



NEW DIRECTIONS

CONNECTING NEW JERSEY - ONE CHAPTER AT A TIME JUNE 2011

Dear New Jersey FCCLA Members, Advisers and Alumni:

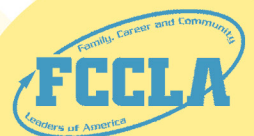
I hope everyone enjoyed another amazing State Leadership Conference! The dedication put forth by the State Executive Council, advisers, and members resulted in the experience of a lifetime! Congratulations to all competitors on your achievements in March. The quality of projects the state received was remarkable! New Jersey will be properly represented during the 2011 National Leadership Conference this summer. Members who will be attending this conference in Anaheim, California are busy preparing for an unforgettable experience. The workshops and programs in which members will be involved are going to benefit each and every chapter in the state. The theme of the 2011 National Leadership Conference is "Imagination in Action". Everyone should be prepared to use their imaginations this year. Be ready to enjoy FCCLA at its best!

I would also like to welcome your newly elected 2011-2012 State Executive Council! They are working hard to make sure this is another great year for New Jersey FCCLA. The new State Officers and I are already gearing up and working diligently to prepare for the coming school year, while the remainder of our members are winding down for the summer. With the school year over, it's important that we set an example to be followed for the next school year. Advocating is integral to the success of our organization. Make sure that your chapters are planning something special to start off the new year. I wish everyone much happiness during the summer and I look forward to seeing many of you in Anaheim!

Kamaria Guity
State President
New Jersey FCCLA

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STATE LEADERSHIP CONFERENCE RECAP

On March 17th and 18th at the Crowne Plaza in Cherry Hill, more than 600 FCCLA members from 45 chapters across New Jersey were present at the 66th Annual New Jersey FCCLA State Leadership Conference. Members were given the opportunity to showcase their skills as they competed in State and STAR Events. In addition, members and advisers were given the chance to participate in leadership and culinary-based workshops. Many adults volunteered their time to serve as evaluators in addition to professionals from various backgrounds, such as business, Family and Consumer Sciences and related occupations, and educational specialists. Altogether, the conference had a very positive, supportive and proactive climate. The NJ FCCLA State Executive Council planned and conducted a Spring Community Service Project to benefit multiple charitable organizations. New Jersey FCCLA members assisted the cause by donating over 685 pounds of food for the Food Banks of South Jersey, \$4,775 for the Children's Miracle Network, and 200 pounds of pull tabs for the Ronald McDonald House. Overall, the 2011 New Jersey State Leadership Conference was a great success for both the members and the advisers who were in attendance.

*By David Shah
First Vice-President*

NAP TEST AT THE NATIONAL MEETING

Gavel? Chair? Quorum? These are all words that you have likely heard before, but never actually understood. These three words refer to Parliamentary Procedure, which is the body of rules, ethics, and customs that governs meetings and other operations of assemblies. People that are familiar with the rules of Parliamentary Procedure are referred to as Parliamentarians. To become a Parliamentarian, individuals must pass the National Association of Parliamentarians Test, which is available at the National Leadership Conference.

In order to pass this challenging test, individuals need to score 80% or higher. The test consists of 100 questions that deal with the rules of Parliamentary Procedure and the governing laws of Robert's Rules of Order. The 100 questions are randomly generated from a packet consisting of 300 study questions that are multiple choice, matching, and true or false. All members participating in the Parliamentary Procedure STAR Event are encouraged to take the NAP Test at the National Leadership Conference. Being able to call yourself a member of the National Association of Parliamentarians is a great honor and is worth the effort that is needed to master this information.

*By Ryan Szemple
VP of Parliamentary Law and Fiancée*



NATIONAL OUTREACH PROJECT UPDATE

This year, New Jersey FCCLA raised \$4,775 for the National Outreach Project, Children's Miracle Network. So far, FCCLA members across the nation have cumulatively raised a total of \$241,590 for this worthy cause. The final total will be announced at the National Leadership Conference in Anaheim, California. It isn't too late to help the Children's Miracle Network, so be sure to continue your community service efforts. This year, students were creative in order to raise funds. Members have duct-taped teachers to walls, held pancake breakfasts, teacher luncheons, and events like dance-a-thons or movie nights. Thank you to all of the chapters who have helped and donated over the past two years to the National FCCLA Outreach Project.

Did you know nearly 1 out of 4 children in America struggle with hunger? At the National Leadership Conference, the new 2012 National Outreach Project will be introduced: Share Our Strength. Share Our Strength works to stock food pantries and provide food for those who are less fortunate, as well as striving to end childhood hunger in America through fundraising efforts like "The Great American Bake Sale." The organization also educates youth about healthy choices in order to support their cause. In 2010 alone, SOS raised \$24.8 million to end childhood hunger. Starting after the kick-off in Anaheim, let us "Share Our Strength", with bake sales or "Cupcake Wars." Let's do our part to help children in need!

*By Cori Falco
VP of Community Service*
FCCLA
Federation of Children's Leadership of America



MEETING MANIA!



NATIONAL LEADERSHIP CONFERENCE

Our State Leadership Conference has passed and the excitement over the events and meeting other members from around the state is slowly starting to fade. The good news is that the 2011 National Leadership Conference is quickly approaching! In a few months, members from all across New Jersey will meet again in Anaheim, California to represent our state in Competitive Events and National Programs. It is time for our excitement to drastically increase! From July 8th-14th, members will hear from dynamic speakers, attend great workshops, compete in Competitive Events, tour the city, meet members from all over the country, and support our State Executive Council and National Officer, Danny Brooks. If you had fun at the State Leadership Conference, the fun is just beginning; there will be many exciting opportunities for students in Anaheim. New Jersey FCCLA members, it is time to put our "Imagination in Action" and get excited for an amazing week that you will never forget!

*By Katelyn Palombo
VP of Programs and Leadership*

NATIONAL CLUSTER MEETING

The National Cluster Meetings may be months away but your preparations begin now! At this year's National Cluster Meetings, members will learn how to meet higher expectations and show their skills learned through FCCLA. The meetings this November will be held in Denver, CO, Minneapolis, MN, and Atlanta, GA. These locations give members every opportunity to experience FCCLA at a whole new level! Between workshops, general sessions, and countless other attractions, members will have a myriad of opportunities in which they may participate. You can even form a team and test your knowledge in the Family and Consumer Sciences Knowledge Bowl. It's highly encouraged that members attend, but we must begin planning ASAP! Speak to your advisers soon if you are interested so you can begin fundraising and getting permission from your school districts. These opportunities are great ways to learn more about and get involved in FCCLA. So gear up and get ready, because this Fall we are going to be "Raising the Bar"!

*By Danny Brooks
National First Vice President*

LEAVE A LEGACY

As the end of the school year approaches, we are all eager for three months of sun and fun. However, these last few months are crucial. It is important that we finish out the school year strong. Final examinations are a large part of ending a school year successfully. Here are a few tips to study for your exams:

- Find a quiet place to study devoid of any distractions
- Set aside electronics while studying
- Have only the study materials relative to the course being tested
- Set specific study times and stick to the schedule
- Eat healthy and get plenty of sleep

In addition, many end-of-the-year events are on the horizon. The end of a school year is bittersweet for everyone. Seniors are looking forward to the prom, graduation and college. Remember that these rites-of-passage include many opportunities to further your experiences with FCCLA. Stay active and make sure to finish the year with a bang! For our graduating seniors, be sure to join New Jersey Friends of FCCLA and National Alumni & Associates!

*By Kamaria Guity
State President*

PREPARING FOR A SUMMER JOB

Summer is quickly approaching. Thoughts of sleeping in and hanging out with friends are what many teens are daydreaming about right now. Money is often a requirement for an active social life with friends; therefore, a job could be an important investment for the summer. Finding a summer job sounds much easier than it really is. Getting a job is more than just filling out an application. There is much more to obtaining a job. First, think about the tasks assigned to different jobs and be realistic about the skills and motivation to do that job. Taking any summer job out of desperation is not a good idea. Start the job hunt by walking around the mall, Main Street and outlets looking for "Help Wanted" signs. Visit beach clubs, restaurants, ice cream shops or any place that might offer temporary positions for the summer. Begin by asking to speak to a manager, and ask for an application. Be prepared for multiple rejections before the job offer presents itself. Best of luck for a productive and exciting summer!

*By Katelyn Palombo
VP of Programs and Leadership*

THE BEST THING I EVER ATE: WRAPS



As a culinary arts student, I developed a passion for finding the best food. I am constantly searching around the state of New Jersey for delicious dishes. My journey for the best wrap has taken me to the Menlo Park Mall, which has just recently opened its doors to the franchise Chipotle. Chipotle focuses on Tex-Mex cuisine, offering a diverse menu, with items from rice bowls to traditional tacos. The grilled chicken burrito with "the works" is irresistible, with your choice of cilantro-lime rice, pinto or vegetarian black beans, meat (braised carnitas or barbacoa, adobo-marinated and grilled chicken or steak) or guacamole, salsa and cheese or sour cream. If that didn't tickle your taste buds, I'm not sure what will. Of their wholesome and nutritious protein selections, my favorite is their braised carnitas, which provide a delicious foundation to their large selection of burritos. Chipotle attracts various crowds to come together and taste its interpretation of a Tex-Mex cuisine.

Several miles away is one of Chipotle's rival, Baja Fresh. Baja Fresh boasts about their "Dos Manos" which translates into "2 hands," so big that you can't hold them with only one hand. Baja Fresh's tagline is "Big, Fresh and Delicious." This wrap clearly portrays this company's ideals like no other. The Dos Manos contains shredded carne (meat), black beans, Baja rice, Jack cheese, and a smoky, super-spicy chipotle sauce all rolled up in a warm, soft flour tortilla. According to my source in Sayreville, the Dos Manos is a must have whenever you might be in the area.

My fellow state officer, Carl Archut Jr. from GCIT in Southern New Jersey, recommends the cheese steak wrap from Pats Pizza. It's composed of thinly sliced steak and American cheese all wrapped together in a secret sauce and tortilla. Pam Pangara from Randolph Township, feels that the best wrap resides at the Randolph Diner. She claims the best wrap is their Chicken Finger Wrap with succulent chicken strips, lettuce, tomatoes, and honey mustard.

Whether your choice is Chipotle, Baja Fresh or the Randolph Diner, New Jersey is known to have great food and some great places to enjoy a messy but delicious wrap.

By David Shah
First Vice President



GOOD READS

Summer time means laying on the beach, tanning by the pool, or just sitting around the house. Rather than wasting this precious time, you can read. But not just any book; read something worthwhile, like *The Last Lecture*. When Professor Randy Pausch was diagnosed with Pancreatic Cancer, he did not think "I'm going to die in a few months". He thought "I have months to make the most out of living". He kept a positive demeanor even though he knew his untimely death was approaching. He delivered his "Last Lecture" at Carnegie Melon University and later turned it into a bestselling novel.

Randy Pausch told the world about achieving our childhood dreams, overcoming obstacles, and how to live life in good spirits. In his book, he encourages everyone to embrace their inner child and reach for their dreams. He goes on to explain that the obstacles that prevent us from reaching our goals are there to stop other people from obtaining our dreams and for us to prove how badly we want it. During his final days, he was doing everything he could to live. Though he's a professor, the lessons he teaches in his book are not something found in ordinary textbooks or classes. He is an example of positive spirits, and through his book we can learn how to view the world through his eyes.

By Danny Brooks
First Vice President

HEALTHY SUMMER SNACK IDEA



Now that it is finally summer, I like to cool down in the afternoon with a glass of Iced Fusion Mocha Shake. It is a delicious ice blend with just enough coffee in it to keep you going! This is definitely an easy recipe to make, so try it out and see how you like it!

Ingredients:

- ¾ cup of milk
- 1 teaspoon vanilla extract
- 3 tablespoons granulated sugar
- 3 tablespoons mocha flavored instant coffee mix
- 1 cup crushed ice

Directions:

1. In a blender or food processor, combine milk, vanilla, sugar, coffee and crushed ice.
2. Blend until smooth.
3. Pour into glasses and serve!

And if you want to make it extra healthy, substitute with skim milk.
ENJOY!

By Carl Archut, Jr.
VP of Membership

MEET THE STATE OFFICERS

The 2011-2012 New Jersey State Executive Council is in place! These officers are already hard at work, planning the Program of Work for the upcoming year. Chapters from around the state are proud to have the following officers represent New Jersey FCCLA.



Kamaria Guity, President: Attends Abraham Clark High School, plays soccer, likes to cook and read, and was born and raised in the Bronx, New York.

David Shah, First Vice President: Attends JP Stevens High School, plays soccer and is on the varsity swim team, loves to cook, is half Japanese, half Indian, has citizenship in Brazil, but was born in the U.S., and can speak Latin.

Cori Falco, Vice President of Community Service: Attends Ocean Township High School, plays field hockey, likes going to the beach, playing on the Wii, shopping and eating, loves Justin Bieber, her favorite colors are purple and yellow, and she loves giraffes.

Carl Archut Jr, Vice President of Membership: Attends Gloucester County Institute of Technology, loves to cook and grill in the summer, plays soccer and swims, and lives in the house where the movie Jersey Girl (starring Jennifer Lopez and Ben Affleck) was filmed.

Ryan Szemple, Vice President of Parliamentary Law and Finance: Attends JP Stevens High School, plays soccer and volleyball, likes hanging out with his friends and eating, and his favorite classes are pre-calculus and chemistry.

Cheryl Thompson-Morton, Vice President of Public Relations: Attends Burlington County Institute of Technology, likes to sing, dance, shop, eat, and travel, was born in Boston but raised in South Jersey, and traveled to ten different countries last summer.

Pamela Pangaro, Vice President of Communications: Attends Randolph High School, plays softball and fencing, plays the baritone in marching band and the euphonium in concert band, likes to draw and paint, loves the movie Lion King, and shares the same birthday with her oldest brother, making them exactly twenty-nine years apart.

Katelyn Palombo, Vice President of National Programs and Leadership: Attends Ocean Township High School, runs cross country and winter track, plays the piccolo in marching band and the flute in concert and pit band, loves to sew and paint, and can laugh at almost anything.

Early in May, five students from John P. Stevens High School and their coach, Ms. Cathy DiGioia, traveled to Hollywood, California to represent New Jersey in the National LifeSmarts Competition. Seniors Casey Dougan, Brian Garsh, and Renee LeSaux and sophomore Captain, Maxine LeSaux participated in this program, which tests students on the knowledge of how to be savvy consumers in today's world. The areas of focus for the LifeSmarts Competition are environment, health and safety, personal finance, technology, and consumer rights and responsibilities. Ms. DiGioia invested many hours helping the team members master the concepts related to these five topic areas.

The head-to-head rounds of competition allow teams to accumulate points and add to their total score. These rounds of competition are much like that of a game show, consisting of buzzing in with a short answer and receiving bonus questions. In addition to these head-to-head competitions, teams also participate in group activities that test the teams' comprehensive knowledge of a particular theme. This year, the theme of the competition was Over-the-Counter medication and the dangers that they pose if used inappropriately.

The competition began seven days prior to the team's arrival in California at John P. Stevens High School, with "Team Smarts," an on-line timed competition of 200 consumer questions. The score from this experience placed the New Jersey Team in 11th place and created the seed position for the team as they entered two days of intensive competition. At that point, New Jersey was in eighth place. Advancing to the quarterfinals, New Jersey faced the top-seeded team in a head-to-head competition that also included a "Lightning Round." After an exciting competition, the New Jersey team fell short by only a small margin, but placed fourth in the nation, which is the highest ranking by any New Jersey team in the history of LifeSmarts.

LifeSmarts, the ultimate consumer challenge, is an educational program of the National Consumers League that develops the consumer and marketplace skills of teens in a fun way, and rewards them for the knowledge they demonstrate. New Jersey FCCLA hosts the statewide LifeSmarts Competition at the Fall Leadership Connection. Any chapter interested in participating in this exciting competition is highly encouraged to become more involved and participate online! Registration for LifeSmarts is available online at www.lifesmarts.org. For further information about the New Jersey LifeSmarts Competition, please visit the New Jersey FCCLA website at www.fcclanj.org or contact the State Office.



OFFICER ELECTIONS

Stepping up to a leadership role in your chapter has many advantages. The most important reason is that you can make a difference. No matter what position you hold, leadership skills are valuable now and in the future. "Out-going" officers: FCCLA thanks you for all of your hard work and dedication to our organization. To the newly elected officers: the year ahead of you will be full of opportunities for you to promote FCCLA, learn more about it, and to develop your leadership skills and those of your officer team. As an FCCLA officer it is very important to show enthusiasm; personal energy is contagious, and so is apathy. No matter what the job, complete it with a sense of urgency. When others notice, they will become enthusiastic as well. Don't be afraid to be creative; use this innovation to continuously make improvements or additions to your chapter's Program of Work. An important thing to remember is that FCCLA is part of Family and Consumer Sciences; it is highly recommended that officers are enrolled in a Family and Consumer Science course for the 2011-2012 school year. Be sure that you are aware of each office and the duties of that office. Have a great year and good luck to all FCCLA chapter officers!

*By Carl Archut, Jr.
VP of Membership*



Things you'll need:

- Card stock
- Ruler
- Scissors
- Push pin
- Pencil with an eraser

Instructions:

1. If your card stock isn't already a square, cut the card stock into a square and lay it on a table.
2. Draw an "X" on the card stock from corner-to-corner. If desired, children can color a pattern or draw a picture on the paper.
3. Cut down the lines you drew previously, but leave 3 inches from the center uncut.
4. Bring the corners of the paper to the middle so that they slightly overlap. Bend each corner of the paper in the same way. Do not flatten the paper after bending, but leave them slightly inward.
5. Push a straight pin through all four corners and the back of the square of paper. Secure the pin into the eraser on the pencil, but don't push the pin all the way through the eraser. The tip should stay embedded inside so that it's kept safe and allows enough room for the pinwheel to spin.
6. For a bonus step, let the kids decorate their pinwheels with stickers.

*By Cori M. Falco
VP of Community Service*



ASK EDNA

FCCLA members ask our founder, Edna P. Amidon, their most challenging FCCLA questions.

Dear Edna,

My chapter and I have just recently visited the NJ FCCLA website and were astonished and quite overwhelmed with the amount of opportunities and information available to us. What would you suggest our chapter to focus on and how would we go about doing it?

Thank you,
O. Verwhelmed

Dear Concerned Chapter President:

First, I am very pleased that you are taking the time to visit the NJ FCCLA state website to see what the Family, Career and Community Leaders of America has to offer. The reason FCCLA has so many programs is because we try to accommodate the many different interests and hobbies of our diverse membership. First and foremost, I would recommend that your chapter plans to complete the National Program, Power of One. This program focuses on helping students find and use their personal power to set their own goals, work to achieve them, and enjoy the results. This resource would be a perfect way to start up your chapter's school year. By learning to set and reach goals, your chapter will strengthen as you become more focused and cohesive.

Respectfully,
Edna P. Amidon

BABYSITTING 101

Summer is approaching and so are new babysitting opportunities! Whether you are a novice babysitter or an experienced professional, safety is always important. American Red Cross Certifications are a great way to gain knowledge and the ability to care for children. To get information on the American Red Cross Certification, visit RedCross.org/en/takeaclass. Though certification isn't required to baby-sit, it gives the sitter credentials and helps parents choose qualified caretakers.

There are multiple basic safety procedures that all babysitters should know. The first one is done upon arrival: ask questions. There's no such thing as too many questions! Ask parents to explain anything that is not clear. For first time sitters, schedule an early arrival to ask about the following:

- Phone number where the parents can be reached and when they are expected to return
- Address and phone number of the house you are babysitting in and that of a trusted neighbor
- Name and phone number of children's doctor and hospital; Poison control center's number
- What and when to feed the children, what snacks are off limits, and if the children have any food or medicine allergies
- How to dispose of dirty diapers
- Identify bedtime rituals
- Recommended forms of discipline to use if necessary
- Emergency number (example: 911)

The more relevant questions that are asked, the smarter and more prepared the sitter will be. Be sure to keep a notebook of the information that parents provide. If a sitter needs help while babysitting, call your own parent, guardian, or a trusted neighbor. If the situation is serious, don't hesitate to call 911. Remember to stay calm in any emergency; anxiety will only frighten the child and worsen the situation.

There are basic rules to make mealtime safe, as well. Make sure the children are safely occupied when preparing the meal, and feed the children only what their parents specify. When using warm formulas or milk bottles, check the temperature on your wrist before feeding the baby. Periodically, burp the baby. When the food is ready, have the children sit down at the table to eat and cut the food into small pieces in order to prevent choking. Also, make sure their food isn't too hot and their drinks aren't in fragile glasses. Never allow "rough-housing" or "silliness" at the table. Patiently sit with the children during meals and place all dirty dishes in the sink. Parents appreciate coming home to a tidy house. All in all, trust your instincts- it's always better to be safe than sorry. Have fun, but stay cautious while babysitting. You can find a fun craft idea on page 6 to use with the children you're babysitting this summer!

By Cori Falco

VP of Community Service

RECOGNIZING ADVISERS' HARD WORK

New Jersey FCCLA would like to thank all advisers for their hard work and dedication to this organization. Advisers contribute time, service, and encouragement to their students year round. We are thankful that you care and dedicate your effort to helping FCCLA members be successful in all that they do. All the accomplishments of our members are also a reflection of all of your hard work.

During this year's State Leadership Conference, many advisers were recognized for their dedication and commitment to FCCLA at the local and state levels. The following advisers are role models for their peers and an inspiration to their students. Congratulations to all who were recognized!

By Carl Archut, Jr.
VP of Membership

Adviser Mentor:

Edwina Williams - Ocean County Vocational Technical School

Enthusiast Award:

Katina Lindsay - Burlington County Institute of Technology

Karen Opyoke Award Outstanding Adviser Award:

Jill Petrucelli - Randolph High School

Rookie of the Year:

Sherry Milchman & Melody Alderman
-Long Branch Middle School

Spirit of Advising:

Patricia Herrmann - Highland Regional High School

THE THREAD:

SPRINGTIME TREND REPORT

Springtime is a time of new life and optimism, which is mirrored in the fashions of the spring 2011 season. Top designers helped pinpoint the biggest trends and style influences of the season during Fashion Week. These trends are sure to warm up even the coldest of springtime days. Textile choice was one of the biggest stand outs of the season. This season is all about color (neon and other vibrant colors to be exact). Even top designers, known for their classic appeal and subdued design, showed off their interpretation of this trend. The biggest color of the season was white, with even Alexander Wang, who always uses black for his collection, opting for white instead. Other textile trends include lace and quirky prints.

New silhouettes also showed up on the runway this year. One of the most drastic changes from last season is the appearance of the calf length, or midi skirt. They came in a variety of styles, from tight and formfitting to pleated and gauzy. The silhouette for this season was also majorly inspired by the Seventies. But before you pull out your mom's old bell bottoms, it's not just any silhouette from the era; New York designers' lines gave ode to Yves Saint Laurent silhouette of the period. In modern American language, this means that peasant blouses and dresses, safari jackets, flowing maxi dresses and wedges will be all the rage this summer. By incorporating one or two of these new trends into your wardrobe, you will be sure to brighten any cloudy day.

*By Cheryl Thompson-Morton
VP of Public Relations*

FUNDRAISING IDEAS

With the beautiful warm weather and the winding down of the school year, this is the perfect time for fundraising! However, when the topic of fundraising is brought up, the most popular question is "What could we possibly do?" Luckily, this is the time of the year when various fundraisers can be very promising for any chapter. One effective fundraiser that takes advantage of this beautiful weather is a chapter-wide garage sale. This gives members the opportunity to be "green" and turn trash into treasure by selling miscellaneous while fundraising for their chapter. Another effective way to raise money is to have a car wash. Car washes are very popular because drivers always like to keep their automobile looking spotless. In addition, members have a great time while fundraising. Either of these ideas can be very effective for your chapter!

Besides outdoor activities, there are other fundraisers that can be very useful. For example, one very lucrative fundraiser is the Joe Corbi's Sale. In this money-maker, members sell various items from a Joe Corbi's catalog and receive a portion of the profits. The items in the catalog range from various kinds of personal pizzas, pretzels, and cheese breads to delectable dessert items, like cookies and cheese-cakes. Joe Corbi's can be very effective because the catalog contains items that appeal to almost everyone! Finally, another successful type of sale is a coupon book sale. Coupon books are very economical because they have hundreds of dollars worth of coupons, and are only \$20 or \$30 to purchase! Some popular coupon books are Enjoy the City and Entertainment books. Putting in the effort to raise money for your chapter can lead to a successful spring season!

*By Ryan Szemple
VP of Parliamentary Law and Finance*

SENIOR FAREWELL

Spring has so much joy in it, from the end of school fever to the warm sun on your skin. However, it is also a bittersweet season. As kids are waiting for school to get out and summer to begin, seniors are making plans and crossing a milestone in their lives. Senior year is a significant year in general, but springtime is normally the biggest. Underclassmen as well as teachers have to say goodbye to these seniors as they welcome summer vacation.

Our Senior Officers are an important part of New Jersey FCCLA and they will be missed. We wish them success in their future as they move on to their post secondary education. Brian Garsh will be moving on to The College of New Jersey; Habeebah Salaam will be matriculating at Burlington County College; Casey Dougan will be crossings the Delaware River and attending Philadelphia University; Alexandra Farbanish is traveling the farthest to attend Gardner-Webb University in Boiling Springs, NC; and Danny Brooks will be studying architecture at New Jersey Institute of Technology. The State Association thanks you for leading the organization through such a successful year with two amazing conferences. These student leaders are models of commitment and responsibility. We hope that you find joy and success along your next journey in life. As we welcome summer and a new school year, we also say farewell to the Class of 2011. Thank you so much for your dedication to FCCLA, and we look forward to you becoming members of the New Jersey Friends of FCCLA. Good luck in your future endeavors!

*By Pam Pangrano
VP of Communications*

MONEY SAFTEY

School's almost out and everyone is preparing for summer jobs and packing for vacations. It's the time of year when teenagers are appending all of their money on souvenirs and other little things. Before school starts, most teenagers will have spent their paychecks on items that they don't need or barely use. So what can you do to make sure you don't spend all of your money this summer? Here are a few tips:

ONE: When you get that pay check, save some of it in a bank account. A sufficient amount to save from your paycheck is around 30%. As time goes on, the money will accumulate, and by the time school starts, you will still have money to spend on school events and other necessities throughout the year.

TWO: Limit what you spend. When you go out to the store or on vacation, limit your spending money at a reasonable amount. Instead of keeping a large amount of money in your wallet when you go shopping, only carry \$30 to \$40 with you. In this way, you will not spending all of your hard earned money.

THREE: If you receive a pay check and you have a savings account, place your money directly into the account. This will help you save money because you can leave it in the bank and only take out what you need. This will reduce the temptation to spend your money.

If you use these tips to help you become a savvy saver, your money should be safe from the spending temptations that teenagers usually get during the summer.

*By Pam Pangrano
VP of Communications*