of no more than forty.

2A: There shall be at least one house. There shall be more than one house if there are more than 22 contestants. In the case of multiple houses, no house shall have fewer than 11 members nor more than 22. If more than one house is used there shall be a final session.

### **Section 3: Seating**

Congress participants shall be pre-seated according to a randomly placed seating chart as the contestants face the chair or front of the chamber. The parliamentarian will seat the participants according to the chart provided. The chart will be reversed for the second session.

**Section 4: Number and Length of Sessions**

There will be two, two and a half-hour sessions.

**Section 5: Parliamentarian and Scorekeepers**

There will be an adult parliamentarian and two adult scorekeepers. Scorekeepers will change each session.

- A. The parliamentarian is to supervise each chamber, to preside in the event a student officer becomes too deeply involved in parliamentary rules, to correct errors in procedure, and to forbid the suspension of these state rules.
- B. The parliamentarian will sit near the front of the room and will time the speeches.
- C. The parliamentarian will mark the speaking order or verify that someone who desires to speak or has not spoken before or who has fewer speeches has precedence over someone who has spoken or has spoken more often.
- D. The scorekeeper will mark a chart in the same manner and will mark the ballots with rankings and ratings.

**Section 6: Legislation (1A, 2A)**

All legislation will be chosen selected from the current UDCA docket by the tournament director and region representatives with suggestions from coaches of students who are participating in the state congress tournament. The tournament docket will be published up to two weeks in advance of the state tournament.

**Section 7: Final Rankings**

Final rankings will be based upon the combined scoring of ratings and rankings from the two rounds. A subjective numbering percentage shall also be given on each ballot in order to break possible ties if ratings and rankings are equal. Total rankings shall take precedence, with ratings next. Percentage totals will break final ties.

**Section 8: Final Ratings**

For final rating, the congress will be quartered with the top quartile receiving a "superior," 2nd an "excellent," 3rd quartile a "good," and the bottom quartile a "fair." If there is an odd number in the quartile, the odd competitor shall be moved up one quartile.

**Article VIII – 1A/2A Individual Events**

**Section 1: General Rules**

The general rules for the 3A, 4A, 5A and 6A tournaments shall be followed except as noted in this article.

**Section 2: Preliminary Rounds**

- A. Competitors shall compete in three preliminary rounds and a final round for finalists.
- B. If the number of qualifiers makes it possible, competitors from the same school shall not be paired in the same rounds with each other in the first two rounds.
- C. All preliminary rounds are pre-set. If an event has more than one panel, participants should be in different panels in each round as far as possible.
- D. Ratings at the region tournaments are not to be considered for seeding in any of the rounds at the state tournament.
- E. Each competitor will receive a different speaking position each round, if possible.

**Section 3: Final Rounds**

- A. The final round is set with top contestants from the preliminary rounds.
- B. There shall be three or more judges in final round competition.
- C. The best 6 participants or the cleanest break closest to 6 will advance to the final rounds.
- D. In the final round, previous speaking total rankings will indicate placement as follows:
  1. 6th speaker, highest accumulated rank.
  2. 5th speaker, fifth lowest accumulated rank.
  3. 4th speaker, fourth lowest accumulated rank.

4. 3rd speaker, third lowest accumulated rank.
5. 2nd speaker, second lowest accumulated rank.
6. 1st speaker, lowest accumulated rank.

**Section 4: Ranking**

Contestants shall be ranked 1,2,3,4,5,5 in all rounds.

**Section 5: Final Rankings**

Final rankings will be based upon all preliminary round scores plus each of the three final round ballots, except in original oratory, where only the final round ballots will count. If a tie still exists, high and low judge evaluations will be dropped and the scores adjusted for finalists.

**Section 6: Final Ratings**

Final ratings are awarded on performance of the first three rounds by quartiling.

## CHAPTER IV – Event Specific Rules

**NSDA Rule Change Automatic Changes Rather than every time the NSDA Changes an event rule, the UDCA having to write a change and vote on it, we adopt a rule that states: In the event of an NSDA change in rules for events, evidence, internet usage, etc, the UDCA will automatically make the necessary changes to the rules in the UHSAA Speech and Debate Handbook as long as they do not conflict with UHSAA by laws. (This does not include Pilot rules until they are planned for adoption or are adopted by the NSDA officially unless put to vote by the UDCA committee and approved by Executive UHSAA committee).**

### Article I – Extemporaneous Speaking

**Section 1: Timing Rules**

- A. The time limit is 7 minutes maximum with 30 minutes preparation.
- B. The beginning of an extemporaneous round will be designated by the start of the draw for the first speaker. Once the draw has started, students will not be allowed to use the internet or cell phones. Any student found in violation will forfeit the round or become disqualified from the tournament (Ch.1, Art. IV, Section E). The round is over for each speaker once they have spoken. Cell phone use and internet are only prohibited during rounds.

**Section 2: General Rules**

- A. No notes or visual aids may be used during the actual speaking time. Use of notes or visual aids will result in the student being ranked last in the round.
- B. Outside coaching in the preparation room is absolutely forbidden.

### Article II – Impromptu Speaking

**Section 1: Timing Rules**

The time limit shall be 7 minutes maximum (the speaker will determine the division of this time between preparation and speaking).

**Section 2: General Rules**

- A. No notes or visual aids may be used during the actual speaking time. Use of notes or visual aids will result in the student being ranked last in the round.
- B. The participant will be asked to speak on a topic that will reflect his or her general knowledge in the following areas: one round of one-word-abstracts, one round of social value questions, and one round famous quotations.

### Article III – Oratory

**Section 1: Timing Rules**

The time limit is to be 7 minutes minimum and 10 minutes maximum. A grace period will be allowed where the oratory will not be penalized for either going 15 seconds over time or 15 seconds under time.

**Section 2: General Rules**

- A. No notes or visual aids may be used during the actual speaking time. Use of notes or visual aids will result in the student being ranked last in the round.
- B. The oratory must be the original work of the participant and should reflect subjects which are timely and significant to our society.
- C. Not more than ten percent of the material shall be quoted or paraphrased. Original oratories which have been largely paraphrased from previous oratories are ineligible. Also those which have been used in any competition during the previous school year (prior to June 10) are ineligible.
- D. All qualifiers to the State Meet must have submitted a copy of their original oratory one week in advance to the state forensic representative. This copy should be typewritten and double spaced. All quoted materials should be so specified with an appropriate bibliography attached.

**Article IV – Spontaneous Argumentation (SPAR)****Section 1: Timing Rules**

- 1 min. Prep
- 2 min. Affirmative Constructive
- 2 min. Negative Constructive
- 3 min. Cross Examination
- 1 min. Affirmative Rebuttal
- 1 min. Negative Rebuttal

**Section 2: General Rules**

SPAR at region and state tournaments for 1A, 2A and 3A will be assigned sides, with an equal number of Affirmative and Negative for each competitor. One topic will be given to the competitors by the judges, with the preparation time starting with the announcement of the topic. A judge will decide a winner and will assign speaker points. SPAR will be recorded as a debate event and will be held at the same time as the other debate events during the 2A region and 2A state tournaments.

**Article V – Lincoln-Douglas Debate****Section 1. Description:**

Lincoln Douglas debate is an event in which a student competes against another student to discuss affirmative and negative arguments of value. Topics center around the question of what ought to be instead of what is. For example, many topics invoke concepts like justice, morality, and duty. The Lincoln-Douglas debater learns value analysis, research skills, logical argumentation, political theory and philosophy, techniques for asking and answering questions, effective note taking, and oral presentation skills.

**Section 2. Resolution:**

Topics used in this area will be the same as topics designated by the National Forensic League. The November/December topic is announced in The Rostrum on October 1, the January/February topic is announced on December 1, and the March/April topic is announced on February 1. Schools not belonging to the NSDA may contact the State Forensics Representative for the official topic. The State Tournament will use the March/April topic. The UDCA strongly encourages Region Tournaments to use the State Tournament topic.

**Section 3. Order of Speeches:**

Each debater must give one constructive speech, one period of questioning, one period of answering, and one rebuttal speech, in the following order:

- Affirmative Constructive: 6 Minutes
- Negative Cross Examination: 3 Minutes
- Negative Constructive: 7 Minutes

Affirmative Cross Examination: 3 Minutes  
 Affirmative Rebuttal: 4 Minutes  
 Negative Rebuttal: 6 Minutes  
 Affirmative Rebuttal: 3 Minutes  
 Prep Time: 4 Minutes per debater

**Section 4. Explanation:**

Only two speakers are involved, one fulfilling the affirmative responsibilities and the other negative. Emphasis is placed upon the issues involved rather than upon strategy in developing the case. Because of time limits, a wealth of evidence cannot be used, but research supported by good background reading is necessary. Debaters are encouraged to develop argumentation based upon a values perspective. A value is an ideal held by individuals, societies, governments, etc. The debate should focus on logical reasoning to support a general principle instead of particular plans and counter-plans. Debaters may offer generalized, practical examples or solutions to illustrate how the general principle could guide decisions.

**Article VI – Public Forum (PF) Debate**

**Section 1. Description:**

Public Forum Debate is audience friendly debate. Two pairs (teams) debate monthly controversial topics ripped from newspaper headlines. Rounds begin with a coin toss between the competing teams to determine side and order (Pro-Con or Con-Pro). Public Forum tests skills in argumentation, cross-examination, and refutation. PF focuses on advocacy of a position derived from the issues presented in the resolution, not a prescribed set of burdens.

**Section 2. Resolution:**

Topics used in this area will be the same as topics designated by the National Forensic League. The February topic is announced on January 1, and the March topic is announced on February 1. Schools not belonging to the NSDA may contact the State Forensics Representative for the official topic. The State Tournament will use the March topic. The UDCA strongly encourages Region Tournaments to use the State Tournament topic.

**Section 3. Order of Speeches:**

Prior to EVERY round and in the presence of the judge(s), a coin is tossed by one team and called by the other team. The team that wins the flip may choose one of two options: EITHER the SIDE of the topic they wish to defend (pro or con) OR the SPEAKING POSITION they wish to have (begin the debate or end the debate). The remaining option (SIDE OR SPEAKING POSITION) is the choice of the team that loses the flip. Once speaking positions and sides have been determined, the debate begins (the con team may lead, depending on the coin flip results).

First Speaker - Team A 4 Minutes  
 First Speaker -Team B 4 Minutes  
 Crossfire (first question by speaker A1) 3 Minutes  
 Second Speaker -Team A 4 Minutes  
 Second Speaker -Team B 4 Minutes  
 Crossfire (first question by A2) 3 Minutes  
 Summary - First Speaker - Team A 2 Minutes  
 Summary - First Speaker - Team B 2 Minutes  
 Grand Crossfire 3 Minutes  
 Final Focus - Second Speaker - Team A 2 Minutes  
 Final Focus - Second Speaker - Team B 2 Minutes  
 Prep Time 2 Minutes per team

**Article VI I– Policy (CX) Debate**

**Section 1: Description:**

Debaters work in pairs (teams) to address the school year's topic, either from the affirmative side (to propose a plan to solve a problem with the topic), or the negative side (to prove how the affirmative's plan is flawed). Argumentation includes a constructive case, cross examination, and refutation. Skills learned include research, policy analysis, case building, refutation, questioning, organization and communication.



**Section 2: Resolution:**

The resolution will be one requiring a policy judgment. The National Federation of State High School Associations (NFHS) determines it annually.

**Section 3: Novice limitations:** See Ch. 1. Art. III Sec. 4

**Section 4: Order of Speeches:**

Each debater must give one and only one constructive speech, one period of questioning, one period of answering, and one rebuttal speech, in the following order:

- Affirmative Constructive Speech: 8 minutes
- Negative Cross Examines Affirmative: 3 minutes
- Negative Constructive Speech: 8 minutes
- Affirmative Cross Examines Negative: 3 minutes
- Affirmative Constructive Speech: 8 minutes
- Negative Cross Examines Affirmative: 3 minutes
- Negative Constructive Speech: 8 minutes
- Affirmative Cross Examines Negative: 3 minutes
- Negative Rebuttal: 5 minutes
- Affirmative Rebuttal: 5 minutes
- Negative Rebuttal: 5 minutes
- Affirmative Rebuttal: 5 minutes
- Prep Time: 5 minutes per team

**Section 5: Explanation:**

Debate is a persuasive event where opposing speakers present arguments for and against a predetermined resolution and strive to influence people to adopt or reject the proposed plan of action. Debate is essentially an intellectual pursuit, resulting in the growth of the thought process. The affirmative has the burden of proof in that they must support an assigned resolution through a case and plan which serve as an example. The negative team must clash through any of several approaches, including but not limited to: direct clash, plan meet need or advantage, disadvantages, counterplans, critiques, or any combination of debating paradigms. Complete examination of debate is impossible to summarize in a few paragraphs for this manual. It is recommended that a coach or student seriously wishing to understand this event consult a debate textbook or attend one of any number of summer workshops offered on this subject.

**Article VII – Rules of Evidence****Section 1: Responsibilities of Contestants Reading Evidence:**

- A. The contestant is responsible for the validity of all evidence they read in the debate.
- B. In all rounds of LD and Public Forum Debate, debaters should, at a minimum, orally deliver title of the source and the author's name. In Policy Debate, all debaters shall orally deliver the name of the author or title of source (E.G. title of book, not chapter; title of journal, not article), and complete date.
- C. In all rounds of debate, complete citations for each piece of evidence introduced in the round must be available in the round. Written citations must include name of the author, qualifications, complete title of source (E.G. title of book, not chapter; title of journal, not article), and complete date.

**Section 2: Responsibilities of Those Challenging Evidence:**

- A. Indictments or protests of the validity of evidence must be made on substantive grounds and in a timely manner.
- B. A challenger must have either the original source or a mechanical copy of the source being cited, or
- C. A challenger must demonstrate that a reasonable search has not been able to locate the source -- mechanical copies of relevant pages in Books in Print, etc.

**Section 3: Definitions of Non-existent Evidence or Evidence Which Seriously Distorts the Intention of the Original Source:**

- A. Serious distortion exists when the evidence itself contains added or deleted word(s) which do not clarify but in fact change the position of the author with respect to the issues in question.

B. Non-existent evidence means that a reasonable search is unable to produce the original source and/or the debater reading the evidence is unable to provide the original source or a mechanical copy of the relevant pages. The evidence cited is not located in the original source cited.

**Section 4: *Penalties for Non-existent Evidence or Evidence Which Seriously Distorts the Intention of the Original Source:***

A. If an evidence violation is presented where a debater is found to have committed a “serious distortion” or to have used “non-existent evidence”, at the conclusion of due process, the offending debater(s) may be disqualified from the tournament. Depending on the severity, an offense will result in notification of said offense to their high school administration.

## **Chapter V – Tournament Director and Region Representatives**

### **Article I. Tournament Committee Responsibilities**

#### **Section 1: *Committee Members***

Tournament Committee members shall include the tournament director(s) and each of the region representatives and the UHSAA representative.

#### **Section 2: *Committee Member Decision-Making Not Covered within the Rules***

The Tournament Director(s), in consultation with the Region Representatives and UHSAA representative, has the authority to rule promptly and in the spirit of good sportsmanship on any situation not specifically covered in the rules.

For additional debate resources please visit [www.utahdebatecoaches.org](http://www.utahdebatecoaches.org)

## UHSAA State Theatre Competition Rules & Regulations

GENERAL GUIDELINES	
<b>Preparing Your UHSAA Theatre Competition Team</b>	
1.	<b>Administrative Awareness &amp; Play Royalties: Form 22</b> - <u>All performance material</u> for both individual events and plays must be approved by individual school principals who must sign Form 22. Form 22 must be submitted to the region and classification representatives at the same time as the royalty verification. This form is available on the forms page of the UHSAA website. Schools which fail to submit Form 22 may be subject to penalties imposed by the UHSAA.
<ul style="list-style-type: none"> <li>• Students must participate in an event at region to qualify for the state theatre meet in that event.</li> <li>• All participants must meet eligibility requirements as specified in the by-laws of UHSAA.</li> <li>• Any entry that uses post-high school participants or children below high school age will be disqualified.</li> </ul>	
5.	All regions must have on file at the UHSAA offices a current printed copy of their region meet rules. These rules must follow UHSAA guidelines.
<ul style="list-style-type: none"> <li>• Regions must submit results to the UHSAA office and the state meet director by the deadline listed on the UHSAA calendar or within five days of the conclusion of the region meet, whichever is sooner.</li> <li>• For 4A, 5A, and 6A - No student may participate in more than one individual event at the state theatre meet (in addition to participating in the team One Act play). For 1A, 2A and 3A students may participate in Musical Theatre and one other event (in addition to participating in the team One act) It is recommended that all region events be conducted using this same guideline.</li> </ul>	
8.	All participating schools must use the same entry form to submit individual events and play information to their region representatives. Region representatives must use the same form to submit region information to the state representative.
<ul style="list-style-type: none"> <li>• Requests for rule changes must be made in writing and presented at the annual report made at the conclusion of the UACTT conference in July. Official rule and policy changes take 3 years to complete and implement. (At this meeting the classification and state theatre representatives will decide by consensus which initiatives will appear on a statewide ballot. Results will then be recommended to the UHSAA theatre committee who in turn will make recommendations to the executive committee. <i>Refer to your UHSAA leadership for more information</i>)</li> </ul>	
10.	Definition Note: "PUBLISHED": To publish means to make a playscript or stage musical available for wide-spread public viewing and utilization. The traditional meaning of the word "publish" means to print media on paper for distribution.

Preparing an Individual Events Team	
1.	Each school may enter <u>no more than four entries</u> in the following individual events: <ol style="list-style-type: none"> <li>1. Classical Scenes</li> <li>2. Contemporary Scenes</li> <li>3. Musical Theatre Scenes</li> <li>4. Pantomimes</li> <li>5. Humorous Monologues</li> <li>6. Dramatic Monologues</li> </ol>

*(Rules and procedures for each event are listed below)*

2. Replacement actors for individual events are not allowed. If any member of an individual event becomes unavailable or ineligible to perform at the State Meet, the piece becomes disqualified.

- Students participating in the one-act play category may also be entered in an individual event at the state meet.

- No student may participate in more than one individual event (see item “a”) at the state and region meets. The only exception is that 1A, 2A & 3A schools may double-enter in the musical theatre event. (see above)

- A participant may not use a cutting from the same dramatic or humorous monologue, pantomime, contemporary or classical scene, musical theatre piece or one-act play which he or she used personally in any previous year. This ineligibility extends beyond the actual words used in the scene, monologue or play. If one portion of an author’s work has been used by a participant or participants, that entire single work is ineligible for the rest of that participant’s or participants’ high school career. This ruling applies to the participant or participants only, and not to the school as a whole.

### **Preparing for the UHSAA One Act Play Competition**

1. Choose a play, get it approved by your administration and pay your royalties.

**Administrative Awareness & Play Royalties: Form 22 - All performance material** for both individual events and plays must be approved by individual school principals who must sign Form 22. Form 22 must be submitted to the region and classification representatives at the same time as the royalty verification. This form is available on the forms page of the UHSAA website. Schools which fail to submit Form 22 may be subject to penalties imposed by the UHSAA.

2. Each individual school participating in the one-act play event at region and state must provide a letter and/or receipt of payment to show **proof that royalty** obligations have been met prior to the beginning of the performance. This letter and/or receipt must be collected by the region representative and forwarded to the classification representative for the region meet and collected by the classification representative for the state meet.

- Each school may enter no more than one entry in the one-act play event.

- A play may be from a multiple-act play, a musical play, or a one-act play. Original plays are also acceptable.

- Students participating in the one-act play category may also be entered in an individual event at the state meet.

- All participants must meet eligibility requirements as specified in the by-laws of UHSAA.

- Any entry that uses post-high school participants or children below high school age will be disqualified.

- Replacement for one single actor (male or female) in a state one-act play: When one actor in a state-qualifying one-act play is not able to participate, a replacement for that actor with another eligible actor from the school’s region team is permissible. The eligible replacement actor must:

- a. Meet state academic eligibility requirements;

- b. Have been submitted to the UHSAA on the original eligibility list  
**PRIOR** to the region meet;

c.	Be reported to the region representative, classification representative, and meet director at least 24 hours prior to the performance of that piece at the state meet.
9.	The meet director will be required to put a disclaimer in the one act play programs for appropriate material content. This disclaimer should also be posted in individual event competition areas.
•	Each play has a maximum of 60 minutes on stage. Within this time limit a play must set up, perform, strike, and be critiqued. The 60 minutes will begin as the play moves on to the stage and will officially end as the play leaves the stage back into a holding area. Any technical preparation (ie. setting lights, testing sound, projections, etc...) counts as part of a school's set-up time and is included in the 60 minutes allotted. If a play does not leave adequate time for a 10-minute critique in its 60 total minutes, it will forfeit the critique session.
11.	All plays must perform for a minimum of 25 minutes (of the 60-minute limit) to be considered eligible for awards. This minimum does not include set up or take down time.
•	All One Act plays will be performed once for three judges. The same three judges will watch all entries.
•	If there is a question of student safety that arises for a One-Act Play, the school in question must provide documentation of approval from State Risk Management.
•	<b>TIME PENALTIES:</b> If a one-act play goes more than 30 seconds over or under the prescribed time limit, 10 points will be taken off of the team's sweepstakes score and the play becomes ineligible to place in the top 3. At the region level, this would also disqualify the play from advancing to state.

### **PREPARING FOR THE STATE MEET**

1.	Each school participating in the state meet must qualify participants at a region meet following the rules and regulations outlined in the UHSAA handbook and yearbook.
•	Any contestant who misses a round or session of an event in the state theatre meet will not be eligible for a final rating or ranking.
•	There will be no entry fee charged at state meets.

### **SANCTIONING ADDITIONAL INVITATIONALS (Not State or Region)**

1.	Regarding sanctioning of meets involving more than 4 schools, please refer to article VII of the UHSAA by-laws and section 15 of the Interpretations/ Guidelines portion of the UHSAA Handbook.
•	There may not be an entry fee of more than \$3.50 per student per day for any meet. A maximum of \$15.00 school entry fee per day may be charged for invitational meets if deemed necessary by the host school. Any exceptions must be approved by the executive committee of the UHSAA.
•	A contract is formed when participant entries are submitted to the state meet director and each "no-show" entry will be fined \$25.00. Invitational meets may also levy a \$25.00 fine for each "no-show" entry at UHSAA sanctioned events.

<b>CLASSICAL SCENES FROM PLAYS – 4 ENTRIES (up to 12 students)</b>	
<p><b>What must it look like?</b></p> <ul style="list-style-type: none"> <li>• 2 – 3 participants per scene</li> <li>• 3 – 6 minutes long (if any narration is used it must be included in the time limit)</li> <li>• Scenes from <u><i>published scripts written for the stage</i></u></li> <li>• Published prior to the year 1900</li> <li>• Costumes and hand props may be used but are not required.</li> <li>• All Classical Scenes must provide a source submission (play title, author and publishing company) to the meet director (ie. Region or State Representative) before competing. This is to ensure that all scenes are from published plays.</li> <li>• INTRODUCTION: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character.</li> </ul>	
<b>ALLOWED</b>	<b>NOT ALLOWED</b>
<ul style="list-style-type: none"> <li>• Published plays</li> </ul>	<ul style="list-style-type: none"> <li>• Vaudeville skits, television or film scenes about the time period but not written in the time period</li> </ul>
<ul style="list-style-type: none"> <li>• Original published texts</li> </ul>	<ul style="list-style-type: none"> <li>• Adaptations of original texts</li> </ul>
<ul style="list-style-type: none"> <li>• Direct translations of original texts</li> </ul>	<ul style="list-style-type: none"> <li>• Plays written after 1900 even if the author was writing before 1900 as well</li> </ul>
<ul style="list-style-type: none"> <li>• Costumes, hand props</li> </ul>	<ul style="list-style-type: none"> <li>• Large scenic elements</li> </ul>

<b>CONTEMPORARY SCENES FROM PLAYS - 4 ENTRIES (up to 12 students)</b>	
<p><b>What must it look like?</b></p> <ul style="list-style-type: none"> <li>• 2 – 3 participants per scene</li> <li>• 3 – 6 minutes long (if any narration is used it must be included in the time limit)</li> <li>• Scenes from <u><i>published scripts written for the stage</i></u></li> <li>• Published after the year 1900</li> <li>• Costumes and props may be used but are not required.</li> <li>• All Contemporary Scenes must provide a source submission (play title, author and publishing company) to the meet director (ie. Region or State Representative) before competing. This is to ensure that all scenes are from published plays.</li> <li>• INTRODUCTION: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character.</li> </ul>	
<b>ALLOWED</b>	<b>NOT ALLOWED</b>
<ul style="list-style-type: none"> <li>• Published STAGE plays</li> </ul>	<ul style="list-style-type: none"> <li>• Vaudeville skits, television or film scenes</li> </ul>
	<ul style="list-style-type: none"> <li>• Original student written scenes or scenes from unpublished original work</li> </ul>
<ul style="list-style-type: none"> <li>• Costumes, hand props</li> </ul>	<ul style="list-style-type: none"> <li>• Large scenic elements</li> </ul>

<b>MUSICAL THEATRE SCENES - 4 ENTRIES (up to 16 students)</b>	
<b>What must it look like?</b>	
<ul style="list-style-type: none"> <li>• 1 – 4 participants per scene</li> <li>• 2 – 6 minutes long (if any narration is used it must be included in the time limit)</li> <li>• Scenes from <u>published scripts written for the stage</u></li> <li>• Scene must include sung vocal music</li> <li>• Costumes and props may be used but are not required.</li> <li>• Proof of permission to perform selections is no longer required.</li> <li>• INTRODUCTION: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character.</li> </ul>	
<b>ALLOWED</b>	<b>NOT ALLOWED</b>
<ul style="list-style-type: none"> <li>• Published scenes written for the stage</li> </ul>	<ul style="list-style-type: none"> <li>• Works from film, poetry, fiction, or standard popular song lyrics are not permitted</li> </ul>
<ul style="list-style-type: none"> <li>• The performers may use pre-recorded music or live music, but must provide their own accompanist or means to play recorded music or live music. Schools are no longer required to provide pianos for musical theatre rounds.</li> </ul>	<ul style="list-style-type: none"> <li>• Back up tracks with back up vocals included in the tracks</li> </ul>
<ul style="list-style-type: none"> <li>• Each entry may have one person to run equipment for playing recorded accompaniment.</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>
<ul style="list-style-type: none"> <li>• Scene dialogue at the beginning or end of the song</li> </ul>	<ul style="list-style-type: none"> <li>• Acapella scenes are not allowed</li> </ul>
<ul style="list-style-type: none"> <li>• Costumes, hand props</li> </ul>	<ul style="list-style-type: none"> <li>• Large scenic elements</li> </ul>

<b>HUMOROUS MONOLOGUES - 4 ENTRIES (up to 4 students)</b>	
<b>What must it look like?</b>	
<ul style="list-style-type: none"> <li>• 1 participant per monologue</li> <li>• 2 – 6 minutes long (if any narration is used it must be included in the time limit)</li> <li>• Monologues are one person taking the part or role of one character. The character speaks only one part, but can act or react as though other characters are present. All elements come through one character.</li> <li>• A humorous monologue should be humorous</li> <li>• A monologue can be from a published or an original work.</li> <li>• Costumes and hand props may be used but are not required.</li> <li>• INTRODUCTION: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character.</li> </ul>	
<b>ALLOWED</b>	<b>NOT ALLOWED</b>
<ul style="list-style-type: none"> <li>• Published STAGE plays</li> </ul>	<ul style="list-style-type: none"> <li>• Large scenic elements</li> </ul>
<ul style="list-style-type: none"> <li>• Original student written monologues</li> </ul>	<ul style="list-style-type: none"> <li>• Stand up comedy routines</li> </ul>
<ul style="list-style-type: none"> <li>• Unpublished monologues</li> </ul>	
<ul style="list-style-type: none"> <li>• Costumes, hand props</li> </ul>	

<b>DRAMATIC MONOLOGUES - 4 ENTRIES (up to 4 students)</b>	
<b>What must it look like?</b>	
<ul style="list-style-type: none"> <li>• 1 participant per monologue</li> <li>• 2 – 6 minutes long (if any narration is used it must be included in the time limit)</li> <li>• Monologues are one person taking the part or role of one character. The character speaks only one part, but can act or react as though other characters are present. All elements come through one character.</li> <li>• A dramatic monologue should be dramatic.</li> <li>• A monologue can be from a published or an original work.</li> <li>• Costumes and hand props may be used but are not required.</li> <li>• INTRODUCTION: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character.</li> </ul>	
<b>ALLOWED</b>	<b>NOT ALLOWED</b>
<ul style="list-style-type: none"> <li>• Published STAGE plays</li> </ul>	<ul style="list-style-type: none"> <li>• Large scenic elements</li> </ul>
<ul style="list-style-type: none"> <li>• Original student written monologues</li> </ul>	
<ul style="list-style-type: none"> <li>• Unpublished monologues</li> </ul>	
<ul style="list-style-type: none"> <li>• Costumes, hand props</li> </ul>	

<b>PANTOMIME – 4 ENTRIES (Up to 8 students)</b>	
<b>What must it look like?</b>	
<ul style="list-style-type: none"> <li>• 1-2 participant per scene</li> <li>• 2 – 6 minutes long</li> <li>• Each scene must develop a complete sequence or story.</li> <li>• INTRODUCTION: Introductions for pantomime include the title of the piece only.</li> </ul>	
<b>ALLOWED</b>	<b>NOT ALLOWED</b>
<ul style="list-style-type: none"> <li>• All black clothing must be worn</li> </ul>	<ul style="list-style-type: none"> <li>• Costumes, mime makeup                             <ul style="list-style-type: none"> <li>• Lyrics in music</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>• Pre-recorded, instrumental music only (Performers must provide their own means to play recorded music)</li> </ul>	
<ul style="list-style-type: none"> <li>• Each entry may have one person to run the music for them</li> </ul>	<ul style="list-style-type: none"> <li>• Live musicians</li> </ul>
<ul style="list-style-type: none"> <li>• One acting block, stool or chair per participant</li> </ul>	<ul style="list-style-type: none"> <li>• Scenic elements</li> </ul>
<ul style="list-style-type: none"> <li>• Students are allowed to touch each other in pantomime</li> </ul>	<ul style="list-style-type: none"> <li>• Mouthing of words is not allowed (except “ooh” or “aaah” as they accompany facial expressions)</li> </ul>
<ul style="list-style-type: none"> <li>• The introduction must only be the title of the pantomime</li> </ul>	<ul style="list-style-type: none"> <li>• No verbal narrative or explanation is allowed in the introduction</li> </ul>

<b>How Does a Student Qualify for State?</b>
<p><b>1. For 3A, 4A, 5A &amp; 6A, at the region level, competitors receiving 60 points or higher, qualify to move on to state competition regardless of their rankings.</b></p>
<ul style="list-style-type: none"> <li>• For 1A &amp; 2A at the region level, competitors receiving 55 points or higher, qualify to move on to the state competition regardless of their rankings.</li> </ul>
<ul style="list-style-type: none"> <li>• At the region level, all pieces that advance to the final medals round will automatically qualify for state, even if they did not receive 60 or more points from their previous rounds.</li> </ul>



- At the region level, the top 3 ranked play entries will qualify for state regardless of their cumulative points. In addition, if there are any other plays that received a total of 120 points, they will also advance to state.

### Judging Individual Events at UHSAA Region and State Theatre

1. A judge CANNOT be any individual who has previously worked with any participant in a theatre coaching capacity. In addition, relatives of any participant, coach, student-teacher or teacher may not judge the competition in any capacity, even if they do not judge the student they are related to. If they are related to any one of the participants in the competition, they are ineligible to judge the **entire competition**.
- All judges must be out of high school for at least 3 years before judging.
  - Any contestant who knowingly allows themselves to be judged by any of the ineligible judges listed above, without informing the meet directors shall be ruled ineligible.
  - A judges meeting will be held prior to each meet where rules and regulations will be reviewed with ALL participating judges by the meet director ONLY. The format and content of this meeting MUST follow the agenda found on the UHSAA website.
  - All individual event pieces will be performed for three different judges in three different rounds of approximately 6 (but no less than 4) pieces per round. If there are not enough entries to slate pieces in 3 rounds, you may put them all in one.
  - Individual event judges may not be paid at any meet more than \$50.00 for a full day.
  - At the region level, it is suggested that the 3 One-Act judges be acquired by 3 different schools. A One-Act judge is not allowed to judge in the same region 2 years in a row.
  - A judge's final rating must be round numbers between 1 – 25 per round for individual events and 1 – 50 per judge for the One Act plays.
  - The top 5-8 ranked pieces in each individual event will participate in a final medals round. This will be determined in the following manner: a piece's 3 scores will be added together and the pieces with the highest 5-8 scores are chosen for the final medals round. Highest 5-8 scores advance. Meet director will determine the number that advance.
  - In the final medals round, 3 judges watch all 5-8 pieces together. When all have performed, each judge, without consulting with the other judges, ranks the pieces 1-5 (any piece lower than 5 just receives a 5)
  - 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Place in each individual event will be determined by adding the scores from the final medals round. Highest score wins. Ties are ties.
  - Any school that does not provide the specified number of judges for the State meet will be fined. It is highly recommended that regions follow this guideline as well.
  - If one-acts and individual events are held on separate dates, you must not reveal any results until after all results are in. For example, don't announce who won the one-act competition until you can announce who won sweepstakes.
  - In all theatre meets, a judge must never be alone with a competitor and must always have another competitor, performer, judge, time keeper, parent or observer present in the room for protection of both the judge and the student.
  - Adherence to the time limits and subsequent consequences for time violations shall be followed. Time limits and procedures are posted on individual ballots and will be dealt with in the tabulation room by the meet director.
  - **TIME PENALTIES** for Individual Events: If a piece goes more than 10 seconds over or under the allotted time limit, 2 points will be taken off of the team's sweepstakes score for each round this

occurs in. In addition, if this happens in two or more rounds to the same piece, that piece becomes ineligible to qualify for final medals rounds or receive any sort of medal. At the region level, this would also make the piece ineligible to advance to State.

- Clerical errors in results may be corrected up to 72 hours after the conclusion of the meet. A team must file a written protest on behalf of an entry to the UHSAA within that time period. 72 hours after the conclusion of the meet, results will stand.
- All judging exceptions may be made in extenuating circumstances by consensus of meet directors.

### **Judging the One Act Play Competition**

1. All One Act plays will be performed once for three judges. The same three judges will watch all entries.

- One-act play judges may not be paid more than \$150.00 for a full day.
- At the region level, it is suggested that the 3 One-Act judges be acquired by 3 different schools. A One-Act judge should not judge in the same region 2 years in a row.
- Participants should be scored according to the quality of their performance. Each judge should score rank individually without consulting other judges.
- If one-acts and individual events are held on separate dates, you must not reveal any results until after all results are in. For example, don't announce who won the one-act competition until you can announce who won sweepstakes.
- 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Place in One Act plays will be determined by adding the points from each judge. Highest score wins. Ties are ties.
- Consequences for time violations shall be taken care of in the tabulation room by the meet director. Time limits and procedures are posted on individual ballots. **TIME PENALTIES:** If a one-act play goes more than 30 seconds over or under the prescribed time limit, 10 points will be taken off of the team's sweepstakes score and the play becomes ineligible to place in the top 3. At the region level, this would also disqualify the play from advancing to state.
- Clerical errors in results may be corrected up to 72 hours after the conclusion of the meet. A team must file a written protest on behalf of an entry to the UHSAA within that time period. 72 hours after the conclusion of the meet, results will stand.
- Play judges for state meets will be secured by the classification representative or designee prior to the respective state meet. The classification representative will determine the order of the play performances for the state meet. All requests for special consideration in one-act play performance placement must be submitted by the coach of the school to the classification representative no later than one week prior to the state meet.

### **AWARDS**

1. At the state level, any piece receiving 60 points or above will receive a medal.

- Region certificates, medals and trophies are decided upon by the individual regions.
- 1<sup>st</sup> and 2<sup>nd</sup> Place will be awarded trophies for sweepstakes at the state level.
- Judges will select up to 6 individual performers/groups/designers from the one-act plays for Outstanding Performance awards. Possible awards include, but are not limited to: Outstanding Lead Actor/Actress; Outstanding Supporting Actor/Actress; Outstanding Cameo Performance; Outstanding Ensemble; Outstanding Student Design (costumes, sound, props, etc...); Outstanding Student Director; Outstanding Character Actor/Actress; Outstanding Student Playwright; et al.
- At the state level, the top 3 ranked plays will receive 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Place plaques. All plays will receive certificates based on their overall scores.

- All individual event pieces that advance to the final medals round will receive a Superior medal regardless of their ratings in their first 3 rounds.

#### **HOW ARE SWEEPSTAKES POINTS TABULATED?**

1. Each individual event entry will receive points based on their ratings, up to 25 points per event, per round. Therefore, because each piece is judged 3 times, each entry can receive a maximum of 75 points towards the team's sweepstakes score.
- Each One Act entry will receive up to 50 points per judge, 150 points total, toward sweepstakes. A perfect team sweepstakes score, combining I.E.'s and One Act scores, is 1500 points.
  - At the state level, only the school's top 3 highest-scoring pieces in all of their events (humorous monologues, pantomimes, etc) will count towards their sweepstakes score (in addition to the One Act score). Even though in some events, they could possibly have qualified and brought 4 pieces total, only the top 3 pieces will count towards the school's sweepstakes score. Therefore, at the state level, a perfect sweepstakes score would be 1350 points.
  - 1<sup>st</sup> and 2<sup>nd</sup> Place will be awarded for sweepstakes at the state level.
- NOTE: Make sure and deduct the appropriate time violation penalties as described in the individual event and one-act play "Time Penalties" sections above.

#### **THE TABULATION ROOM – What does it look like?**

1. The tab room at state meets must include the following personnel:
  1. Meet Director
  2. Tabulation room assigned and paid workers
2. NO TEACHERS are allowed in the tabulation room.