*What type of information is included in the article presented at the conference, and not in the newspaper article, that would provide you with a deeper understanding of the topic? How is the scholarly article more helpful to you when supporting the arguments?*

*To start off, O’Rourke, Haimovitz, Ballwebber, Dweck and Popovic’s 2014 article,* “[*Brain Points: A Growth Mindset Incentive Structure Boosts Persistence in an Educational Game*](https://psychology.stanford.edu/sites/all/files/brainpoints_chi.pdf)*, was more informational and informative than Rae-Dupree’s 2008 newspaper article, “*[*If You’re Open to Growth, You Tend to Grow*](http://www.nytimes.com/2008/07/06/business/06unbox.html?_r=0)*” from The New York Times. It is clear that the writing derived from Ballwebber et al. (2014) was the scholarly source versus the other article presented in the resource tab to me as a learner.*

*Information presented in the article at the conference that I cannot find in the newspaper article that provides deeper understanding of the topic is, “individuals who hold a growth mindset believe that intelligence is malleable, and that people can increase their intelligence through hard work. They have been shown to value learning over performance, and view effort as a necessary part of the learning process. These beliefs affect not only behavior but also academic achievement.” (Ballwebber et al. 2014). While the newspaper article presented some interesting point of views such as, “People with a growth mind-set tend to demonstrate the kind of perseverance and resilience required to convert life’s setbacks into future successes.” (Rae-Dupree, 2008), which is a totally understandable paradigm from the author, but they failed to provide scholarly sources to support their rationale behind their thoughts. Article,* [*Brain Points: A Growth Mindset Incentive Structure Boosts Persistence in an Educational Game*](https://psychology.stanford.edu/sites/all/files/brainpoints_chi.pdf)*, actually presented supporting facts that supported their positions and theories which ultimately provided deeper understanding and knowledge of the topic of fixed and growth mindsets within people.*

Reflect on the following questions, and then write and post two to three paragraphs, addressing all of the questions.

* **How do you think your doctoral program will be different than other academic programs you have completed?**
* I am returning to Capella University as a previous learner. I recently completed my master’s in education September of this year. My master’s degree from Capella University is my second master I have obtained, so I am no stranger to graduate learning. However, I do believe that transitioning from a master’s degree program into a doctoral program will be a lot different as far the academic expectations and time invested. I do believe that my doctoral degree program will require for me to do more intense research and much more writing from a scholarly and analytical standpoint.
* **What skills will you need to develop as a doctoral learner?**
* As a doctoral leaner, I do believe that I would need to develop the skill of strategic time management and being consistent with a schedule I set for myself to complete my academic work. This a degree program in which a leaner cannot afford to waste time.
* **Which resources or strategies could you use for support? How will you use them?**
* A resource that I can use for support is Capella Library. I would use this library as a source to pull reliable and credible information to support my research through out my doctoral degree program. Hopefully, this library can be a great source for my studies.
* **How might your mindset help you overcome challenges?**
* I would say I am very determined person. I really to accomplish what I put forth for myself this doctoral degree program is extremely important to me. I am nervous entering into this degree program because I do not what all to expect as a doctoral learner and student, but I am determined to complete my doctoral degree in education.

For this discussion, complete the following:

* + Describe one person you can enlist to help support you as you pursue your doctoral degree.
	+ Describe how that support person can help you.
	+ Explain how you will ask that person to provide you with that support.

My decision to purse my doctoral degree in education is an important and critical decision in my life. I struggled with making this decision because I was nervous and apprehensive of the workload and the academic requirements that is required as a doctoral learner. While completing my master’s in education with a specialization in early childhood education from Capella University (which I completed September of this year), I knew I had to move forward and further my education. Finding the courage and strength to pursue my doctoral degree in education was the natural progress in the next phase of my academic career.

One person I can count on to support me as I purse my doctoral degree is my husband. He was extremely proud of me when I completed my master’s in education, and he was more surprise when I found out I was going for my doctoral degree in education. He was very supportive and happy for me. We have a young infant together and the way he can support me is by caring for our child during the time I may need it to study and or compete assignments. I would definitely come up with a schedule that works out for the both of us as my way of asking for support and help so it won’t get to chaotic and overwhelming.