

2023 Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
Cat 3 Women 18 and Under								
Female								
1.	177 Hanna, Lillian	Capital Bicycle Racing Club	1	53:47.1	53:47.1			-
2.	423 Yarsevich, Anna	Capital Bicycle Racing Club	1	55:44.7	55:44.7			+01:57.6
3.	331 Butler, Shayla	Capital Bicycle Racing Club	1	1:02:55.3	1:02:55.3			+09:08.2
4.	326 Brackett, Olivia	Saratoga Shredders	1	1:03:56.6	1:03:56.6			+10:09.5
5.	327 Breslin, Madeline	CBRC/Niskayuna Mountain Goats	1	1:04:14.5	1:04:14.5			+10:27.4
6.	168 Forrester, Rayleigh	Saratoga Shredders	1	1:04:58.2	1:04:58.2			+11:11.1
7.	376 Jennings, Violet	Saratoga Shredders	1	1:06:17.1	1:06:17.1			+12:30.0
8.	338 Chromczak, Sophie	Flow Riders	1	1:25:51.3	1:25:51.3			+32:04.2
9.	348 Fairbank, Kate	Flow Riders	1	1:33:48.9	1:33:48.9			+40:01.8
10.	378 koniowka, Michalea	Capital Bicycle Racing Club Jr Development Team	1	1:44:56.6	1:44:56.6			+51:09.5
11.	344 Dickinson, Anna	Capital Bicycle Racing Club Jr Development Team	1	1:50:00.0	1:50:00.0			+56:12.9
Cat 3 Women 19-39								
Female								
1.	38 Foti, Vittoria		1	1:02:42.2	1:02:42.2			-
Cat 3 Women 40+								
Female								
1.	362 Hanna, Jessica	Capital Bicycle Racing Club	1	58:09.2	58:09.2			-
2.	345 Dickinson, Elysa	Capital Bicycle Racing Club	1	1:16:35.7	1:16:35.7			+18:26.5



2023_Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
3.	63 Langton, Samantha		1	1:16:36.8	1:16:36.8				+18:27.6
4.	72 McWilliams, Teri	Black Bear cycling	1	1:34:53.4	1:34:53.4				+36:44.2
Cat 3 Men 18 and Under									
Male									
1.	417 Wells, Jason	Niskayuna	1	51:29.4	51:29.4				-
2.	22 Clarke, Braedan	Catskill Porter	1	52:47.0	52:47.0				+01:17.6
3.	385 Lobosco, Jonathan	R-Cubed	1	53:06.2	53:06.2				+01:36.8
4.	363 Hart, Brayden		1	53:55.0	53:55.0				+02:25.6
5.	381 Landa, Reed	R Cubed	1	57:29.9	57:29.9				+06:00.5
6.	392 Morrison, Collin		1	59:17.0	59:17.0				+07:47.6
7.	153 Cass, Brant	Chasm Riders	1	1:03:58.8	1:03:58.8				+12:29.4
8.	359 Gracey, John	BOOM! Energy Bars	1	1:04:42.8	1:04:42.8				+13:13.4
9.	219 Vogel, Gabriel	R-Cubed	1	1:05:08.1	1:05:08.1				+13:38.7
10.	425 Barker, William		1	1:06:18.7	1:06:18.7				+14:49.3
11.	336 Cascione, Hutton	Flow Riders - Albany	1	1:08:58.5	1:08:58.5				+17:29.1
12.	397 O'Donnell, Silas		1	1:10:40.0	1:10:40.0				+19:10.6
13.	395 O'Connor, Quinn	Flow Riders	1	1:33:34.0	1:33:34.0				+42:04.6
14.	167 Forrester, Dillon	Saratoga Shredders	1	1:36:07.2	1:36:07.2				+44:37.8
15.	374 Jaskolka, Sam	Flowriders	1	1:40:42.1	1:40:42.1				+49:12.7
16.	393 Nealon, Luke		1	1:51:53.7	1:51:53.7				+60:24.3
17.	356 Geracitano, Michael		1	1:51:57.5	1:51:57.5				+60:28.1
18.	396 O'Connor, Roenn	Flow Riders	1	1:52:25.1	1:52:25.1				+60:55.7



2023 Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
Cat 3 Men 19-39								
Male								
1.	84	Riascos, Ronal	1	38:58.1	38:58.1			-
2.	357	Giordano, Antonio	1	41:47.4	41:47.4			+02:49.3
3.	422	Ohlinger, Jeffery	1	42:15.6	42:15.6			+03:17.5
4.	23	Clarke, Matthew	1	45:48.0	45:48.0			+06:49.9
5.	388	McCormack, Kyle	1	51:44.8	51:44.8			+12:46.7
6.	427	Nobles, Nick	1	56:01.3	56:01.3			+17:03.2
7.	403	Ross, Andrew	1	57:38.7	57:38.7			+18:40.6
8.	294	Hotte, Christian	1	58:22.7	58:22.7			+19:24.6
9.	358	Goodwin, Matt	1	1:03:12.7	1:03:12.7			+24:14.6
10.	334	Carpenter, Seth	1	1:05:03.0	1:05:03.0			+26:04.9
11.	416	Walling, Mark	1	1:12:00.7	1:12:00.7			+33:02.6
12.	404	Russell, Samuel	1	1:38:09.9	1:38:09.9			+59:11.8

Cat 3 Men 40-49

Male								
1.	74	Mora, Jhonattan	1	45:39.7	45:39.7			-
2.	386	Iobosco, nicholas	1	47:41.9	47:41.9			+02:02.2
3.	413	Tallent, Joshua	1	47:46.5	47:46.5			+02:06.8
4.	92	schliedt, jon	1	48:27.5	48:27.5			+02:47.8
5.	340	Colling, Gerard	1	48:56.6	48:56.6			+03:16.9



2023 Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
6.	415 Wales, William	Team Wales	1	50:07.7	50:07.7				+04:28.0
7.	372 Ives, Stephen		1	51:04.1	51:04.1				+05:24.4
8.	104 Tonini, Fabricio	Arias Racing	1	53:21.5	53:21.5				+07:41.8
9.	375 Jennings, Christopher		1	1:01:01.4	1:01:01.4				+15:21.7
10.	230 Stingel, Justin		1	1:01:01.6	1:01:01.6				+15:21.9
11.	328 Brown, Gregory		1	1:10:00.5	1:10:00.5				+24:20.8
12.	383 LaRose, Timothy	Flow Riders	1	1:11:41.6	1:11:41.6				+26:01.9
13.	350 Fodness, Kevin	Saratoga Shredders	1	1:14:08.6	1:14:08.6				+28:28.9

Cat 3 Men 50-59

Male

1.	373 Jaskolka, Joe	Flowriders	1	51:52.1	51:52.1				-
2.	12 Brownsey, Noah	Falkensteiner	1	53:29.9	53:29.9				+01:37.8
3.	39 francisco, Erwin		1	54:02.2	54:02.2				+02:10.1
4.	360 halfrey, matthew	Dutch Flyers	1	1:04:35.8	1:04:35.8				+12:43.7
5.	369 Hodgson, David		1	1:50:53.5	1:50:53.5				+59:01.4

Cat 3 Men 60+

Male

1.	332 Butler, Thomas	CBRC	1	45:19.0	45:19.0				-
2.	364 Hart, Daniel		1	45:20.4	45:20.4				+00:01.4
3.	330 Bryant, Mark		1	50:22.1	50:22.1				+05:03.1
4.	100 Skerritt, Robert	Favatas TRT Bikes	1	54:03.8	54:03.8				+08:44.8



2023 Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
5.	174 Gobel, Mark		1	58:07.0	58:07.0				+12:48.0
6.	14 Byrne, Christopher	BYRNE Racing LLC	1	1:49:54.2	1:49:54.2				+64:35.2

Cat 2 Women 18 and Under

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
1.	370 Hodgson, Talia	Saratoga Shredders	2	1:37:17.8	49:43.1	47:34.7			-
2.	105 Travis, Amber	R-Cubed	2	1:37:36.4	48:54.9	48:41.5			+00:18.6
3.	178 Hanna, Madeline	Capital Bicycle Racing Club	2	1:51:00.2	54:07.9	56:52.3			+13:42.3
4.	229 Stingel, Aurora		2	1:54:16.6	54:46.9	59:29.6			+16:58.7
5.	11 Brown, Alexandria	Saratoga Shredders	2	2:09:16.1	1:03:22.0	1:05:54.1			+31:58.3
6.	377 koniowka, Ava	Capital Bicycle Racing Club Jr Development Team	2	2:23:46.5	1:07:55.6	1:15:50.8			+46:28.7

Cat 2 Men 18 and Under

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
1.	106 Travis, Jasper	R-Cubed	2	1:24:45.2	41:33.0	43:12.1			-
2.	52 Higgins, Riley	R-Cubed	2	1:35:58.2	47:27.4	48:30.7			+11:12.9
3.	408 Sentz, Zachary		2	1:50:15.5	53:20.8	56:54.6			+25:30.2
4.	407 Sentz, Riley		2	2:17:52.4	1:03:41.4	1:14:11.0			+53:07.1

Cat 2 Men 19-39

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
1.	61 Landers, Jeff	The Fit Space	2	1:18:23.8	38:16.5	40:07.2			-
2.	175 Gobel, Peter		2	1:18:38.3	38:58.8	39:39.5			+00:14.5



2023 Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
3.	73 Mitchell jr, Gene	Dutch Flyers	2	1:22:28.4	40:29.0	41:59.4			+04:04.5
4.	152 Calabrese, Dan		2	1:28:16.5	43:31.7	44:44.7			+09:52.6
5.	42 Gendron, Antoine		2	1:28:17.2	43:30.9	44:46.2			+09:53.3
6.	281 Becker, Ian		2	1:28:18.6	43:27.7	44:50.9			+09:54.7
7.	401 Poli, Anthony	Flow Riders	2	1:40:31.9	49:18.0	51:13.9			+22:08.1
8.	335 Carroll, Anthony		2	1:51:18.2	54:32.7	56:45.4			+32:54.3
9.	428 Knowles, Chris		2	2:00:49.6	1:00:25.1	1:00:24.4			+42:25.7

Cat 2 Men 40-49

Male

1.	76 Mumper, David	Bicycle Depot	2	1:23:23.0	41:21.5	42:01.4			-
2.	333 Carney, Patrick	Dutch Flyers	2	1:27:39.7	43:00.9	44:38.8			+04:16.7
3.	429 Layman, Kevin		2	1:29:02.4	44:06.4	44:56.0			+05:39.4
4.	409 Shatynski™s, Todd	Bethlehem tri club	2	1:31:51.6	44:55.8	46:55.8			+08:28.6
5.	426 Gregg, Michael		2	1:33:37.6	47:17.8	46:19.8			+10:14.6
6.	389 McNamara, Jeremy	Nomad Endurance	2	1:34:12.9	46:16.9	47:56.0			+10:49.9
7.	18 Cass, Marc	Chasm Riders	2	1:36:43.2	46:23.9	50:19.3			+13:20.2
8.	343 Dickinson, Adam		2	1:38:01.9	47:22.3	50:39.6			+14:38.9
9.	346 Dimeo, Alfonso		2	1:39:16.8	50:57.9	48:18.9			+15:53.8
10.	421 Almonte, Vladimir	Round Top Mountain Bike Association	2	1:40:04.0	49:16.4	50:47.5			+16:41.0
11.	342 Corbett, Max		2	1:42:08.5	50:38.7	51:29.7			+18:45.5
12.	411 Smith, Martyn		2	1:43:19.5	50:13.0	53:06.5			+19:56.5
13.	324 Andritz, Jeffrey	CBRC	2	1:43:37.6	51:47.5	51:50.1			+20:14.6
14.	125 Brown, Michael		2	1:43:58.5	50:40.6	53:17.9			+20:35.5



2023 Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5	Time
15.	355 Geracitano, David		2	1:45:23.1	48:54.2	56:28.9				+22:00.1
16.	394 OConnor, TJ	CBRC	2	1:45:44.2	51:05.6	54:38.6				+22:21.2
17.	379 Koniowka, Paul	Capital Bicycle Racing Club	2	2:27:27.5	1:55:12.5	32:14.9				+64:04.5
18.	339 Cleary, Andrew		2	3:40:02.8	1:45:12.0	1:54:50.7				+136:39.8
Cat 2 Men 50-59										
Male										
1.	75 Moucha, Robert	R-Cubed	2	1:27:46.4	43:28.6	44:17.7				-
2.	43 German, James	Quality Maintenance SVC Inc./ Orange County Snowboard ski	2	1:33:34.3	45:40.2	47:54.0				+05:47.9
3.	220 Vogel, Kevin	R-Cubed	2	1:34:51.2	45:23.7	49:27.5				+07:04.8
4.	361 Hanna, Jason	Capital Bicycle Racing Club	2	1:40:06.2	48:42.0	51:24.2				+12:19.8
5.	380 Landa, Bernie	R-Cubed	2	1:40:55.2	49:28.9	51:26.3				+13:08.8
6.	31 Ehrichs, Edward	R-Cubed	2	1:40:56.2	49:40.2	51:15.9				+13:09.8
7.	182 Hymes, Robert	R-Cubed	2	1:42:48.9	50:48.6	52:00.3				+15:02.5
8.	214 Speulstra, Owen	R-cubed	2	1:49:05.8	51:31.9	57:33.9				+21:19.4
9.	406 Sentz, Bryan	Git Lit Tours Racing	2	1:57:23.1	57:04.6	1:00:18.4				+29:36.7

Cat 2 Men 60+

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5	Time
1.	198 Popp, Gregory	R-Cubed	2	1:29:06.9	43:33.3	45:33.6				-
2.	402 Primomo, Gene	Capital Bicycling Racing Club	2	1:32:10.6	46:07.8	46:02.8				+03:03.7
3.	185 Kingsley, Marc	Team Infinite	2	1:33:30.0	45:46.3	47:43.6				+04:23.0



2023 Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
Cat 1 Women 19-39								
Female								
1.	147 billharz, kelly	Tarmac cycling/ iron bridge consulting UVM cycling	3	2:32:52.1	50:17.9	51:45.5	50:48.6	-
Cat 1 Women 40+								
Female								
1.	418 White, Melinda	R Cubed	3	2:32:50.1	50:34.3	51:18.9	50:56.8	-
Cat 1 Men 18 and Under								
Male								
1.	387 Lobosco iii, Charles	R-Cubed	3	2:04:18.3	38:16.8	40:36.9	45:24.4	-
Cat 1 Men 19-39								
Male								
1.	194 McKibbin, Thomas	Rogue Racing P/B Sail Away Coffee	3	1:55:48.3	38:05.8	37:58.2	39:44.3	-
2.	41 Garland, Chris	Overlook Bicycles	3	1:56:58.8	37:43.2	39:40.7	39:34.9	+01:10.5
3.	102 stritsman, jared	Team Ommegang brewery	3	1:58:28.3	39:13.9	39:10.9	40:03.4	+02:39.9
4.	236 Lewis, Tobias		3	2:04:48.7	39:55.5	42:11.1	42:42.0	+09:00.3
Cat 1 Men 40-49								
Male								
1.	347 Dinolfo, Peter	North American Velo	3	1:59:40.3	40:24.3	39:13.9	40:01.9	-



2023_Helderberg_Cliff_Hanger_MTB_Race



Lap Result List

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
2.	35 Favata, Jonathan	Favata's TRT Bicycles	3	2:04:07.9	40:18.8	41:40.3	42:08.6		+04:27.6
3.	51 Henke, William	Grey Ghost Bicycles	3	2:12:11.3	45:38.6	43:19.0	43:13.6		+12:31.0
4.	384 Lobosco, Charles	R-Cubed	3	2:15:18.0	44:04.9	44:44.3	46:28.7		+15:37.7
Cat 1 Men 50-59									
Male									
1.	5 Bellby, Ian	R Cubed	3	1:59:56.2	39:05.6	39:30.3	41:20.2		-
2.	430 Deitz, Erik		3	2:10:25.2	43:52.3	43:16.8	43:16.0		+10:29.0
3.	202 Romero, Stephen	North American Velo	3	2:33:04.3	49:17.6	51:32.9	52:13.7		+33:08.1
4.	431 Tyo, Rick		2	2:18:47.9	53:10.3	1:25:37.5			-1 LAP
Cat 1 Men 60+									
Male									
1.	113 Welch, Ken	Bryan's Bikes	3	2:03:15.6	40:58.9	41:53.8	40:22.9		-
2.	9 Blanchet, Thierry	North American Velo	3	2:08:37.9	43:05.5	42:34.2	42:58.1		+05:22.2
3.	46 Griff, Martin	Yorktown Bicycle/Pedal Peekskill	3	2:10:12.2	44:46.6	42:54.1	42:31.5		+06:56.5
4.	7 billharz, roger	Iron Bridge Tarmac Cycling / Billharz Electric	3	2:32:56.2	47:15.9	51:29.6	54:10.6		+29:40.5
Cat 1 Single Speed									
Male									
1.	435 Beltran, Wilson	Action Bikes And Outdoor	3	2:40:57.3	48:44.5	53:14.1	58:58.6		-
Pro Women									



2023 Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
Female								
1.	434 Smith, Erin		3	2:04:11.6	39:46.7	42:20.9	42:03.9	-
2.	134 Pearson, Jane		3	2:11:31.9	42:14.2	43:43.0	45:34.7	+07:20.3
3.	366 Healey, Maya	Niskayuna Mohawk Mountain Goats	3	2:46:23.6	52:49.4	54:42.7	58:51.4	+42:11.9
Pro Men								
Male								
1.	341 Collins, Patrick	Assabet River Bicycles	3	1:42:46.5	34:21.5	34:12.5	34:12.3	-
2.	109 Videen, Nicholas	Rare Disease Cycling / Keswick Cycle	3	1:43:19.0	34:21.8	34:29.5	34:27.6	+00:32.5
3.	91 Sblendorio, Thomas	Gambit Racing p/b Sleepy Hollow Bikes	3	1:54:57.4	37:09.3	38:20.4	39:27.6	+12:10.9
4.	179 Hildenbrand, Bradley	Bikeway Bicycles	3	1:56:57.7	40:23.9	36:57.0	39:36.8	+14:11.2
5.	354 Gagnon, Niles	Grey Ghost Bicycles	3	1:58:39.0	39:45.8	39:28.5	39:24.7	+15:52.5
6.	432 White, Brian	R cubed	1	36:12.9	36:12.9			-2 LAP
Floweriders Kids Race 6 and under								
Female								
12.	2238 Giordano, Laurina		2	23:38.0	11:35.3	12:02.7		+05:53.2
13.	2184 Geller, McKinley		2	23:40.6	11:54.8	11:45.9		+05:55.8
19.	2245 Jacobsen, Isable		2	27:01.0	16:37.6	10:23.4		+09:16.2
21.	2242 Miller, Hannah		2	28:59.5	14:07.2	14:52.4		+11:14.7
22.	2176 Curri, Jessamine		2	34:48.6	17:26.7	17:22.0		+17:03.8
23.	2161 Antalek, Jenna	Flow Riders	2	35:18.1	20:19.1	14:59.1		+17:33.3
26.	2190 Garland, Isla		1	17:29.7	17:29.7			-1 LAP



2023_Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib	Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5	Time
27.	2168	Chowdhry, Dahlia	Albany Wobblers	1	17:47.1	17:47.1					-1 LAP
28.	2179	DiMEo, Madeline	Flow Riders	1	18:36.9	18:36.9					-1 LAP
29.	2226	Tolley, Liliane	Flowriders	1	19:50.0	19:50.0					-1 LAP
Male											
1.	2203	Maxwell, Enzo		2	17:44.8	08:04.3	09:40.6				-
2.	2234	Wise, Owen		2	17:49.7	08:13.4	09:36.3				+00:04.9
3.	2115	Gobel, Riley		2	17:51.0	08:04.7	09:46.4				+00:06.2
4.	2165	Chamberas, Killian		2	17:57.2	08:17.1	09:40.1				+00:12.4
5.	2192	Gregg, Rob	flow riders	2	17:58.9	08:28.6	09:30.3				+00:14.1
6.	2195	Haugen, Rowan	Flow Riders/Schenectady	2	18:07.8	08:47.8	09:20.1				+00:23.0
7.	2061	Gyrus, Owen		2	18:34.7	09:05.8	09:28.9				+00:49.9
8.	2218	Ross, James		2	18:51.9	10:22.2	08:29.8				+01:07.1
9.	2171	Cleary, Matthew	Chain Rings!	2	20:38.6	10:20.9	10:17.8				+02:53.8
10.	2221	Smith, Summit		2	20:40.3	10:29.2	10:11.1				+02:55.5
11.	2207	Nobles, Victor		2	23:34.0	11:06.0	12:28.1				+05:49.2
14.	2160	Antalek, Jace	Flow Riders	2	23:42.8	12:03.5	11:39.3				+05:58.0
15.	2201	Kramer, Keegan	Flow Riders	2	24:00.5	12:42.7	11:17.8				+06:15.7
16.	2032	Knowles, Joshua		2	24:02.9	12:09.7	11:53.3				+06:18.1
17.	2181	Forrester, Grayson	Saratoga Shredders	2	24:36.6	13:14.0	11:22.7				+06:51.8
18.	2182	Fredericks, Nico	Flow-Riders	2	26:23.6	13:47.1	12:36.5				+08:38.8
20.	2198	Kenyon, Micah	Flowriders	2	27:54.7	14:14.0	13:40.7				+10:09.9
24.	2241	Girard, Anderson	Flow Riders	1	13:03.5	13:03.5					-1 LAP
25.	2169	Chowdhry, Kabir	Albany Wobblers	1	14:00.9	14:00.9					-1 LAP



2023_Helderberg_Cliff_Hanger_MTB_Race



Lap Result List

Plac	Bib Name	Team	Laps Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
Flowriders Kids Race 7-9								
Female								
14.	2163 Brown, Cecelia		2	17:21.0	07:45.5	09:35.6		+02:07.5
19.	2127 Forrester, Ainsley		2	17:49.2	08:23.9	09:25.4		+02:35.7
22.	2204 Millwood, Roselyn	FlowRiders	2	18:34.1	08:48.3	09:45.8		+03:20.6
23.	2186 Gilbert, Lilly	FlowRiders	2	18:36.0	08:58.8	09:37.3		+03:22.5
29.	2164 Brown, Clara		2	19:51.6	09:58.8	09:52.8		+04:38.1
34.	2187 Giordano, Anna		2	20:44.8	09:39.5	11:05.3		+05:31.3
35.	2219 Schilling, Abby	Flowriders	1	20:44.0	20:44.0			-1 LAP
Male								
1.	2222 Southwick, Alex	FlowRiders	2	15:13.5	06:55.9	08:17.6		-
2.	2209 O'Connor, Roenn	Flow Riders	2	15:14.6	06:57.6	08:17.1		+00:01.1
3.	2205 Morrison, Parker		2	15:26.7	06:56.2	08:30.6		+00:13.2
4.	2236 Zehnder-Banks, Kai	Flow Riders	2	15:31.2	06:57.9	08:33.4		+00:17.7
5.	2233 Wise, Benjamin		2	15:33.4	06:59.8	08:33.6		+00:19.9
6.	2066 Gryus, Nicholas		2	15:40.2	07:10.7	08:29.6		+00:26.7
7.	2177 Dickinson, Matthew		2	15:40.4	07:07.9	08:32.6		+00:26.9
8.	2199 Koniowka, Owen	Capital Bicycle Racing Club	2	15:42.9	07:36.1	08:06.9		+00:29.4
9.	2223 Tallent, Emerson		2	15:49.3	07:39.3	08:10.1		+00:35.8
10.	2180 Dinolfo, Aaron	Flow Riders	2	15:49.3	07:13.8	08:35.6		+00:35.8
11.	2019 Yarsevich, Gavin		2	15:51.5	07:34.4	08:17.2		+00:38.0
12.	2166 Cheplowitz, Jeremiah	Flow Riders	2	16:01.1	07:34.5	08:26.6		+00:47.6



2023_Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
13.	2215 Rayner, Easton	Flow riders	2	16:02.3	07:09.5	08:52.9			+00:48.8
15.	2246 Jacobsen, Jack		2	17:27.7	08:06.3	09:21.5			+02:14.2
16.	2194 Haugen, Liam	Flow Riders/Schenectady	2	17:30.5	07:40.5	09:50.0			+02:17.0
17.	2208 O'Connor, Quinn	Flow Riders	2	17:38.5	08:12.8	09:25.8			+02:25.0
18.	2172 Cleary, Walter		2	17:44.7	08:13.5	09:31.3			+02:31.2
20.	2178 DiMeo, Dylan	Flow Riders	2	17:52.8	08:24.1	09:28.8			+02:39.3
21.	2210 Pellett, Camden	R Cubed	2	18:18.9	08:47.0	09:32.0			+03:05.4
24.	2225 Tolley, Emile	Flowriders	2	19:18.8	08:50.4	10:28.5			+04:05.3
25.	2136 Poplawski, Jacob		2	19:20.8	09:01.3	10:19.6			+04:07.3
26.	2197 Ives, Gabe	Flow Riders	2	19:37.6	08:59.9	10:37.8			+04:24.1
27.	2228 van Saldua, Mateo	Flow Riders	2	19:38.3	09:41.8	09:56.5			+04:24.8
28.	2231 White, Anders	Flow Riders	2	19:42.4	09:49.4	09:53.1			+04:28.9
30.	2191 Garland, Dylan		2	19:56.2	10:21.2	09:35.1			+04:42.7
31.	2230 Webb, Trent		2	19:57.0	09:56.5	10:00.6			+04:43.5
32.	2244 Vaxman, Yoni		2	19:58.4	10:00.7	09:57.8			+04:44.9
33.	2213 Quackenbush, Alex	Albany Flow Riders	2	20:08.7	08:59.7	11:09.1			+04:55.2

Flowriders Kids Race 10-12

Female

6.	2162 Breslin, Emma	CBRC Junior Development	2	14:29.6	06:57.0	07:32.6			+02:20.6
8.	2196 Hodgson, Carmen	Saratoga Shredders	2	15:33.8	06:12.7	09:21.2			+03:24.8
10.	2193 Haugen, Izzy	Flow Riders/Schenectady	2	15:38.0	06:46.8	08:51.2			+03:29.0
16.	2243 Vaxman, Ariel		2	20:02.7	09:03.6	10:59.2			+07:53.7



2023_Helderberg Cliff Hanger MTB Race



Lap Result List

Plac	Bib Name	Team	Laps Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
Male								
1.	2212 Pellett, Chase	R Cubed	2	12:09.0	05:28.2	06:40.9	-	-
2.	2170 Chromczak, Eddie	Flow Riders	2	12:44.7	05:40.9	07:03.8	+00:35.7	+00:35.7
3.	2240 Gracey, John	BOOM! Energy Bars	2	12:45.2	05:54.4	06:50.9	+00:36.2	+00:36.2
4.	2159 Allen, Wyatt	Flow Riders	2	12:45.9	05:39.4	07:06.5	+00:36.9	+00:36.9
5.	2033 Juskolka, Samuel		2	13:57.9	06:36.3	07:21.7	+01:48.9	+01:48.9
7.	2125 Antalek, Jack		2	14:29.6	06:01.4	08:28.2	+02:20.6	+02:20.6
9.	2237 Zollweg, Gavin	Flow Riders	2	15:36.7	06:11.7	09:25.0	+03:27.7	+03:27.7
11.	2034 Chowdhry, Deen		2	15:40.8	06:09.2	09:31.6	+03:31.8	+03:31.8
12.	2206 Nealon, Jack		2	15:48.0	07:14.4	08:33.6	+03:39.0	+03:39.0
13.	2227 van Saldua, Adri	Flow Riders	2	15:53.6	06:54.7	08:59.0	+03:44.6	+03:44.6
14.	2247 Jacobsen, Hartley		2	16:13.2	07:09.8	09:03.5	+04:04.2	+04:04.2
15.	2173 Coleman, J.B.	Flow Riders	2	18:55.5	09:33.8	09:21.7	+06:46.5	+06:46.5
17.	2185 Geracitano, Michael		2	20:53.6	10:23.8	10:29.8	+08:44.6	+08:44.6

Floweriders Kids Race Little kids

Female								
1.	2202 LaRose, Maya	Flow Riders	1	09:31.6	09:31.6	-	-	-
2.	2183 Gagnon, Mackenzie	Grey Ghost Bicycles	1	10:05.5	10:05.5	+00:33.9	+00:33.9	+00:33.9
3.	2056 Gryus, Emily		1	10:40.7	10:40.7	+01:09.1	+01:09.1	+01:09.1
5.	2124 Gobel, Maxine		1	13:05.2	13:05.2	+03:33.6	+03:33.6	+03:33.6



2023_Helderberg_Cliff_Hanger_MTB_Race



Lap Result List

Plac	Bib Name	Team	Laps	Finish	Lap1	Lap2	Lap3	Lap4	Lap5 Time
------	----------	------	------	--------	------	------	------	------	-----------

Male

4.	2211 Pellett, Carson		1	11:17.2	11:17.2				+01:45.6
----	----------------------	--	---	---------	---------	--	--	--	----------

Number of records: 234

