

OUR LADY OF LOURDES, ROTTINGDEAN and ST. PATRICK'S, WOODINGDEAN

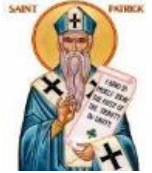


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Priest: Mgr. Benny O'Shea 07884 171710

Deacons: Rev. Neil Mercer and Rev. Bernard Hill 07505 460888

Also resident in the Parish:- Canon Oliver Heaney and Canon Daithi Foley

The Parish is part of the Diocese of Arundel & Brighton Diocesan Trust Registered Charity No. 252878

Please continue to observe the Covid regulations/advice from Government and Bishops' Conference

Live Streaming of Masses continues from Our Lady of Lourdes Church

Link: <https://www.youtube.com/channel/UCc4VXBr3EOa43nCxxzB-Edw>

Service & Intentions

THE WORD WHO IS LIFE

Sunday 23rd Oct	6.30pm (Sat) OLOL	**Vigil Mass	John Westrupp R.I.P.
30th Sunday in Ordinary Time	9.00am St. Patrick's	** Mass	People of the Parish
World Mission SUNDAY	10.30am	** Mass	David Halliday R.I.P. (A)
Monday 24 Oct	9.30am	Mass – St. Martha's Convent	Celebrant's Intention
	**7.30pm	St. Anthony Mary Claret	OCTOBER DEVOTIONS
Tuesday 25 Oct	8.30-9.25am	Adoration	
	9.30am	Mass	Special Intention - Sr. Rosalie
	10.00am-10.30am	Time of Adoration/Private Prayer	
Wednesday 26 Oct	-----	-----	-----
Thursday 27 Oct	8.30-9.10am	Adoration	
	*** 9.15am****	Mass ***Please note Time***	Rev. Peter Laister R.I.P. (A)
Friday 28 Oct	8.30-9.25am	Adoration	
	9.30am	Mass Ss Simon and Jude	Welfare of Richard and Christine Sullivan
	10.00am-10.30am	Divine Mercy/Private Prayer	
Sunday 30th Oct	6.30pm (Sat) OLOL	**Vigil Mass	John and Angela Ansell R.I.P.
31st Sunday in Ordinary Time	9.00am St. Patrick's	**Mass	Peter Moore R.I.P.
	10.30am	**Mass	People of the Parish
	CONFESSIONS	**** SAT - 5.45-6.15pm	

PLEASE PRAY for the repose of the souls of all those recently deceased members of our parish and others known to us. May they rest in peace. Please remember their families in prayer at this time.

This Weekend 22nd/23rd October: Collections for World Missions. This World Mission Sunday, help us ignite God's love around the world. By giving a donation we respond to Christ's call to feed the hungry and clothe the naked. Envelopes for your donations are at the back of the church.



RED BOXES Please hand in your Red Boxes for counting. They may be left in the church porch for collection. Thank you for your support. If you want a Red Box, please ring Peter Johnson on 01273 390731.

FIRST HOLY COMMUNION PREPARATION Parents who have signed up their children for Sacramental Preparation are invited to a meeting in the Parish Hall at Our Lady of Lourdes Church on **TUESDAY 8th NOVEMBER-- 7.00pm**



A COMMUNITY WHICH IS OPEN AND WELCOMING

The Tax collector in the Gospel today can teach us much about the secret of worshipping in a manner that is acceptable to God. We are called to acknowledge our sinfulness and entrust ourselves to the generous **mercy** of God, which is bigger than any sins we might have committed. Jesus teaches us never to look down on our fellow sinners but to help them in their search for God. Our church community must be open and welcoming to ALL - especially those at the margins of society.

God always opposes the proud, but gives grace to the humble.

Peter Edwards

Visits to the Sick/Hospital/Housebound: If you know of anybody who is sick please contact the Parish Office

PLEASE PRAY for all our sick parishioners who are in nursing homes or housebound especially for Sean Flanagan, Alison Stainthorpe, Sami Ghazal, Sophie Reilly, Ann Chapman, John Heal, Sandra Waugh, Eileen Cross, Veronica Westbury, Cherie Pay, Maureen Garson, Jane Purdham, Geraldine Lewis, Peter Hogan, Dorothy Benson, Teresa Ford, Sr. Angela, Rosemary Gill, Asahi Religa, Huguette Vincent, David Iddiols, Keith Francis, Andy Renton, Joan Coyne, Mark Richards, Bernard Workman, Fr. Oliver, Alexander Cruickshank and David Corbett.

Please let Fr. Benny OR the Parish Office know if you would like a name added.

REFLECTIONS ON THE SUNDAY READINGS Every Friday at 10.15am in the Parish Hall. All are welcome to participate.



BEAKFAST CLUB Every Thursday after 9.30am Mass. Freshly made to order, bacon rolls and lots more. Everyone is welcome to enjoy their treats. Each week you are helping to raise much needed funds for our church. Thank you for your support.

CHURCH CLEANING We urgently need a number of people who will form a Rota to take on the very important work of cleaning the church interior on a regular basis. If you can help, please contact Fr. Benny or the Parish Office. Thank you.



Thank you for your support and generosity. All donations are collected from the church porch. Cash donations to Maureen Buni OR in the designated WALL BOX in church porch.

TIME OUT – Individual Self led Retreats at Worth Abbey: -21-24 November; 12-16 December (minimum 2 nights) Spend time at Worth Abbey enjoying the rhythm of the **monastic prayer and liturgy**, time in reflection and the peace of the Sussex countryside. There is no set programme other than an optional daily Lectio Divina Session, plus a chance to have a 1:1 for reconciliation or a chat. **Cost: £90 per person, per night.** Book online: www.worth.co.uk/retreats E: retreats@worth.org.uk or T: 01342 710318

MASS FOR THE BEREAVED

10.30am – Saturday 12th November - Our Lady of Lourdes Church, Rottingdean.

Those who have recently lost loved ones are invited to offer mass and light a candle in loving memory of someone special.



ST. PATRICK'S PARISH WALK - 3rd November (weather permitting).

Meeting Point: Saltdean Lido car park at 10.30am (coastal buses stop nearby). We walk along the coast, up to Telescombe Tye and across the Tye, and then back down to the Lido (about 3 miles with slight hills). Those who wish, may like to follow the walk with lunch at the Crocodile Cafe in Saltdean. Please email frances.low@ntlworld.com or text 07816642943 if you want to walk. We also need to know numbers for lunch. All parishioners welcome!!



Winners of the Draw for October are: 1st Prize £25 – Ian Watson, 2nd Prize £15 – Oisín Tanner, 3rd Prize £10 – Chrystelle Nunan. Please collect your winnings from the Sacristy or the Parish Office. New members are welcome. Forms are available at the back of the church.

Before leading the recitation of the Angelus last Sunday, Pope Francis encouraged us to focus on what is most important, love for God and neighbour, and to pray always so our faith stays strong.

Pray and not lose heart Understandably, many may ask themselves how they can find the time to pray, given the frenetic pace of today, the Pope admitted, but we do not have to "live in a convent" to set aside the time we need. The Pope suggested a wise spiritual practice of the elderly that was often common and can be taken up today consisting of simple, short prayers we can easily remember, repeated throughout the day wherever we are so to remain close to the Lord and find peace in our lives.

As soon as we awaken, we can say: "Lord, I thank you and I offer this day to you". Then, before an activity, we can repeat, "Come, Holy Spirit". Between one thing and another, we can pray thus, "Jesus, I trust in you and I love you".

Messaging the Lord through prayer The Pope likened these short prayers to messaging the Lord the way we do every day to the people we love, and so keeping our hearts connected to Him.

But, he concluded, we also need to remember to "read his responses," which we can find in the Gospel that we should always have at hand and open daily to receive "a Word of life directed to us."

"May the Virgin Mary, faithful listener, teach us the art of praying always, without losing heart."



“TOUR DE ROTTINGDEAN” CHARITY BIKE RIDE

**A BIG THANK YOU to the Cyclists- especially to our Great Leader Christopher O’Flinn - and the Walkers who battled the elements and completed the course!
There is still time to donate and next week we will publish the final amount raised.**



Fr. Benny - Raring to go!!



Breakfast Ladies – At the start!



Refuelling before returning to base!!



Jonathan and Maureen, windswept!



Noreen
at her 1st
Pit Stop!



Enjoying the ride!

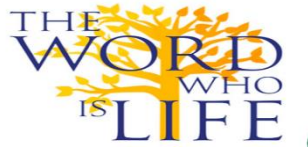


Jacinta – back in Rottingdean
having taken 22,935 steps!!

Bishop Richard has published a new Pastoral Plan for the Diocese, The Word Who Is Life, 2022

A look to the future in a Post-Pandemic Setting. Here is an extract but you can read or download the rest of the Plan by going to the Diocesan Website: www.abdiocese.org.uk/diocese/pastoral-plan

The Word Who is Life”



It is now over three years since the publication of the Pastoral Plan for the Diocese. That first document was the fruit of a process of consultation across the Deaneries of the Diocese and the Plan was presented in each Deanery. In the intervening time, a number of positive developments have taken place. However, we have also been living with the Covid-19 pandemic for nearly two of those years and this has impacted significantly on every aspect of our lives.

The Word Who is Life is our subject, and the Mission of living and proclaiming the message of Salvation must be the focus for our every action, the measure by which we reflect upon our lives as the community of the Church.

I therefore take this opportunity to invite everyone in the Diocese – lay faithful and religious, deacons and priests – to join with me in forging our parishes into communities of saints, into strong, lively and welcoming schools of discipleship. May they be communities where the Lord is known and loved; where the liturgy is experienced as an encounter with the wonder of heaven; where daily prayer is a natural part of life; where all are welcomed and their dignity as children of God always recognised; where young people grow in deep love for the Gospel, for the sacramental life of the Church and for prayer; where all know the riches of the faith and seek to share it with others.

The Life of the Parish – Prayer, Formation and Mission

By Baptism we are incorporated into the Pilgrim People of God. This brings with it the rights and responsibilities that come with discipleship.

Our parishes are communities of shared prayer and celebration, centred on the celebration of the Eucharist. They are the communities in which we find opportunities for formation. It is the Eucharist, this prayer and formation that enables us to fulfil the Mission to which we have been called: the evangelisation of the world.

There is no doubt that the lives of our parish communities have been affected by the experience of the pandemic. While attendance at Mass has declined somewhat, many have benefited from the development of livestreaming. However, there is a real need for us to reach out to those who have not returned. As members of our parish families, their presence is missed and we must all seek to welcome them home again.

The community aspect of parish life is clearly important, yet it has suffered during the time of the pandemic and has been much missed. The rebuilding of this sense of community is necessary and we have learnt much about the need to adapt that will stand our parish communities in good stead for the future.

In addition, there are many in society who are asking themselves existential questions as a result of the experience of these last two years. This is potentially a great moment in the life of the Church, for the Lord calls out to us:

“Come to me, all you who are overburdened and I will give you rest.

Shoulder my yoke and learn from me and you will find rest for your souls.

For my yoke is easy and my burden light.”

The burdens that people carry are often very great and in these present times of financial constraints, new challenges are emerging, placing increased demand on food banks and the assistance given by parish communities to those in need. In more recent years, the development of the Refugee Project has been a significant development in our reaching out to those who seek safety in this country. This work must continue into the future, as conflict and the impact of human need lead our brothers and sisters to leave their homelands.

The impact of Climate Change is a further burden on our society, calling for action in all sorts of ways. The Diocese has been a Fairtrade community for many years and has disinvested from fossil fuels. Our parishes must grow as communities that foster care for the planet, the care for which is a solemn charge in us all.

The motivation for all our Social Action must always be the reality of God’s love for us, proclaimed in our liturgical life, our commitment to prayer and in the persevering and consistent recognition of the dignity of the human person from the moment of conception to natural death, lived out in a society that supports the Common Good that is a constant call to the building up of the Kingdom of God.

Steps into the future

As we look to the future life and mission of the Diocese, there are a number of key developments that must be considered, including the new possibilities that lie before us as a result of new Church legislation. There is also much that is wonderful in the life of the Diocese, on which we must continue to build.

It must be recognised that challenges lie ahead, but if we are resolute in measuring all we do by the life and mission to which we have been called, our course will be sure.

The Synodal Path, on which we have been invited by Pope Francis, will be an important element in our future life.