



# THE INTENSIVE

*Tired of weekly counseling sessions?  
Ready to get on with it?  
Sick and tired of being sick and tired?  
Willing to do whatever it takes?*

Since 1983, Marney DeFoore has been "Helping people learn to help themselves." Today, Marney's signature service is an "**Intensive**" course consisting of \*multiple sessions delivered over two, three or four consecutive days.

## **Learn what you need to know**

You can't fix a problem that you don't know you have. The Intensive is designed to help you quickly learn exactly where you are in life and how you have been participating in what hasn't been working for you. You may not be happy with what you discover, but now you have a starting place for change.

## **Change what you can, and accept what you can't**

In order to know what you can it's important to know what you can't change. With this clarity in place you are free to make new decisions about moving forward, on purpose.

## **Grow intentionally into the person of your own choosing**

Healthy personal growth stems from an intentional relationship with God first, then with self, and finally with others. With newfound insight and focused resolve your action plan becomes a reality.

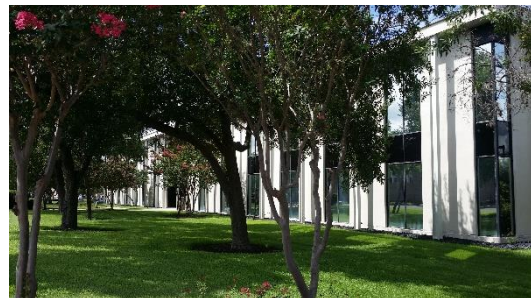
## **Next Steps:**

After an initial evaluation, Marney will make a recommendation for the level of service which he feels is best suited. If the Intensive is the right choice for you, a \*\*private payment agreement is reached and the services are scheduled.

***It's time to change your life ~ for reasons that last.***

**DeFoore Consulting, LLC**  
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**Marney DeFoore is Licensed and Board Certified in  
clinical social work supervision (LCSW-S) by  
the Texas State Board of Social Work Examiners.**



**\*Fees for the Intensive are based on complexity, scheduling and availability, and  
\*\*range from \$4,200 to \$6,000.**

**Traditional counseling services are also available.**