

**Potomac Horse Center, Inc  
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**Find Us!**

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*A public facility leased from the Maryland-National Capital Park & Planning Commission*

# Potomac Horse Center Summer Camp 2023



*Dates: June 19<sup>th</sup> thru August 18<sup>th</sup>*

*Days: Monday thru Friday*

*Time: 9:00am to 4:00pm*

*Ages: 7 years and older*

## General Information

**Days & Hours:** Monday through Friday, 9:00am - 4:00pm.

**Transportation:** PHC does not provide transportation. Children will be released to a non-family member only with written permission from a parent or guardian.

**Lunch:** Campers should bring a complete lunch and two snacks packed in a cooler or insulated container. Cold drinks, bottled water and snacks are available from our vending machines, and fresh drinking water is available from our water fountain. **We do not provide refrigeration.**

**Equipment:** A certified *horseback riding helmet* (must have ASTM/SEI sticker), manufactured after the year 2018 is required. Such helmets are provided by PHC at no charge. Absolutely **no bike helmets!** Other safety requirements include long pants and *flat-soled boots* with 1/2" shelf heel. **No sneakers** allowed in the barn. Please send your child with a change of clothes as they will get dirty/wet during activities. For safety sake, NO riding in shorts or short pants.

<b>Tuition:</b>	1 week \$700	4 weeks \$2,800	7 weeks \$4,900
	2 weeks \$1,400	5 weeks \$3,500	8 weeks \$5,600
	3 weeks \$2,100	6 weeks \$4,200	9 weeks \$6,300

**Terms:** Reserve your place with a deposit of \$100 (**non-refundable**) for each week of camp you're attending - by cash or check (payable to Potomac Horse Center, Inc.) or with a credit card payment in person or by phone, and completion of our: -

*Camp Participation Agreement and Liability Waiver.* The final balance is due according to the terms of the contract in order to guarantee your reservation.

**Health Requirements:** If your Camper resides in the United States, a United States Territory, or the District of Columbia, all that is required is the Parent or Legal Guardian's completion of our Camp Contract and a Camp Health History Form. Maryland law requires that Campers not residing in the USA complete a Form 896, which is available from our office by request.

**Levels:** Campers with no experience, or experience with walk, trot and individual canter will be placed in our beginner program. Campers with experience cantering in a group (including dressage), or have experience with ground poles or jumping, will be placed in our intermediate program. If your camper is a PHC student, we will assign them to the appropriate program. If you are new to PHC, sign up for an evaluation ride for appropriate program placement.

**Covid Protocols:** We are following current CDC and Maryland Department of Health guidelines.

## Our Program

Summer Horse Camp is the perfect opportunity for your child to learn about horses, develop horsemanship and riding skills, make new friends and have fun! Our program includes many different activities to ensure every child has a safe, fun, and informative camp experience.

*Your child's typical camp day (Monday thru Thursday):*

8:30am-9:00am	Drop off
9:00am-9:15am	Roll call, horse and staff assignments, announcements
9:15am-9:45am	Groom & tack for lesson
9:45am-9:55am	Morning snack - Please provide your camper with a snack
9:55am-10:00am	Back to barn
10:00am-10:45am	Group 1: Lesson, Group 2: All About Horses, Group 3: Horsekeeping
10:45am-11:00am	Groups switch
11:00am-11:45am	Group 1: Horsekeeping, Group 2: Lesson, Group 3: All About Horses
11:45am-12:00pm	Groups switch
12:00pm-12:45pm	Group 1: All About Horses, Group 2: Horsekeeping, Group 3: Lesson
12:45-1:00pm	Cool-out, fill water buckets, fans on
1:00pm-1:30pm	Lunch
1:30pm-2:15pm	Games on Horseback / Afternoon Activity
2:15pm-3:00pm	Groups switch
3:00pm-3:30pm	Games on Horseback / Afternoon Activity
3:30pm-3:45pm	Cool-out, fill water buckets, fans on
3:45pm-4:00pm	Afternoon Snack
4:00pm-4:30pm	Pick-up

**Friday is Horse Show Day!** The morning schedule is the same as above. The Horse Show starts at approximately 1:30 pm, followed by a party for Campers and their families & friends. Your camper will be given a reminder letter.

### Horseback Riding - 2x every day!

The morning riding session will emphasize safety, fun and riding skills. Afternoon sessions concentrate on fun activities on horseback, such as Simon Says, Water Relay, Egg & Spoon Races, and many more.

### Horses and Horsemanship

Our "All About Horses" and "Horsekeeping" are hands-on learning opportunities covering topics such as equine behavior, equipment and veterinary care, grooming and feeding, anatomy, and horse ownership, among others.