



Mary's Reflexology & Trinity Healing  
[www.mrthbiz@gmail.com](mailto:www.mrthbiz@gmail.com)  
[www.marysrefexology.com](http://www.marysrefexology.com)  
 903.941.6172 call/text  
 903.307.7778 text only

## Emotion Code Client History

Last, First Name:		Date:	
Street Address		City:	State:    Zip Code:
Primary Phone #:  ____ Home/ ____ Cell/ ____ Work	Secondary Phone #:  ____ Home/ ____ Cell/ ____ Work	Email (contact purposes only):	
Date of Birth:		Age:	Sex: ____ Male/ ____ Female

1. How would you rate your present health? ( ) Excellent, ( ) Good, ( ) Fair, ( ) Poor
2. Are you currently under a doctor's care? If so, please explain.  
\_\_\_\_\_
3. For women, are you pregnant? ( ) Yes, ( ) No. If yes, how long?  
\_\_\_\_\_
4. List other therapies besides conventional medicine in which you are currently participating:  
\_\_\_\_\_
5. Are you taking any medications? If so, please list.  
\_\_\_\_\_
6. List previous major illnesses, accidents, surgeries, or broken bones.  
\_\_\_\_\_
7. Are you aware of what Kinesiology (muscle testing) is?  
\_\_\_\_\_
8. Where is the tension most evident in your body?  
\_\_\_\_\_
9. Why are you trying Emotion Code?  
\_\_\_\_\_
10. Have you had an Emotion Code session before? If yes, when, where, and how often?  
\_\_\_\_\_
11. Give name of referring person, if applicable (that person will receive a \$5 gift card).  
\_\_\_\_\_

## Emotion Code Contract for Service

**PLEASE READ IN FULL AND SIGN BEFORE YOUR SESSION.**

**You need to know that:**

- Your facilitator is not a doctor.
- Your facilitator does not practice medicine.
- Your facilitator does not diagnose or treat for specific illness.
- Your facilitator does not prescribe or adjust medication.
- Emotion Code is not a substitute for medical treatment, but may be a compliment to most types of therapy.

**Agreement:**

By signing this form, I agree to one or more Emotion Code sessions. I understand I may discontinue a session or series of sessions at any time. If I have been diagnosed by a licensed health care professional as having any disease, injury, or other physical or mental condition, I understand that I should inform the person who made the diagnosis about the sessions I will be receiving, and whether or not I intend to discontinue any treatment of therapy which has been previously ordered, prescribed, or recommended by a licensed health professional. I understand that by discontinuing any such treatment of therapy I assume responsibility for any outcome resulting from discontinuing that therapy.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

## About Emotion Code

In 2007, Dr. Bradley Nelson tapped into his 20 years of experience in energy healing to publish “The Emotion Code: How to Release Your Trapped Emotions for Abundant Health, Love, and Happiness.” The book sold more than 125,000 copies and launched an international energy healing revolution. Since then, Dr. Nelson has trained and certified more than 5,000 practitioners in the techniques he teaches in The Emotion Code, while 1,000 more have gone on to receive certification in The Body Code, a comprehensive course that includes The Emotion Code.

In this newly revised and expanded edition of The Emotion Code book, Dr. Nelson skillfully lays bare the inner workings of the subconscious mind. He reveals how emotionally-charged events from your past may still be haunting you in the form of “trapped emotions” — emotional energies that could literally stay in your body for years.

Dr. Nelson’s premise is that if these trapped emotions continue to fester, they may create discomfort, imbalance, and potential malfunction in your body. They could also extract a heavy emotional toll, impacting how you think, the choices that you make, and the level of success and abundance you are able to achieve. Perhaps most damaging of all, trapped emotional energies could gather around your heart, cutting off your ability to give and receive love. The Emotion Code is designed to be a powerful and simple way to rid yourself of this unseen baggage. Dr. Nelson’s method gives you the opportunity to learn the tools that could help you identify and release the trapped emotions in your life, eliminating your “emotional baggage,” and opening your heart and body to the positive energies of the world. Filled with real-world examples from many years of clinical practice, The Emotion Code is a distinct and authoritative work that has become a classic book on self-healing.

*This newly revised and expanded edition of “The Emotion Code” including a foreword by Tony Robbins, is available now from St. Martin’s Press.*

## Emotion Code Treatment Homework

Client	
Name:	
Date:	

Practitioner	
Name:	
Date:	

Top Priorities:

Top Priorities:

Assignment:

Assignment:

Notes:

Notes:

Client  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Practitioner  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_