

FOODIES CATERING INC.

& FOODIE EVENTS

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FOODIES CATERING INC & FOODIE EVENTS INSTA @ FOODIESCATERIGHARVEYCEDARS

ROOM TEMPERATURE PLATTERS SERVE 10-12. READY TO SERVE NO REHEATING REQUIRED

- MEDITERRANEAN CHICKEN - GRILLED CHICKEN BREAST, GREENS, ROASTED POTATOES, GRILLED VEGETABLES, HUMMUS & PITA CRISPS \$ 299.95 GLUTEN FREE AVAILABLE JUST ASK US
- MANGO CHICKEN - ROASTED CHICKEN BREAST, MANGO SALSA, MIXED GREENS, QUINOA, SLAW, BABY PEPPERS \$ 290.95 GF
- CHINESE CHICKEN SALAD - MIXED CABBAGES, HONEY SPICED & SESAME CRUSTED CHICKEN BREAST, SNOW PEAS, HONEY PEANUTS, SESAME NOODLES W/ BROCCOLI & KALE \$ 289.99 GF
- ROASTED CHICKEN TACO SALAD - SPICED ROASTED CHICKEN, CHEDDAR CHEESE, ROASTED CORN & BLACK BEAN SALSA, ROASTED BABY PEPPERS, SANTA FE COLE SALW, & GREENS \$290.95 COMES WITH A SIDE OF HARD OR SOFT TACOS GF
- LEMON HERB ROASTED CHICEN BREAST - OVER MIXED GREENS W/ GOAT CHEESE, CRANBERRIES & HOUSE DRIED GRAPES, FARMERS MARKET QUINOA & CHARRED PEPPERS W/ LEMON RICOTTA \$ 299.00 GF
- CEDAR PLANK SALMON - MIXED GREENS, SPINACH & MUSHROOMS COUSCOUS, ISRAELI CUCUMBER TOMATO SALAD. TZATZIKI & TOASTS \$ 299.95
- MAPLE GLAZED HOT SMOKED SALMON - PRESENTED WITH TZATZIKI, ROASTED POTATOES, GREEK SALAD & SLAW \$ 299.00. GF
- GRILLED FILET OF SALMON - GREENS, CUCUMBER SALSA, ROASTED BEETS & GOAT CHEESE, GRILLED VEGGIES, QUINOA W/ HAND CUT VEGETABLES \$ 299.99 GF
- HONEY SOY GLAZED SALMON - SPINACH GREENS, BANG BANG BRUSSELS SPROUTS, ASIAN CUCUMBER SALAD CHARRED SWEET POTATOES W/ LIME & PUMPKIN SEEDS \$ 299.00
- PHILLY CHEESE STEAK - GRILLED STEAK, GREENS, PROVOLONE & CHEDDAR CHEESE, GRILLED ONIONS, PEPPERS, PORTOBELLOS, ROASTED POTATOES GARLIC CHEESE BREAD \$ 299.00
- LONDON BROIL - OVER GREENS W - CLASSIC CHOPPED SALAD BLUE CHEESE, ROASTED POTATOES, GRILLED ONIONS & PEPPERS & PORTOBELLOS, GARLIC TOASTS \$ 299.00
- GRILLED FLANK STEAK - GREENS, GRILLED ONIONS & PEPPERS & PORTOBELLOS, LEMON & FETA ROASTED POTATOES, BRUSCHETTA, HORSERADISH SAUCE 1 DZ DINNER ROLLS \$ 299.00
- VEGETARIAN NIÇOISE SALAD ROASTED PEPPERS W/ CHERRY TOMATOES & RICOTTA , MEDITERRANEAN GARBANZO SALAD W/ OLIVES, GREEN BEAN & SNAP PEA SLAW, HARD COOKES EGGS & ROASTED SWEET & GOLD POTATOES W/ LEMON, PARM & ROSEMARY. GARLIC TOASTS. \$ 199.00
- VEG AROUND THE WORLD - ORZO W/ ROASTED BEETS, OLIVES & FETA , EGGPLANT W/ CRISPY KALE & YOGHURT, CHICK PEA SALAD W/ ROASTED CAULIFLOWER, ZUCCHINI LEMON & SCALLIONS & COCONUT VEGGIE COLE SLAW \$ 199.00
- VEGAN 1 & GF. - INDIAN SPICED CAULIFLOWER, FARMERS MARKET QUINOA. GRILLED CABBAGE SLAW / RAISINS & VEGGIES, CHARRED SWEET POTATOES W/ LIME & PUMPKIN SEEDS \$ 199.99
- VEGAN 2 & - GF. BANG BANG BRUSSELS SPROUTS, ZUCCHINI NOODLES W/ CRISPY EGGPLANT & TOMATOES, GRILLED VEGGIES W/ SUNFLOWER VIN, SOUTHWEST QUINOA W/ CORN & BLACK BEANS \$ 199.00

ROOM TEMP TRAYS TO SERVE 4

SEARED SESAME SEARED SUSHI TUNA WAKAME TOBIKO, WASABI AIOLI, & PICKLEED GINGER , CORN & BLACK BEAN QUINOA, & ASIAN CUCUMBER SALAD. RICE CRACKERS \$ 149.00

OUR FAMOUS GRILLED COLOSSAL SHRIMP PRESENTED OVER GREENS W/ COGNAC DILL SAUCE ROASTED PEEWEE POTATOES, SANTA FE COLE SLAW & GARLIC TOASTS \$ 149.00

HERB CRUSTED FLANK STEAK SLICED & PRESENTED OVER GREENS, W/ ROASTED POTATOES, GARLIC TOASTS, STEAK HOUSE CHOPPED SALAD, & GRILLED VEGGIES. GARLIC BREAD. \$ \$149.99

GRILLED FILET MIGNON SLICED & PRESENTED OVER GREENS, WITH ROASTED ASPARAGUS, GRILLED ONIONS, HORSERADISH SAUCE, & ROASTED ROSEMARY POTATOES, CRISPY LEEKS W/ CIABATTA ROLLS \$ 229.00

GRILLED BREAST OF CHICKEN, GREENS, ROASTED BLACK BEAN, CORN & QUINOA, CLASSIC GREEK SALAD, & PINEAPPLE SLAW \$ 99.00

CHILI & HERB CRUSTED SEARED SALMON FILET PRESENTED OVER GREENS W/ ASIAN CUCUMBER SALAD, CORN & QUINOA SALAD, BANG BANG BRUSSELS SPROUTS & TZATZIKI SAUCE \$ 120.00

GREEN ONION CRUSTED SEARED SALMON OVER GREENS W/ ISRAELI COUSCOUS W/ VEGGIES, VEGAN CUCUMBER SALAD & WASABI AIOLI \$ 120.00

4 GRILLED. 8 OZ COLD WATER TAILS - GRILLED & HALVED PRESENTED WITH OUR SIGNATURE COGNAC DILLS SAUCE SMASHED POTATOES, ROASTED ASPARAGUS, HEIRLOOM TOMATO SALAD. \$ 249.00

VEGAN BUDDHA BOWL FOR 4 - BUDDAH BOWL W/ QUINOA, VEGGIES, CAULIFLOWER & GREENS \$ 59.00

TRAYS TO REHEAT SERVE 10

FOODIES AMAZING VEGGIE LASAGNA \$ 59.00 BRAISED MEAT LASAGNA \$ 75.00

FOODIES 9 - HOUR BRAISED SHORT RIBS \$ 199.99 COMES W/12 ROLLS

FOODIES PULLED PORK \$ 129.00 COMES W/ 12 ROLLS

FOODIES 9 HOUR BRAISED SLICED BRISKET \$ 199.99

PENNE W/ PINK SAUCE \$ 69.00

PENNE W/ GRILLED CHICKEN & VEGGIES \$ 79.00

BAKED ZITI \$ 39.95. BAKED ZITI BOLOGNESE \$ 79.00

FOODIES MINI MEATBALLS 3 DZ 72.00

SPAGHETTI & MEATBALLS \$ 49.00

EGGPLANT PARM ROASTED NOT FRIED \$ 75.00

OVEN ROASTED RED & GOLD POTATOES w/ fresh herbs \$ 45.00

ROASTED GREEK POTATOES W/ HERBS & FETA \$ 49.00

HEALTHY MOCK MASHED POTATOES (cauliflower) \$ 49.00

MASHED POTATOES \$ 45.00. LOADED MASHED W. CHEDDAR BACON & SCALLIONS. \$ 50.00

BAKED CHICKEN BREAST PARMIGIANA \$ 95.00

CHICKEN CHILI W/ RICE CHEDDAR SOUR CREAM & SCALLIONS \$ 59.00

OUR MOST POPULAR CHICKEN BREAST W/ WILD MUSHROOMS \$ 99.00

CHICKEN FRANCESE \$ 99.00

TERIYAKI RICE, VEGGIE & CHICKEN STUFFED PINEAPPLE HALVES 2/ \$ 45.00 BEAUTIFULLY PRESENTED

FOODIES FAMOUS CHICKEN CACCIATORE FALLS OFF THE BONE \$ 89.00

BALSAMIC VINEGAR CHICKEN W/ PEPPERS, ONIONS & PORTOBELLOS \$ 89.00 BONE IN

LEMON ROASTED CHICKEN W/ TRI-COLORED ORZO & VEGGIES \$69.00

QUINOA FRIED RICE & VEGGIES \$ 69.00 GLUTEN FREE. W/ CHICKEN ADD \$ 10.00

CAPRESE. ZOODLES - ZUCHINI NOODLES, EGGPLANT, TOMATOES, MOZZARELLA, PARM & BASIL \$ 69.00 GF

RAMEN BOWL W/ SEARED SESAME CRUSTED CHICKEN & VEGGIES. \$ 79.00

SPICY CHILI UDON BOWL W/ VEGGIES \$ 79.00

COUSCOUS W/ HAND CUT VEGGIES \$ 69.00

SESAME PEANUT NOODLES W/ VEGGIES \$ 69.00

BANG BANG BRUSSELS SPROUTS \$ 69.00 VEGAN & GF

SPICY ROASTED BRUSSELS SPROUTS W/ BACON & MAPLE GLAZE. \$69.00

LEMON QUINOA W/ CAULIFLOWER ROASTED DRIED CRANBERRIES & ALMONDS \$ 69.00 VEGAN & GF

GRILLED ITALIAN SAUSAGE PEPPERS, POTATOES & ONIONS \$ 79.00 CHICKEN SAUSAGE AVAILABLE ADD \$ 10.00

TRI COLORED ORZO W/ VEGGIES \$ 45.00 VEGAN

ORZO PILAF W/ TOMATOES & FETA \$ 45.99

BACON WRAPPED ASPARAGUS BUNDLES W/ SHAVED PARM \$69.00

MAPLE GLAZED BACON WRAPPED CARROTS \$ 60.00

TERIYAKI VEGGIES & RICE \$ 40.00

SAUTÉED MIXED VEGETABLES \$ 35.00 VEGAN & GF

REAL MAC & CHEESE \$ 38.00 KIDS MAC & CHEESE \$ 30.00 OUR FAMOUS ABC'S & CHEESE \$ 35.00

LOBSTER MAC & CHEESE \$199.00 REAL MAINE LOBSTER MEAT HAND CLEANED W/ OUR CHEESY MAC

SUPPER 2022