



Popular downtown St. Augustine festival rebrands Announces 2022 dates, March 26 & 27

The St. Augustine Lions Club is proud to announce the dates for the 39th Annual St. Augustine Lions Spring Festival, which will be held at Francis Field March 26th-27th, 2022. Previously known as the Seafood Festival, the St. Augustine Lions Foundation has rebranded the popular

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St. Augustine Observer 1965 A1A South #120 St. Augustine, FL 32080-6509	

festival with a fresh look and expanded options. The new theme will help the festival grow and prosper after the 2020 and 2021 festivals being canceled due to the pandemic. The beloved festival is the primary fundraising event for the St. Augustine Lions Foundation each year since 1981 – generating funds for charitable needs and services to the community, with a focus on youth, the deaf and blind, disaster relief, veterans, and more. With more than 28,000 people expected to attend in 2022, the St. Augustine Lions Spring Festival is currently the largest festival held in St. Augustine.

The primary draw of the festival is its abundance of great food and live music. There will be seafood offered, of course, with the addition of more cuisines and county fair dishes. Other fun activities include kids rides, family shows, and an Arts & Crafts vendors. "We're very excited to announce the dates for 2022," said Dominic Mercurio, Festival Chairman. "This is truly a community event and Lions, whose motto is 'We Serve,' are able to raise the funds needed to fulfill our claim that 'Where there is a need, there is a Lion.' We invite everyone out to Francis Field to join us in giving back to the community. After two years of cancellations, we can't wait to all be together again and shout 'Hey, We're Havin' Fun Now!"

Hours and Location: Francis Field is located at 25 W. Castillo Drive in downtown St. Augustine. Festival hours are (continued on page 8)

## Celtic Music & Heritage Festival March 12-13

Did you know America's first St. Patrick's Day parade took place in St. Augustine's historic district in 1600?

Each year, the St. Augustine Celtic Music & Heritage Festival celebrates the sights, sounds, and flavors of four and a half centuries of Celtic history. Scottish and Irish clans from around the world show their ancestral pride with handmade crafts, Celtic cuisine, workshops, and more.

You will See athletes demonstrate their mindboggling strength during the Highland Games, sample Irish whiskeys and scotches, and don't miss the St. Patrick Parade on opening day! Enjoy Scottish and

Irish bands playing

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traditional tunes and modernized renditions of the ancient Celtic music throughout the two-day festival. Seven Nations, Scottish-born Albannach, and Ireland's Dublin City Ramblers attract fans from all over the world.

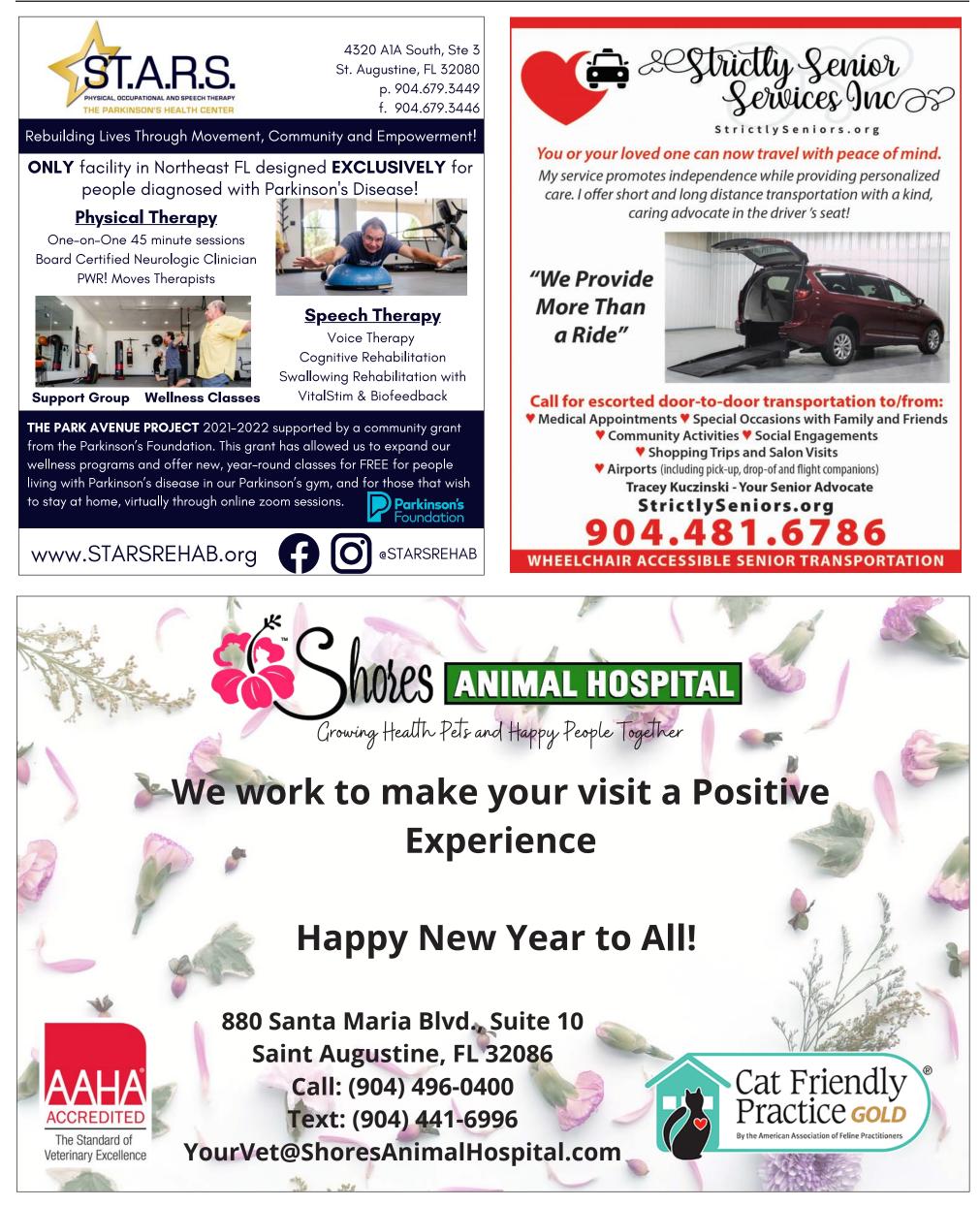
The festival returns on March 12 & 13 at Francis Field. General admission is \$12.50, or get VIP tickets for \$80 to enjoy the festival all weekend, two free beers or wine, VIP bar and restrooms, and special seating at the main stage. Please see http://www.celticstaugustine.com/tickets/ or emil: RomanzaFL@ gmail.com for tickes and program information.



The inaugural Fort Mose Jazz & Blues Series is a collection of six memorable performances honoring both the rich history of American music and the legacy of the first free Black settlement in what is now the United States.

In the course of three weekends, from February 18-26, 2022, world-class artists like Tank & The Bangas, Trombone Shorty & Orleans Avenue, and Gregory Porter will grace the stages to celebrate these two incredible genres of music at Fort Mose Historic State Park.

Ticket prices range from \$40-\$120 and proceeds will support the construction of an on-site fort representation and development of interpretive resources. The original fort was destroyed during the Battle of Bloody Mose in 1740. To purchase tickets go to: https://discoverfortmose.com/the-lineup/.



## **St. Augustine Observer**

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Cliff Logsdon **Publisher/Editor** (904) 607-1410 Email: clifflogsdon@att.net

Communities.

as space permits.



month's issue. Articles or information may be sent to the St. Augustine Observer, 1965 Å1A South #120, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@ att.net

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• Fairview Condominium Board meetings are

• Greens Condominium Board meetings will

• Casa Bella Condominium 2020 Board

held on the second Tuesday of every other month at

vary. Contact Jeff Edwards at Sovereign-Jacobs at

Meetings: March 16th- 6pm (Annual Meeting), April 20th- 6pm, May 4th- 6pm, June 15th- 6pm,

July 20th- 6pm, August 17th- 6pm, September 21st- 6pm, October 19th- 6pm, November 9th- 6pm,

December 21st- 6pm. For Information contact Ellen Lumpkin at 904-461-5556.

Please join us and bring your ideas on how to improve our wonderful neighborhood!

Connect with us on our Facebook.com and

NextDoor.com pages: St. Augustine South

4 p.m. at the Fairview Condo club house.

"Follow us on Instagram and Facebook: @staugustineobserver"

### St. Augustine Shores Community Calendar

p.m. at the Riverview Club.

904-461-5556

**The Shores Service Corporation Shores Homeowners Association** (904) 794-2000

www.staugshores.org

#### **Shores Monthly Meetings**

• Shores Service Corporation monthly meetings are held on the second Thursday of each month. Vitural Meetings are at 6 p.m. at the Riverview Club doe to the COVID-19 virus until further notice.

• Conquistador Condominium Board meetings are held on the fourth Monday of each month at 6

#### St. Augustine South Community Calendar SASIA Meeting 3rd wed at 7:00 PM

St. Augustine South Improvement Assoc. 709 Royal Rd. St Augustine, 32086

email: staugsouthimpassoc@gmail.com www.staugsouth.com

(904) 794-5129

Residents interested in joining SASIA please see for application below: https://www.joinit.org/o/st-augustine-south-improvement-association

#### **Monthly Meetings at Clubhouse**

Yoga - Join Registered Yoga Teacher Emily Flagler for Gentle Flow Yoga on Thursdays 5:30 - 6:30! Just bring your yoga mat, towel, and water. Try your first class for free!

Tai Chi - Join Instructor Katie Monaghan for a donation based Tai Chi class on Monday's at 6:00PM. For more information please contact Katie at (904) 377-3390 or email at KatieMonahanTaiChi@gmail.com

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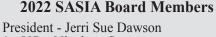
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1st V.P. - Nicolette Soucy 2nd V.P. - Doris Taylor Secretary - Ruth Hope Treasurer - Margo Geer Board Member - Mike Oliver Board Member - Robert Kennedy Board Member - Oonna & Mick Jones (role share) Board Member - Bill Snyder Board Member - Ingrid Jones

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Board Member - Alan Chappell

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The Observer offers free community classified listings for USPS selected addresses in Southern St. Johns County and paid subscriptions. Classified ads will not be printed without a name, address and phone number included with the request. 5 items or less should be sent. Free ads are not for Business or Personal Service ads. Placement is not Guaranteed.

Business, Service, seeking work, etc. may be placed in the classified section: (1-4 lines) \$5, (5-8 lines) \$10, (9-12 lines) \$15, (13-16 lines) \$20. These Ads should be paid in advance before placed. Send your listing and payment, if required, to Observer, 1965 A1A South #120, St. Augustine, 32080-6509. You may email your ad to clifflogsdon@att.net. Deadline for all listings or ads is the 15th of every month for the next monthly issue.

FOR SALE: Entire house of brand new furniture! Living Room, Dining Room, Bedroom Set with new mattress, All brand new from Babcock. Kitchen appliances, microwage & more. Call 904-687-3362

FOR SALE: Skilsaw Table Saw 10 in with blade, rip fence and miter gauge. Good condition. \$50. Call 904-794-7240

**FOR SALE:** 1. Ladies golf clubs used very little \$85. 2. Ladies new golf shoes size 9 \$40. 3. Rollator \$40. 4. Dirt devil Stick Vac. \$20. 5. Shark vac. \$50. Call 904-797-5023

FOR SALE: 1. Tiffany cut crystal lamp beautiful was \$350 asking \$100. 2. Massage table with accessories \$80. 3. 1.5 Horsepower motor for pool used 4 months asking \$50 4. Smith Torch with gage and hose \$75. 5. Assorted jewelry, necklaces, bracelets and rings Have to see! Call 860-514-1325.

**FOR SALE**: 1. Ethan Allen End Tables\$90/pair. \$90. 2. Lamp Table with shade. \$25. 3. 1880's Antique Loveseat. \$90. 4. Ethan Allen Hutch. \$75. 5. Ethan Allen Corner Hutch, and several other items. Call 904-417-3210.

FOR SALE: Black & Decker Router, 1 1/5 HP, good condition, \$25.00.

FOR SALE: 4 Black Wrought Iron Bar Stools. Bar Height. Seats need to be recovered. \$60.00. Call 904-797-0250.

FOR SALE: VIVE brand alternating pressure pad for bedridden patients; includes nylon mattress pad and electric pump system. Supports up to 300 lbs. New one lists for \$75 on Amazon, used 1 week in top condition \$50. Call 904-794-1299.

FOR SALE: 1. Ethan Allen Dresser \$45. 2. Antique Maple Child Rocker \$35. 3. Antique Travel Trunk \$45. 4. Curio Cabinet/Desk \$90. 5. TV Stand \$50. Call 904-417-32100

FOR SALE : Oldtown kayak. Dirigo 106 single person. Good condition, with vest and paddle. Used very little. \$425. 904-797-8210. Please leave message and no. if not home.

FREE: Large exotic cactus narrow and tall. Bring your your own pot or bag. Also have a free toaster. Call 794-4226

**HELP WANTED:** House cleaning 2 Bedroom 2 Bath condo at The Greens. Must be vaccinated and wear a mask. Call Sylvia at 904-501-2806.

WÁNTED: Silver Coins, Gold and Jewelry at great prices. Call Mike at 904-501-1449.

WANTED: Ι buy old record collections. I am not a re-seller but a serious listener. Your records will go to a good home. Call John 904-325-9802.

NOTICE: Anyone interested in card game "Hand & foot", call Phyllis at 904-347-9878.

## **Reach Shores & South Residents** By U.S. MAIL!

FREE Mail delivery to the Shores & South Communities! We deliver to over 7,400 Residential Mail Boxes Documented delivery By U.S. Postal Service No Subscription Required in mailing areas Not in our mailing area? You can get it in your mail box for \$12 per year to cover postage in St. Johns County. Call 904-607-1410 to subscribe or to advertise your business or service.



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Tatiana Diaz Sales & Media (616) 214-6608

Email: TatianaObserver@gmail.com

First priority will be given to reporting news

## St. Augustine Shores & South News & Events

## **Shores Riverview Club Activities** February 2022

FEBRUARY DANCE RSVP required: Call 904-794-2000 or at www.staugshores.org/dance-rsvp. BYOB\* Guests: \$15.00/pp Dance Club Members FREE - Open seating

EARLY SOCIAL Southern Style Saturday, February 4th 7:00 pm to 10:00 pm

MAIN SOCIAL ZigZag Duo Sunday, February 19th 6:00 pm to 9:00 pm

St. Augustine

Shores Activities Club

GUESTS \$5/pp/class

4

Exercise Class Led by Marcia Tuesdays and Thursdays at 9:00 am. Barre Workout Class led by Mary, Tuesdays at 5:30 pm. Classic Barre is dance-based fitness class designed to sculpt, stretch, and strengthen. Please wear sneakers or supportive fitness shoes and bring a yoga mat and water. Class size is limited.

Class led by Robin, Tuesdays at 5:00 pm. Learn the principles of Tai-Chi Tai Chi and help your overall health and well-being!

Class led by Nancy, Mondays, Wednesdays & Fridays at 10:45 Chair Yoga am. A gentler form of yoga for those whom balance is an issue.

Yoga Class led by Nancy, Mondays, Wednesdays (8:30) & Fridays at 9:00 am. Class is geared to all levels. Bring a non-skid mat & wear comfortable clothing.

Evening Yoga Class led by Annamarie, Wednesdays at 5:30 pm.

Line Dancing Class led by Jinny, Mondays at 6:30 pm and Wednesdays at 10:15 am.

Art Group Class led by Una, Wednesdays at 1:30-4 pm. Bring your current project and share expertise and ideas on all aspects of drawing/painting,

including composition, perspective, color, mediums, etc. Dance Class Class led by Shawn, Mondays at 1-2pm. Bring your dancing shoes and a partner!

Bridge, Card Game, Chicago Bridge, & Mah-Jongg: To be determined.



**Upcoming Events** Early Social Tim Rippey Friday, March 4<sup>th</sup> 7-10pm



## **Shores Service Corporation Board Director Opportunity**

The Shores is looking for interested candidates who would enjoy serving on our community's Board of Directors. Applications should be dropped off at the Shores office no later than February 21, 2022. The application may be picked up from the office at 790 Christina Dr. or printed out from the website: www.staugshores.org.



Lic. # ST-7256



### **Shores Communications Corner** News & Information from the **Shores Service Corp.**

## A Year in Review

This is the 12th monthly article written for the Shores Observer Newspaper – a full year of (hopefully) useful information. So, it seemed like a good time to look back at the articles and revisit some of the subjects.

Several articles gave information on what the board does and when it meets, what happens to the funds collected from members and how they are spent, and how the Shores Community is structured. The April article in particular covered the subject of the deed restrictions that dictate the development of the community and direct what homeowners can and cannot do on their property. The subjects of speeding, car radio volume and damage to the swales by vehicles

were covered. Have things improved? You can be the judge of that. On a brighter note, there appears to have been a significant decrease in vandalism to the pier. Some members have even taken it upon themselves to repair some of the damage that had been previously noted.

Pride was discussed one month. Residents continue to show pride in their properties, yards, and community. Long may it continue. The St. Johns County pride system for reporting issues was also reviewed. Was this helpful and has anyone used the pride system and had a positive result?

December saw the departure of Ellie from the office – we get updates from her as she travels the country. Christine has settled in so well that it seems as though the office has not missed a beat. She is proving to be as much of an asset as Ellie.

Also covered in December, the subject of commercial lots that are appearing for sale along Shores Boulevard. The article caused some controversy and feedback from members, which is a good thing. Although the primary purpose of these article is to inform, it is also hoped that they will stimulate discussions and the exchange of ideas as well as increase interest in what is happening in the community. Positive feedback is always welcome.

Finally, November was a time to remember our veterans and commemorate their sacrifice. A worthy subject.

St. Augustine Shores Service Corp.

790 Christina Drive | St. Augustine, FL 32086 904.794.2000 "www.staugshores.org"

## **SASIA** News and Calendar of Events

#### by Ruth Hope, SASIA Board

SASIA has a new webmaster, Ingrid, and a new website https://staugsouth.com. Check it out: you can sign up for the SASIA Newsletter, book a Clubhouse rental, join SASIA and pay your dues. There is information about our neighborhood and its amenities. The St Augustine South Calendar of Events will be posted and updated on the new website

Our Activity for the first quarter of 2022, is putting together and publishing a St Augustine South Cookbook. We ask you to contribute up to 4 of your favorite recipes for inclusion in the Cookbook, which will be spiral bound and durable. The form to complete for each recipe is on the new SASIA website. The St Augustine South Cookbook will be on sale at modest price from November 2022 as a fundraiser for the SASIA scholarship fund. It will make an excellent stocking stuffer for relatives and friends living elsewhere!

SASIA General Meetings are always on the 3rd Wednesday of each month at 7pm in the Clubhouse, 709 Royal Rd. We usually have an outside speaker. In February the speaker on February 16 will be Abigail Kuhn, from Florida Department of Environmental Protection. She will talk about Mangroves - in particular the mangroves in the marsh along Shore Drive on the Matanzas River and Moultrie Creek.

If you want to contact the SASIA Board, or have inquiries about the Clubhouse, park or neighborhood please email info@staugsouth.com



Heritage Baptist Church "A Warm & Friendly Fellowship"		
Sunday School	9:30 a.m.	
<b>Morning Service</b>	10:30 a.m.	
<b>Evening Services</b>	5:30 p.m.	
Wednesday Night Services 7 p.m.		
1480 Wildwo St. Augustine 904-824-	, Fl 32086	

## **St Augustine South Reflections**

#### by Ruth Hope, SASIA Board

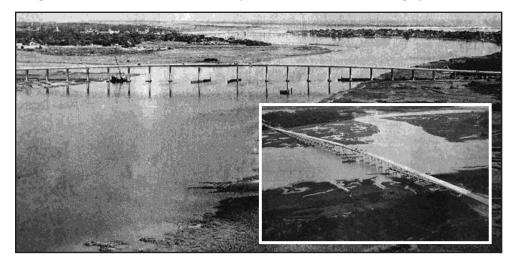
A New Year is traditionally a time for change. SASIA and its new webmaster, Ingrid, take this opportunity for new beginnings by launching a new website http://staugsouth.com and new email address: info@staugsouoth.com. The St Augustine South Improvement Association Facebook page now has a button that links to the new website. And SASIA has published a first 2022 email newsletter. Those interested can still follow SASIA on Instagram.

To continue the brief history of St Augustine South, we delve into a new scrap book-photograph album from the SASIA storeroom. We are now into Book 5 that starts in 1976, although Book 2 was missing. The history of those years was drawn from notes written by a long serving SASIA President, some years later. Back in those days, the monthly General Meeting was reported in the St Augustine Record, and after the business was complete there was generally a social gathering, often a potluck supper. Tastes change, and the 2022 SASIA Board is hoping to have a food truck in our park before General Meetings, on the third Wednesday of each month.

The 'big deal' in 1976 was the completion of the SR 312 road bridge

across the Matanzas River, which shaved off miles and many minutes when St Augustine South residents wanted to go to the beach. The bridge, which opened in October 1976 was a single span supporting lanes of travel in both directions. The first vehicle over after the dedication was the St Augustine South fire truck. Another greatly anticipated development was the site preparation for St Augustine's first major shopping center of US 1 south, to the west and north of SR 312. The 17-acre shopping center was to be anchored by a K-mart department store and a Publix food store.

Within the St Augustine south neighborhood, the concern was new state regulations governing septic tank drain fields. The County Health Department Sanitarian stopped issuing septic tank permits in response to the Florida Department of Health interpretation of regulations governing size of septic tank drain fields. The County Sanitarian, supported by the County Attorney, told the Board of County Commissioners that septic tanks for 3-bedroom homes required 300 square feet per bedroom for the drain field and had to stay 75 feet from wells. Additionally, drain fields must be no closer (continued on page 13)



### GriefShare, Continues at Crescent Beach Baptist Church February 16, 2022-May 11, 2022 from 6pm-730pm

GriefShare, a place to find healing for men and women seeking answers to difficult circumstances after the death of a loved one. A journey from mourning to joy. Grief support sessions for hurting people to find support, healing and hope. Register through GriefShare.org under Find a Group or email Melanie at rscoggn@gmail.com, You are welcome to join anytime during the 13 weeks.



## https://staugsouth.com

Sign up there for the SASIA Newsletter! It's for everyone interested in our neighborhood

### Mah Jongg Tournament coming to Temple Bet Yam

Mah Jongg Tournament coming up! Get your reservations in today!

On Thursday, February 17, 2022, Temple Bet Yam is sponsoring the Mah Jongg Tournament at the St. Augustine Duplicate Bridge Club, 10 Fairbanks Street in St. A. Your \$30 donation includes cash prizes and a lunch. Deadline to enter is February 10, 2022. Masks will be required. Please make out your check and note Mah Jongg Tournament in the memo, and send to Temple Bet Yam at PO Box 860098, St. Augustine 32086. Contact Teresa Freedman at 774-994-2066 with any questions.

### A Doorway to Heroism by W. Jack Romberg.

An evening with the author - Saturday, February 19th at 7:00 PM at Temple Bet Yam, 2055 Wildwood Drive (just off SR 207), St Augustine, FL.

Temple Bet Yam invites the community to an evening with author Jack Romberg whose biography of his great-uncle Richard Stern tells a story of heroism - of three heroic actions at three different times in three different places that spanned two world wars. How many American soldiers served in the German army in WWI? How many German war veterans opposed the Nazis in the 1930s? How many refugees from Germany served in the American army to fight the Nazis in WWII and received a Silver Star in the process? This book not only tells the Stern family story but can inspire us to stand up and prevent dystopia from becoming a reality.

Mr. Romberg is a retired rabbi whose rabbinical career began at age 41 in Tallahassee, FL. As a rabbi he involved himself in a number of organizations including the Interfaith Clergy Association and the Tallahassee Equality Action Ministry. In 2017, while helping his mom clean out her home he found a box filled with his uncle's documents and pictures. Jack realized then that Richard Stern's story needed to be told.

Masks will be required. Copies of Jack Romberg's book will be available for purchase.

## Shores United Methodist High Tea & Crafts

The Sunset Circle at Shores United Methodist Church is hosting its annual "High Tea & Crafts" on Saturday, February 19, 2022, between 10 a.m. and 2 p.m. This

very popular, free event will allow participants to sample a variety of traditional tea sandwiches, desserts, coffee and tea AND to learn a new craft or two. Areas will be set aside for crafting different items that could be used as gifts. The event is free, and reservations are appreciated but not necessary. Call the church office at 797-4416 to save your seat!

The High Tea & Crafts will be held in the Christian Education Building on the church's campus. There is plenty of free and

accessible parking. Shores United Methodist Church is located at 724 Shores Blvd, between the Shores Golf Course and Hartley Elementary. Rev. Carolyn Westlake is the pastor. www.shoresumc.org



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Wedding Birthday Baby Shower Fund Raisers Holiday Party Class Reunion Graduation Party



## **News From Around** St. Johns County

## The St. Johns County Property Appraiser **Announced Outreach Hours**

The St. Johns County Property Appraiser's Office will be holding mobile office hours at selected branches of the St. Johns County Public Library System. Staff will be there to take remote exemption applications, including homestead, low-income senior and disabled veterans' exemptions, as well as assist business

owners with their Tangible Personal Property returns.

Branches participating in library outreach include: • Bartram Trail Branch – Feb 8, 2022, 10 a.m. – 4 p.m.

• Ponte Vedra Branch – Feb 17, 2022, 10 a.m. – 4 p.m. The St. Johns County Property Appraiser's Office will also be in local community centers, after hours, to provide exemption outreach to community residents. Exemption outreach is currently planned in the following communities:



• Maderia Community, Amenities Center - Feb 2, 2022, 5:30 p.m. - 7:30 p.m.

Markland Community, Amenities Center – Feb 10, 2022, 5:30 p.m. – 7:30 p.m.
SilverLeaf Community, Amenity Center – Feb 16, 2022, 5:30 p.m. – 7:30 p.m.
Rivertown Community, RiverClub Café – Feb 25, 2022, 5:30 p.m. – 7:30 p.m.

If you have any questions, please call the St. Johns County Property Appraiser's Office at (904)-827-5500 or contact nikki@sjcpa.

## **Food for Fines Program Collects More Than 3,500 Items for Families in Need**

St. Augustine, Florida, January 11, 2022 -- St. Johns County Public Library patrons were exceptionally generous over the holiday season, donating more than 3,500 nonperishable food items for St. Johns County's Health and Human Services Food Pantry through Food for Fines. The Food for Fines annual program enables patrons to donate food to local families in need and help "pay down" their overdue fines during the holiday season.

"It's a real benefit to the community we serve to have the Food for Fines program," said Tracy Dillon, Social Services Manager for St. Johns County. "The food donated by library patrons replenishes our dwindling food supplies and allows us to operate our Food Pantry for nearly the whole year." Health and Human Services provides a wide variety of services for approximately 10,000 clients in St. Johns County throughout the year.

"We've seen the Food for Fines program grow every year since we first implemented it in 2007," said Library System Director Debra Rhodes Gibson. "For each item of food donated, a dollar of fines is taken off on their account. It's even supported by our patrons who don't have fines. The whole community gets behind it.

Food for Fines is one of several collaborative programs that the St. Johns County Public Library System participates in with other County departments, extending its reach to St. Johns County residents. To learn more about the library system and programming, visit www.sjcpls.org or email: sjcpublicaffairs@sjcfl.us.



## **St. Augustine Travel Club**

#### St. Augustine Travel Club Cruise

The St. Augustine Travel Club will again be sailing the seas on Saturday, March 26 - April 2, 2022 on the beautiful Norwegian Escape out of Port Canaveral to the Eastern Caribbean ports of Puerto Plata (Dominican Republic), Tortola (British Virgin Islands), St. Thomas and Norwegian's private island Great Stirrup Cay in the Bahamas for a 7-day cruise. Prices start from \$1059.39 per person, double occupancy, for inside cabin, inclusive of all port fees and taxes. Balconies, Oceanviews and Studio Singles are also available at additional cost. Book now and receive \$100 per stateroom On Board Credit, Free Beverage Package and more. Should NCL have to cancel the cruise, full refund would be issued by NCL. Call Peter, St. Augustine Travel Club at (904) 797-3736.

#### **St. Augustine Travel Club Meetings** Wednesday, February 9, 2022 (Masks recommended)

Our Travel Club will resume on Wednesday, February 9, 2022, at 3pm, at the Southeast Branch Public Library with a presentation on Central Japan, Discovering Japan's spectacular heartland and unique traditions of the Geishas in Kyoto, a former ninja stronghold in Iga near Osaka, a remote Sado Island, among other locations.

For those of you who do not know about the club, it is formatted as an armchair travel presentation with a brief lecture and a video highlighting areas around the world, with focus mostly on Europe, but also other parts of the world. Also, some of our participants have hosted a presentation based on their own travel experiences. If you are interested in doing a presentation about your unique travel experiences, please let us know. The Travel Club also organizes a cruise in the Caribbean region once a year. If you require any more information, please call Peter Dytrych at (904) 797-3736.

## **St. Augustine Fire Safety Inspector Abby Pedigo named Fire Marshal**

St. Augustine Fire Chief Carlos Aviles has announced that Fire Safety Inspector Abby Pedigo has been selected as the next Fire Marshal to succeed retiring Fire Marshal Robert "Bob" Growick, effective Wednesday, February 23, 2022.

"The office of the Fire Marshal plays a vital role in our overall mission, and with the position comes an immense amount of responsibility," Chief Aviles said. "Abby



is a loyal and dedicated professional who embodies and lives by our core values. I am confident in her abilities to continue to lead the department forward and face the challenges of future growth and redevelopment.<sup>3</sup>

When asked about being selected as Fire Marshal, Pedigo said, "I am grateful for the opportunity to serve my city in this capacity and humbled by the outpouring of support from my department and our city administration."

In 2019, Pedigo was promoted to Fire Safety Inspector, responsible for conducting fire and life safety inspections in businesses and short-term rentals, overseeing all public education, and reviewing building construction and engineering plans. Among many other

responsibilities as Fire Safety Inspector, Pedigo also performed fire scene investigations, attended weekly Special Events and Development Review Committee meetings, led firefighters on pre-fire tours in new construction, coordinated with other city departments and officials to enforce the city's short-term rental ordinance, and served as a member of the St. Johns County Sheriff's Office Incident Management Team.

## Wednesday Pier Farmers Market

The Wednesday Pier Farmers Market at the St. Johns County Ocean and Fishing Pier parking lot, 350 A1A Beach Blvd., has resumed modified operations from 8 a.m. to 12 p.m. on Wednesdays, in accordance with recommended CDC guidelines. For more information regarding the Wednesday Pier Farmers Market, please visit www. wednesdaypierfarmersmarket.com/ or email staugpiermarket@gmail.com.

## "I only want cremation."



2600 Old Moultrie Road • St. Augustine

## The Wildflower Meadow Group

by Cindy Taylor

As I write this early in January the annual mowing of the meadow is scheduled for early February. As usual, we are flagging plants we don't want mowed and the tall fennel is one. It provides shelter for insects in the winter months and insects are vital to the life of a meadow. They pollinate flowers and attract birds. We also protect the Coontie, muhly grasses, as well as a few others. Actually quite a few, if you count all the flags.

We were surprised at our January meeting to see a few VERY early spring flowers getting ready to bloom and even a few blossoms: fleabane, spiderwort, Spanish needle, and milkweed. Are they forerunners of a prolific spring bloom? Time and weather will tell and we can't control those. A wildflower meadow is the result of what Nature does and our goal is to LET IT BE what it is, except for removing non-native

plants and introducing native ones

Early in January our group hiked the Savanna Loop Trail in a conservation area just north of GTMNER at Guana. Thanks to Toni for the photo. And thanks to Marlene for some of her photos of the meadow.

We meet at the meadow near the Riverview clubhouse at about 8:30 the first Saturday of each month and usually work for a couple of hours. We also try to have a hike once a month. We're an informal group without officers or dues and hope you will join us. You can join us for hikes only, work in the meadow only, or both. Call Cindy at 904-797-3931 or Marlene

at 305-968-0447 for more information. If we can't answer leave a voicemail or message and we'll call you back. And feel free to call if you're interested in sharing your photos of the meadow.



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Sta and



#### (continued from page 1)

Saturday, March 26th from 10am to 10pm, and most effective service organization and Sunday, March 27th from 10am to 6pm. The Arts & Crafts village closes at sundown. No pets allowed except service animals.

Free Parking and Shuttle: Shuttles will pick up and drop off visitors on Saturday and Sunday at locations to be announced. More information on parking and shuttles will be posted on the website lionsfestival.com and Facebook staugustinelionsfestival

About the Lions Club: With more than 1.4 million members in more than 206 countries and geographic areas, Lions Club International is the largest

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in the world. The St. Augustine Lions Club raises funds each year to support

worthwhile community projects, and since 1981, raised well over two million dollars. A 501c3 nonprofit organization, the St. Augustine Lions Foundation and St. Augustine Lions Club also conducts thousands of free vision screenings of local children each year and provides support to many local organizations. Please visit www.staugustinelions.com for more information.



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## **Fish Island Clean-Up February 5th**

The Fish Island Community Cleanup has been postponed to Saturday, February 5. The event will be held from 8am - 11am, in partnership with the Matanzas Riverkeeper. Parking will be available in the parking lots in the adjacent office complexes.

Be sure to come prepared:

• Wear long sleeves and closed-toe shoes for protection from brush and bugs

• Bring gloves if you have them, otherwise gloves and grabbers will be provided.

• Bring bug repellent, sun protection, and a refillable water bottle.

## **St. Johns County Beach Driving Passes**

St. Johns County Beach Driving Passes go on sale Monday, December 6, and make great stocking stuffers for the holiday season. St. Johns County resident passes are \$50, non-resident passes are \$100, and handicap passes are \$40. Passes will be available during normal business hours at the following locations through March 1, 2022:

• Tax Collector's Main Office - 4030 Lewis Speedway, St. Augustine
Tax Collector's DuPont Center – 6658

US1 South, St. Augustine

Tax Collector's Julington Creek Office





- 725 Flora Branch Blvd, St. Johns • Tax Collector's Ponte Vedra Office -151 Sawgrass Corners Dr., Ponte Vedra Beach

• St. Johns County Beach Services Office – 901 Pope Rd., St. Augustine • St. Johns County Ocean and Fishing Pier Gift Shop - 350 A1A Blvd., St. Augustine

Residents must present a valid I.D. with a St. Johns County address or present proof of property tax payments in St. Johns County for a resident pass. A handicap hangtag or proof of qualification must for a handicap pass. Disabled military members are eligible for a free annual pass with their military I.D. or a letter from Veterans Affairs verifying disabled status. Resident, non-resident, and access passes are also available for purchase through CivicRec. Delivery for passes purchased online may take up to two weeks. Vehicles accessing the beach do not need a beach pass until March 1, 2022. After March 1, 2022, beach passes will be available for purchase (at the same rate) at tollbooth locations and online.

For more information please call the St. Johns County Beach Services Office at 904-209-0331.



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#### by Paul Slava

February brings us First Friday once again with this months falling on February 4th. Our featured artist will be Photographer, Laurie Back Laurie is a local St. Augustine dog and



opening on Friday, February 4th starting at 5:00pm. The show will run through the month. February will also see Classes and Workshops coming back and Cindy Pierson

is kicking it off in February with a pastel class. Contact her at cinpier@hotmail.com for more

information, The Art Studio is located at 370 A1A Beach Blvd. in the St. John's County Pier Park and is open 7 days a week from 12pm to 5pm. We are a 501(c)(3) Non-Profit organization that brings Art and Culture to the community and offers classes, special events, exhibitions and rental space. For more information visit us at www. beachartstudio.org, Facebook or call 904-295-4428.



wildlife photographer. She and her husband

moved to Saint Augustine beach in 2019.

Prior to moving here they lived and worked

on a 72-acre farm in Óklahoma. Having

spent many days with bird dogs, raising birds

and cattle, allowed her the opportunity to

study animal behavior. To get the best shots

you must have the proper camera settings,

optimum natural light, and wait for that

perfect moment when it all comes together.

She especially loves the artistry of

post editing which can be observed in her

images. She has been a member of The

All this requires patience and quickness.





## St. Augustine Beach Hotel & Beachfront on National Register of Historic Places

The St. Johns Cultural Council has worked for more than 20 years to restore and preserve the historic St. Augustine Beach Hotel, which has now been recognized by the U.S. National Park Service for the property's national civil rights significance and local historical, architectural importance. According to Christina Parrish Stone, St. Johns Cultural Council's Executive Director, the Cultural Council helped to save the structure from demolition and raised hundreds of thousands of dollars in grants and private donations to stabilize the building and restore the first floor, which now houses dance and art studios. The Council is currently working with the City of St. Augustine Beach to develop plans to complete the second floor, and a workshop to receive input from the community will be held in March.

On January 14, the National Park Service released information that the St. Augustine

Beach Hotel and Beachfront in the City of St. Augustine Beach has been added to the National **Register of Historic Places** for importance nationwide as part of the civil rights movement known as the St. Augustine Campaign. The Hotel is located at 370 State Road A1A in St. Augustine Beach.

To establish the Beach Art Studio since 2020. See her significance of the historic property and prepare the National Register



nomination, the St. Johns Cultural Council engaged consultant Leslee Keys, PhD, and Keys and Associates of St. Augustine. According to Keys, The Rev. Dr. Martin Luther King, Jr. selected St. Augustine as the third of a trilogy of southern cities for staged protests designed to generate attention when the U.S. Senate was debating and filibustering the much-delayed Civil Rights Act of 1964.

The Št. Augustine Beach Hotel property and the beachfront from 16th Street northward to the hotel were the settings for multi-cultural wade-ins which activists conducted on St. Augustine Beach continuously from June 17, 1964 until July 1, 1964, the day before President Lyndon B. Johnson signed the Civil Rights Act of 1964 into law. The wade-in that occurred at the beach on June 25 is best known with segregationists attacking protestors along the beach. Images of the Florida Highway Patrol breaking up the riot and standing fully uniformed in the ocean to protect the protestors were among the most circulated of the entire St. Augustine movement.

The historical and architectural significance of the building includes its design by prominent local architect Francis A. Hollingsworth as a wood building with coquina block veneer, and additional period materials to support commercial use. The Hotel, which opened on Labor Day in 1940, is the only building remaining from a "St. Augustine Auxiliary Pier Project" by the federal Works Progress Administration (WPA) during the Great Depression. The Anastasia Island coquina quarry location was reopened for construction of WPA



buildings, specifically the twin beach hotels.

"Historic sites and historic preservation are critically important to our community and to cultural tourism in St. Johns County. Raising awareness of these sites through recognition such as this, and increasing access to funding for historic preservation are key components of our efforts to support, promote and enhance the arts, culture and heritage of the area," said Parrish Stone. "St. Johns Cultural Council and its supporters are thrilled by this recognition for a property

that has been an important part of the work to sustain our vibrant cultural community.

The mission of the Cultural Council is to support local artists and arts organizations and to promote St. Johns County as a premiere destination for cultural travelers, ensuring that the lives of both residents and visitors are enriched through art, culture, history, and heritage. For more information, contact Christina Parrish Stoneat 904.434.0959 or email christina@ historiccoastculture.com. Visit the website at https://stjohnsculture.com





# **ONLY YOU KNOW & I KNOW** This month's installment is about de-mystifying Surveys.

With Condos there are no surveys but with as Buyers, Lenders and Title Companies can request even look alike from the outside). With Single- as they are treated as Title Defects per Contract. Family detached homes (typical example) a Survey Your Realtor should be able to read and understand the improvements, pool, shed, easements, fencing; one, make sure to keep it in a safe place essentially all of the improvements on the property where you can share it with your Realtor. and so much more. Data included - sometimes the Is it any good? Yes - it can be a valuable well location, overhead-wire feeds, the certifications resource. Ask me how and I will share (the owners names, lender and title underwriter) with you even more insider information. and, if it is an original, the raised seal of the surveyor With 38 years in real estate right here responsible for the work. Encroachments are the in St. Augustine, if you can't find your issue that cause problems in the transfer of property survey, I might be able to track down a

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## "Diaries of a Shores Grand-Dad"

#### by Dirk Schroeder

smile to his son staring back at his father with desperation, disbelief and fear. It's a scene from "Apocalypto" – a movie co-produced by Mel Gibson about the Mayans and surrounding tribal life at the beginning of the 15th Century. It's a movie with very graphic brutality but then, Gibson is known for that in the movie "The Passion of the Christ" as well. Both have a common theme and that is one of family sacrifice. "Travel Well" is the theme of this months' Diaries as we move from Capricorn into Aquarius (that's mid-January to mid-February).

Mayans certainly were driven by astrology and the heavens and the expression "Travel Well" was used (in the film) to describe the journey into the afterlife. For the scientific community, there is no proof of any such journey being a fact so scientifically this group, by default, should be waiting to be turned to dust or other unpleasant demise. For the spiritual people, they have no fear of the journey and may look forward to it. I'm sure as you're reading this, there are those among you who know that science I wish you a Sunshine State of Mind.

"Travel Well" he said with a knowing and spirituality can and does co-exist. Life's journeys are simply not a "heads or tails" situation but it includes the edge of the coin with all of its ridges.

> When we're young, we often wonder what the world will be like 5, 10, 25 and 50 years from now, traveling mentally in time. When we're old, many reminisce about the journey that was 5, 10, 25 and 50 years ago. Having made the journey as grandparents, we can openly and honestly share with our children the "ridges" of our experiences; all three sides of the coin. We need to remember to look ahead with our children and grandchildren to envision the journey to come. The mystery of the journey beyond our life is what we can anticipate with fear or await with pleasure - fear should not be the option.

> Typically, when I watch movies, I look for the take-away quotes or ideas. As for fear, here is my closing quote for these Diaries from Apocalypto, Fear is a sickness...it will crawl into the soul of anyone who engages in it...strike it from your heart." On that note, I wish you all to "travel well" and "fear not" and , as always,

### An Invitation to the Living With Cancer Support Group

Whether you're a patient, survivor or caregiver, this is your opportunity to talk about the day-to-day challenges of living with cancer in a group of people who can inspire, relate to and support you along your journey. We are a group of people with common experiences and concerns who provide each other with encouragement, comfort and advice. We welcome all those who have walked this path and seek support.

Meetings are the Third Wednesday of every month at 11:00 am

Our next meeting will be on February 16, 2022 In the Whetstone Building. 100 Whetstone Place, Suite 303. Also meeting via ZOOM! at the same time. Please call 904-819-4742 for zoom invite or for more information.



## St. Johns County Offers Free COVID-19 Testing

The free COVID-19 testing site offered by St. Johns County in partnership with Nomi Health opened today. COVID-19 tests are now available for those ages 12 months and older. Community members can visit the St. Johns County Wind Mitigation Building, 3111 Agricultural Center Drive, St. Augustine, from 7 a.m. to 4 p.m. Monday - Saturday to receive either a rapid (antigen) or PCR COVID-19 test. Rapid test results will be available same day, and PCR results can be expected within 24 to 48 hours. Results will be received via email and/or text message.

Residents do not need to be symptomatic to take a test. Appointments are not necessary, but pre-registration is strongly encouraged to expedite the testing process. To pre-register, please visit https://mdc.nomihealth.com/signup/fl/sjac.

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## **Financial Focus**

**Information Provided by Edward Jones** 

## Should Inflation affect your **Investment moves?**

2021, following years of pretty stable and low – numbers. And now, early in 2022, we're still seeing elevated prices. As a consumer, you may need to adjust your activities somewhat, but as an investor, how should you respond to inflation?

First, it helps to know the causes of this recent inflationary spike. Essentially, it's a case of basic economics - strong demand for goods meeting inadequate supply, caused by material and labor shortages, along with shipping and delivery logjams. In other words, too many dollars chasing too few goods. Once the supply chain issues begin to ease and consumer spending moves from goods to services as the COVID-19 pandemic wanes, it's likely that inflation will moderate, but it may still stay above pre-pandemic levels throughout 2022.

Given this outlook, you may want to review your investment portfolio. First, consider stocks. Generally speaking, stocks can do well in inflationary periods because companies' revenues and earnings may increase along with inflation. But some sectors of the stock

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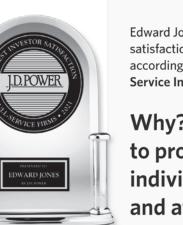


As you know, inflation heated up in market typically do better than others during inflationary times. Companies that can pass along higher costs to consumers due to strong demand for their goods - such as firms that produce building materials or supply steel or other commodities to other businesses can do well. Conversely, companies that sell nonessential goods and services, such as appliances, athletic apparel and entertainment, may struggle more when

prices are rising. Of course, it's still a good idea to own a variety of stocks from various industries because it can help reduce the impact of market volatility on any one sector. And to help counteract the effects of rising prices, you might also consider investing in companies that have a long track record of paying and raising stock dividends. (Keep in mind, though, that these companies are not obligated to pay dividends and can reduce or discontinue them at any time.)

Apart from stocks, how can inflation affect other types of investments? Think about bonds. When you invest in a bond, you receive regular interest payments (continued on page 13) until the

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Contact me at 904-794-2012 to get started.

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Angela Cicchino Physical Therapist Orthopaedic & Spine Vestibular Specialist



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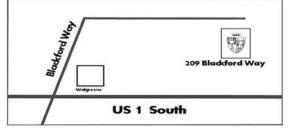
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a variety of vitamins and called them "One-a-Day" because you only had to take them once each day. There are not many things we only have to do once a day. We usually eat and go the bathroom more than once a day. We sit, stand, bend, and twist more than once a day. But some motions are not done even once a day, or even once a week.

Starting with the feet and moving up, the ankles do okay. Walking, sit to stand and negotiating stairs keep them fairly mobile. The knees are the same. But the hips - they rarely move though their full range of motion. Very few daily activities require full internal rotation, external rotation or extension. Over time this can make them tight, limiting motion and even strength. And if the hips get tight, restricting motion, the lack of motion is made up by the back, putting undue strain on the spine. But something like simple lunges can help maintain both mobility and strength. Placing the foot over the leg while sitting can help maintain external rotation

As far as the back - most of us use full flexion putting on socks or tying shoes. And when we straighten back up we go into extension but not fully. There are a few daily activities that require full extension, or bending backward, such as reaching to a high shelf or leaving back to rinse one's hair, but most do not. However, leaning back is important for disc nutrition as well as keeping the joints mobile, stretching out the ligaments and other soft tissues. This can be done more regularly by simply placing your hands on your hips and leaning gently back (seated or standing). Bending to each side is also good and can be done by sliding the hand down the leg and up again (side bends). And crossing the arms over the chest before turning side to side is also beneficial.

The neck stays fairly mobile just by looking up at the Florida sky or looking down for shells while walking on the beach take the neck through nearly full flexion/extension. Sufficient rotation cab be maintained with driving, looking right and left, so that's covered too. Fingers, wrists and elbows also do fairly well. Fingers go through a variety of motions manipulating objects. The elbow goes

The Bayer company manufactured into near full flexion with eating and extension is covered when we carry groceries

> Full motion in the shoulders, however, is probably utilized the least of any joint and Physical Therapists treat a lot of shoulder problems. If you think about the amount of available motion in the shoulder it really is significant and covers three degrees. We can reach overhead. We can reach around our backs to tuck in our shirts or loop a belt. We can reach behind us to retrieve something from the car's back seat. But very little of that is utilized each day unless one's occupation requires it. For the most part, we move and live right in front of us. Think about the last time you stretched and reached for something overhead. When's the last time you were able to reach up and over, or around and behind, to scratch your back. For the most part these motions are not done once a day, which over time, can result in decreased range of motion and other compensations.

> Conveniences of today have minimized our need to move. Forcing of ourselves to move daily is simple but can be very effective - just like taking a daily vitamin. When I recently asked a man if he had therapy today his response made me smile. He said, "Every day is therapy." Make everyday therapy – move. It's a new year. If you've find you have

> lost range of motion and limited in your function, having pain or have suffered an injury, see our ad or webpage and call us at First Coast Rehabilitation. We may be able to help get it back and get you on a healthy track.

> Rob Stanborough is a physical therapists, president and co-owner of First Coast Rehabilitation. He is co-author of Myofascial Manipulation: Theory & Application, 3rd ed by Proed Inc. He has been in practice for over 20 years, is a Fellow of the American Academy of Orthopaedic Manual

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### **St Augustine South Reflections**

#### (continued from page 6)

than 5 feet from property lines. The regulation would allow construction of a twobedroom home on an 80 by 100-foot lot, but three-bedroom homes-the most popular size—could not be built. The concern was with pollution of the well water that homes depended on at that time. As a January 1, 1977, all existing subdivision must have a minimum of one-half acre lots with wells or one third acre lots with public water supply to permit installation of a septic tank. That would kill St Augustine South. Later the Board of County Commissioners considered applying for a county-wide variance applicable to platted and recorded subdivisions. Commissioners urged St Augustine South to form a sanitary district through which water and then sewerage facilities could be built. As of January 2022, most homes in the south do indeed have county water, but none have seen sewerage. Many of the old systems are giving problems now and are being replaced as evidenced by the large number of homes with diggers, and large piles of earth in their gardens. County inspections for the replacement drain fields are 'rigorous' as many neighbors can vouchsafe.

### Should Inflation affect your Investment moves?

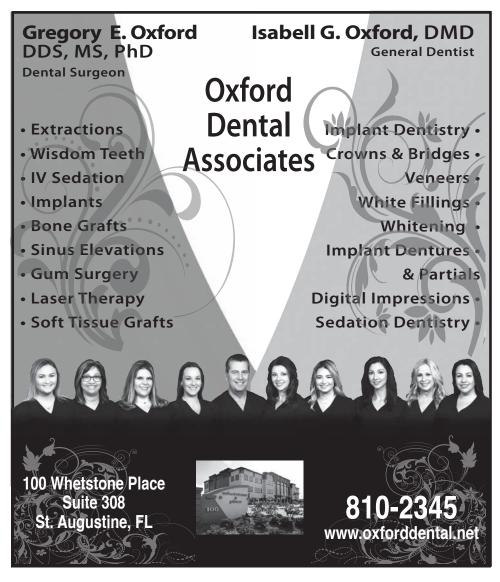
#### (continued from page 11)

bond matures. But these payments stay though, your principal and interest the same, so, over time, rising inflation can eat into your bond's future income, which may also cause the price of your bond to drop – a concern if you decide to sell the bond before it matures. The impact of inflation is especially sharp on the price of longer-term bonds because of the cumulative loss of purchasing power.

Treasury Inflation-However, Protected Securities (TIPS) can provide some protection against inflation. The face value, or principal amount, of each TIPS is \$1,000, but this principal is adjusted based on changes in the U.S. Consumer Price Index. So, during payments will decrease, but you'll never receive less than the original principal value when the TIPS mature. Talk to your financial advisor to determine if TIPS may be appropriate for you.

Ultimately, inflation may indeed be something to consider when managing your investments. But other factors especially your risk tolerance, time horizon and long-term goals - should still be the driving force behind your investment decisions. A solid investment strategy can serve you well, regardless of whether prices move up or down.

This article was written by Edward periods of inflation, your principal will Jones for use by your local Edward increase, also increasing your interest Jones Financial Advisor. Edward payments. When inflation drops, Jones, Member SIPC



## **Current County Committee Vacancies**

St. Johns County is currently accepting applications for the following volunteer Board and Committee vacancies. Please call Melissa Lundquist at (904) 209-0300 or mlundquist@sjcfl.us for more information or to obtain an application. Positions will be open until filled.

*Fire Code Board of Appeals* – 8 Members: 3 Regular & 5 Alternates

The purpost is to rule on matters relating to the Fire Code and its enforcement in accordance with NFPA Section 1.10. Qualifications: Applicant must be a County resident. Seeking those with experience in one of the following: Engineering or architectural design; General contracting; Fire protection contracting; Building code enforcement; and Legal. Meeting Schedule: Meetings of the Board of Appeals shall be held quarterly on the 3rd Monday of March, June, September, and December at 1:00 PM in Conference room 1, of the St. Johns County Permit center. Located at: 4040 Lewis Speedway, St. Augustine, FL 32084.

 Mid - Anastasia Design Review Board – 6 Members: 4 Regular and 2 Alternate The purpose of the Mid-Anastasia Design Review Board is to protect natural resources, maintain and enhance the diverse and unique character of the Mid-Anastasia Overlay District and achieve specific goals and objective of the St. Johns County Comprehensive Plan. The Design Review Board's (DRB) primary responsibility is to determine compliance with Part 3.08.00 Mid-Anastasia Overlay District of the St. Johns County Land Development Code, Ordinance 99-51, as amended. Qualifications: Must be a St. Johns County resident demonstrating interest in the history and design of the Anastasia Community. Appointees to the Design Review Board shall be qualified through the demonstration of special interest, experience or education in design, architecture or history of the Mid- Anastasia community. Seeking applicants residing within the Overlay District, on Anastasia Island and north of Weff Road and Satsuma Avenue. Members are required to file a financial disclosure with the Supervisor of Elections. Meeting Schedule: This Board meets the second Thursday of every month at 3:00pm in the County Permit Center, 4040 Lewis Speedway.
 South Anastasia Design Review Board – 2 Alternates: The purpose of the South

**South Anastasia Design Review Board** – 2 Alternates: The purpose of the South Anastasia Design Review Board is to protect and preserve the "Old Florida" style, rural beach community in the South Anastasia Overlay District and achieve specific goals and objective of the St. Johns County Comprehensive Plan. The Design Review Board's (DRB) primary responsibility is to determine compliance with Part 3.07.00 South Anastasia Overlay of the St. Johns County Land Development Code, Ordinance 99-51, as amended. Qualifications: Must be a St. Johns County resident who has shown an interest in the history and design of the Anastasia Community. All members shall meet the Membership Area overlay residency requirements which are to reside on Anastasia Island south of Dondanville Road. Members are required to file a financial disclosure with the Supervisor of Elections. Meeting Schedule: This Board meets the fourth Thursday of each month at 3:00 p.m. in the County Permits Center, 4040 Lewis Speedway.

## **Computer Corner**

by Steven Aldrich 904-479-5661

## Anit-Virus-More is not better

When we consider protection, we tend to think that more is better. In many cases this is true. Such as your car having locks plus an alarm, your money in a bank plus FDIC insurance on those bank deposits, or a 300+ pound center plus several large linesmen guarding your favorite quarterback on an important play.

Computer virus protection is different, and more than one application is actually much worse. They will fight one another in several ways, which can prevent the virus protection you need, and slow your computer down.

Anti-virus applications can be very "resource intensive", meaning that they slow your computer down. All Anti-virus applications make your computer slower than it would be without them. Some anti-virus advertising campaigns brag about their product having less impact on performance than the competitors.

If you have more than one, not only are they both using resources and slowing you down, but they are actually fighting one another, and in some cases you may see dramatically slower computer speeds.

Each application you have running on your computer requires computing power, and the more you have running the less efficient each will be. Then, if you have applications that fight each other, it



spirals into a very inefficient situation.

Many of my customers are unaware that they are running more than one antivirus application and surprised at the difference it makes when we clean up the mess.

If more than one is not better, you might ask which is best. That depends on your specific needs. If you are a business that holds customer financial information, you will need more protection than a home user that seldom uses their computer. Do you primarily use your computer to check email, or are you checking your financial assets and retirement accounts? The latter needs more protection than the former.

Cost is an important factor. I cannot recommend free Anti-virus software, as most of them leave much to be desired.

No matter what anti-virus you choose, be certain that you only have one installed. Any qualified computer tech can help you in this regard, and I would be happy to discuss your specific needs, and help you make the choice.

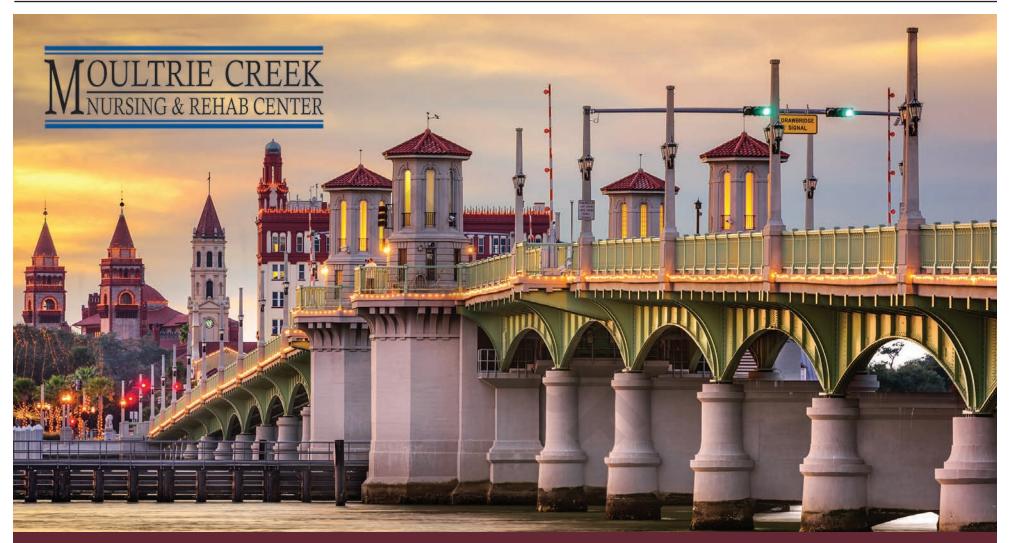
Steven Aldrich is a technology advisor with decades of experience as an IT Director and is the owner of First Coast Computer Services. Contact Steven if you need a trusted advisor to come to your business or home and help with your technology. See my ad on this page. Steve@fccspro.com or (904) 479-5661.





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