



Fall Newsletter 2021

Tl'etinqox Government

September 30th- Tl'etinqox Orange Shirt Day event. The first National “Truth and Reconciliation Day” was marked by Tl'etinqox by doing a blessing of the new graveyard, recognizing the unmarked graves behind the old fenced off graveyard, and remembering those who perished in the old hospital fire. Participants made their way around the reserve on foot and horseback and drummed, sang, and opened an avenue for healing. The day had singing, storytelling, and laughter.



Tl'etinqox continues to work on healing events and bringing back cultural practices that invite healing. It is important as a community that we find ways to connect to each other while healing from our collective trauma of residential school, day school, the Indian hospital, and colonization in general. If you have ideas on events or activities that invoke healthy interaction or traditional healing practices, we would love to hear what you would like to see in community. Please contact the office and speak with Melanie, Cecil, Angelina, Kelly, or Ashton.



Chief Joe Update

The month of October is quickly rolling by. Summer is behind us. It is time to hunker down and get ready for winter. I just want to give a quick update. With Summer gone and most importantly we had a very successful salmon run. It was nice to see our people back down on the rivers – reclaiming our river. We had a good salmon run. I am hoping that everyone's deep freezers are full. It's been a long time since we've had a good salmon run. 2017-2018 forest fires, the slide has wiped out 4 years of fishing. It was nice to go down to the river and see harmony – seeing people happy and practicing our traditional ways. There is no better food to have in your deep freeze is wild salmon and wild meat. We are really happy with that.

We have many projects well under way in our community such as the horse equine facility at Alexis Lake, and Tl'etinqox Daycare facility going up. Unfortunately, due to time constraints, the hockey rink that was scheduled to go in this year is postponed until next summer. We are disappointed due to the delay – with building costs it is better to hold off a year. Our silviculture company has done quite well – they were kept busy with the forest fires all summer. We are fortunate that we didn't have a forest fire season in our area – we are grateful for that. Our new gas bar is showing some record number of people coming through. Drawing in more customers than the old store ever had – this is a positive for our community.

COVID-19 still remains an issue. I know a lot of our people are wanting to be done with this. However, it is something that we need to take seriously. Total number of people infected in our area is a lot higher than it has ever been. We can't stress enough, the need for people to get vaccinated. This is available through Tl'etinqox Health. COVID-19 has made the operations of our offices and businesses challenging. We are doing our best to find innovative ways to move the operations of our community forward.

At the nation level, we have Lhats'as'in Memorial Day coming up on October 26, 2021. The plan by the nation is to keep the gathering small due to COVID-19. The event will be held in Redstone traditional territory.

Recent events, we facilitated a candle light vigil on October 4, 2021, on the National Day of Remembrance for Missing and Murdered Indigenous Women and Girls (MMIWG) in Boitanio Park. This day is to bring awareness to MMIWG, and violence directed towards Indigenous women and girls. The event was held outdoors, it was a little chilly, but we had a good crowd on short notice. We want to make sure that the day wasn't forgotten. On October 2, 2021, Assembly of First Nations, National Chief RoseAnne Archibald – the first First Nations woman to be elected National Chief came to Farwell Canyon to attend a salmon ceremony. The Tsilhqot'in National Government

hosted this event, and the event was to give thanks for the salmon run that came back into our territory this year. As well as to host the National Chief who wanted to come and give thanks to the Tsilhqot'in for their support in her bid for National Chief. RoseAnne was a hit at the event and took time to take comments and pictures with as many community members as possible. It was a real honour to have her on our lands and with us in ceremony.



The final bit of news I wanted to share is that on the National Day of Truth and Reconciliation that the province of British Columbia called me to share that they will be providing Tl'etinqox with \$250,000 to do ground-penetrating radar work on our reserve. It will start on the north side of the old cemetery and on the east side where the new cemetery is located. We have numerous unmarked graves that we want to locate. There was an Indian Hospital was located in Tl'etinqox. The Indian Hospital burnt down to the ground in 1958. There was 9 Tsilhqot'in children perished in the fire. Although, the events were very tragic – we will be honoured to do the work and locate the graves and put a proper marker on them and erect a monument for all the children and youth that were there.

We are going into winter season now – we hope everyone gets their winter wood supply in before snow flies. We want to caution everyone that we are

still in COVID-19 crisis to continue to be vigilant and careful. In order to remain safe, not only for the individuals, but for the families as well.

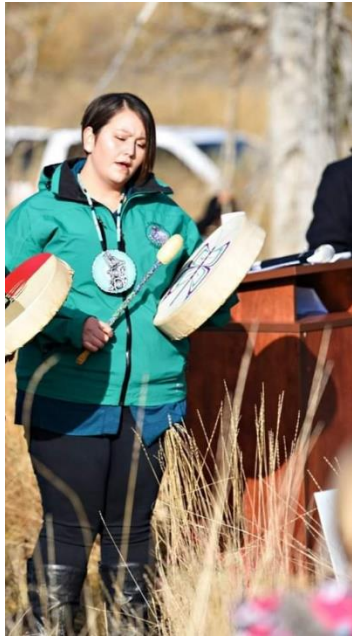
Sechanalyagh,

Chief Joe Alphonse

Executive Director Update

Hello Tl'etinqox!

It has been a world wind few months! It seems like every time I turn around it's a new month. Things at the office have been busy. We are still closed due to



COVID but we are all still in the office. If there is something you need please call us, we are happy to speak with community members. I cannot wait until we are able to gather together and I miss seeing members in the office waiting room drinking coffee and visiting. You never realize how much you loved something until it is gone. If there is anything members need like photocopying etc. we are still here to help! Come to the office and we can do

all of that stuff still, we just are not seeing clients in person yet.



During that short time when we were able to gather again, I was fortunate enough to be asked to attend river rafting with the youth for the Justice Department. I had so much fun and it was really amazing to experience the river that way. I loved hearing the kids talk about what they want to do when they grow up and listening to

everyone laughing and screaming. It was a great time!

I was also so happy that we were able to fish this year. For the first time ever, I smoked my Ts'eman and made candied salmon. It turned out so good but it only lasted a few days. It was great seeing people at the river fishing. It felt so relaxing at the river.

Some updates from the administration department.

- I applied for funding to do mapping and archeology training and we were successful! I have a session running November 29th to December 3rd for GIS Mapping, I have 4 seats available (due to covid the seating was limited) if you are interested, please contact me ASAP. Double vaccination is required and proof of vaccine will be required before securing a seat.
- The archeology part of that funding is postponed to the spring because we had to cancel the summer session because of COVID.
- I also was successful in obtaining \$30,000 to start the custom election process. This means we will start having virtual meetings and small in person meetings when we can to discuss what community want to see for custom elections in Tl'etinqox. If you have ideas feel free to call me anytime!
- We were finally able to secure the funding to replace our cattleguards. We had been fighting with ISC since 2017 to have them replaced. I put in the order months ago and they finally arrived!
- We have broadened our Elders Complex tenant requirements. Council has decided that single individuals who are drug and alcohol free and want to help elders will be considered for rental of the units at the Elders Complex. If you or someone you know would be a good candidate, please contact Ashley Hunlin our housing clerk for a housing application.
- TGO is working with a waste management company to look at opening a refuse site at the old dump on the highway. It will look like the one at Riske Creek. If you have any comments, please contact us.

Tl'etinqox Office Administrative Team



Hi, my name is Denelle Noskiye and I am the receptionist for Tl'etinqox Government Office. I grew up here and moved back in the last year. I've tried different types of work but always wanted an office job. I'm thrilled to be back home and having a job I enjoy doing. I always enjoy speaking with community members and getting to know everyone's voices. I am happy to answer questions and talk to members!



Hello everyone!
Hi, I am Tsilhqot'in and a member from Tl'etinqox. I have been working as an administrative assistant for three years now. At my current job in Social Development Department. I handle incoming calls and direct all phone calls, responding to inquiries, take messages for co-

workers, incoming/outgoing faxes, office equipment, supplies, and all other day to day tasks that I come upon.

I'm passionate about my work and definitely love working for the people here in Tl'etinqox.

Gweta?aghunt'i

Agatha Billy



A sneak peek into the Tl'etinqox ?Esqax Daycare! We will be hiring for various positions soon! Please submit your resumes to Ashton Harry!

Housing Information

We know housing is a big need here, we have been working hard trying to assess how we can bring new homes here. TGO is currently scheduling a meeting with TNG and Leadership to discuss future housing in the community.

There is a need to develop policies for new rental units. There is a lot to consider when it comes to the “true” cost of housing. We have to find a way to deal with maintenance costs that are not funded, such as; plowing, grading, garbage collection, minor interior/exterior maintenance that is needed.

One of the solutions we came up with was that TGO stopped paying for things like hot water elements, windows, doors, door knobs, faucets, etc. however, we will install these items for you for free as long as you purchase the items needed.

When an item is \$30, and we are buying 150 of them (# of homes here) the costs really start to add up. We have to be more responsible with housing, and it is important to TGO to address the housing needs; however, we need to change how we are doing things so that housing is sustainable and we can continue to build to deal with population growth in the future.

SOMETHING TO CONSIDER:

We collect rent from staff who live in section 9/10 homes (these are homes that are mortgaged and not owned. ie; subdivision), we are collecting rent for 6 units.

The Housing Department is currently working towards collecting maintenance fees from all staff who are not paying rent in a rental unit, and at some point we will discuss doing this with community members. However, the potential for being able to build 1 new home a year could be achieved by collecting rent for all homes at the subdivision and collecting a small

maintenance fee on each CMHC and old home in the community.

When working out the math:

Rent currently collected:

Total rent paid per year to TGO = \$30,600 (this is 5 units in total)

We have a total of 26 houses at the subdivision. There are 24 units that we are NOT receiving rent for. This amounts to **\$9,600** of potential rent being missed out on **MONTHLY**, and **\$115,200 YEARLY**

If we were to collect just \$50 per house for all CMHC and older houses in the community for maintenance (garbage collection/snow removal/grading/chimney cleaning) this would amount to an additional \$6,200 **MONTHLY** and **\$74,400 YEARLY**

In total we could be adding **\$ 189,600** per year to our housing budget and this could be building at least 1 new home per year.

Some food for thought.

TGO also understands that there are people who are wanting to build or buy homes with their Day School money or purchase through mortgaging. We are currently deciding on the policies for this. The process to mortgage on reserve is complex and the band has been burned by in the past by taking on liability for unpaid mortgages on reserve. This means that if the person who has the mortgage cannot pay, instead of repossessing, the mortgage will then become the responsibility of the band to pay.

We need to decide what housing will look like in TI'etinqox and what's the best way to approach this topic, and solve the issues surrounding funding since all of our housing money is with the TNG Housing Authority. There have been no decisions made on how to deliver this funding, the process seems slow. Housing is a huge topic is a dire need here, we want to ensure we do this right this time.

If there are people who want to be considered for new housing when it arrives, we are accepting applications. We will keep them on file. Candidates able and willing to pay rent will be highly considered.

Housing Continued...

Housing Maintenance:



Hi, I'm Brent Lulua and I work in the maintenance department working on various maintenance issues in the community. I currently reside in Tl'etinqox with my family Kimberly and Brynley. It's an honor to be working for Tl'etinqox Community as it's very challenging during this pandemic, but a

learning experience. Any work maintenance needed, please don't hesitate to call me at TGO Office or leave a message. Take care and be safe out there.

Housing Clerk:



Hello, my name is Ashley Hunlin. I am a Tl'etinqox member and I have just started the position of Housing Clerk in September. It is a 2 year term position with the funding provided by TNG. I assist the housing department with organizing work orders, digitalizing housing files (getting rid of the paper files and putting them all on the computer). I am also being trained by TNG

to do mapping. I will be in GIS and Mapping course next month as well. If you see me in the community, I am probably getting coordinates and information

needed for the TNG Housing Authority and Emergency personnel. I am currently taking four different courses on my own as well. I am taking business applications, proposal writing, and Nenqayni Ch'ih Yaghultig.

I revamped the housing applications to make them more user friendly. If you would like a housing application, please contact me at housingclerk@tletinqox.ca or call me at the office. We have no list of names of people waiting for housing so please get your applications in every year that way there is a paper trail.

Operations and Maintenance Director's Update- Tyron Harry

Water

We are fully connected through Fibre Optic with the water systems the booster station is back up and running fully on fibre as well. Both systems have back up generators just in case the power is down and the generators will automatically turn on by themselves.

We are working with our circuit rider Bill McMillion with getting CEUs for Tyron (already certified) and getting Henry Dick certified as a small water systems operator. We had our course on October 20,21,22,2022.

Cattle Guards

We have new cattle guards placed in areas around the community as some of you may have seen and we will be installing all of them before the ground freezes.

Recycling Program

We now have Shawn Alphonse as our new recycling person, he has been going around the community trying to get more homes to participate in the



recycling program. We are currently up to 40+ homes participating in the program. If the whole community participates in

the program our garbage disposal will go down quite substantially.

Calcium on Roads

We had MOTI (Ministry of Transportation and Infrastructure) to cover the cost of calcium that was put down around the community. The opportunity came a bit late to us in the season, if we get calcium again next year we will put the calcium down a lot sooner. I thought this was a big plus for our community to control the amount of dust. I will do my best next summer to have this done again which I think this dust control helps with safety on the roads and health conditions for our community.

Sechenalyagh,

Tyron Harry

Fleet – Eleanor Cooper

Hello,

I am in charge of all TI'etinqox Government Fleet for School/Health/Dechen/Band and heavy-duty equipment such as logging trucks, trailers, dump truck and water truck.

I work quite closely with CVSE-Vehicle Inspections and Standards and ICBC to ensure that vehicles are

safe to be on the roads or highways that MVI-motor vehicle inspections are done on all commercial vehicles every six months that means: school buses, medical bus & van, dump truck, water truck & logging truck. If there are any accident/incidents then I investigate along with CVSE, depending on incident RCMP, ICBC and our Insurance.

My general duties are to schedule maintenance and repairs on vehicles. Any break downs, I make arrangements with Tow trucks and shops that the vehicle goes to or at times O & M (Operations & Maintenance) workers Tyron Harry, Henry Dick or Darrell Petal try to help get the vehicles started to save the band costs of getting a tow as it costs anywhere from \$400.00-\$800.00 to tow some of our Fleet.

Every spring and fall, I have to switch fleet around to ensure appropriate tires are changed and MVI Inspections done and have a driver or drivers with a valid license.

I also help with the purchases of the fleet with the approval of Chief and Council and the department manager help with the researches.

I am now in, "The Proposal Writing Training," in hopes of how to apply for more funds for more fleet.



Missing updates: Henry Dick- Water
Darrell Petal – Roads
Shawn Alphonse- Recycling

Finance Update

Hi, I'm Kimberly Johnny and I process all the payroll for Tl'etinqox Government and Chilcotin River Trading, and make sure all relevant government remittances are made on time. I enjoy working for Tl'etinqox and with our amazing TGO employees. I would also like to take this opportunity to thank Chief Joe in hiring me back in May of 2010, and to our finance manager Dawn Bursey for allowing our TGO Finance Team to learn and strive in the finance department. Take care and be safe out there.



"Every Child Matters" Ceremony back in the summer of 2021.



Hello Tl'etinqox, I'm Janel Alphonse and I process all of the invoices and payments for Tl'etinqox Government. It's been a busy year so far yet productive considering the ongoing pandemic we are under. I have been working with Tl'etinqox since August

2015 and I work alongside Dawn, Finance Manager; Kim, Payroll; and Karen, Dechen/Klatassine in the Finance Department.

Currently, I am taking Tsilhqot'in Classes with Myria Myers from Stone once a week in the evenings. With the new developments happening, Finance has been busy.

We are now at the end of October (benen nats'ih) – firewood distribution for elders and SA Clients are in full swing at the moment.

And please check out what the men's and women's groups are doing as I see a lot of events happening, and don't forget our annual Halloween Fireworks happening across from the band office on the 31st at 7 PM.

Lastly, thanks for taking the time to read my update, be safe and stay healthy!

Education Update

MELANIE JOHNNY
Education/Employment/Events Manager

Just a short report to update what's happening

Education:

Post Secondary-

Each year, the deadline that is set to submit these applications are

- **May 15** for **September** start date.
- **September 15** for **January** start date

The applications are self-explanatory as to what is needed for your submission, please make sure all documents are included or your application will be put on the waitlist. Once we receive all the applications, the Council portfolio holders will review all the applications and the approved and non-approved applicants will be notified. We strongly suggest that each applicant connect with their choice of college/university adviser for assistance with course selection.

Currently there are 32 fulltime students being funded through our Post-Secondary program. Congrats and well wishes to students in continuing on your educational journey especially with current situations world-wide pandemic!

High School All parents/guardians have to fill out Room & Board applications by **August** of each year. Parents/guardians, boarding parent and student sign these forms before it can be processed.

Any youth living on our reserve that are Grade 10 to 12 are eligible to apply. Graduates are also funded. The Graduation list usually comes out in February and we can process graduations funds after that list



is available. As of September 30, currently there are **63** students on our (Accommodations) Room & Board program, TI'etinqox School has **51** students and **29** Adult students.

I am trying to organize 1 day per weekend event for youth in the community and maybe once every 2 weeks for off reserve students in WL, if anyone has any ideas as to what they would like to see, please share your ideas with me! Something that is related to cultural/language with Youth/Elders/Language.

Events:

With the many events happening in our community, I handle all the schedules for events, this is to prevent double or overbooking of events within our community. Due to Covid 19 concerns, we are limited as to what can be organized to stay within the Provincial Guidelines. We try to have things outside as much as possible. If you have any ideas as to what you would like to see or if you have any questions, please feel free to contact me.



Social Services Update

Hello Everyone,

As you all know, my name is Graylin Jobin (Johnny). I am currently working in the Social Development Department as the Social Assistance Director. I am from the Tl'etinqox Community. During my childhood, I was raised in Tl'etinqox reserve and the meadow. I had to move to Williams Lake, BC to further my Education. I am very proud and honored to be working here.

My goal is to start planning for the future of our younger generation. I am noticing a high increase of young adults coming into our program. Which I want to change by helping them further their education or create employment opportunities. Preferably on reserve. I am open to new ideas on how to create employment or educating band members. You can phone me at the Office with your ideas. If I don't answer, please leave your name and phone number. So, I can contact you. With this pandemic going on, I want to remind new and current clients. Please call us first, before going to the Office. So, we can schedule a time, and what to bring to your appointment. (ID's, Notice of Assessment, Canada Child Benefits Assessment, Bank Statements, Proof of Residence, etc.) Also, we can prepare other documents for your file. Furthermore, we're approaching winter season. For those who are currently on Income Assistance with the Band! Make sure your BC Hydro payments is up-to-date. Let us know if your propane or firewood is low. Do not wait until a week before Christmas Holiday's. Preparing cheque's may be difficult to process right away and mailing payments out will take longer. I don't want anyone suffering with the cold during the Holiday's.

I hope everyone is being safe out there. Stay in your own bubble. Don't visit around. Get your vaccine's done. Sanitize your hands and wear a mask. I wish you all a Happy Halloween!

Sechenalyagh,

Graylin Jobin

Tl'etinqox Government
Director of Social Assistance
P.O. Box 168
Alexis Creek, B.C.
V0L 1A0
Tel 250-394-4302 Ex. 201
Fax 250-394-7026
graylin.johnny@tletinqox.ca



Social Services Continued....

Hello Community,

I hope you have all been enjoying this beautiful fall weather we have been blessed with this year and the amazing display of leaves.



This summer was spent working with the Youth in the Community. We went to Ben Chugh Biny (Anah Lake) for three days and learnt how to kayak with an awesome instructor from Whistler, BC.



We also went river rafting down the Ts'ilhqox (Chilcotin River) for a day from the Hanceville Bridge all the way to Farwell Canyon. The Youth

really enjoyed their time on the water. We saw 7 black bears, 11 bald eagles and too many geese to count!



I have been attending Provincial Court weekly and Indigenous Court monthly to support Community Members through the Justice process. As well as assisting with Probation Appointments, working with Probation Officer's and assisting with Restorative Justice for Community Members. Now that the nights seem to be getting longer and the days shorter, I have started up a weekly Women's Group every Monday night at the Elders Centre. So far, we have made Thanksgiving banners and painted rocks.



We will be doing lots of crafts over the next few months and supporting one another. Keep a lookout on the Tl'etinqox Government Facebook Page for all the upcoming Women's Group nights. Due to COVID we are limited in the number of attendees at

Social Services Continued.....



one time so I can hold 2 separate groups of 8 if there is enough interest in the craft that we are doing. There will be lots of Christmas crafts coming up! I am also trying to get monthly Family nights up and running and am in the process of getting a location that is big enough to have multiple families in one space but still be able to follow the COVID 19 requirements. So, stay tuned for those advertisements as well.

Enjoy your fall hunting and all the preparations required to be ready to stay warm and cozy this winter!

(My dog Ruby and I at Piper Lake)

Kelly Feldinger
Justice Coordinator
250-394-4302 ext 228



Hello All,

My name is Angela Giovanelli. I'm from TI'etinqox and currently the Chief's Advisor for Social services at TGO.

My role is to support and advocate for families who have and/or are at risk of involvement with the Ministry of Children and Families. This includes but not limited to assisting with finding resources, support services, assist with planning and ensure that our families' views and voices are heard and aid in prevention of children going into care.

The overall goal in the TI'etinqox Social Services department is to keep children in a culturally appropriate environment regardless of where you reside and our department has serviced both on and off reserve band members since backing out of Denisiqi in 2018.

The TI'etinqox social department is committed to keeping families together however and whenever possible.

We are always seeking to strengthen and build capacity within families and community to ensure our children maintain cultural connections/practices and our department always has room for growth and improvement. Our children need and have the right to develop pride in their personal identity, to experience their familial and community belonging, and to know their place in their Nation.

We are also currently seeking individuals who are interested in learning about the process to becoming caregivers within community and surrounding area for our children in emergency situations for both short and longer-term care. I would be happy to meet with you and provide more information.

Please feel free to reach out anytime 😊

Respectfully, **Angela Giovanelli**

Tl'etinqox Horse Program

Happy Trails from the Equine Program!

There are nineteen kids who are learning to ride various fun patterns in the arena, helping to improve confidence, skill, knowledge and safety. Others love the trail riding! All are welcome for hotdogs roasted on open fire after the ride out to enjoy the Fall season. Please sign up with Shaylene for the trail rides. We welcome other rider's, especially those who would like to volunteer time. Shaylene & Melanie will be organizing a special event on Pro-D day, October 21 with the horses. Please contact Shaylene for details.

We have planned special events for November & December. There is a naming contest with cool prizes for the 'Horsemanship Club'! Sorry...kids only contest....LOL! The Horsemanship club will begin and will feature interesting & fun topics on horse health. Other activities include; traditional horse medicine with elders as guests; Traditional Horse Themed Crafts; Cookie Kindness for Horses (baking horse treats) and more! See November & December Calendar of events.

Provided Covid restrictions lift for the school we hope to team up, and organize cultural & PE credits for the kids to earn by participating in caring for the horses & land during the winter months. These activities would include feeding/watering horses; trimming hooves; brushing too! Pending covid restrictions we are planning family day retreats & staff team building rides. Posters will be circulated in the future.

A 'parents group email' has been formed to communicate events & changes to our program. Soon a fun & interactive Facebook page for our own communication will be created on the Bands' Facebook page. Thanks to the school donating a very large bulletin board, we also have plans to erect it for all programs to use. A draw prize for 'best bulletin board location' will be announced, in November.

Please congratulate Shaylene Charleyboy as Assistant, along with Wesley Alphonse as Ranch Hand to our team!



***As this newsletter was being made Trish has decided to leave the horse program and embark on her dream of completing a doctorate in alternative healing! This is an unfortunate loss to Tl'etinqox but we wish you happy and healthy Trails Trish!! ***

Indian Registry Update

Trudi Frost, Indian Registry Administrator

My Great Grandmother is Emily Long-Johnny,
Grandmother Ellen Meldrum & Grandfather Jack Frost (Ernest John Frost, Ojibway from Ontario)
My Father is John Lawrence Frost.

My Great-Great Grandmother is Jessie Swanson,
Great Grandmother Pearl Boyle & Great Grandfather Charlie Woods (Shuswap from Canoe Creek) Grandfather Gordon Woods
My mother is Connie Marie Woods (Toosey).

I have been home with my two younger children River & Chili Frost due to COVID for a year and a half.

My oldest daughter Tianna Frost lives in Tatla Lake and is attending her 5th year of university in Kamloops.

I've been back in the band office Mondays & Tuesdays until 2:30pm since September 2021. I am available in town only on Thursdays & Fridays until 3:30pm and can be reached via my cell phone the number is 250-302-1252.

Just a quick heads up I will be taking time off from the band office in November for my birthday but will still be available in town to assist all your Indian Registry needs. I will always let Denelle, Receptionist know which days.

I've attached pictures of the New forms for the Secure Certificate of Indian Status as they recently have changed.



Tl'etinqox "Every Child Matters" ceremony in the summer of 2021

Chilcotin River Trading Update

Hello to all

As you all know my name is Alana Bobby, I work at the Chilcotin River Trading, my job position is managing staff & keeping the store stocked. We are

always open to any requested items to be stocked, we also have a Facebook page. Our current hours of operations are from 7 am to 10 pm daily until October 31, 2021. Our hours will change to 8 am to 9 pm daily.

Due to covid still lingering around like all other businesses & regulations we have facemasks mandatory, for the safety of your health & ours. Please have your own facemask. Hand sanitizer is available upon entrance & on walls around the building. We hope to soon be back to some kind of normal.

We are excited to have some new kitchen equipment arriving soon within the next month, then staff would have more training, more items to be added to the kitchen, not just sandwiches.

We are always open to resumes, we're looking for good customer service skills, also food safe is a must. I believe the Adult Ed here in Tl'etinqox offer the program. We look forward to seeing your resumes, come see me with your resume. We are currently looking for standbys. With the new kitchen we may ne expanding.

Thank You
Alana Bobby



*Tl'etinqox Health Department
Update*



Hello, I'm Audery Poucette (Billyboy-Stump-Labelle) I work at the T'letinqox Health Services as a Medical Receptionist and also a Dental Assistant, I work with Doctor Dr. Deswardt, Dentist Dr. Constabel, Hygienist Lisa, Nurse Gabriella Realff, Health Care Aide's Flora Stump, Tina Stump, Aggie Harry,

Physiotherapist Tyler Judd, Counselor Sandra Suasnadar. I enjoy working with the Communities and Staff and have a good day.



Hello Everyone,
My name is Cybill Pigeon I am the receptionist here at Tl'etinqox Health Services, I have been working here since November 19, 2019, I really enjoy working here and meeting and helping people and learning new things everyday 😊

I enjoy getting out and doing activities with our Co-workers. I am currently finishing the Online Office Skills Program.



Hi there, my name is Tina Stump. I work as a Healthcare Aide at the Tletinqox Health Services. We go out to the community and do their blood pressure, SpO2 which means how many oxygen In their blood, and their heartrate in 1 minute.

We also hand out medication, gift cards, ensure drink, and bottled water to whoever needs it. I also assist Audrey with Dr. DeSwardt, Physio, and dentist when they come out to the community.



Hi! Everyone, I am working at the Tletinqox Health Service as an HCA Care aide. Next week, Tina Stump, Aggie Harry and I will be back to work doing home visits. The new RN Nurse is Gabriella. She will be joining our health team, and she will be our supervisor. We will be giving out the Diabetic

Gift Card and Prenatal Gift Card for young mothers. The young mothers have to live on the Reserve. We need phone numbers to get a hold of all the clients who are on the list. Due to pandemic, we have to follow our protocol, and be safe. We cannot give transportation to Alexis Creek Red Cross until further Notice.

We always worked as a team with the Doctor Clinic Days, Dentist, and Hygienist Days, and Physio Days. Those are the regular monthly visits. We take Temperature, blood pressures, vital signs, pulse, and respirations on our home visits. This is prevent any serious illness, strokes, or heart attacks. All this important information goes RN Nurses.

We had been very busy taking information and screened clients for Covid – 19.

Happy Thank giving and Halloween is coming around the corner

Gwetaghunt?i "Take Care" Flora Stump
HCA Care Aide

Health Continued....



Hello, my name is Dr. Mitch Verde. I come from the Nisga'a First Nation, who are located in the Nass River Valley in Northwest BC. I have received my Bachelor's Degree, Masters of Science

Degree, and Doctoral Degree, all in the discipline of Psychology. Before I came to Tl'etinqox, I worked as a Family Therapist, College Professor, Health Researcher, College Dean, and Executive Health Manager. As the Health Director for the community of Tl'etinqox, my focus has been to build on a strong community foundation to provide a variety of health care services. I am going into my third year as Health Director, and although working through a pandemic, Tl'etinqox Health Services has continued to develop as an effective community health service provider. In the past year we have added additional physiotherapy services, traditional healing services, and Elder support through our Domestic Support and Advocacy Worker Program. We had a great year with our Riverside Garden, and supplied healthy vegetables to families in the community, as well as donating to Tsideldel, Yunesitin, Tlesqox, and Ulkatcho. As a health team, we

pledge to continue to provide the highest level of health care to the community. In the near future, we will focus on establishing a strong nursing team to care for our community Elders and children. I would like to deeply thank the Chief and Council for their continued support, as well as thanking my health colleagues for their dedication to the community. We ask the community to be patient as we continue to build on our capacity and work through the remainder of this pandemic. Together we will succeed in overcoming our challenges, while remembering with love, those that we lost. Sechenelyagh, Dr. Mitch Verde



September 30th Truth and Reconciliation Ceremony held to bless the new graveyard in Tl'etinqox

Health Continued.....



?Abenanes,
My name is Gabriella Realff and I am the new community/home health nurse. My community is Lhoosk'uz Dene Nation (Kluskus). My parents are William Realff and Veronica Cassam. My grandparents are

late Rosie Cassam and William Cassam. My late 'adoo has close family ties to Tl'etinqox and I remember she used to take me here to visit family when I was a little girl. Moreover, my common-law is a member of Tl'etinqox, so we visit the community quite often. I graduated from the RN nursing program in April of this year. After graduating my spouse and our two children moved from Quesnel to Williams Lake to be closer to family and to obtain a nursing job at Cariboo Memorial Hospital (CMH). I then started employment with Tl'etinqox Health Services on October 5, 2021, and I also continue to work casually at CMH in Williams Lake as a medical/surgical nurse and a psychiatric nurse. My family and I are now living in Anaham where we are settling in and feeling very welcomed. We are very happy to be living here and excited that our children are going to be able to learn more about their Chilcotin culture. I look forward to getting to know each member of the community as I settle into this new position. I thank you for this opportunity and look forwarding to serving this community as I would serve my own community, with respect, dignity, and compassionate care.

NNADAP Update



Tl'etinqox Health - NNADAP – Wellness Coordinator Position. (April 1, 2021 – October 21, 2021)

On April Of 2021, we had a Diabetes Road Show meeting here at the health clinic in beginning of April. Community held a Fish ceremony out by where the Dogs turn into Rock pass Bull Canyon. It was a great attendance

with staff, community members and other people that came there. Also, at the end of April, we had a “Community Clean Up” and it turned out well (Earth Day). Then we had Fred Johnson on Zoom doing a “Wellness Talk” to staff and community members. Band and Health staff attended the Rangers Open House at Chilko Lake fisheries site. Since Covid has been around, I've been getting involved with getting medication, supplies daily to Williams Lake. I also been grinding some sage and juniper at the health office. Community members have been asking for it thru out the year and I stacking up on supply. I also did prayers for the Equine Horse Program for 2 weeks in the mornings. I have a few people that wanted the Day School application signed off and been busy with it. I also got involved with the community garden with Dale Hance preparing for the season. Our health office had a staff luncheon and a little get together to appreciate our staff for doing good work.

The community garden is in preparation by Dale Hance and turning out good for the year. Then at the beginning of May, we had a “Smudging Workshop” by Zoom for staff and community members. Our annual Men's Healing Camp cancelled due to Covid again for this month. The Diabetes Rd Show Meeting was held for the planning. The carver that carved at the Datsan Chugh Building (Ryan COOK), I took him out to

our sacred sites and showed him the spiritual part of our lives. Staff had a community Mother's luncheon here in parking lot for the mothers of our community. The health staff went the garden and picked rocks, cleaning up the new area that's going to be plowed with mixed manure. I have been busy with medication, supplies, etc. pick up from Williams Lake thru out the month.

The Tl'etinqox Health and TNG Health hosted a Diabetes Road Show in our community on June 3rd & 4th. We had great attendance from the community and our health staff did a great job tending to clients. Also, our health Men Vs Women staff started a garden box outside our office between men & women. Nenqayni Wellness Center brought the staff to where Lady turn into Rock, Tsi Yi and to Dogs that turn into stone. Health and band staff went out on Cultural day picking Indian Tea and sage in the territory. Our staff connecting with each other enjoying nature. The Columetza student went to Lady Rock, Tsi Yi, Dogs turn to stone and Fort Chilcotin site, told stories of our history and culture. Attended the Tl'etinqox school awards in front of band office parking lot. Band and health staff attended the annual Title Case celebration in Xeni gwet'in. Health staff held a water ceremony at a dipping site across from Bull Canyon. Prepping some juniper, sage, cedar and other medicines at office. I'm still busy with medication, supplies, etc. pick up from Williams Lake every other day.

In early July, our staff went out and picked pitch. Then prepared it at Health Office. We also collected Juniper, dried it n grinded it for further use. The Tl'etinqox women attended to where the Lady Turn into Stone and had a ceremony. We also took elders on Saskatoon Berry picking on West Fraser Road nearby ?Esdilagh. Elders had a great time telling stories of back in the days when they did this with others. I also was busy with Meds and supplies pick up from Williams Lake thru out the month.

For the month of August, we had to cancel our elder's trip to Barkerville, Culture Camp and Women's Healing Camp due to Covid. Health staff made another luncheon for the appreciation of the work they do. I'm still getting busy with Meds and

supplies pick up for Health office. Staff were busy with the Sockeye salmon harvest for our office. We had more turnips that came in from the garden and distributed them thru out the community. We had to send some to other communities.

I got involved with the Elders Wood contracts thru out the month of September. I also donated a front quarter n side of moose ribs to our health office. Health office got busy preparing the suite at Safe House and Elder's units for the Moose Meat and Marmalade. Myself and Shawn ALPHONSE went to Prince George picking up Air Conditioners from Costco for a day trip. I was a part of the Ts'ilhqot'in Deligation that went to the Port Alberni Totem Raising ceremony and were invited by Tim PAUL. He's the carver of the Teztan Biny Totem Pole. I'm still busy with Meds and supplies pick up from Williams Lake thru out the month.

For the month of October, our health staff preparing the Safe House n Elder's units for the stay of Moose and Marmalade group. Our wood contractors are busy with the wood for the elders. The health staff made staff luncheon, invited other band staff over and served them by the door. Also, our Garden has been bringing in a lot of turnips into our office and we distributed them to nearby communities. Communities were greatly appreciated of our donations. Health and Band staff had to cancel the Culture Day trip out on territory due to bad weather. I'm also taking Trauma Training on Zoom for a couple days here at office. Again, I'm busy with Meds and Supplies pick up thru out the month.

I'm also involved with Monthly Housing, Social, Justice issues and meetings. People have been coming in for the Indian Day School applications to be signed. We also had to cancel the monthly Men & Women's night gatherings due to covid, along with our outings. I also had a slow pitch team in the Williams Lake league with mostly players from our community. We had a blast getting together once a week playing and keeping fit. Our slow pitch, Ice hockey and coed volleyball tournaments had to be cancelled due to covid. So be

safe, with covid still lingering around us, be kind, loving and be gentle with each other. The cold weather is coming upon us and check on each other to be safe thru out the cold months.

All My Relations
Cecil GRINDER

Garden Project

I have two portfolios as councillor. They are being on the board of Danzen, TNG's economic development company, and agriculture. With agriculture, we are looking at ways to bring the hay fields back to producing hay. The plan is to start on a smaller scale and grow with our successes. These are early days, but we have started by having our existing water pumps serviced with the plan of starting with one at a time.

As well as my position as councillor, I am also working for TI'etinqox through Sage Health. I am the head gardener (director) of River Side Community Garden. I started this project last year as a potato garden, but we got much more ambitious this year. We started by amending the soil by adding in roughly 15 dump truck loads of manure and thoroughly tilling that in before planting. We grew half the garden in potatoes and half in a varied mix of vegetable such as rutabaga, turnips, carrots, beets, corn, shelling peas, lettuce and zucchini. We had 4,800 growing feet of potatoes and over 5000 growing feet of mixed vegetables! Last year we had a frost on August 1, which killed the corn. This year we had early heat to contend with! Despite the heat the garden grew very well. A few things, like the onions, didn't grow and we aren't sure if that was because of the heat, or something else. The broccoli bolted and went straight to flower. The honey bees were delighted and lived there all summer, so it wasn't a complete loss. The garden produced an abundance of food! We grew more than the community needed so Sage Health distributed the extra to our other communities. And we aren't done! We are still

harvesting carrots, beets, cabbage and brussel sprouts.



We fenced off two more areas in preparation for next year. One area will be a second garden and give us a chance to rotate our crops. The other will be an orchard. Next year we will be growing more potatoes and vegetables. We are exploring some new ideas, like trees for the orchard and maybe some other fruits like blueberries and strawberries. I would like some feedback from you. What did you enjoy from the garden? What would you like to see us grow again, and what other things would you like to see?

We had some help from the summer students, until Covid put an end to that program for the year. The idea was to get the students excited about gardening. We also had help from a few others. A huge thank you to all that participated in helping to make the garden such a success this year.



Patient Travel Update



The Tl'etinqox Health Services are trying to provide excellent, efficient and appropriate services for its members and will do its best. Remember when traveling to take safety precautions, wear your mask, sanitize often, social distance and travel for essential needs only. Your cooperation is appreciated and the staff is thankful that we can still help our

community members by providing effective health programs and services. Help keep our community safe; we are all in this together!

Important Reminders For Medical Transportation Clients



The Medical Transportation Program provides **supplementary** benefits intended to ensure that eligible clients have access to medically-required services. It is not intended to cover all costs that may be associated with a client's medical condition and travel requirements.

In order to determine eligibility for medical transportation benefits for a specialist appointment, the client must provide the following documentation: a referral from a GP, family physician or other health professional, and confirmation of appointment from the health provider/health facility.

Clients must be **referred to a specialist**; they cannot "self-refer." A referral from a GP to a specialist is considered valid for six months, after which the

client is required to get a new referral note.

It is the client's responsibility to submit their confirmation of any specialist appointments 5 to 7 days before your appointment date so appropriate travel arrangements can be made accordingly to the Medical Transportation Guidelines

After any client has received Medical Transportation Benefits and attended their appointment, the client must provide confirmation of attendance from the health provider/health facility and hand into Tl'etinqox Health Services.

7.0 CLIENT RESPONSIBILITY



Clients who access medical transportation through FNHA, either at the community level or the FNHA Regional Office, are responsible to:

- Give at least 5 to 7 days' notice prior to leaving the community. Upon receipt of the notice, the proper transportation arrangements can be made. **Note:** Clients who do not provide sufficient notice may be required to reschedule their appointment or pay for the travel and get reimbursed.
- Obtain all of the necessary paperwork for their trip prior to leaving the community: for example provide a referral from GP, confirmation of appointment with specialist and submit to the patient transportation clerk at least 7 days prior to leaving the community
- Clients are responsible for scheduling and cancelling any medical appointments they may have as well as calling and cancelling any accommodation arrangements that were made to avoid NO SHOW BILLS.
- Get prior approval for all non-emergency trips. The only exception is in the case of a medical emergency.
- Attend their medical appointment as scheduled. Clients who do not attend medical appointments may be required to pay back any benefits they have received and/or pay for their travel costs on subsequent medical

travel.

- Get a signed confirmation of attendance from the health professional and return it to the Transportation Coordinator after the medical appointment.
- Protect all of the original warrants issued to them for their medical trip. Warrants will not be reissued if lost or stolen.
- give notification when cancelling an appointment prior to the date of the appointment; including 24 hours notice to cancel any hotel arrangements if you fail to give notification you will be required to pay any hotel fees for a no show on your next trip.
- Retain and submit all necessary receipts required.
- Not damage property or abuse accommodation arrangements, such as excessive noise.
- Not become verbally abusive or threatening to the patient transportation clerk or coordinator or any staff working within the Health Services.

Clients may be required to pay for their own travel arrangements and submit a client reimbursement form with the appropriate documentation or may have charges deducted off their next travel arrangements; in such cases as:

- a) Client is verbally or physically abusive;
- b) Client fails to provide the required medical documentation (referral or confirmation of attendance) or receipts
- c) Client is no longer accepted in commercial establishments or on commercial transportation because of inappropriate behaviour or intoxication.
- d) Client does not make it to their scheduled appointment
- e) When FNHA or a First Nation organization is charged for damages; billed for keys; or no shows.

Expenses that are not covered for Medical Trips therefore are the client's responsibility:

Where accommodation and meals are provided, all other expenses are the responsibility of the client. This would include, but is not limited to, the following:

- Telephone charges
- Room or valet service
- Movie or game rentals
- Tips or gratuities
- Lost or stolen items
- Property damage
- Parking Costs

EXCLUSIONS

Certain types of travel, benefits and services will NOT be provided as benefits under The FNHA Program under any circumstances and are not subject to the FNHA Appeal Process. These include assistance with:

- a) Compassionate travel;
- b) Appointments for clients in the care of federal, provincial or territorial Institutions (e.g., incarcerated clients);
- c) Court-ordered treatment/assessment, or as a condition of parole, coordinated by the justice system;
- d) Appointments while travelling outside of Canada, other than as outlined in Section 1 (General Principles);
- e) Travel for clients residing in an off-reserve location where the appropriate health services are available locally;
- f) Travel for the purposes of a third-party requested medical examination;

- g) The return trip home in cases of an illness while away from home other than
for approved travel to access medically required health services;
- h) Travel only to pick-up new or repeat prescriptions or vision care products;
- i) Travel to access health related services that are not identified in section 1.3,
unless coordinated;
- j) Payment of professional fee(s) for preparation of doctor's note /document
preparation to support provision of benefits;
- k) Transportation to adult day care, respite care
and/or interval/safe
houses

Domestic Support Workers



?Abenanes,

We are the DSAW (Domestic Support & Advocacy Worker) for our community. We are excited to return to home visits with our elders after a few weeks break due to the pandemic. Since summer is over we are out helping our clients get everything ready for

winter. We are checking to see if there's enough woods piled, assisting those on our list with wood splitting. Helping put tarps over wood piles and RV's. In the coming week we will be checking who needs chimneys swept and help clean out their wood stoves. We continue to make our elders birthday

cakes so far this month we made 4. We are here for our elders if you have a family member or neighbor who may need our assistance please let us know.



Cultural Worker Update

We get our strength from our Ancestors, and Tsilhqot'in Elders. We follow their teachings. We share their knowledge of the Tsilhqot'in histories, stories, land, etc, with our generations, and future generations.

My position is Mental Health Support.



1st of all, we had to get our First Aid Level One. In case of emergency, we will be ready to assist those in need, and the front-line workers.

We took Relationship Workshop with Andrew Bear, matriarch training, and many other workshops on line. I continue to do research on Tsilhqotin stories,

and legends, and numerous trips to the Lady that turned to Stone for healing.

We had our 1st Salmon Ceremony utilizing the twins from our community. Respecting the water, river, salmon, and keeping our rivers clean. It is in our Tsilhqotin protocol that we must not even touch rock in the river.

As Tsilhqotin, we take care of each other, and have respect for other. If one of our people is suffering from health issues. We take time to show mental support for the immediate families, and the patients. All staff had to help with the Covid Vaccine, and do the temperatures check, and screening. It has been a long struggle, and we are still struggling with Covid. We are so proud of our people that came forward for the Covid shots. It is important not to let our guards down. Please continue to wash your hands frequently, wear your masks, physical distance, use the sanitizer, and continue to stay within your own bubble space. Prayers for those that are struggling. We assisted some clients that are home in palliative care. Visited the families, and assisted them with their circle healing with prayers, and songs.

We also assist with the clients' visiting nurse/doctors when they need translators. And, we make home visits when we get called in to assist with the support. The Annual Diabetes Road Show offered a health workshop to assist our people with

managing diabetes. Our staff were helping, and setting up the workshops, Buckles, the traditional healer, Diabetes test, foot care, nutrition, Diabetic foot care, massage therapy, diabetes clinic, and healthy eating.

We have lots of disclosure with Residential School, Day School, Covid, and Wildfire. We pray for each of you that you will find peace, and healing throughout your journey. Nanenughes?in

Tl'etinqox ?Esgul

Newsletter Update - October 18th, 2021

?abenanas/Dzinas Gu?en Guzun Tl'etinqox,

My name is Clayton Grice and I am the Principal for Tl'etinqox School, Adult Education, and Head-Start, and I have the pleasure of working with an amazing team of passionate and caring individuals who put tremendous effort in supporting our students and creating a welcoming and engaging learning environment for all.

As you may know, we have worked to increase grade levels at Tl'etinqox School by introducing full-time K4 programming for four year olds interested in joining Kindergarten, as well as expanding our senior grades to include grade 9 in the school and grade 10 in the Datsan Chugh building this year. As we continue to move forward, we will be adding a grade level each year, with the hopes of having our first graduating class in the next two to three years!

In the meantime, if you are interested in getting your Dogwood Diploma, Adult Dogwood, or certificates that will support you in your employment or educational goals, please come and see Mr. Sean Chretien at the Datsan Chugh building. Sean can set you up on a personal path to achieving your goals while being flexible while working family and work schedules.

We are also excited to have the new daycare, head-start, and after school program building entering final stages of construction and furnishings being reviewed and ordered soon. Keep your eyes peeled for more information on employment opportunities and programming for his new community space!

Lastly, we would like to recognize the amazing effort and support being put forth by our students and parents during such a challenging time in education. We understand the learning curve and technical challenges that come with zoom classes and digital programming and really appreciate the effort folks are putting in to stay on task, complete assignments, and attend zoom classes. Our goal with this digital learning platform was to provide more instruction and supports this year, instead of sending paper packages home; and we are very happy that the engagement and attendance has improved from last year.

If you need support in accessing the iPad features or your child needs some extra 1-1 time with their teacher before we return to in-person instruction, please give the school a call and we will schedule a time to meet with you, daily if you would like, in order to support you and ensure your child remains on track and progressing with their class. Tl'etinqox School is scheduled to re-open to in-person instruction for all students on Monday November 15th, 2021.

We hope to see your smiling faces on the 15th!



Sage picking trip with Tl'etinqox staff and Elders. Summer 2021

