

An FFOZ Friends Teaching of The Month

COUNTING the OMER

A Simple Chart and Guide for the year 5781

This psalm is read prior to the counting of the Omer.

For the choir conductor, with instruments; a psalm, a song. May God be gracious to us and bless us; let his face illuminate us, Selah, to make your way known in the earth, and your salvation among all the nations. The peoples will acknowledge you, O God; all the peoples will acknowledge you. The nations will be glad and sing joyfully, for he will judge the peoples evenhandedly and lead the nations of the earth, Selah. The peoples will acknowledge you, O God; all the peoples will acknowledge you. The earth has yielded its harvest; may God, our God, bless us. May the LORD bless us, and let all the ends of the earth fear him. (PSALM 67)

	S	M	T	W	Th	F	S
WEEK 1	 NISAN 15 PESACH I	 DAY 1 NISAN 16 PESACH II	 DAY 2 NISAN 17 PESACH III	 DAY 3 NISAN 18 (MARCH 31)	 DAY 4 NISAN 19 (APRIL 1)	 DAY 5 NISAN 20 (APRIL 2)	 DAY 6 NISAN 21 PESACH VII
WEEK 2	 DAY 7 NISAN 22 PESACH VIII	 DAY 8 NISAN 23 (APRIL 5)	 DAY 9 NISAN 24 (APRIL 6)	 DAY 10 NISAN 25 (APRIL 7)	 DAY 11 NISAN 26 (APRIL 8)	 DAY 12 NISAN 27 (APRIL 9)	 DAY 13 NISAN 28 (APRIL 10)
WEEK 3	 DAY 14 NISAN 29 (APRIL 11)	 DAY 15 NISAN 30 ROSH CHODESH I	 DAY 16 IYYAR 1 ROSH CHODESH II	 DAY 17 IYYAR 2 (APRIL 14)	 DAY 18 IYYAR 3 (APRIL 15)	 DAY 19 IYYAR 4 (APRIL 16)	 DAY 20 IYYAR 5 (APRIL 17)
WEEK 4	 DAY 21 IYYAR 6 (APRIL 18)	 DAY 22 IYYAR 7 (APRIL 19)	 DAY 23 IYYAR 8 (APRIL 20)	 DAY 24 IYYAR 9 (APRIL 21)	 DAY 25 IYYAR 10 (APRIL 22)	 DAY 26 IYYAR 11 (APRIL 23)	 DAY 27 IYYAR 12 (APRIL 24)
WEEK 5	 DAY 28 IYYAR 13 (APRIL 25)	 DAY 29 IYYAR 14 PESACH SHENI	 DAY 30 IYYAR 15 (APRIL 27)	 DAY 31 IYYAR 16 (APRIL 27)	 DAY 32 IYYAR 17 (APRIL 29)	 DAY 33 IYYAR 18 LAG BA'OMER	 DAY 34 IYYAR 19 (MAY 1)
WEEK 6	 DAY 35 IYYAR 20 (MAY 2)	 DAY 36 IYYAR 21 (MAY 3)	 DAY 37 IYYAR 22 (MAY 4)	 DAY 38 IYYAR 23 (MAY 5)	 DAY 39 IYYAR 24 (MAY 6)	 DAY 40 IYYAR 25 ASCENSION DAY	 DAY 41 IYYAR 26 (MAY 8)
WEEK 7	 DAY 42 IYYAR 27 (MAY 9)	 DAY 43 IYYAR 28 (MAY 10)	 DAY 44 IYYAR 29 (MAY 11)	 DAY 45 SIVAN 1 ROSH CHODESH	 DAY 46 SIVAN 2 (MAY 13)	 DAY 47 SIVAN 3 (MAY 14)	 DAY 48 SIVAN 4 (MAY 15)
SHAVU'OT	 DAY 49 SIVAN 5 (MAY 16)	 DAY 50 SIVAN 6 SHAVU'OT I					