AFTERCARE IS VERY IMPORTANT!

Maximize the benefits and treatment success of your hair removal experience with this recommended home-care regimen and professional follow-up care in accordance with your treatment plan.

DO:

- Keep your skin clean by gently applying alcohol/ witch hazel, an antiseptic 2 or 3 times per day, or more frequently if dirt or perspiration is an issue.
- 2. Using an antibiotic cream (such as Neosporin) may be helpful especially prior to working out or other vigorous activity.
- 3. Some people find applying ice to the area immediately after treatment is soothing.
- 4. Be sure to use sunscreen! Avoid tanning and direct sun exposure for 48 hours after treatment.
- Do not use tanning beds.
- If you use makeup, reserve a fresh, hypoallergenic formula for use after treatment so you do not cross contaminate the area.
- 7. If scabbing should occur do not pick the scabs.
- 8. Report any skin reactions to the treatment on your next visit, or feel free to call us anytime with your questions or concerns.
- 9. Keep your regularly scheduled appointment, as permanent results are only possible when a regular program is followed.

DON'T:

- 1. Don't touch the treated area with your hands.
- 2. Don't rub the treated area vigorously and no manual exfoliating for 48 hours after treatment.
- Don't use any heavy creams or any type of AHA (alpha-hydroxy) or similar product for 48 hours after treatment and use caution prior to treatment.
- 4. Don't submerge the area in hot tubs and avoid swimming in rivers or lakes for 48 hours after treatment.
- 5. Do not use a razor electric or otherwise between treatments this stimulates growth and increases irritation
- 6. Do Not Tweeze or Wax the area this stimulates growth