

Laser War Australia
Safety identification and reduction assessment

Laser Tag, like all sports, provides many benefits such as health, fitness, wellbeing and builds confidence, team-work and problem solving skills.

Best of all, it's just great fun!

But like netball, football or soccer, it does have inherent safety risks. Laser War Australia provides the following information to help in reducing the likelihood of an injury while using our gear. **Kids under 14 should be supervised at all times.**

Risk	Mitigation	Level of Risk
Laser – eye risk	Although called Laser Tag, the technology used to “fire” and hit the headbands is the same as your remote control for your TV. It is perfectly safe and absolutely harmless.	Nil
Strains, sprains, breaks	<ul style="list-style-type: none"> • Climbing is not allowed • Running is not advised • Brief players on risk • Stretch before playing – particularly important for the “older kids” • Carry appropriate first aid kit and mobile phone 	Low
Players collide or hit with tagger, eg. poked in eye	<ul style="list-style-type: none"> • No running • Maintain 1.5m distance from all players • If concerned, safety glasses should be worn 	Low
Injury from environment; trips, scrapes etc.	<ul style="list-style-type: none"> • Brief players on risk. Identify any dangerous, slippery or uneven ground. • Remove trip hazards if possible • No running • Wear appropriate clothing for the environment – eg. long pants and sleeves in bush • Always wear enclosed shoes • Wear a hat and use sunscreen • Carry appropriate first aid kit and mobile phone 	Low – Medium
Physical exertion – pre-existing conditions	<ul style="list-style-type: none"> • Players should not play if they have a medical condition such as high blood pressure, heart disease or other • Players should seek medical advice on suitability to undertake physical exercise eg. pregnant 	Low
Wildlife bites & stings (Bees, ants, spiders, snakes)	<ul style="list-style-type: none"> • Brief players on risk • Ask players (if unknown) if any allergies – eg. anaphylactic • Wear appropriate clothing for the environment – eg. long pants and sleeves in bush • Always wear enclosed shoes • Carry appropriate first aid kit and mobile phone 	Low
Aggression/ Fighting	<ul style="list-style-type: none"> • Brief players on appropriate behaviour – we’re here to have fun! • Give warning or remove players for inappropriate behaviour 	Low

Laser War Golden Rules

1. Use the equipment only for its intended purpose.
2. Follow the rules and instructions – do not hide or move devices such as Respawning Devices unless it is part of the game.
3. Stick within the boundaries. This may change from game to game.
4. Do not climb any fixture, tree or building. Laser tag should be played from the ground.
5. **No contact!** Maintain a minimum of 1.5 metres away from your opposition. You don't need to get closer.
6. Avoid running – it increases the risk of tripping and falling.
7. Do not submerge any of the equipment in water. Playing in light rain is fine, however, the equipment is not able to be submerged.
8. Have fun!