



# PowerTalk™ Power Club

Offered by PowerTalk Seminars, LLC

**Agenda for Tuesday, April 11, 2023**

**Power Lunch 11:30 AM- 1:00 PM**

**Grab some lunchtime nibblers and join us a few minutes early for casual networking.**



**A fun and engaging way to spend your lunch break.**

**"Developing Leaders, Achieving Dreams,  
Helping Build Empowered Teams!"**



**Our Mission:** The mission of the PowerTalk Power Club is to educate, entertain, and engage our Power Pal members to participate in fun, alternative yet complementary professional development meetings where every member has the opportunity to prospect, promote, and present their programs, products, and services in order to enhance their own business and professional growth.



**Our Vision:** The PowerTalk Power Club is designed to empower you. We invite you to participate as a "Power Pal" Speaker and a Powerful Networker. Our interactive professional learning environment will support your development as a VIP Speaker, Entrepreneur, and Small Business Leader.



**Our Values:** Members of this club seek to support one another through effective feedback in the form of speaker presentation evaluations, networking and referrals, and sharing resources that can help our members achieve their personal and professional development goals.



**Our Overall Objective:** Our overall objective is to encourage all our Club Members to continue to grow as business professionals and to help foster a supportive and fun social environment for personal enrichment.

# PowerTalk Power Club™

## Lunch Meeting Agenda

### Tuesday, April 11, 2023

#### OPEN

- 11:30am President's Welcome & Brief Introductions Vitalia Bryn-Pundyk, M.Ed/DTM/DPP
- 11:40am Meeting Emcee's Opening Vitalia Bryn-Pundyk, M.Ed/DTM/DPP  
*Meeting theme: **Happy Spring!***  
*Quote: "**April Showers Bring May Flowers.**"*  
Credited to Thomas Tusser, Poet in the 1500s

#### BODY

- 11:45am Keynote Speech (10-15 min) Evgeniya Djuranovic  
*"The Six Human Hungers: Understanding Our Cravings for a Fulfilling Life!"*
- 12:01pm Mini-Workshop Presentation (15-30 min) Evgeniya Djuranovic  
*"The Hunger Within: Managing Emotional Cravings for a Fulfilling Life1"*

#### EVALUATIONS

- 12:32pm Keynote (2-3 min) Stacy Klone
- 12:36pm Mini-Workshop (2-3 min) Jayne Miller
- 12:40pm Timer's Report (2-3 min) Trishauna Johnson, DTM
- General Evaluation Vitalia Bryn-Pundyk, M.Ed/DTM/DPP
- Guest Comments Vitalia Bryn-Pundyk, M.Ed/DTM/DPP

#### CLOSE

- 12:52pm Member Announcements & President's Closing Remarks Vitalia Bryn-Pundyk, M.Ed/DTM/DPP
- 1:00pm Thank You & Meeting Adjourned! Vitalia Bryn-Pundyk, M.Ed/DTM/DPP





# **PowerTalk Power Club Roster**

## **Your Power Pals!**

Name	Member Type	Phone	Email	Location
Vitalia Bryn-Pundyk	Club President VIP Full Member	952-221-1701	vitalia@powertalkseminars.com	Hutchinson, MN
Charlie Kunderer	Fridays	651-283-0017	Charlieandmolly@msn.com	St. Louis Park, MN
Chris Ciccone	Dinner	763-222-6433	Christineciccone.reliv@yahoo.com	East Bethel, MN
Cindy Karnes	VIP Full Member	651-274-2248	cindylkarnes@gmail.com	St. Paul, MN
Crystal Anderson	Dinner	612-387-5329	4funhiking@gmail.com	Woodbury, MN
Diane Windingland	Thursdays	612-306-4214	diane@virtuallspeechcoach.com	Shoreview, MN
Evgeniya Djuranovic	VIP Full Member	763-496-8604	Evgeniya.tokareva@gmail.com	Osseo, MN
Eric "Rocky" Schurr	Fridays	651-422-8981	ericschurr@yahoo.com	Apple Valley, MN
Gwen Briesemeister	Dinner, Pizza	763-221-6136	gbriesemeister@charter.net	Delano, MN
Jack Jacobson	VIP Full Member	612-360-8815	jacob035@apps.district279.org	Maple Grove, MN
Jacqueline Fiore	VIP Full Member	772-631-8006	jacquelinefiore27@gmail.com	Minnnetonka, MN
Jacqueline Mooty	Pizza	952-297-4645	jacquelyn.schuetter@gmail.com	Edina, MN
Jane Schuette	Dinner, Pizza	952-994-6192	jane@janeschuette.com	Watertown, MN
Jayne Miller	Thursdays	763-458-1034	jayne3miller@hotmail.com	Tampa, FL
Julie Nekola	VIP Full Member Virtual Asst	612-310-2802	Julie.Nekola@gmail.com	Plymouth, MN
Kim Windingland	Pizza	612-306-4228	kimwindingland@gmail.com	Shoreview, MN
Kirsten Kinzler	Dinner, Pizza	320-583-1877	Kirsten.kinzler@gmail.com	Hutchinson, MN
Lili Korbuly-Johnson	Thursdays	952-200-9248	lili@get-lkj.com	St. Louis Park, MN
Lori Ziebarth	Dinner, Pizza	612-701-9120	Lori.ziebarth@gmail.com	Maple Grove, MN
Lynn Wilson	Dinner	612-751-8876	nevilleandlynn@gmail.com	North Branch, MN
Michael Carlton	Dinner, Pizza, Fridays	612-750-0098	Tm.Michael.carlton@gmail.com	Woodbury, MN
Michele Licata	Thursdays	612-990-9820	olivesandpearls@msn.com	Bloomington, MN
Norm Johnson-Korbuly	VIP Full Member	612-703-3026	normjohnson62@gmail.com	St. Louis Park, MN
Patrick Meniboon	Thursdays	651-235-8582	Patrick@patrickmeniboon.com	Clayton, NC
Roman Pundyk	VIP Full Member	952-221-2319	pundyk@earthlink.net	Hutchinson, MN
Stephen Shaner	Thursdays	931-310-1858	Stephen@awesomeattitude.net	Red Boiling Springs, TN
Susan Kaulbars	Dinner, Pizza	612-558-9532	Susan@FramingSolutionsmn.com	St. Louis Park, MN
Vicki Dolphy	Pizza	651-353-8700	vickidolphy@gmail.com	Stacy, MN
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# PowerTalk Power Club 2023

## Meeting Dates, Times, & Locations

### Early Morning Motivation

Rise 'n Shine! These early AM Zoom meetings happen on the 2<sup>nd</sup> Thursday and the 2<sup>nd</sup> Friday of each month from 6:30AM – 9:00AM Central time. Different content in Thursdays and Fridays.

12 Thursday sessions - \$120

#### Thursdays

January 12  
February 9  
March 9  
April 13  
May 11  
June 8  
July 13  
August 10  
September 14  
October 12  
November 9  
December 14

12 Friday sessions - \$120

#### Fridays

January 13  
February 10  
March 10  
April 14  
May 12  
June 9  
July 14  
August 11  
September 8  
October 13  
November 10  
December 8

### Power Talk Power Lunches

Meet on Zoom 11:30AM – 1:00PM Central time on the second Tuesday of each quarter.  
4 quarterly sessions - \$40

January 10  
April 11  
July 11  
October 10



### Power Talk Pizza Panels

Meet at Frankie's Chicago Style Pizza, 3559 Winnetka Ave. N, New Hope, MN, from 6:00PM-9:00PM Central time on the following Tuesdays.  
4 quarterly sessions - \$60

March 14  
June 13  
September 12  
December 12



### Power Talk Prime Time Dinners

Meet in the Power Talk Party and Workshop Room at Pundyk's Private Lakeshore Residence in Hutchinson from 5:00PM-9:00PM Central on the following Tuesdays.  
4 Quarterly sessions - \$80

February 7  
May 9  
August 8  
November 7

