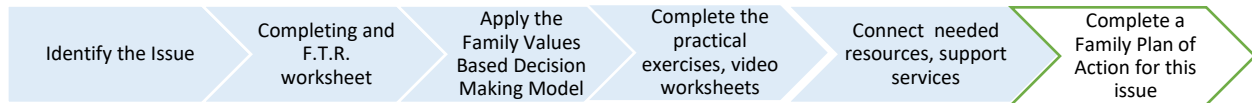


LEARNING MODULE III

The Family Intervention

“Family 3-D’s Coping Skill Set Checklist” Seminar #12:



Purpose:		<i>The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.</i>
<input type="checkbox"/>	Instructions	The “Enabling vs. Consequences” process provides a step by step path for a family to consider when developing their response in how to best create a solution to a family issue. Complete each step below to formulate your possible family course of action.
	Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.
<input type="checkbox"/>	Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews the “The Family Intervention”: Five Stages of Change., Dual Diagnosis, Suicide Risk in Co-Occurrence Diagnosis. Which of these will the family seek to address?
<input type="checkbox"/>	Complete Family Value Based Decision -Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.
<input type="checkbox"/>	Key Topic #1: Five Stages of Change	Your family members will use their knowledge of the Five Stages of Change, when considering theirs and other efforts to make changes. Also complete the practical exercise in the Seminar Workbook.
<input type="checkbox"/>	Key Topic #2: Dual Diagnosis	Your family members will consider when look to make changes that mental illness may be involved and needs to be assessed, diagnosis and staged in the efforts for change and acted upon. Also complete the practical exercise in the Seminar Workbook.
<input type="checkbox"/>	Key Topic #3: Suicide Risk in Co-Occurrence Diagnosis	Your family members will be sensitive that an intervention is a matter of professional expertise. Considerations of balance and applications of best practices are required. Also complete the practical exercise in the Seminar Workbook.

Family Plan of Action

I. SOLUTION:

The Identified Solution: (From the completed F.T.R. Worksheet):

II. DECISION:

The Decision-Making Process: (From the completed Family Values Decision-Making worksheet)

III. PLAN OF ACTION:

Priority # 1.

Task:

Task:

Task:

Priority # 2.

Task:

Task:

Task:

Priority # 3.

Task:

Task:

Task:

Prior to taking any action it is important to review your families plan of action with a professional therapist, counselor or licensed State/Federal professional. This step should not be ignored and will ensure safety, continuity and bring about the best results for your loved one and your family.

