

November



Monday	Tuesday	Wednesday	Thursday	Friday
31 BREAKFAST: Baked Eye Ball Casserole, Mummy Sausage, Ghost Banana, Milk LUNCH: Mummy Dogs, Monster Eyeball Celery, Rotten Deviled Eggs, Witches Hat Cookies, Witches Brew	1 BREAKFAST: Ham, Egg & Cheese English Muffin Sandwich, Fruit, Milk LUNCH: Grilled Cheese Sandwich, Tomato or Chicken Chili Soup, Fruit or Veggie, Milk	2 BREAKFAST: Yogurt, Cereal, Granola, Fruit, Milk LUNCH: Popcorn Chicken Bowl, Mashed Potatoes, Corn, Gravy, Milk	3 BREAKFAST: Cinnamon Rolls, Oatmeal, Fruit, Milk LUNCH: Riblet Sandwich, French Fries, Baked Beans, Tossed Salad, Milk	4 BREAKFAST: Scrambled Eggs, Hash Browns, Sausage Patties, Fruit, Milk, LUNCH: Cripitoes, Taco Rice, Mexican Corn, Fruit or Veggie, Milk
7 BREAKFAST: Sausage Gravy & Biscuits, Sausage Patties, Milk LUNCH: Hot Dogs, Mac & Cheese, Baked Beans, Fruit or Veggie, Milk	8 BREAKFAST: Donuts, Cereal, Fruit, Milk LUNCH: Diced Ranch Chicken, Rice, Corn, Fruit or Veggie	9 BREAKFAST: Scrambled Eggs, Hash Browns, Sausage Links, Fruit, Milk LUNCH: Cheesy Tuna Noodle Casserole, Carrots, Fruit or Veggie, Milk	10 BREAKFAST: French Toast Casserole, Fruit, Milk LUNCH: Pork Chops, Mashed Potatoes, Peas, Fruit or Veggie, Milk	11 Breakfast: Creamed Chipped Beef over Toast, Oatmeal, Fruit, Milk Lunch: Spaghetti w/Meat Sauce, Tossed Salad, Garlic Bread, Fruit or Veggie, Milk
14 BREAKFAST: Waffles, Sausage Links, Fruit, Milk LUNCH: Walking Taco, Corn, Fruit or Veggie, Milk	15 BREAKFAST: Ham, Egg & Cheese Biscuits, Fruit, Milk LUNCH: Sub Sandwich, Chicken Noodle or Vegetable Soup, Fruit or Veggie, Milk	16 BREAKFAST: French Toast, Bacon, Fruit, Milk LUNCH: Turkey, Mashed Potatoes, Stuffing, Green Bean Casserole, Sweet Potatoes, Creamed Corn, Dinner Rolls, Desert, Milk	17 BREAKFAST: Muffins, Oatmeal, Fruit, Milk LUNCH: Grilled Chicken Sandwich, Oven Potatoes, Baked Beans, Fruit or Veggie, Milk	18 BREAKFAST: Pancakes on a Stick, Cereal, Fruit, Milk LUNCH: Frito Pie, Green Beans, Fruit or Veggie, Milk
21 BREAKFAST: Yogurt, Granola or Breakfast Bar, Fruit, Milk LUNCH: Manwiches, French Fries, Baked Beans, Fruit or Veggie, Milk	22 BREAKFAST: Pancakes, Sausage Links, Fruit, Milk LUNCH: Popcorn Chicken w/Sweet & Sour Sauce, Fried Rice, Egg Roll, Fruit or Veggie, Milk	23 <div>Happy</div>	24 	25 <div>Thanksgiving</div>
28 BREAKFAST: Sausage Bites, Cereal, Fruit, Milk LUNCH: Chili Con Carne, Corn, Garlic Bread, Tossed Salad, Fruit or Veggie, Milk	29 BREAKFAST: Scrambled Eggs, Bacon, Toast, Fruit, Milk LUNCH: Burritos, Taco Rice, Mexican Corn, Fruit or Veggie, Milk	30 BREAKFAST: Oatmeal, Granola or Breakfast Bar, Fruit, Milk LUNCH: Ham & Cheese Sliders, Waffle Fries, Baked beans, Fruit or Veggie, Milk	1 BREAKFAST: Muffins, Cereal, Fruit, Milk LUNCH: Cheeseburger Casserole, Green Beans, Fruit or Veggie, Milk	2 BREAKFAST: Sausage Gravy & Biscuits, Sausage Patties, Fruit, Milk LUNCH: Grilled Cheese Sandwich, Tomato or Chicken Noodle Soup, Fruit or Veggie, Milk

An alternate lunch option will still be available for all grades.

Lunch items will be: 2 slices whole wheat bread, 2 oz. peanut butter, 2oz. jelly, applesauce, baby carrots, cheese stick.

This institution is an equal opportunity provider.

Swedeborg Elementary

Up Dated 10/26/2022

Menu Subject to Change Based on Product Availability

