

**Lesson Topic:** Lydia – A Distinctive Life of Holiness**Lesson Scriptures:** Acts 16:6-40**Lesson Commentary:**

Many say they love God and thus His Word, but few actually study the Word. Read Psalms 119. Look at all the emphasis on God's Word. Make it a priority in your life. When we practice spiritual disciplines such as studying God's Word, we are strengthened, empowered, and experience the natural result of holiness that follows. Studying the Word of God, praying, fellowshiping, serving, witnessing, and meditating are all spiritual disciplines that empower our lives for holy living.

**Practice Spiritual Disciplines**

1. Study the Word – plan and stay at it
2. Pray – communicate with our heavenly Father, set a time and place, use a journal
3. Fellowship – bond with likeminded people for spiritual strength, participate, connect through Sunday School, Bible Study, and worship
4. Serve – family, neighbors, strangers, willingly & unselfishly
5. Witness – talk about your faith to someone, through your
6. Meditate – focus your thoughts on, listen to, and think about God's Word

**Fill-in-the blank:**

1. Lydia was a \_\_\_\_\_.
2. She was probably one of the most successful and \_\_\_\_\_ woman of Philippi.
3. Describe any other aspects of her character and who she was: \_\_\_\_\_  
\_\_\_\_\_
4. Lydia was noted in Christian history to be the \_\_\_\_\_  
- a seeker of truth.

**Lesson Questions:**

5. What drew people to Lydia? \_\_\_\_\_
6. Why did Paul and his entourage go outside the city? \_\_\_\_\_
7. What day of the week did this happen? \_\_\_\_\_
8. Why was Lydia in that place? \_\_\_\_\_
9. Was she alone in her actions? \_\_\_\_\_
10. What did she proceed to do? \_\_\_\_\_
11. What commonalities can you find among Lydia, Elizabeth, Anna and Phoebe? \_\_\_\_\_  
\_\_\_\_\_

**Memory Verse Review:** Match each verse to the correct phrase.

|                     |                   |
|---------------------|-------------------|
| I Thessalonians 4:7 | MUST FOLLOW       |
| I Peter 1:13-16     | CLEANSE OURSELVES |
| Colossians 3:1      | BE TRANSFORMED    |
| Ephesians 2:22-24   | SEEK THINGS ABOVE |
| Romans 12:1, 2      | PUT OFF OLD WAYS  |
| II Corinthians 7:1  | BE DISCIPLINED    |
| Hebrews 12:14       | ANSWER GOD'S CALL |