



This paper will be essential in the event of an emergency. Please fill it out completely and post it on your refrigerator or near your phone.

## Emergency Back-Up 911

The following information is important for the ambulance company to know, should one be necessary. If a friend, child, father, or any assistant should make the phone call, this form can save time and inconvenience. This task is usually not done by the midwife, unless no one else is available to call, since she will undoubtedly be busy taking care of mother and/or baby. After placing the call it is a good idea for someone to go outside to watch for the ambulance. It is also helpful for someone to clear a path, if needed, through the house to the room where the mother is.

### Instructions for calling an ambulance to a home birth:

- Call 911 (or \_\_\_\_\_ - \_\_\_\_\_ if not in 911 area)
- Take a deep breath and stay calm. Speak slowly so you will be understood:
- We are at a planned home birth, with **a midwife in attendance**. We have the following problem..... (midwife will tell you what to say.)
- The address is: \_\_\_\_\_
- Give directions: \_\_\_\_\_  
\_\_\_\_\_
- The name of the mother is: \_\_\_\_\_,  
her age is: \_\_\_\_\_ and her due date is: \_\_\_\_\_
- The name of the father is: \_\_\_\_\_
- You may need to give the phone number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_
- Answer any other questions as best as you can or ask someone who may know.

If you have pre-registered at a hospital, or have arranged for your own private back-up doctor, please fill in this info:

Obstetrician name: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Hospital Name and Address: \_\_\_\_\_

\_\_\_\_\_ Labor and Delivery phone: \_\_\_\_\_

Pediatrician name: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

*If you do not live in an area serviced by EMS-911...*

You will need to find out who provides ambulance service in your area. You can ask your local police or sheriff's office. Call the business (non-emergency) number and ask the following questions at least 2 weeks prior to your due date:

What number do you call if you have an emergency? \_\_\_\_\_

How much do they charge? \_\_\_\_\_

Do they require payment at the time of transport or will they bill you? \_\_\_\_\_

Will they accept a check, credit card, insurance card, or cash only? \_\_\_\_\_

Does your family need a membership to use the service? \_\_\_\_\_

How long will it take them to arrive at your address? \_\_\_\_\_

Are they equipped and trained to care for a laboring or delivering mother? \_\_\_\_\_

Are they equipped and trained for newborns in distress? \_\_\_\_\_

Call your midwife after gathering this information to discuss it with her and to develop alternate plans if needed.