10 Point Checklist

1. Kick Stand

Is it secure and does not fall down while riding?

2. Tires

Pressure should be checked regularly and when the tires are cold.

Tread, at lowest point should be at least 1.5 mm deep.

Check that rims are not bent, and spokes are secure.

Check for foreign objects stuck in the tire.

3. Chassis Parts: frame & suspension

Check frame for cracks dents, lifting paint or other damage.

Check that your saddle bags, luggage etc, are securely attached to the bike.

Is your license plate is secure and required stickers visible?

Ensure that your windscreen is secure.

4. Controls

Is the throttle open smoothly, and snap back when released?

Can you apply the front brake without difficulty?

Does the clutch squeeze in and release smoothly?

Does rear brake depress moderately (not all the way down)?

Are all cables and wires free of debris, cracks, and in good condition?

5. Brakes

Check fluid levels regularly. Top up if necessary. Check cylinder for leaks.

Visually inspect brake pads with flashlight through the wheel.

Properly maintained brakes can save your life!

6. Electronics

Switch on ignition and check headlights, signals, brake lights, 4 ways, & horn.

Pay attention to how the bike starts; is the battery at full charge?

7. Fluids

Check oil regularly, and change it as per manufacturer's recommendation.

Visually check brake fluid cylinder for leaks and ensure it is full.

Check coolant if bike is other than air cooled.

Look around and under the bike for any signs of leaks.

8. Mirrors

Are they clean, not cracked, not loose, and positioned correctly?

9. Protective Gear

ATGATT! All the gear, all the time! Maintain your gear as you would your bike.

10. Helmets

Ensure your helmet is in good condition, replaced at least every 5 years, and securely fastened to your head!