



# Youth Group Permission Slip



Dear Parents,

Your child has been invited to attend a small ZOOM counseling group that will be offered to help alleviate isolation for our students during COVID. The group will be run by counselors from Russian River Counselors and will primarily be to give our young people a place to meet with their peers and do some small activities with us. We will be using a lot of games, art projects, and interactive drama to help students learn and grow. In order for your child to participate in a group, We will need to have written permission from you. Please complete the attached form and return to me. As always, if you have questions or concerns, please contact us at any time.

**Russian River Counselors, Therapists:**

Erin L. Prieskorn  
Associate Marriage and Family Counselor  
sonomatherapist@gmail.com  
707-520-0300

Jill Applegate  
MFT Trainee

**GROUP:** COVID Social Counseling Group

**GROUP MEETINGS:**

**Ages 7-10:** Every other Thursdays at 4:30pm **STARTS:** JAN 28th **OTHER DATES:** 2/11, 2/25, 3/11, 3/25, 4/8, 4/22

**Pre-teen/Teen:** Every other Thursday at 4:30pm **STARTS:** FEB 4th, **OTHER DATES:** 2/18, 3/4, 3/18, 4/1, 4/15

**PERMISSION TO JOIN:**

Childs Name: \_\_\_\_\_

Parent/Guardian Name\_\_\_\_\_

Parent/guardian Signature \_\_\_\_\_

Parent/guardian phone number \_\_\_\_\_

Email to send zoom links: \_\_\_\_\_

Child's MediCal Number: \_\_\_\_\_

**Supply List:** The students will need the following supplies for the group, if you do not have these around the house and need a box sent or dropped off, please email me your address and which items you need, we are happy to help.

- Paper and Markers, Colored construction paper and something to color with
- Glue stick, scissors
- Play Doh (Can be homemade)
- Paper Bag for puppets
- Something to juggle (Bean bags, balls, small toys)