

T-UK

JUNIOR & PEE WEE 1st DEGREE BLACK BELT THESIS (up to 15 years)

Your junior thesis should include answers to the list below, however please feel free to add as much information as detail as possible. You must focus on technical content (in your words), presentation and your views on Taekwon-Do. If you are submitting photographs, please use only T-UK and ITF pictures.

- 1. All colour belt grading dates
- 2. Competition, Seminar and Courses attended
- 3. If you are a junior assistant, please give details
- 4. State the Taekwon-Do Oath
- 5. State the 5 tenets of Taekwon-Do and explain what they mean to you, giving examples if needed.
- 6. Name the following commands in Korean:

Attention, Bow, Ready, As you were, Stop,

Back to Mark Student, Belt, Training Hall,

Numbers 1-10, Kick, Block, Stance, Thrust,

Strike, Inward, Outward, Upward, Downward,

Dismiss

7. Give the Korean Titles for the following:
Assistant Instructor, Instructor, Master, Grand Master,

- 8. Name the Founder/ Father of Taekwon-Do (as much detail as possible)
- 9. Name 8 of each of the following: Stances, Blocks, Kicks,
- 10. Name 6 of each of the following: Hand Parts, Foot Parts

- 11. State your favourite coloured belt pattern and explain why chosen
- 12. Explain in your own words, what would obtaining your Black belt would mean, How important is it to you and what your future would be in Taekwon-Do UK?
- 13. What is your favourite aspect about Taekwon-Do
- 14. State what improvements TKD has made to your life
- 15. Explain how you would expect a Black belt to conduct themselves in today's society.

All theses must be sent to the Secretary General at least two weeks prior to the test date

Mr Ian Ridley, 11 Saxilby Road, East Morton, Keighley, West Yorkshire, BD20 5WB

Applicants Name:		Club:	
Date of Birth: Signed:			Date: