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Newsletter 61

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A Message from Dr Bezerra de Menezes (Spirit)

Submitted by Janet Duncan, Allan Kardec Study Group (ASKG)

Fraternal friends and devoted workers in the field of the Teachings of Jesus!

We embrace you in the name of the workers from this side of life and pray to our Master and Friend for blessings and peace for all.

The new times occurring on the physical plane are announcing an era of transformations that are necessary for the implementation of the process of human evolution. The two planes of life are uniting and bonds of solidarity are becoming closer, having in view previously foretold events.

In accordance with the commitments set in place by the planet's Mentors, selfless souls work incessantly defining responsibilities and tasks to be performed at specific moments.

However, not far away in the world of spirit, in regions of purgatorial suffering indicated by the aspect of the inhabitants, souls are stirring, moving, producing noise and clamour in the hope of benefiting in some way from the programme determined by the Higher Spheres.

Being disturbed, they are fearful of the changes they have already been told about, not knowing as yet how to manage their emotions and desires. Therefore, they go to the public squares and temples of different religious interpretations to discuss and express their views. At times accepting the winds of change and at other times rebelling, positioning themselves against them. In this process, they influence incarnate spirits who listen to their vacillating opinions, while they, in turn, are often influenced by the reactions of those who are incarnated.

What is certain is that humanity has reached a point in its evolutionary journey that no longer allows for any kind of reversal. For the next fifty years, a plan has already been outlined that is destined to be fulfilled by a collectivity of Spirits who will have to live with great and painful challenges. (Cont. on page 2)



Message from Dr Bezerra de Menezes (continued)

This is a heterogeneous population consisting of enlightened souls and of other Spirits in the process of spiritual readjustment. The first mentioned are souls who have become illuminated through severe trials over the centuries, during which they have acquired superior resources of intelligence and morality. These will reincarnate to exert positive influences on the minds of those that are in the process of reparation and in need of spiritual enlightenment.

The current earthly humanity will gradually be merged together with these two groups of reincarnating spirits. Initially by one third spread over the entire planet, then by two thirds and finally by the ultimate third. Thus, the traffic between the two plains will be significantly accelerated. We add, there will be a two-way traffic, as there will also be collectivities of those returning to the true Homeland.

So then, the process of renewing consciences by means of trials, some of which are bitter, is being announced. It will be an operation of separation, aimed at selecting the future inhabitants of this planet, being those who should participate in the dawning of the Age of Regeneration.

The great human mass of suffering and hardened Spirits, needing to repeat previous experiences, will return to earthly life in approximately fifty years, but Guardians of the Earth will be on hand, beside each incarnate or discarnate calling them to change for the better.



This is the Era of the Spirit, announced by the trumpets yesterday morning, April 18th, 2010, at the moment when the sun first cast its rays upon Earth. In a region very close to the physical plane, inhabitants from the Beyond almost merged with incarnate humanity so that, in a meeting of Light and loving vibrations, they could hear the Messenger from Jesus outline the guidelines of a new planetary order that now begins to be established.

Immediately after the clamorous manifestation of his patrons and guides, Ishmael spoke emotionally to the representatives of all nationalities. He revealed Jesus' plans relating to the Christianization of Humanity. At the end of this blessed gathering, valiant Spirits joined hands enveloping the planet in elevated vibrations, which were then transformed into pearls that fell from the heavens upon the inhabitants, touching each brow with angelic luminosity.

So pay attention to events, my children. Reflect upon the work that has been outlined and be ready to serve wherever you are and be, each and everyone, a focus of light and a point of support.

Listen to the voices from Heaven, because they are marked with the Light of the planetary guardians. Play your part! Be good, honest, hardworking and fraternal. The future days of struggle and pain will be similar to those woes of apocalyptic times. They will arise here, there and beyond, pleading for individual and collective unity, compassion and mercy.

Therefore, dear brothers and sisters, do not make the mistake of looking back, but put your hands on the Gospel plough and go forward. Do not repeat the experience of Lot's wife*, the Hebrew patriarch who, possessing only fragile faith, looked back in search of lost pleasures and became a statue of salt, disillusioned by the aridity of false illusions.

Let your Inner Light shine forth my children! This is the clamour of the Gospel, today and always! Bezerra.

Message received by Marta Antunes Moura during the meeting of CEI (International Spiritist Council) in Brasilia, Brazil, on April 19, 2010. Translation by Janet Duncan and Johnny Silveira.

**Genesis 19:23-26: "When the sun rose over the Earth and Lot entered into Zoar, God rained brimstone and fire coming from God upon Sodom and upon Gomorrah and destroyed those cities and all the Plain and all of the inhabitants, and the cities soil and vegetation. However, Lot's wife looked back and became a statue of salt." (Jerusalem Bible)*

Pass Seminar in May

The Sir Arthur Conan Doyle Spiritist Society will be holding a seminar about the Pass (Healing) in May. Everyone is welcome – either to learn more about the pass or to qualify for giving the Pass.

The seminar will cover the following topics:

- A brief history of the Pass and why give the Pass in a Spiritist centre
- Fluids, magnetism and types of Passes
- The Perispirit
- Thought and will
- Offering the Pass in a Spiritist centre: how to prepare; when and how to give the Pass; fluidified water; responsibility of the Spiritist worker.

The seminar will be held in Portuguese. Free entry.

Please contact us to reserve a place, or to register:

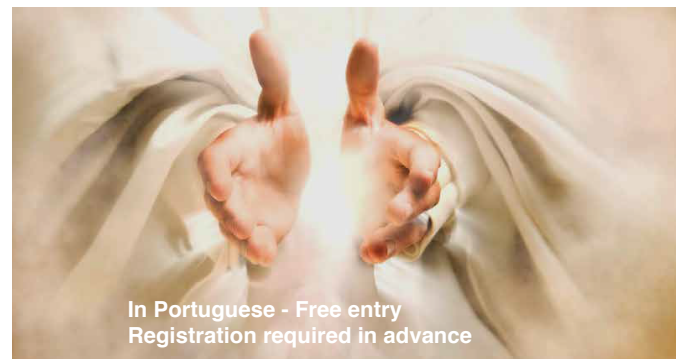
<https://www.eventbrite.co.uk/e/seminario-de-passe-tickets-43244105283>

The Sir Arthur Conan Doyle Spiritist Society will hold a:

Pass Seminar

Saturday 12 May 2018

13:30 to 18:00



In Portuguese - Free entry
Registration required in advance

Address:

Sir Arthur Conan Doyle Spiritist Society
Vibast Community Centre (Old Street)
163 Old St, London EC1V 9NH
Old Street Station – exit 4

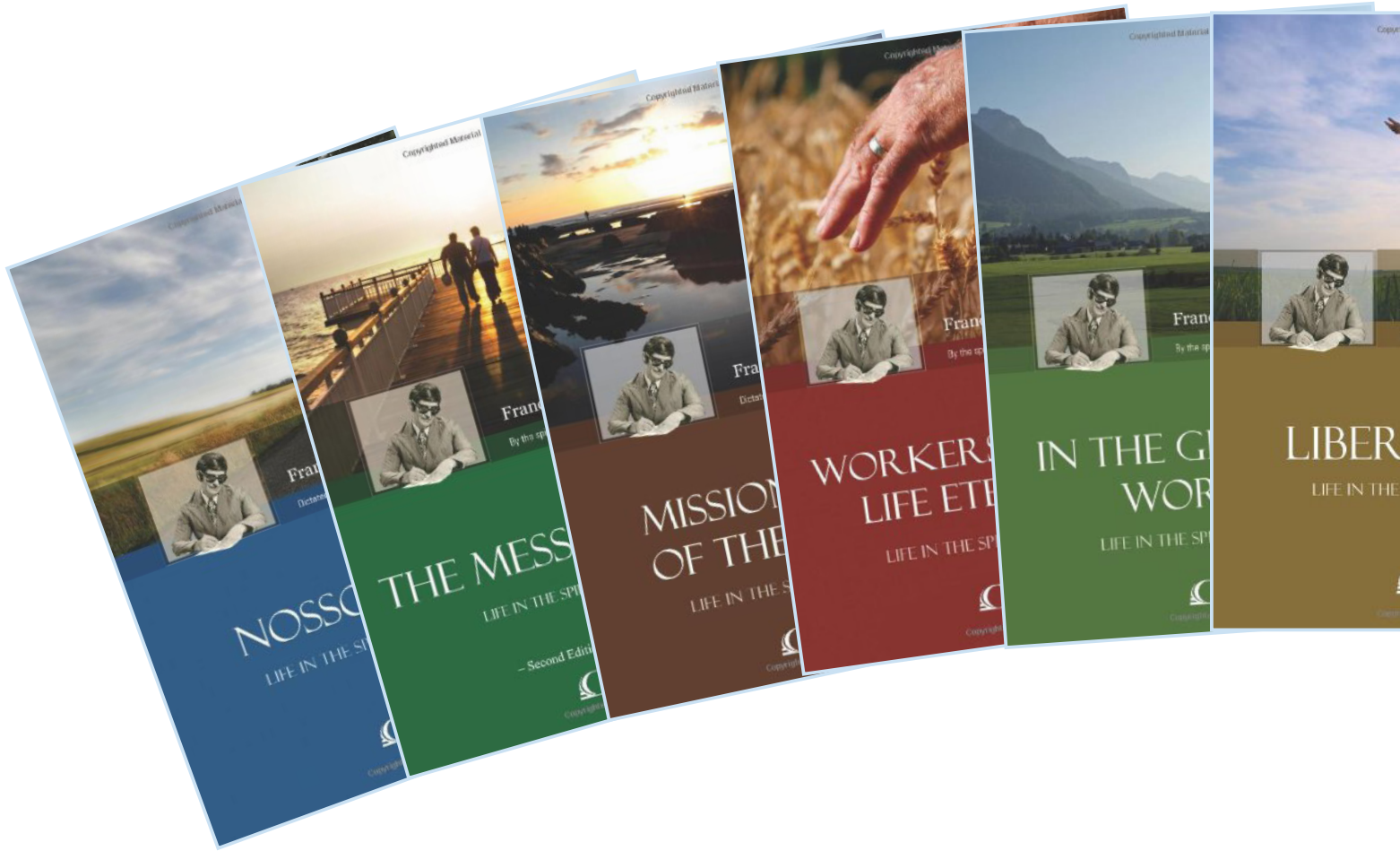
Information and registration:

info@sirconandoyle.org
07929142077 Patricia
www.sirconandoyle.org

BUSS Bookshop

The BUSS Bookshop has a wide selection of Spiritist books, which can be purchased at BUSS events, or directly. As Oxford House in Benthall Green will be under refurbishment until April 2019, access to the BUSS office and Bookshop will now be limited to specific times during the day.

If you wish to purchase any books, please contact bookshop@buss.org.uk.



The Andre Luiz Series - A Brief Introduction

Andre Luiz, the spiritual author of these books, had been a doctor while incarnate. He had no special religious inclinations but led a normal life, dedicated to his medical profession.

However, upon returning to the spiritual world, he found himself in an unpleasant environment, alone, in a dark zone, where he was very unhappy and bewildered.

After an extended period of time, he was rescued from this region and found himself in 'Nosso Lar', not understanding what had happened to his life.

Throughout these books, we begin to follow his gradual spiritual awakening, leading him to become a spiritual Teacher. His awakening to the spiritual reality of life after death corresponds to what many unbelievers go through when they leave their physical body.

The Andre Luiz series of books is recommended for the continuation of Spiritist studies after, or alongside, the books by Allan Kardec.

Reading these books in their original sequence is highly beneficial, as this order represents a steady line of progress and deepening of knowledge.

These books were received through psychography (or automatic-writing) by the Brazilian medium Francisco Candido Xavier (Chico Xavier), who was one of the most prolific mediums to date.

We have great pleasure in introducing you to this very special series of books, and invite you to read



them, study them and share them with your friends and family. We are sure that you will be thankful for the day you found this series of books by the spiritual author Andre Luiz.

Listing in chronological order

- Nosso Lar (or 'Our Home' or 'Astral City')
- The Messengers
- Missionaries of the Light
- Workers of the Life Eternal
- In the Greater World
- Liberation
- Between Heaven and Earth
- In the Realms of Mediumship
- Action & Reaction
- Evolution in Two Worlds (to be published)
- The Mechanics of Mediumship (to be published)
- Sex & Destiny (Chico Xavier + Waldo Veira)
- Disobsession
- And Life Goes On

To purchase these or any other Spiritist book, please contact the BUSS Bookshop by e-mail:
bookshop@buss.org.uk

Communication from Erastus to the Spiritists of Lyon

Extract from The Spiritist Review - Journal of Psychological Studies - October 1861.

Read At The Banquet On 19th September 1861

I have just mentioned the word egalitarian. I believe it to be useful to elaborate a little bit since we are not here to preach impracticable utopias; on the contrary, we energetically repel everything that seems to be related to the prescriptions of an antisocial communism. Before anything else, we are promoters of individual liberties, indispensable to the development of the incarnate individuals. Hence we are the declared enemies of everything that approaches monastic legislations that ruthlessly annihilate individual liberties.

Although I am addressing an audience that is partially composed of workers and artisans I know that your consciences, enlightened by the radiations of the Spiritist truth, have already rejected any contact with the antisocial theories supported by the use of the word "equality". Nevertheless, I must take that word back to its true Christian meaning according to the one who said: "Give back to Caesar what is Caesar's". There you have it Spiritists! The equality proclaimed by Jesus and that we ourselves profess in your beloved groups is the equality before God's justice, that is, our own right after doing our duties to climb the hierarchy of the spirits and hopefully one day reach the more advanced worlds where there is perfect happiness.

Submitted by Sir Oliver Lodge Spiritist Group. Adapted translation from Kardecpedia - www.kardecpedia.com

SSL Relocation

Due to refurbishment work at Oxford House, the Spiritist Society of London will be holding their meetings in a new location for 12 months. The new meeting place will be at: Let it Grow, Arch 271, Poyser Street, London E2 9RF.

For more information, contact: 07950 181581.

SSWM on Saturdays

The Spiritist Society of Windsor and Maidenhead (SSWM) are now holding their study meetings on Saturday mornings, at 10 am, in Maidenhead, Berkshire.

For more information, please contact by e-mail: spiritism@sswm.org.uk, or visit: www.sswm.org.uk

What to do in a moment of need

Depression, anxiety, and stress are common aspects of mental health concerns that affect most people at some point in their life.

These negative feelings may come and go and can be caused by one of many possibilities, including financial worries, relationship problems, work issues, vices, housing problems as well as spiritual issues. Everyone handles these lower emotions differently. However, most people stay in silence without the ability or courage to talk about the issues affecting them or their emotions.

What can we do to return to a positive level of being, to a lighter vibration and to a happier state of mind?

Don't panic! Everyone goes through these feelings at some point in our lives. There are many people available to give support, no matter what the issue is or how critical the situation has become.

Write it down. Take the time to write everything that is affecting you on paper, and make note of how you feel about it. Although this can bring on additional emotions, it can also help to analyse the issue.

Ask for help. Not everyone is able to find the courage to ask for help, but there is help out there. Where possible, always talk with your family or friends. Talking about our problems with the people we love might be embarrassing, but they may have also gone through difficulties and even if they cannot give advice, they can give supporting love and affection.

If you attend a Spiritist Centre, talk to the coordinators to arrange Fraternal Assistance, a private chat to help talk about the issue and to find a solution from within the Spiritist Teachings.



Talk to your doctor. The NHS (National Health Service) is able to help in many situations, and run talking therapy and psychological support units around the country. GPs are trained to give you guidance and support and refer you to mental health teams where needed. You can also call the NHS on 111.

Talk with the Samaritans. The Samaritans run a safe and confidential support system via their website, by telephone and through face-to-face discussions. Telephone: 116 123. Website: www.samaritans.org.

In the case of urgent support. If you or someone you know is in a serious condition with risk of serious harm, please visit your nearest hospital A&E department or call 999 and ask for an ambulance.

Useful Information

GENERAL CONTACT

Room 4, 1st Floor, Oxford House,
Derbyshire Street, Bethnal Green,
London, E2 6HG

E-mail: info@buss.org.uk / office@buss.org.uk

Tel: +44 (0)203 487 0508

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E-mail: secretary@buss.org.uk

WEBSITE / FACEBOOK

Website: <http://www.buss.org.uk>

Facebook: <https://www.facebook.com/UK.BUSS>

BOOKSHOP

BUSS has a wide range of Spiritist books from many authors, which are sold at events and can be purchased directly.

E-mail: bookshop@buss.org.uk

NEWSLETTER

E-mail: newsletter@buss.org.uk

Deadline for submissions to the next BUSS Newsletter is **Friday 15th June**.

Please send text, photos and artwork as separate files. We appreciate if your submissions are in English.

Spiritist Groups in the UK

British Union of Spiritist Societies Members

London Regions

| | |
|--|------------------------|
| Allan Kardec Study Group..... | Walthamstow |
| Chico Xavier Spiritist Society..... | Hammersmith |
| Francis of Assisi Spiritist Society..... | Stockwell |
| Fraternity Spiritist Society..... | Stockwell |
| Sir William Crookes Spiritist Society..... | Kings Cross & Plaistow |
| Solidarity Spiritist Society..... | Wandsworth |
| Spiritist Centre for Peace..... | Bethnal Green |
| Spiritist Society of London..... | Bethnal Green |

Other Regions

| | |
|--|----------------------------|
| Blossom Spiritist Society..... | Wokingham, Berkshire |
| Guiding Light Spiritist Society..... | Canterbury, Kent |
| Manchester Spiritist Society..... | Manchester |
| Sheffield Spiritist Group..... | Sheffield, South Yorkshire |
| Spiritist Friends of Edinburgh..... | Edinburgh, Scotland |
| Spiritist Group of Brighton..... | Brighton, East Sussex |
| Spiritist Group of Glasgow..... | Glasgow, Scotland |
| Spiritist Society of Bournemouth..... | Bournemouth, Dorset |
| Spiritist Society of Windsor and Maidenhead..... | Maidenhead, Berkshire |

Other Spiritist Groups

London Regions

| | |
|---|---------------|
| Andre Luiz Spiritist Society..... | Bermondsey |
| Ascension Spiritist Group..... | Bermondsey |
| Bezerra de Menezes Spiritist Society..... | Bethnal Green |
| Family Group London..... | Regents Park |
| Richmond Spiritist Fellowship..... | Richmond |
| Sir Arthur Conan Doyle Spiritist Society..... | Old Street |
| Spiritist Group of Harrow..... | Harrow |

Other Regions

| | |
|--|---------------------------|
| Cambridge Spiritist Group..... | Cambridge |
| Cardiff Spiritist Studies..... | Cardiff, Wales |
| George Vale Owen Spiritist Study Group..... | Birmingham |
| Sir Oliver Lodge Spiritist Group..... | Harpenden, Hertfordshire |
| Spiritism Plymouth..... | Plymouth, Devon |
| Spiritist Friends of Dundee..... | Dundee, Scotland |
| Spiritist Studies Group of Southampton..... | Southampton, Hampshire |
| Spiritist Studies in Leeds..... | Leeds, West Yorkshire |
| Swindon Espirita – Spiritist Studies in Swindon..... | Swindon, Wiltshire |
| West Kent Spiritist Group..... | Gravesend/Sevenoaks, Kent |

