

Positively  
Empowering  
and Restoring  
Ladies Self-  
Esteem, Inc.



Girls Mentoring and  
Empowerment Group

GIRLS AGES 11-14  
YEARS OLD

## PEARLS defined:

Positively Empowering and Restoring Ladies Self-Esteem, Inc. is a traveling school and neighborhood-based girls mentoring and empowerment group created to impact the lives of young girls in urban communities.

*Our Mission: To nurture authenticity and self-love within girls from urban communities through mentoring, education, engagement, and empowerment.*

## STAY CONNECTED WITH US!

Visit our website  
[www.brittneyasmith.wixsite.com/pearls](http://www.brittneyasmith.wixsite.com/pearls)  
Follow us on Social Media  
Instagram: @216\_flypearls  
Email: [pearlempowered@gmail.com](mailto:pearlempowered@gmail.com)

**EDUCATION.  
ENGAGEMENT.  
EMPOWERMENT.**

At PEARLS, we operate by letting our 3 E's guide us. Education sets the tone with relatable and practical topics provided for discussion.

Engaging activities are designed to give our girls the chance to have fun, work as a team and enhance leadership skills. Lastly, it is important for our girls to work in an environment that empowers them every session!

### **Forever PEARL**

Once a PEARLS girl, forever a PEARLS girl. Our participants will be extended the opportunity to attend inclusive quarterly events and service projects throughout the year!

## **Peer to Peer Mentoring**



Peer to Peer mentoring provides girls the opportunity to interact with and receive guidance from mentors in their age group. It brings younger and more relatable energy to our young ladies and it contributes to the personal development of our younger mentors.

## **Self-Esteem & Community Service**



Community Service is an integral piece to the PEARLS mentoring group. We believe that giving back and service work contributes to the overall sense of self. During our time with the girls, they will have the chance to participate in service projects.

# **OUR MENU OF SERVICES**

## **Girl & Co.**

One-on-One mentoring services to provide extensive guidance to girls. Mentee and Mentor can schedule to meet at public spaces, schools, virtual meetings, etc... Mentee will be provided with an individualized curriculum to help track professional growth.

## **Bundled Beauties**

Our group sessions are designed to create an atmosphere of sincere sisterhood in an engaging and empowered environment. Girls will meet for a total of 8 sessions and learn about a variety of topics.

## **Queen to Queen Chat & Chews: Lunch Program**

The Mentor and Mentee lunch program helps us to connect other adult mentors to girls looking for mentorship. The pair will meet, ideally during the mentees lunch time, monthly throughout the school year at one of our partner schools