

## *Doctor of Philosophy in Holistic Medicine & Healing Nutrition Degree Program*

### **Course Description**

#### **DHM-101-E: Fasting: The Spiritual Art of Restoring & Preserving Health** (4 credits)

This course demystifies the practice of Fasting when ill by restoring one's health. During a fast, the body rests and then uses the recuperated energy to repair itself. Fasting is the quickest, safest, and most natural practice known to reverse and eliminate acute and chronic disease. When cellular integrity and organic structures have been compromised, complete reversal and recovery sometimes may not be possible, but at least one should achieve a higher form of health in most cases.

#### **DHM-102: Maximum, Physical Body & Spiritual Natural Healing Energy Concepts**

(4 credits)

This course will teach you how to "Remove The Cause" of your *Toxic Condition, Physically, Mentally and Spiritually* which is draining the nerve energy from your body and thereby laying the foundation for all sorts of physical, mental and spiritually diseased conditions.

#### **DHM-103: Advanced Holistic Medicine & Nature Healing Concepts: Part I**

(4 credits)

*"They that be whole need not a physician but them that are sick."*

This course will teach the Holistic Medicinal & Natural Healing, Spiritual and Physical Laws of Nature in relation to attaining Pristine Health and Holistic Medicine Healing. It is important humans learn how to keep themselves "Physically" and "Spiritually" clean and learn how to avoid living an *Unclean* lifestyle, if we wish to allow our body to heal itself as well as keeping itself healthy.

It is important to realize the "Holistic Medicinal & Natural Healing, Physical & Spiritual" connection that *we are not spiritually and physically the sum of our parts, but the sum of our "whole" mind, body and soul* because we cannot separate their parts from the combined whole without serious, unhealthy consequences. We have all been

given the spiritual power and gift of healing and we have a responsibility to share this gift with all people.

### **DHM- 104: Advanced Holistic Medicine & Nature Healing Concepts: Part II**

(4 credits)

*"They that be whole need not a physician but them that are sick."*

This course will teach the Holistic Medicinal & Natural Healing, Spiritual and Physical Laws of Nature in relation to attaining Pristine Health and Healing. It is important humans learn how to keep themselves "Physically" and "Spiritually" clean and learn how to avoid living an *Unclean*" lifestyle, if we wish to allow our body to heal itself as well as keeping itself healthy.

It is important to realize the "Holistic Medicinal & Natural Healing, Physical & Spiritual" connection that *we are not spiritually and physically the sum of our parts, but the sum of our "whole" mind, body and soul* because we cannot separate their parts from the combined whole without serious, unhealthy consequences. We have all been given the spiritual power and gift of healing and we have a responsibility to share this gift with all people.

### **DHM-105: Advanced Neurobiology of Beliefs**

(4 credits)

This course will teach you that we must maintain a condition of physical, mental, and spiritual cleanliness. How? By *"allowing us to purify ourselves from everything that pollutes either spirit, mind, body and soul"*. Why? Because your brain is the hardware of your soul and the very essence of a human being. It will teach you scientific evidence that your anxiety, depression, anger, obsessive and compulsive behaviors are all related to the Neurobiological workings of your brain and if it is polluted and in a toxic condition then the brain will not function properly. This course will teach you how to *"Remove The Cause"* of your toxic condition, Physically, Mentally, and Spiritually.

**DHM-106: How To Develop a Successful Natural Medicine Counseling Business Practice** (4 credits)

This course teaches the legal requirements in your state on how to conduct a successful Natural Medicine & Healing Nutrition Counseling Business Practice.” The course will teach the student advanced advertising strategies as well as conducting successful seminars. This course will teach the student mindful practices that will help them to achieve amazing success in their client’s daily and healthful living habits as an integrated whole!

**DHM-107: Behavioral Science of Disease** (4 credits)

This course focuses on the correction of disease through a process referred to as “Orthopathy” or the Practice of “Orthopathics”. “Ortho” means “upright, correct.” “Pathology” means the “study of disease” or “the study of suffering.” “Disease is right action or right suffering,” says Dr. Jennings, the greatest pathologist of the 19th century. This course covers definitions, etiologies, and very effective, Natural and Hygienic Healing Formulas of disease as presented by Dr. Herbert M. Shelton.

**DHM-108-E: The Whole Nature of Spirituality Defined** (4 credits)

This course will teach you the “holistic nature” of spiritual cleanliness. Why? “Know The Law is Spiritual” because physical cleanliness is a symbol of spiritual cleanliness.

**DHM-109: Doctorate’s Thesis or Sports Nutrition & Physiology** (4.0 credits)  
(Student’s Choice)

1. Doctorate Thesis

a. The student will select a thesis statement and develop it into a 3,000-word, typed, double-spaced Doctorate’s Thesis on a specific aspect of natural health, as applied in his or her own life and/or in the lives of others. The student may draw upon any or all of the material from the Doctorate Program in the elaboration of the Doctorate Thesis.

## 2. Sports Nutrition & Physiology

b. This course presents a modern and thoroughly up to date 21st century study on the physiology of the human organism with a specific focus on the sports physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines power, strength and endurance."

### **DHM-110-E: The Mind of The Spirit (Optional)**

(4.0 credits)

The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") as a spiritual person will empower you with a "Spiritual & Active Force". This course will teach you that if you "sow with a view towards corruption of your spirit, mind, body and soul, you will reap corruption, but if you sow with a spiritual, wholesome view towards living, 'mind, body, spirit and soul,' you have chosen to continuously perfect your life in order that you may continue to live the Mind Of The Spirit"