

Tai Chi in the Park!



*New tai chi class at
Lake Daniel Reservoir Park
in Greensboro!*

**Where: Lake Daniel Reservoir Park, across from
411 Mimosa Drive, off Westover Terrace. Park on street.
Restrooms nearby. 10.00 offering per class or what you can afford.**

**When: Tuesdays, 11:15 – 12:15, weather permitting. Class is cancelled
in event of rain or temperature below 35 degrees.**

**Led by Shifu Eric Reiss, Chief Instructor of
Silk Tiger School. Tai Chi boosts the immune system!**

For more information, phone: **336-447-5122**

Please visit: www.silktigertaichi.com