



## ACCESS TO EXPERT COUNSELLING FROM THE COMFORT OF YOUR HOME

In order to provide flexibility and meet the needs of our clients, ACI offers video access to counselling and assessments.

Anyone accessing these services will benefit from the same high regulatory standards received from face to face counselling and will be treated by highly trained counsellors who are specialists in the field of addiction.



Rather than clients having to travel to Inverness to our counselling rooms, counselling can take place over the internet. The counsellor and client can see and hear each other as if they are in the same room.

Sessions can take place in the comfort of your own home or another suitable place.

This service gives greater access for clients struggling with mobility or mental health issues that prevent you leaving home.

