

# PhysioTherapy

We will guide you through improvements in mobility, stability, and strength. Effective treatment for acute and chronic conditions.

2000 Sq. Ft. Rehab Gym



Registered Massage Therapy



Therapeutic Pool

# Payment Options

- Seniors Discount (60+) • Self Pay
- Accepting New Clients of All Ages
- May be Covered by Most Extended Health Care Plans
- Motor Vehicle Accident • Veterans Direct Billing
- Workplace Safety & Insurance Board (WSIB)
- Publicly Funded Physiotherapy Available



## 3 Locations To Serve You!

### Oakville Hospital

3001 Hospital Gate, Oakville, ON L6M 0L8  
T: 905.845.9540 F: 905.815.5109

### Milton Hospital

725 Bronte St. S. Milton, ON L9T 9K1  
T: 905.876.7022 F: 905.876.7005

### Georgetown Hospital

1 Princess Anne Drive, Georgetown, ON L7G 2B8  
T: 905.873.4598 F: 905.873.4567



## Contact Us

find us on **facebook**



A hospital program.  
All net proceeds support hospital programs.



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**WorkfitPhysiotherapy.ca**



## Services / Programs

Rehabilitation helps you recover from an injury and regain normal function, and is beneficial in the prevention of future injuries.

- Physiotherapy
- Chiropractic Services
- Advance Practice Clinician Specializing in Low Back Pain
- Registered Massage Therapy
- Acupuncture
- Shock Wave Therapy
- Spinal Stenosis Bootcamp
- Therapeutic Pool Rehabilitation
- Neck & Back Pain
- Hip & Knee Programs
- Migraine Solutions
- Vestibular Rehabilitation
- Torticollis Treatment
- Motor Vehicle Accidents
- PDA's - Physical Demands Analysis
- FAEs - Functional Abilities Evaluation
- Ergonomic Assessments
- Ministry Funded Physiotherapy

## Got Pain? We Can Help!

Work-Fit Total Therapy Centre is a full service rehabilitation clinic located in the Georgetown, Milton and Oakville Hospitals, providing exceptional service for over 30 years.

We will guide you through improvements in mobility, stability, and strength. Effective treatment for acute and chronic conditions.

**2000 Sq. Ft. Rehab Gym**  
**45 Treatment Bays**  
**Physiotherapy • Chiropractic • Massage**



## Pool Exercise Classes



Our therapeutic 90 degree salt-water pool offers a variety of classes that are designed to increase range of motion, flexibility, strength and endurance. Research shows that aqua therapy relieves stress on joints.

<b>Classes</b> .....	<b>\$10</b>
<b>10 Pack</b> .....	<b>\$90</b>
<b>3 Months (Unlimited)</b> .....	<b>\$199</b>

**P** *Reduced parking packages available. See website.*