

PHASED RETURN

CURRENT STATUS

<p>A</p>	<p>D1</p>	<p>D2</p>	<p>E1</p>	<p>E2</p>	<p>F</p>
<p>INDIVIDUAL TRAINING WITH ONE OTHER PERSON</p>	<p>READY4 RUGBY & SOME CONTACT TRAINING</p>	<p>ADAPTED LAW MATCHES</p>	<p>FULL CONTACT TRAINING</p>	<p>FULL CONTACT MATCHES</p>	<p>ALL RESTRICTIONS LIFTED</p>
<p>UNTIL 29TH MARCH</p>	<p>FROM 29TH MARCH</p>	<p>FROM 26TH APRIL</p>	<p>PROVISIONALLY WHEN STEP 3 OF GOVERNMENT ROADMAP REACHED (NOT BEFORE)</p>	<p>2 WEEKS AFTER STAGE E1 REACHED</p>	<p>NOT BEFORE STEP 4 OF GOVERNMENT ROADMAP REACHED (COULD BE LATER)</p>

PERMITTED ACTIVITY

<p>CURRENT LOCKDOWN RESTRICTIONS REMAIN</p> <p>INDIVIDUALS ALLOWED TO EXERCISE WITH ONE OTHER FROM ANOTHER HOUSEHOLD</p> <p>SCHOOLS & COLLEGES ABLE TO PLAY TO STAGE D1 INTERNALLY FROM 8TH MARCH</p>	<p>CONTACT TRAINING (EXCLUDING SCRUM & MAUL)</p> <p>READY4RUGBY, O2 TOUCH & TAG MATCHES AGAINST OTHER CLUBS</p>	<p>CONTACT TRAINING (STILL EXCLUDING SCRUM & MAUL)</p> <p>ADULT & AGE GRADE MATCHES, WITH ADAPTED LAWS (NO SCRUM & MAUL)</p>	<p>FULL CONTACT TRAINING (INCLUDING SCRUM & MAUL)</p>	<p>ADULT FULL CONTACT MATCHES *</p> <p>SOME OFF FIELD RESTRICTIONS LIKELY TO STILL APPLY</p>	<p>ALL RESTRICTIONS LIFTED</p>
---	---	--	---	--	--------------------------------

PLEASE NOTE

- *Age Grade out of season activity (after 31st May) permitted in line with revised RFU training and playing guidance to follow
- Progression to the next set of Age Grade rules, along with any dispensations for 17 year olds to play adult rugby, are suspended until 1st January 2022
- All adult and age grade competitions anticipated to start in September as normal, under full laws
- References to contact rugby includes 15s, 10s and 7s
- Stages B & C in previous roadmaps are no longer currently relevant due to changes in Government restrictions